



**MPS**



## West-Midlands Suturing Skills Course and Competition for Undergraduate Medical Students



Feedback - March 2017

## West - Midlands Suturing Skills Course and Competition for Undergraduate Medical Students

This one-day course was specifically aimed at providing medical students in their pre-clinical and clinical years with a structured programme to learn basic surgical skills that are common to all surgical practices.

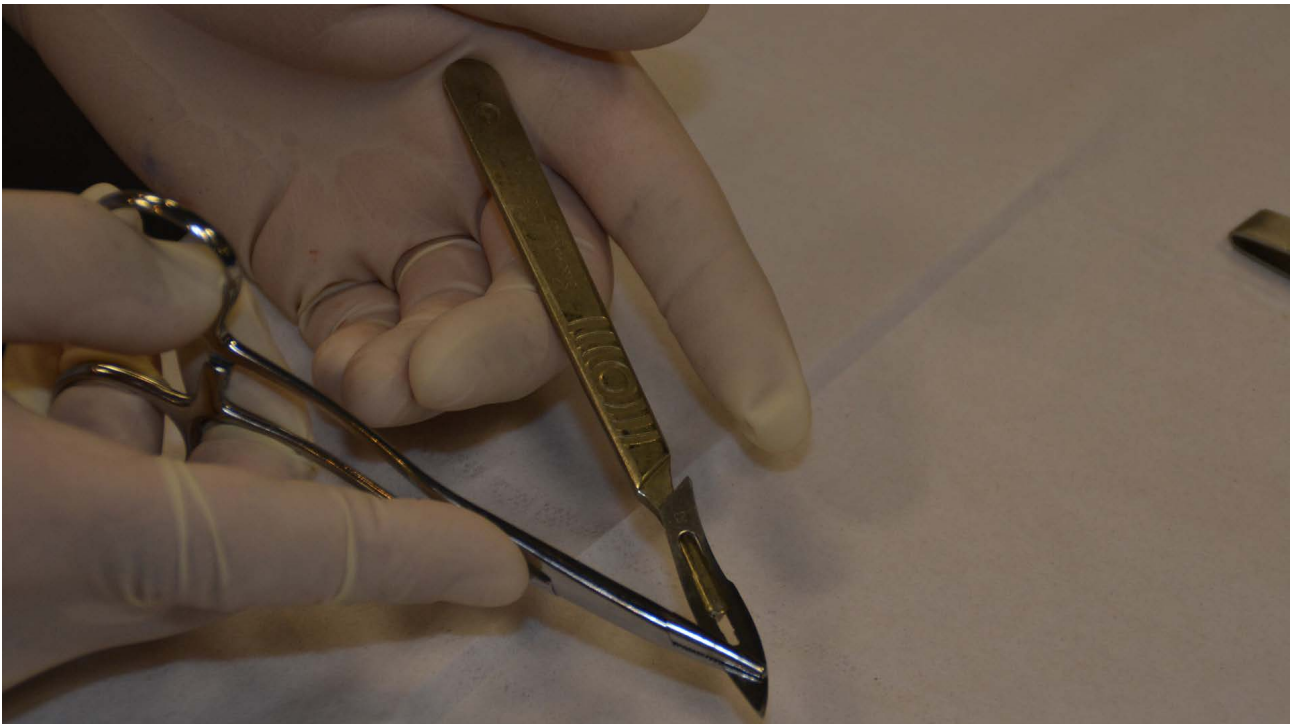
The course used animal tissue to teach participants the basic suturing skills expected at the level of an undergraduate medical student.

### Course Information

<b>Course date:</b>	<b>25<sup>th</sup> March 2017</b>
<b>Venue:</b>	<b>Keele University School of Nursing &amp; Midwifery, Keele University</b>
<b>Attendance:</b>	<b>39 Delegates</b>
<b>Aimed at:</b>	<b>Medical Students</b>
<b>Course fee:</b>	<b>£10.00</b>

### Features & Highlights:

- o Tutored and supervised by Consultant Surgeons and trainees from various disciplines.
- o Practical course with a high tutor-to-participant ratio.
- o Delivered using a series of tutor demonstrations and hands-on sessions where participants worked on animal tissue.
- o An ideal course for students intending to learn new skills or improve their existing skills.
- o Participants received a certificate upon completion of the course.



