

**8th Christie-Doctors Academy FRCS
Exit Exam Revision Course
in General Surgery**

Feedback - July 2016

8th Christie-Doctors Academy FRCS Exit Exam Revision Course in General Surgery

This intensive three-day revision course is designed to help candidates prepare for the Intercollegiate FRCS Examination in General Surgery. Delivered by an experienced group of senior consultants, the course uses a combination of direct vivas, interactive discussions, and patients with signs and symptoms to provide the candidates with a focused revision of pertinent topics.

We are pleased to inform you that the 8th Christie FRCS Exit Revision Course in General Surgery was a resounding success and provided a positive experience for the candidates, patients, teaching faculty and the organisers. All the subspecialties in General Surgery were covered during the three days of the course. In addition to providing key knowledge, this course provided plenty of opportunities for the candidates to practice one-to-one vivas as in the exam. The 8th edition of the course also saw the introduction of a subspecialty viva in addition to the general, academic and basic science vivas as well as the clinical examination. The reprint version of the 1st edition of the book, 'FRCS (Gen Surg): The Road to Success' was also provided to all the delegates to aid their revision.

We would like to sincerely thank all those who taught on the course and provided the delegates with invaluable tips and suggestions. A particular mention must go to our esteemed tutor Mr Pradip Datta MBE who conducted a large proportion of the interactive teaching. This course follows in the footsteps of his highly acclaimed Caithness FRCS course in Wick, Scotland, that he conducted for over 25 years.

All candidates felt that they gained good knowledge from the course and found it useful towards their exam preparation. This is reflected in the feedback they provided that is summarised in this document.



Course Information

Course date: 15th - 17th July 2016

Venue: Christie Hospital
Manchester, UK

Attendance: 24 Delegates

Aimed at:

- Consultants
- Speciality Trainees
- Registrar Level Doctors

(ST5 or above/ST3 or above in General Surgery)

Course fee: £650.00
(inclusive of the book, 'FRCS (Gen Surg): The Road to Success')

Objectives of Course:

- Upon completion a delegate should be confident in their preparation for the oral and clinical parts of Section 2 of the exam.
- A delegate should be able to present and discuss clinical cases as in an exam situation.
- A delegate should of learned correct exam technique to further their preparation.

Endorsed by:



THE ROYAL COLLEGE
OF SURGEONS OF
EDINBURGH

The college awards 6 CPD points for attendance in each day of this course. A total of 18 CPD points are awarded for the three days.

Course Programme

Day 1

0815 - 0845	Registration and Coffee	
0845 - 0900	Welcome and Introduction	Mr C R Selvasekar, Convenor
0900 - 0915	Examination techniques - (10 commandments)	Mr Pradip K Datta
0915 - 1045	Upper gastrointestinal tract	Mr Pradip K Datta

1045 - 1115 **Coffee break**

1115 - 1245	Vascular surgery	Mr Pradip K Datta
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1245 - 1330 **Lunch**

1330 - 1530	Thyroid & Endocrines	Mr Pradip K Datta
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1530 - 1600 **Tea break**

1600 - 1800	Hepatobiliary system & Spleen	Mr Rahul Deshpande
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1800 - 1830	Trauma (Damage control surgery)	Mr Rahul Deshpande
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Close of Day 1

Course Programme

Day 2

0800 - 0900	Trauma and Emergency Surgery	Mr Pradip K Datta
0900 - 1000	Head and Neck & Skin lesions	Mr Pradip K Datta
1000 - 1115	Breast	Mr Pradip K Datta

1100 - 1130 **Coffee break**

1130 - 1300	Colorectal and Anus	Mr C R Selvasekar
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1300 - 1345 **Lunch**

1345 - 1700	Clinical Vivas	
1345 - 1515	Clinical Viva: General [1hr viva (15min x 4 candidates) + 30min discussion]	

1515 - 1530 **Coffee break**

1530 - 1700	Clinical Viva: Subspeciality [1hr viva (15min x 4 candidates) + 30min discussion]	
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Close of Day 2

