Training the Clinical Anatomy Trainer – Level 1 (Certified Course)

20th October 2013, Postgraduate Centre, Royal Liverpool University Hospital, Liverpool

FEEDBACK

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This course was attended by 24 medical students and junior doctors. The course was intended to provide the attendees with a sound understanding of applied clinical anatomy pertinent to the level of senior medical students & foundation doctors. The course was predominantly delivered through surface anatomy demonstrations as applied to trauma, assessment of nerve injuries, surgical incisions, and the anatomy encountered during common operative procedures. The interactive focus group workshops covered the fundamental principles of local and regional anaesthetics, essential concepts in wound healing, and an overview of sutures & suture materials. Successful completion of the course required the attendee obtaining 70% marks in the above areas, which were formally assessed in the form of spotters, OSCE and viva-voce. It was intended that on completion of this course the attendee would have sufficient knowledge & understanding to teach their juniors in a formal manner.
# Course Programme

<table>
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<th>Time</th>
<th>Activity</th>
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<tr>
<td>0815 – 0830</td>
<td>Registration</td>
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<tr>
<td>0830 – 0845</td>
<td>Introduction to the course and format</td>
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<tr>
<td>0845 – 0910</td>
<td>Pre-Course Assessment</td>
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<td>0910 – 0920</td>
<td>Discussion and Answers to Pre-Course Assessment</td>
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<tr>
<td>0920 - 0950</td>
<td>Brachial plexus and arm</td>
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<td>0950 - 1010</td>
<td>Shoulder, scapula and rotator cuff</td>
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<td>1010 - 1040</td>
<td>Cubital fossa, forearm, flexor retinaculum and hand</td>
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<tr>
<td>1040 – 1100: Break for refreshments</td>
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<tr>
<td>1100 - 1120</td>
<td>Scalp and face</td>
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<tr>
<td>1120 - 1145</td>
<td>Neck</td>
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<tr>
<td>1145 - 1155</td>
<td>Thoracic wall</td>
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<td>1155 - 1210</td>
<td>Mediastinum, Heart and Lungs</td>
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<td>1210 - 1230</td>
<td>Vascular anatomy of thorax, head and neck and thorax</td>
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<tr>
<td>1230 - 1245</td>
<td>Diaphragm, back and Spinal Cord</td>
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<td>1245 – 1320: Lunch</td>
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<td>1320 - 1340</td>
<td>Wound healing and sutures</td>
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<td>1340 - 1350</td>
<td>Local anaesthetics</td>
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<td>1350 - 1415</td>
<td>Transpyloric plane, anterior abdominal wall and inguinal region</td>
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<td>1415 - 1440</td>
<td>Abdominal and pelvic anatomy</td>
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<td>1440 - 1450</td>
<td>Lumbar and lumbosacral plexus</td>
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<td>1450 - 1510</td>
<td>Femoral triangle, thigh, popliteal fossa</td>
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<td>1510 - 1540</td>
<td>Lower leg, ankle and foot</td>
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<td>1540 - 1610</td>
<td>Theory Evaluation</td>
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<td>1610 - 1810</td>
<td>Individual viva [along with refreshments and feedback]</td>
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<td>1810</td>
<td>End of Course</td>
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**How was the overall content of the course?**

- Excellent: 42%
- Very Good: 46%
- Good: 12%
- Fair: 0%
- Poor: 0%

**How would you rate the academic standard and knowledge of the lecturer?**

- Excellent: 73%
- Very Good: 46%
- Good: 0%
- Fair: 0%
- Poor: 0%

**How was the clarity of demonstrations and presentations?**

- Excellent: 35%
- Very Good: 46%
- Good: 0%
- Fair: 0%
- Poor: 0%
Do you feel that you enhanced your anatomy knowledge by attending the day?

- Most certainly: 62%
- Certainly: 46%

Did the course provide you with an overview of anatomy pertinent to your study/work?

- Most certainly: 96%
- Certainly: 46%

Would you recommend this course to a friend?

- Most certainly: 50%
- Certainly: 46%
Do you think that this course provided good value for money?