## Course Programme

1000 - 1015	Arrival - registration
1015 - 1030	Introduction to the day and Suturing Tips - Mr. Rajagopalan (Consultant vascular surgeon, Honorary Vice-President of Keele Surgical Society)
1035 - 1130	Introduction to suturing-safe handling of suturing materials; simple interrupted suture
1140 - 1230	Vertical and Horizontal mattress sutures + continuous

**1230 - 1315**

**Lunch**

1315 - 1400	Practice of all techniques
1400 - 1415	Introduction to the competition – Professor Kirby (UHNM Dean, President Elect - British Association of Surgical Oncologists)
1415 - 1530	Competition (To include: interrupted, continuous, mattress sutures and a knot tying station)

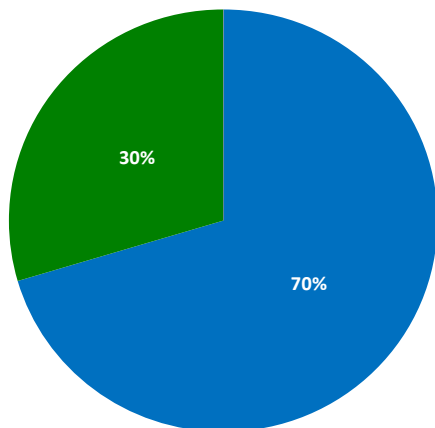
**1530 - 1600**

**Break (Judging)**

1600 - 1615	Presentation of prizes, and closing
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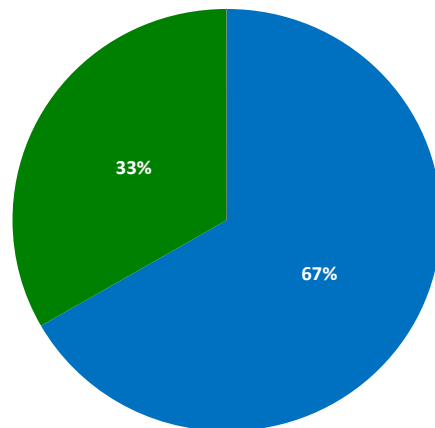
# Overall Course Feedback

How was the content of the course?



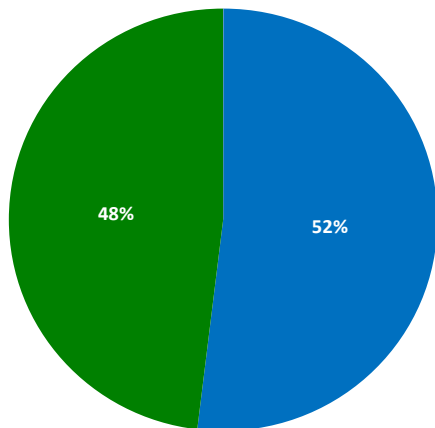
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Did the course meet your objectives?



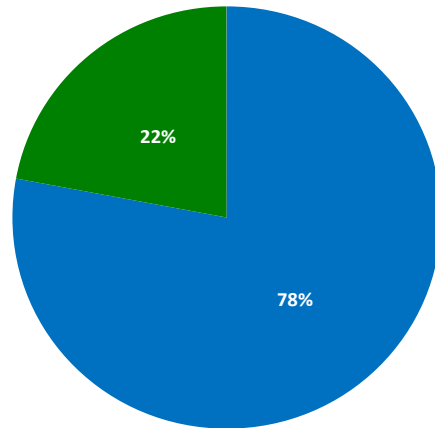
■ Most Certainly ■ Certainly ■ Probably ■ A little ■ Not at all

Were you given sufficient time to practice each skill?



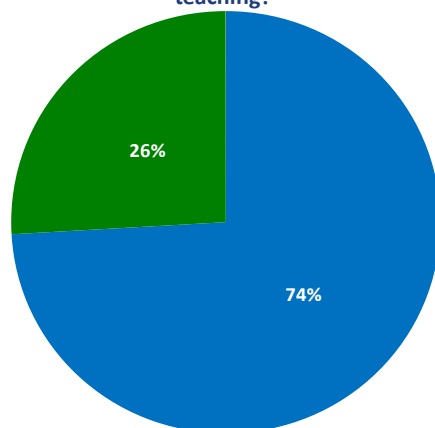
■ Most Certainly ■ Certainly ■ Probably ■ A little ■ Not at all

Were there sufficient tutors to supervise you?