Course Programme

Day 3

0800 - 0930	Critical Care for Surgeons	Dr Vidya Kasipandian
0930 - 0945	Format of the FRCS Section 2 – Tips on how to succeed	Professor Sarah O'Dwyer

0945 - 1000 **Coffee break**

1000 - 1130 Trauma & Critical care Viva [1hr viva (15min x 4 candidates) + 30min discussion]

1130 - 1300 Academic Viva

1300 -1330 **Lunch**

1330 - 1730 Clinical case presentations (Long and short cases) with discussion

- Endocrine
- Transplant surgery, AV fistula, CAPD
- Colorectal/PTS
- Upper GI/Hepatobiliary
- Breast
- Hernia
- Vascular
- Critical care

1745 Summary, Feedback and End of Course

Faculty

Mr Adam Stearns, FRCS (Gen Surg)

Senior Clinical Fellow
The Christie Hospital

Mr Ali Kazem, FRCS (Gen Surg)

Speciality Doctor
Leighton Hospital

Mr Arthur Harikrishnan, FRCS (Gen Surg)

Consultant Colorectal Surgeon
Northern General Hospital

**Mr Chelliah Selvasekar, MD, FRCS (Ed), FRCS (Gen), PG Cert (Med Ed), P.G.Dip (Health Executive)
*Course Convenor***

Consultant Colorectal and Laparoscopic Surgeon
The Christie NHS Foundation Trust, Manchester
Honorary Senior Lecturer, University of Manchester

Dr Darshan Pathak, FRCA

Consultant Intensive Care
Manchester Royal Infirmary

Mr Haytham Abudeeb, FRCS

Clinical Fellow
The Christie Hospital

Dr Mazyar Fani, FRCS

Clinical Fellow in Surgery
The Christie Hospital

Mrs Nabila Nasir, MS, FRCS, FRCS (Gen)

Consultant Breast Surgeon
North Manchester General Hospital

Mr Omer Aziz, PhD, FRCS

Laparoscopic and Colorectal Surgeon
The Christie NHS Foundation Trust, Manchester

Mr Panagiotis Pikoulas, FRCS (Gen Surg)

Senior Oncoplastic Breast Fellow
University Hospital South Manchester

Faculty

Mr Pradip K Datta MBE, MS, FRCS (Ed), FRCS (Eng), FRCS (Irel), FRCS (Glasg)

Principal Course Tutor

Honorary Consultant General Surgeon

Caithness General Hospital, Wick, Scotland

Formerly, Examiner for FRCS and MRCS; Member of Council (2000-2012) and Honorary Secretary (2003-2007), Royal College of Surgeons of Edinburgh.

Mr Rahul Deshpande, MD, FRCS

Consultant Hepatobiliary and Pancreatic Surgeon

North Manchester General Hospital

Mr Rajesh Balasubramanian, FRCS (Gen Surg)

Senior Registrar in Breast Surgery

Royal Free Hospital, London

Mr Robert Brown, FRCS (Gen Surg)

Senior Registrar in Upper GI Surgery

Royal Preston Hospital

Mr Santosh Somasundaram, FRCS (Gen Surg)

Senior Registrar in Breast Surgery

Royal Free Hospital, London

Professor Sarah O'Dwyer, MD, FRCS

Consultant Colorectal Surgeon

The Christie, Manchester

Mr Siba Senapati, MS, FRCS, FRCS (Gen)

Upper GI Surgeon

Salford Royal Hospital

Mr Simha Srinivasaiah, MBBS, MD, MRCS (Eng, Ed, Glas, Ireland), DNB, FRCS.

