



# The Inaugural South West Plastic Surgery Conference

5<sup>th</sup> May 2018

RILD Building, Royal Devon and Exeter NHS Foundation Trust, Barrack Road, Exeter

## Programme

0830 - 0900 **Registration and pre-conference questionnaire**

0900 - 0915 **Welcome and Opening**  
*Mr Vikram Devaraj, Consultant Plastic Surgeon*

0915 - 1000 **Lecture series:**  
The Life of a Plastic Surgeon  
*Mr Andrew Watts, Consultant Plastic Surgeon*

1000 - 1045 Understanding Plastic Surgery Subspecialties  
*Mr Tamer Ali, SpR in Plastic Surgery*

**1045 - 1100 Tea break\***

1100 - 1200 **Lecture series (cont.):**  
Building a Plastic Surgery Portfolio  
*Miss Sarah Al-Himdani, SpR in Plastic Surgery*

**1200 - 1300 Lunch\* and poster exhibition**

1300 - 1330 **Plastic Surgery Skills Workshop Part One – suturing:**  
Session 1: Suture Types and Techniques Seminar  
*Mr Vikram Devaraj, Consultant Plastic Surgeon*

1330 - 1500 Session 2: Suturing and Knot-tying Workshop

**1500 - 1520 Tea break\***

1520 - 1550 **Plastic Surgery Skills Workshop Part Two – tendons:**  
Session 1: Hand Examination Seminar  
*Miss Sarah Al-Himdani, SpR in Plastic Surgery*

1550 - 1720 Session 2: Tendon Repair Workshop

1720 - 1740 **ASiT Sponsorship Talk**  
*Ms Niroshini Rajaretnam (ASiT Peninsula Rep)*

1740 - 1800 **Closing and post-conference questionnaire**  
*Mr Vikram Devaraj, Consultant Plastic Surgeon*