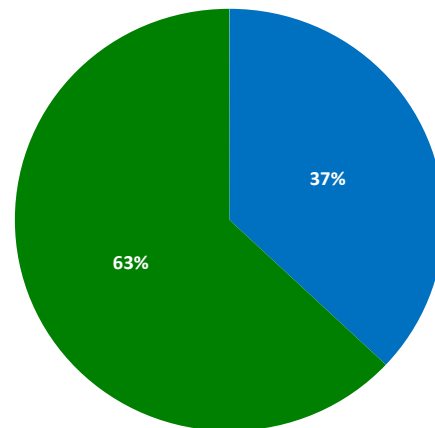
■ Most Certainly ■ Certainly ■ Probably ■ A little ■ Not at all

How would you rate the enthusiasm and patience of the tutors while they were teaching?



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

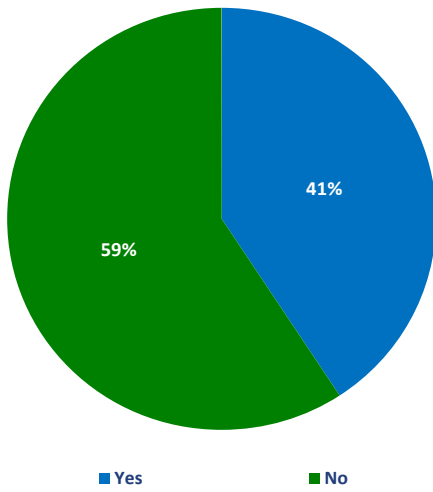
How did you find the usefulness of the competition at the end of the course?



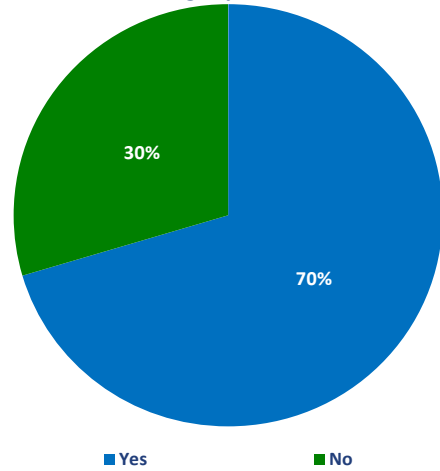
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

# Overall Course Feedback

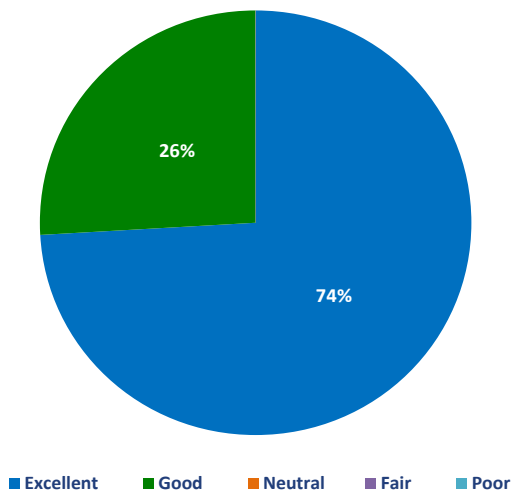
Have you ever participated in a peer-teaching surgical skills workshop?



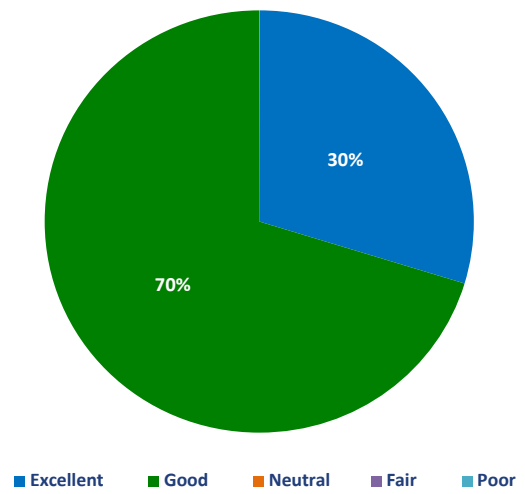
If yes, compared to that workshop, do you think that this course provided a better teaching experience?