Senior Registrar, General Surgery

South - East Thames rotation, London Deanery

Mr Soni Soumian, FRCS (Gen Surg)

Consultant Oncoplastic Breast and General Surgeon

University Hospitals of North Midlands

Mr Sriram Rajagopalan, MD, FRCS

Consultant in Vascular Surgery

University Hospital North Staffordshire & Leighton Hospital

Faculty

Professor Stuart Enoch, PhD, MRCS (Eng & Edin)

Consultant in Surgical Studies

Doctors Academy

Mr Thomas Satyadas, MS, FRCS (Gen Surg)

Consultant Hepatobiliary Surgeon

Manchester Royal Infirmary

Mr Tunde Campbell, MBBS, FWACS, FRCSEd (Gen Surg)

Consultant Transplant Surgeon

Central Manchester University Hospitals

Ms Vasha Kaur, MB ChB (Hons), MRCS, FRCS (Gen Surg)

Senior Registrar in Surgery

London Deanery

Dr Vidya Kasipandian, MBBS, FRCA, EDICM, FFICM

Consultant in Critical Care and Anaesthesia

The Christie NHS Foundation Trust, Manchester

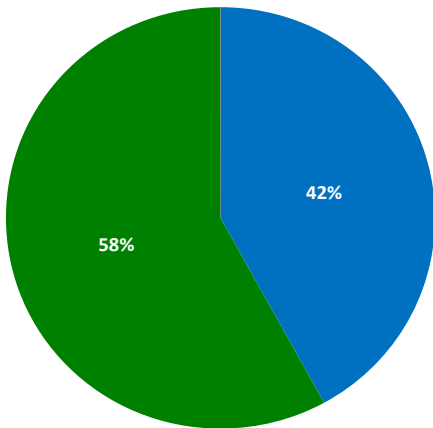
Ms Yan Li Goh, MRCS

Surgical Registrar

Arrowe Park Hospital, Wirral

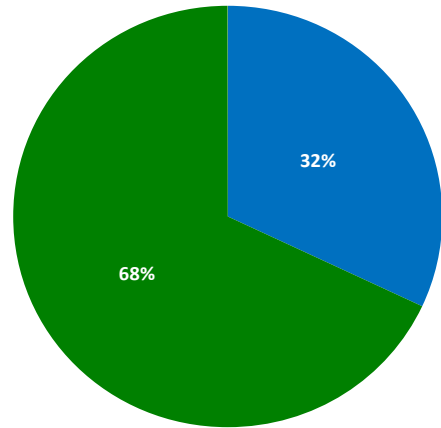
Overall Teaching Feedback

How was the content of the course?



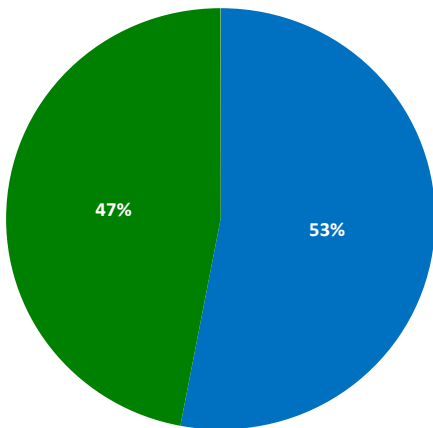
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

How was the clarity of presentations?



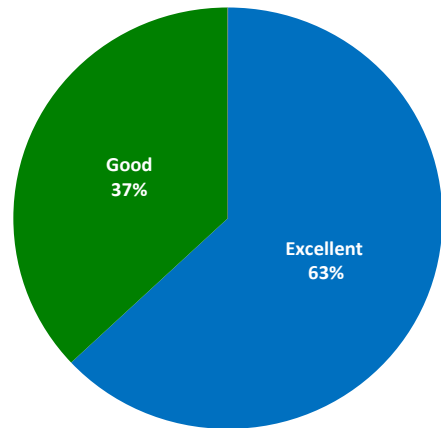
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

How would you rate the relevance of the course to your exam?



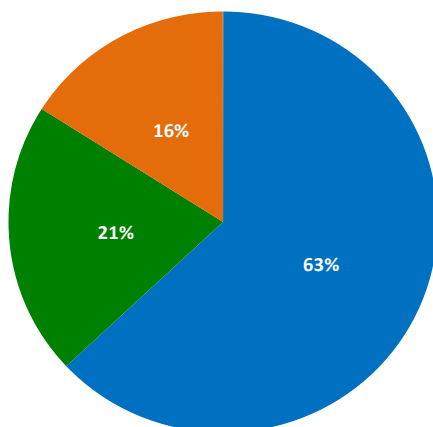
■ Very relevant ■ Relevant ■ Neutral ■ Not very relevant ■ Irrelevant

How would you rate the general academic standard of the lectures?



