Intensive Revision Course for MRCS Part A Exam

Feedback - March 2015
Intensive Revision Course for MRCS Part A Exam

Delivered by faculty from the highly acclaimed and reputed Cardiff MRCS OSCE courses, this course was suitable for candidates appearing for the Intercollegiate MRCS Part A exam with one of the Royal College of Surgeons of Great Britain and Ireland.

In the MRCS Part A exam, candidates are expected to demonstrate sufficient knowledge and sound understanding of the application of key basic sciences in surgery. This intensive one-day revision course provided the delegates with an overview of essential applied clinical anatomy, basic physiological principles, principles of surgery, and the rationale behind requesting investigations and instituting management for common surgical conditions and emergencies. In addition to interactive lectures and small group teaching, demonstrations of topographic anatomy were made to emphasise functional and clinical anatomy as tested in the exam. The course taking into consideration the recent changes to the curriculum.

Course Information

Course date: 21st March 2015
Venue: School of Biosciences, Cardiff University, Wales, UK
Attendance: 5 Delegates
Aimed at: FY1, FY2, CT1, CT2
Course fee: £145

Delegates that attended this course also received FREE online access to MRCS Part A practice exam questions for a six month period at:

www.doctorexams.co.uk

Online access provided immediately upon confirmation of a place.
## Course Programme

<table>
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<tr>
<th>Time</th>
<th>Session</th>
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<tbody>
<tr>
<td>0830 - 0840</td>
<td>Registration</td>
</tr>
<tr>
<td>0840 - 0850</td>
<td>Introduction</td>
</tr>
<tr>
<td>0850 - 0920</td>
<td>MCQ / EMQ practice &amp; assessment</td>
</tr>
<tr>
<td>0920 - 0950</td>
<td>Brachial plexus, arm, shoulder, scapula, back &amp; rotator cuff</td>
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<tr>
<td>0950 - 1020</td>
<td>Cubital fossa, forearm, flexor retinaculum &amp; hand</td>
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<tr>
<td>1020 - 1040</td>
<td>Management of burns</td>
</tr>
<tr>
<td>1040 - 1100</td>
<td>Fundamentals of wound healing</td>
</tr>
<tr>
<td>1100 - 1120</td>
<td>Break for Refreshments</td>
</tr>
<tr>
<td>1120 - 1135</td>
<td>Neck</td>
</tr>
<tr>
<td>1135 - 1150</td>
<td>Scalp &amp; face</td>
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<tr>
<td>1150 - 1210</td>
<td>Mediastinum, heart, lungs &amp; diaphragm</td>
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<tr>
<td>1210 - 1230</td>
<td>Thoracic wall; vascular anatomy of thorax, thorax, head &amp; neck</td>
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<tr>
<td>1230 - 1300</td>
<td>Post-operative management</td>
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<tr>
<td>1300 - 1345</td>
<td>Lunch</td>
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<tr>
<td>1345 - 1400</td>
<td>Local anaesthetics</td>
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<tr>
<td>Time</td>
<td>Topic</td>
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<tr>
<td>1400 - 1430</td>
<td>Tumours of colon &amp; prostate</td>
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<td>1430 - 1500</td>
<td>Tumours of the thyroid &amp; breast</td>
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<td>1500 - 1520</td>
<td>Skin cancer including melanoma</td>
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<tr>
<td>1520 - 1545</td>
<td>Ulcers &amp; vascular pathology</td>
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<td>1545 - 1600</td>
<td>Break for Refreshments</td>
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<tr>
<td>1600 - 1620</td>
<td>Transpyloric plane, anterior abdominal wall &amp; inguinal region</td>
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<td>1620 - 1645</td>
<td>Abdominal &amp; pelvic anatomy</td>
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<td>1645 - 1700</td>
<td>Lumbar &amp; lumbosacral plexus</td>
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<tr>
<td>1700 - 1730</td>
<td>Femoral triangle, thigh, popliteal fossa; lower leg, ankle, foot</td>
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<tr>
<td>1730 - 1815</td>
<td>Trauma &amp; head injury</td>
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<tr>
<td>1815 - 1900</td>
<td>Critical care physiology</td>
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<tr>
<td>1900</td>
<td>End of Course</td>
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</tbody>
</table>
Feedback

Abdominal Anatomy

Femoral Triangle, Thigh, Popliteal Fossa

Lumbar and Lumbosacral Plexus

Lower Leg, Ankle and Foot

Colorectal Cancer and Resections

Fundamentals of Wound Healing

www.doctorsacademy.org
Feedback

How was the content of the course?