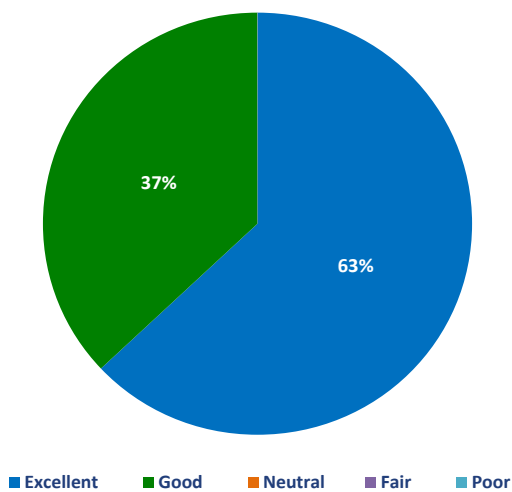
Simple Interrupted



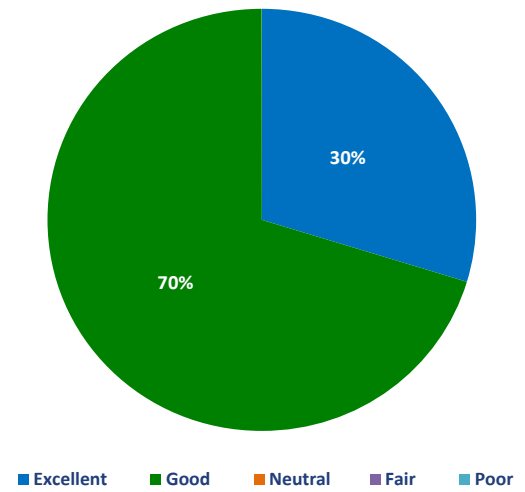
Simple Continuous



Vertical Mattress

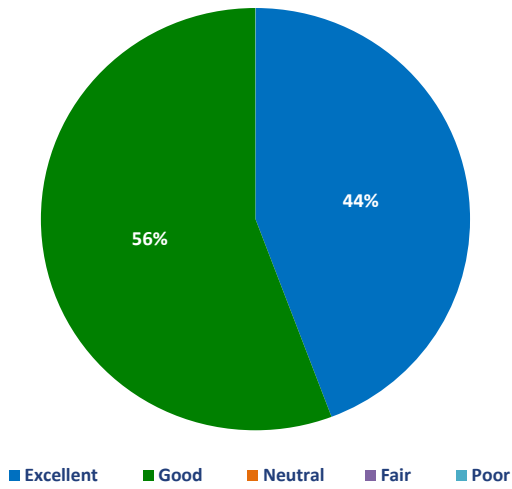


Horizontal Mattress

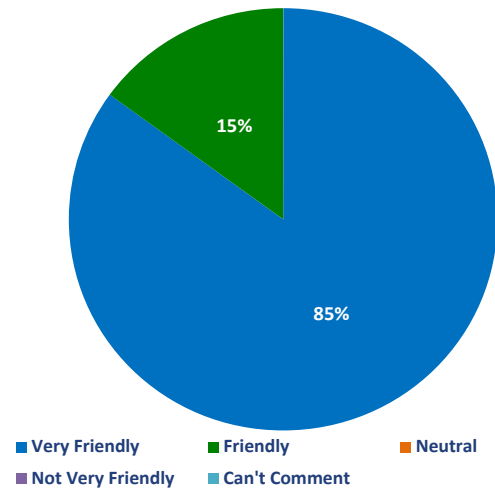


# Overall Course Feedback

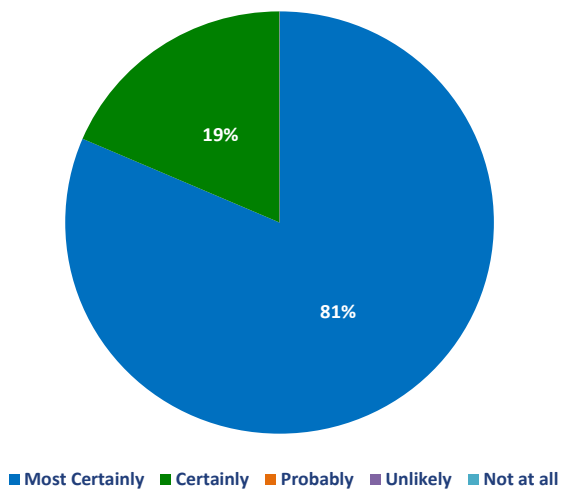
Safe Handling of Suture Material



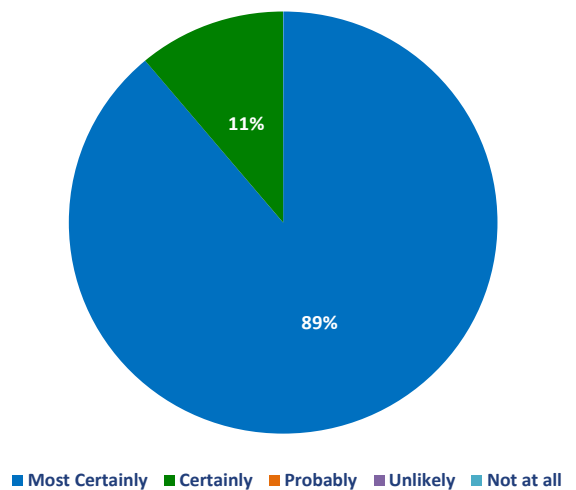
How was the general friendliness of the faculty and organisers?