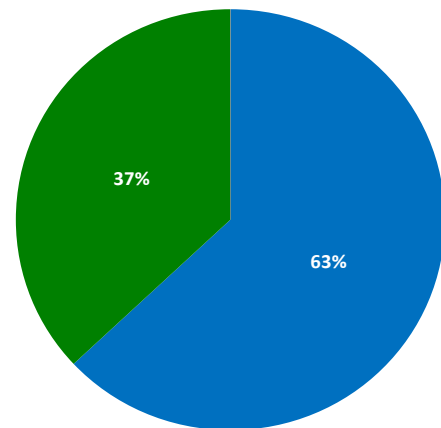
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Examination Techniques - 10 Commandments



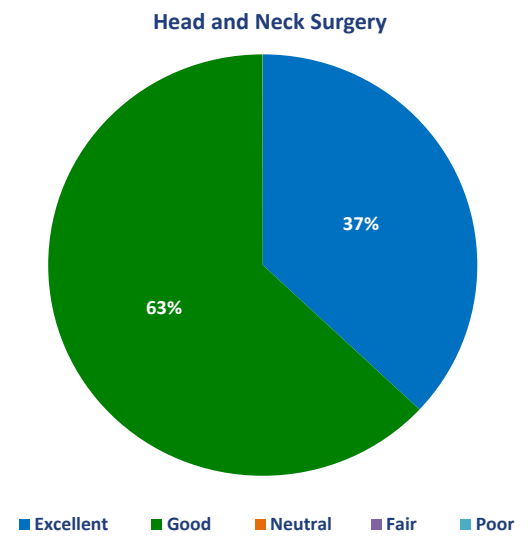
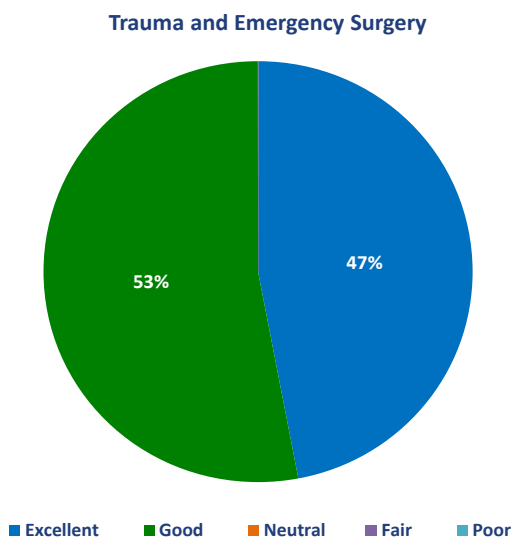