INDIVIDUAL TOPICS:

- Head and Face: Excellent (13), Very good (12), Good (9), Fair (2), Poor (0)
- Neck: Excellent (12), Very good (14), Good (10), Fair (2), Poor (0)
- Brachial Plexus and scapula: Excellent (14), Very good (12), Good (8), Fair (2), Poor (0)
- Arm and Forearm: Excellent (14), Very good (12), Good (8), Fair (2), Poor (0)
- Hand: Excellent (14), Very good (12), Good (10), Fair (2), Poor (0)
- Thorax: Excellent (12), Very good (14), Good (8), Fair (2), Poor (0)
- Abdominal wall: Excellent (14), Very good (12), Good (8), Fair (2), Poor (0)
- Abdominal contents and blood supply: Excellent (14), Very good (12), Good (8), Fair (2), Poor (0)
Feedback

Do you think that this course provided good value for money?

How would you rate the academic standard and knowledge of the lecturer?

- Excellent
- Very good
- Good
- Fair
- Poor

Create secure 'Reef' and 'Surgeons' knots

Lumbar plexus
Femoral region and thigh
Lower leg and foot
Wound healing and local anaesthesia
**COMMENDS**

**Excellent effort**

Dr Amitabh Thacoor  
St James's University Hospital, Leeds

Dr Christine Angeline Mitoko  
Royal Blackburn Hospital, Blackburn

**Thorough**

**Excellent teaching and a very useful interactive programme**

Dr Virjen Patel  
University of Liverpool, Liverpool

**Extremely well organised**

Faluade Akinroye  
Royal Liverpool University Hospital, Liverpool

I very much enjoyed the course and the live anatomy demonstration was very useful. Overall an informative and challenging day.

Dr Rajveer Singh Thethi  
St James's University Hospital, Leeds

It was good and worth my time.

Dr Lin Mathew John  
Blackpool Victoria Hospital, Blackpool

Good course. Well run. It would be useful to tell candidates to revise thoroughly before attending as there is a lot of material to cover in a short space of time.

Dr Nichola Coleman  
Blackpool Victoria Hospital, Blackpool

Tutor was very knowledge and was comfortable answering any questions we had

Maheswarareddy Eevuri  
University of Liverpool, Liverpool

Would recommend doing the course over 2 days due to the vast amount of content to be covered.

Dr Michael Bonnici Mallia  
Royal Blackburn Hospital, Blackburn

Very good, but a lot to get through in one day. As one of the more junior attendees I felt having the course over two days would have helped me get a lot more from it

Mr Tom goldsmith  
University of Liverpool, Liverpool

Even if I do not pass the examination, I feel that the course has been very valuable as my knowledge of anatomy has increased significantly. Mr Enoch was very friendly and an excellent teacher

Dr Sobia Akhtar  
Huddersfield Royal Infirmary, Huddersfield
A very good course, relevant and interesting, but very fast paced.

Miss Anintitha Boon-lit
University of Liverpool, Liverpool

Very good.

Dr Wah Phin Lee
Whiston Hospital, Prescot

Very good course which has improved my anatomy knowledge greatly however parts of the course I felt were at times rushed particularly the lower limb!

Mr Chad Harris
University of Liverpool, Liverpool

Very useful as it was a long time since I did anatomy. I do however feel that we needed longer to read the pre course materials. Also think that it was a very large amount of information to cover in just a day, would be more appropriate split over two days into limbs/neck and then torso. I did find that because we went through stuff very quickly I had forgotten things from the morning by the afternoon time. If it was stretched out across two days it might help people retain the information better long term.

Dr Katharine Hamlett
Royal Albert Edward Infirmary, Wigan

The pre-course presentations were excellent and the handbook was very good. The day was very long and intense but there was no way to avoid this really. I found the work I did leading up to the day helped me a lot in my studies and I learnt on the day too, things relevant to my clinical practice. I have recommended this course to my colleagues.

Miss Hannah Mulgrew
University of Liverpool, Liverpool

Useful course. Cheap. Would have liked more on nerve blocks and anaesthesia.

Dr Naresh Rajasekar
Leeds General Infirmary, Leeds

Very relevant, concise, and beneficial for me.

Mr Dheemanth Vangimalla
University of East Anglia, United Kingdom

I enjoyed the course very much

Dr Michael Ghisel
Derriford Hospital, Plymouth