Would you recommend this course to a friend?



Do you think that this course provided good value for money?



## Individual Comments

Very good, useful and concise.

**VE**  
*Keele University*

Very good.

**LM**  
*Keele University*

Very good.

**ZJ**  
*Keele University*

The course was great with individual guidance and the opportunity to practice at our own pace.

**MM**  
*Keele University*

Very well run, good teaching.

**GW**  
*Keele University*

Very well organised. Idea of feedback forms for students was great.

**MH**  
*Keele University*

Teaching was very good.

**KH**  
*Keele University*

Great organisation, brilliant teaching, fun course.

**MR**  
*Keele University*

It was organised to a very high level and gave a great impression of the surgical society.

**EV**  
*Keele University*

The course was very well organised, the instructors were supportive, the venue was very comfortable.

**MV**  
*Keele University*

## Individual Comments

Polite, efficient, organised.

**SM**  
*Keele University*

I liked that we went straight into the skills and practical sessions.

**EM**  
*Keele University*

Good organisation with a high level of professional teaching.

**AM**  
*Keele University*

Very good.

**KO**  
*Keele University*

Very professional and well organised.

**SB**  
*Keele University*

Very well organised and worthwhile course. Trotter however was more like real skin and thus useful to practice on.

**MS**  
*Keele University*

I thought the day was well organised and all staff were very enthusiastic

**AM**  
*Keele University*

Very friendly and you could tell a lot of time and effort was put into the day.

**VB**  
*Keele University*

I thought that overall the organisation and teaching was outstanding and of a very high standard.

**CP**  
*Keele University*



## Individual Comments

Well organised.

**CM**  
*Keele University*

It was all very good.

**RE**  
*Keele University*

Very well organised.

**JA**  
*Keele University*

I thought it was very enjoyable. It was nice to be together with a group of like-minded enthusiastic peers. The competition aspect of it made it competitive and gave everybody motivation to learn.

**JS**  
*Keele University*

The day was good value for money. I learnt a lot and it was great to talk to surgeons and their career.

**MP**  
*Keele University*



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## Courses (a selection):

### Undergraduate:

- Final Year Medicine and Surgical Revision Courses
- Training the Clinical Anatomy Trainer
- Clinical Anatomy as Applied to Trauma and Emergency Medicine
- Surgical Anatomy of Important Operative Procedures
- Future Surgeons: Key Skills (RCSEd delivered)
- Structured Introduction to Surgical Skills

### Postgraduate:

- MRCS Part A
- MRCEM Part A
- MRCS Part B OSCE
- DOHNS: Intensive Revision & OSCE
- Intercollegiate Basic Surgical Skills (RCSEd delivered)
- MRCP PACES Part 2
- FRCS (General Surgery) Exit Exam
- Cadaveric Ultrasound-Guided Musculoskeletal Intervention Course
- Ultrasound-Assisted Botulinum Toxin Injection for Neuromuscular Disorders
- Live Advanced Laparoscopic Colorectal Course



## Forthcoming key events:

- **International Medical Summer School**  
*Manchester, 31<sup>st</sup> July to 4<sup>th</sup> August 2017*
- **International Academic and Research Conference**  
*Manchester, 5<sup>th</sup> August 2017*
- **World University Anatomy Challenge**  
*Manchester, 4<sup>th</sup> August 2017*

## Publications



[publications.doctorsacademy.org](http://publications.doctorsacademy.org)

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## Online Revision Resources

DoctorExams consists of 1000s of questions with detailed explanations in MCQ, EMQ, SBA and SAQ formats. Questions are written by the Doctors Academy group of experienced clinicians and clinical academics, with mock exams and feedback on performance included to aid a candidate's focused revision of topics. Based on past exams, these questions are carefully crafted to suit the requirements of undergraduate students & postgraduate trainees undertaking relevant speciality exams.

### Resources for:

- Medical Students
- Dental Students
- International Entrance Exams
- MRCS Exams
- General Surgery Exams
- Plastic Surgery Exams
- DOHNS Exams

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