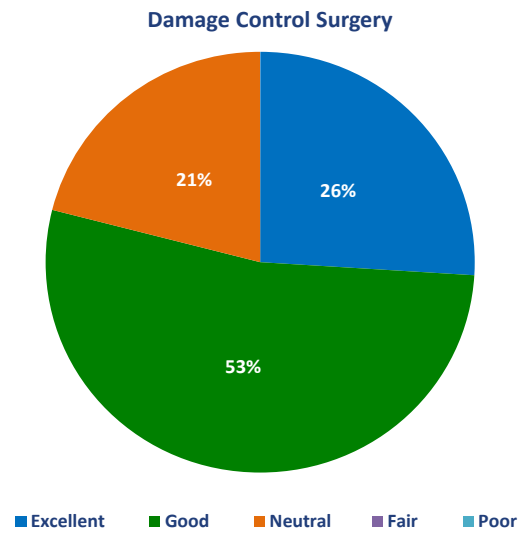
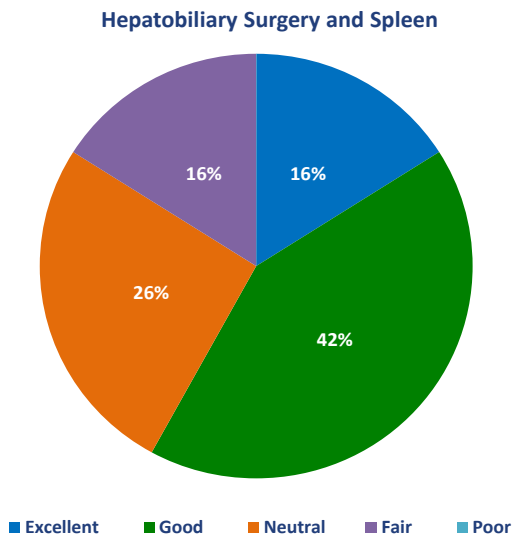
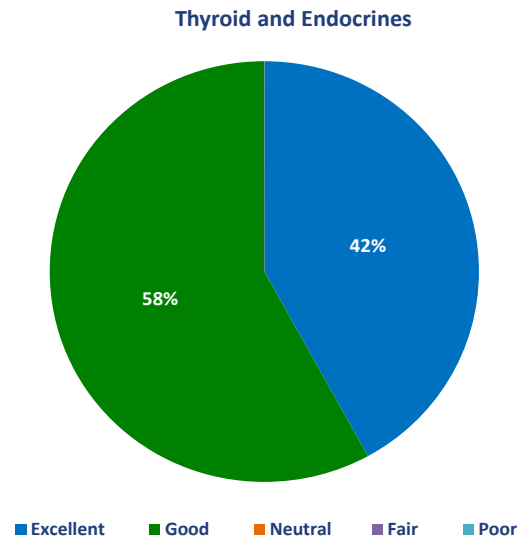
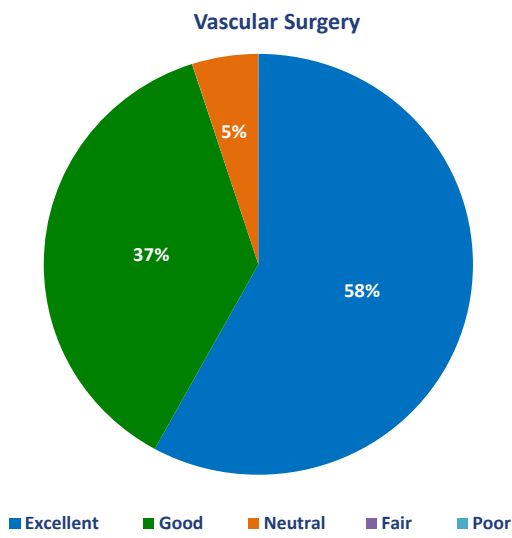
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Upper Gastrointestinal Tract