- Excellent: 60%
- Good: 20%
- Neutral: 20%
- Fair: 0%
- Poor: 0%

How were the clarity of presentations?

- Excellent: 80%
- Good: 0%
- Neutral: 0%
- Fair: 0%
- Poor: 20%

How would you rate the relevance of the course to your exam?

- Excellent: 60%
- Good: 40%
- Neutral: 0%
- Fair: 0%
- Poor: 0%

How would you rate the knowledge and academic standard of the lecturer?

- Excellent: 100%
- Good: 0%
- Neutral: 0%
- Fair: 0%
- Poor: 0%

How were the facilities and the venue?

- Excellent: 60%
- Good: 40%
- Neutral: 0%
- Fair: 0%
- Poor: 0%

How were the refreshments and lunch?

- Excellent: 80%
- Good: 0%
- Neutral: 0%
- Fair: 0%
- Poor: 20%
Feedback

How was the general friendliness of the faculty and organisers?

- Very friendly: 100%
- Friendly: 0%
- Neutral: 0%
- Not very friendly: 0%
- Can't comment: 0%

Would you recommend this course to a friend?

- Most certainly: 60%
- Certainly: 20%
- Probably: 20%
- Unlikely: 0%
- Not at all: 0%

Do you think that this course provided good value for money?

- Most certainly: 60%
- Certainly: 20%
- Probably: 20%
- Unlikely: 0%
- Not at all: 0%
Individual Comments

This course was so spot on for me! I’ve been struggling to pass the exams for a while and the course covered all the relevant topics and techniques for answering questions. Just one tutor taught throughout the whole day! and he did brilliantly (don’t know how he managed to fit so much knowledge in one head! :-) ). And it was a full on day (felt like studying the whole of med school in one day!) but definitely worth it. I am confident that all I have gained from the course will be very useful for passing the exams this time around. The cost of it was barely nothing compared to the benefits of it and thanks to ASiT and doctors academy for allowing us to apply for discounts. I definitely will reccomend the course to anyone just starting out so they can ace the exam first time or to anyone who’s struggled it with like I have so they can get on and pass it with the teaching and directions given.

OO
Hull Royal Infirmary, Hull

Fantastic value for money, excellent content despite being intense it is well worth it for general overview and update of revision required.

AL
Royal Hallamshire Hospital, Sheffield

Well organised. good knowledge subject matter.

HA
Alexandra Hospital, Redditch

Good course. I would have liked some more teaching on common general physiology topics.

AO
Birmingham Heartlands Hospital, Birmingham

Very friendly.

MC
Northwick Park Hospital, Harrow
Doctors Academy is an UK-based International Non-Profit Organisation comprising of doctors, dentists and scientists that undertakes a diverse range of educational activities globally. The aim of the Academy is to disseminate information and exchange medical knowledge between professionals from diverse backgrounds working in a variety of healthcare settings. This is achieved by the provision of a number of attendance courses, publishing house, online resources and international events/competitions.

Courses (a selection):

Undergraduate:
- Final Year Medicine and Surgical Revision Courses
- Training the Clinical Anatomy Trainer
- Clinical Anatomy as Applied to Trauma and Emergency Medicine
- Surgical Anatomy of Important Operative Procedures
- Future Surgeons: Key Skills (RCSEd delivered)
- Structured Introduction to Surgical Skills

Postgraduate:
- MRCS Part A
- MRCEM Part A
- MRCS Part B OSCE
- DOHNS: Intensive Revision & OSCE
- Intercolligate Basic Surgical Skills (RCSEd delivered)
- MRCP PACES Part 2
- FRCS (General Surgery) Exit Exam
- Cadaveric Ultrasound-Guided Musculoskeletal Intervention Course
- Ultrasound-Assisted Botulinum Toxin Injection for Neuromuscular Disorders
- Live Advanced Laparoscopic Colorectal Course

Forthcoming key events:
- International Medical Summer School
  Manchester, 1st - 5th August 2016
- International Academic and Research Conference
  Manchester, 6th August 2016
- World University Anatomy Challenge
  Manchester, 5th August 2016

Online Revision Resources

DoctorExams consists of 1000s of questions with detailed explanations in MCQ, EMQ, SBA and SAQ formats. Questions are written by the Doctors Academy group of experienced clinicians and clinical academics, with mock exams and feedback on performance included to aid a candidate’s focused revision of topics. Based on past exams, these questions are carefully crafted to suit the requirements of undergraduate students & postgraduate trainees undertaking relevant specialty exams.

Resources for:
- Medical Students  - General Surgery Exams
- Dental Students  - Plastic Surgery Exams
- International Entrance Exams - DOHNS Exams
- MRCS Exams

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