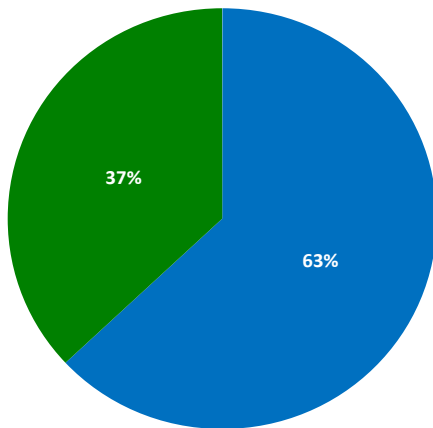
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Overall Teaching Feedback



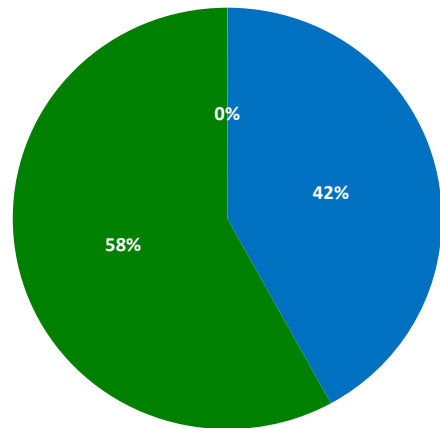
Overall Teaching Feedback

Skin Conditions



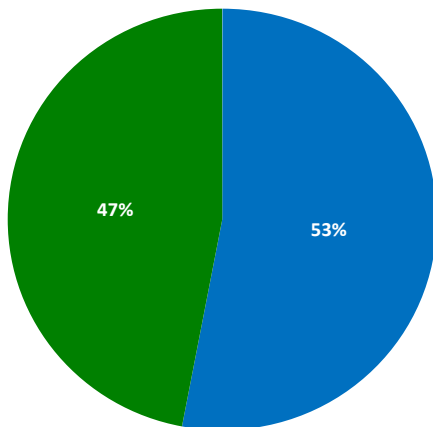
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Breast



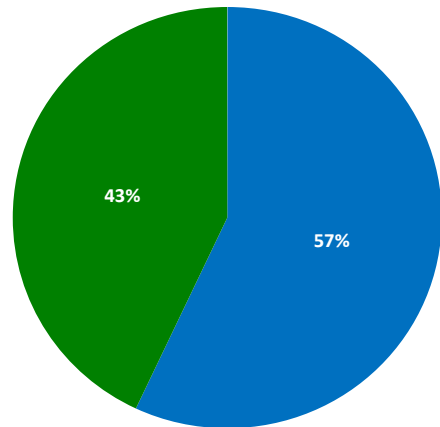
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Colorectal Surgery and Anus



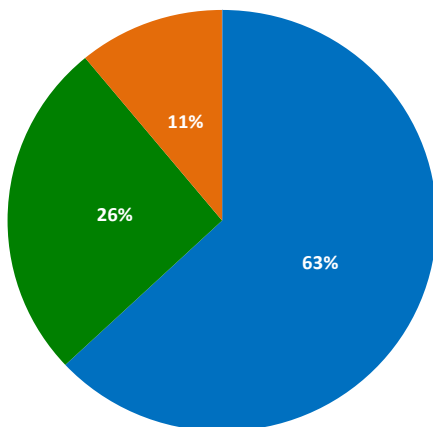
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Critical Care for FRCS



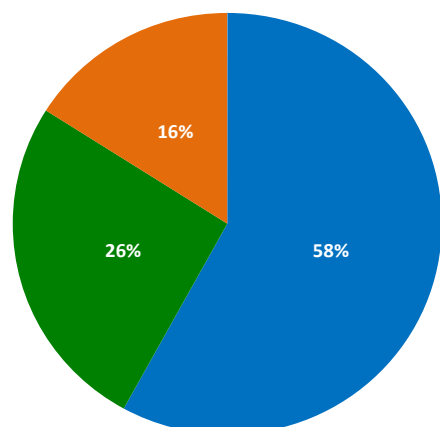
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Tips on FRCS Section 2 Exam



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

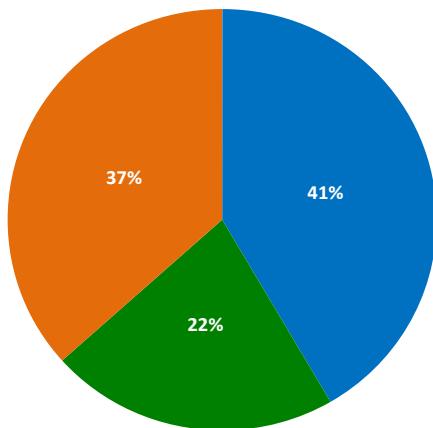
Academic Viva



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

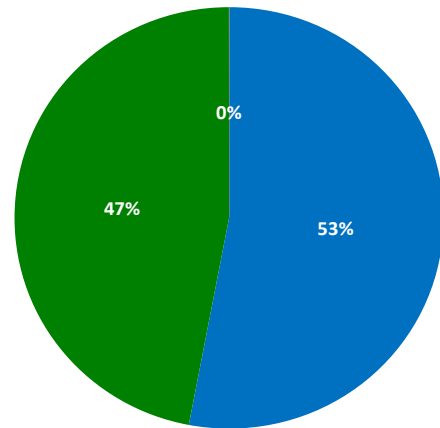
Overall Teaching Feedback

Basic Science Discussion



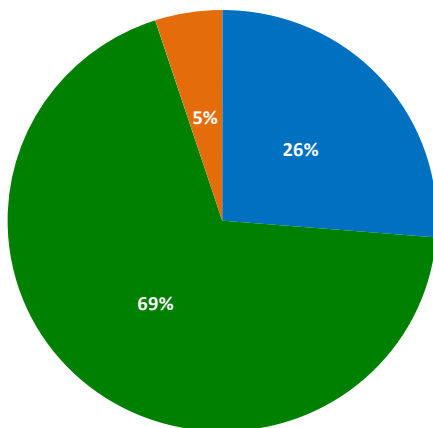
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Clinical Viva (Speciality)



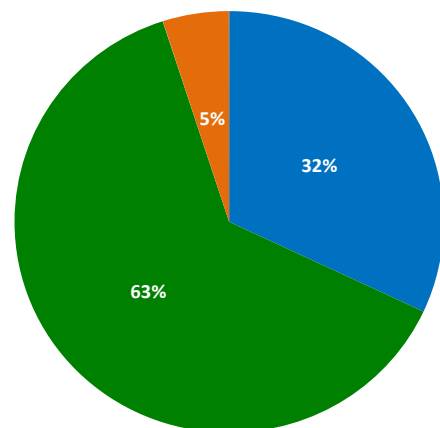
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Clinical Viva (General)



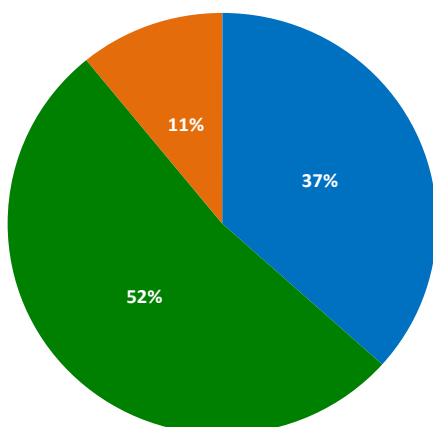
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Clinical Viva (Emergency/Critical Care)



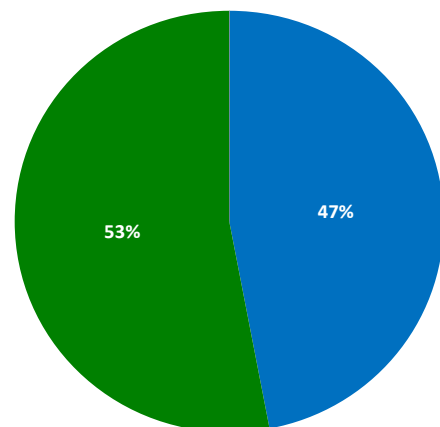
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Clinical Cases – Vascular/Transplant



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

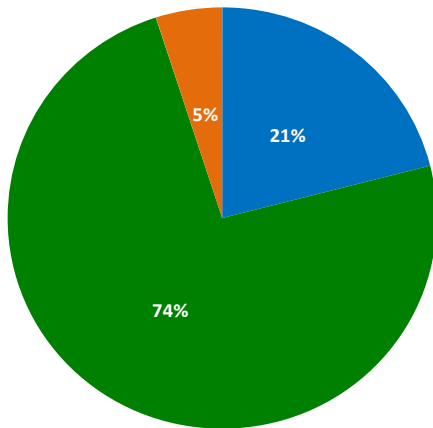
Clinical Cases – Colorectal Surgery



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

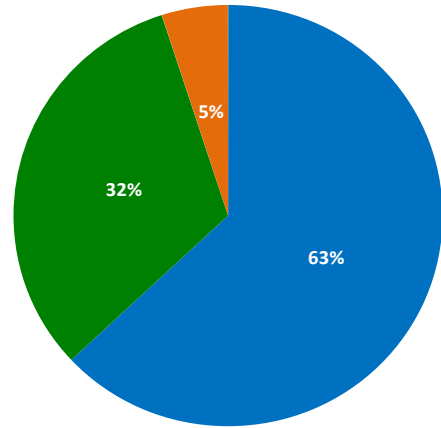
Overall Teaching Feedback

Clinical Cases – Upper GI Surgery



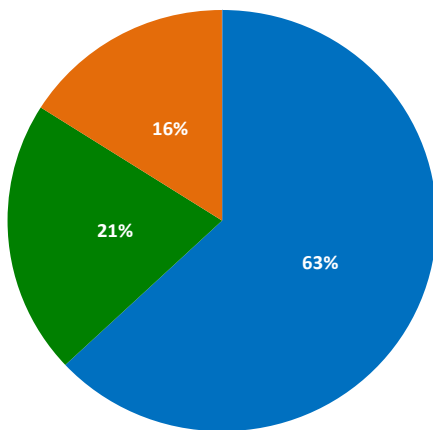
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Clinical Cases – Breast/Endocrine



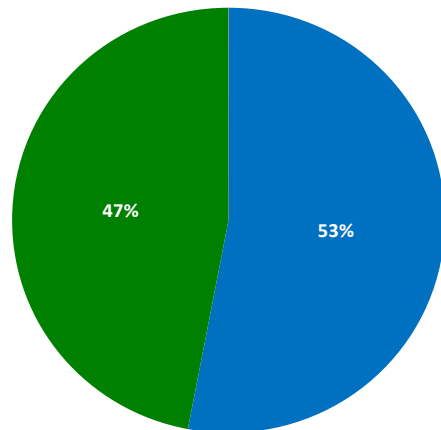
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Clinical Cases – General



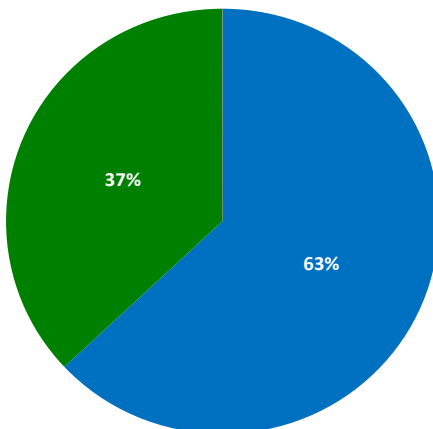
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

How was the general friendliness of the faculty and organisers?



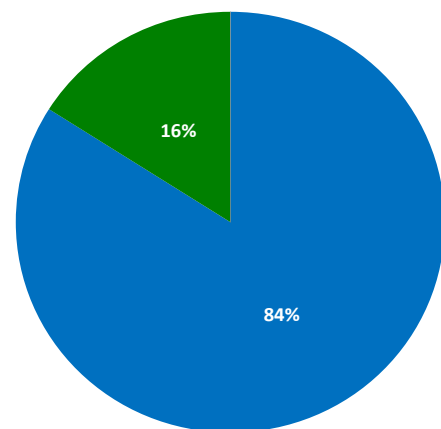
■ Very friendly ■ Friendly ■ Neutral ■ Not very friendly ■ Can't comment

Would you recommend this course to a friend?



■ Most certainly ■ Certainly ■ Probably ■ Unlikely ■ Not at all

Do you think that this course provided good value for money?



■ Most certainly ■ Certainly ■ Probably ■ Unlikely ■ Not at all

Individual Comments

Generally very good.

RC
Royal United Hospital, Bath

Overall, the course was very well-organized, very useful and relevant to the exam. The course material and presentations were clear and comprehensive.

AM
Cairo University, Kasr Al-Aini Hospital, Egypt

Appreciate the huge efforts in organising the course which was overall well run and taught. Certainly relevant and useful for exam preparation.

JT
Queen Mary Hospital, Hong Kong

Good course.

AE
Leicester General Hospital, Leicester

Dedicated team members and a well organised event.

MS
King Abdul Aziz Medical City, Riyadh, Saudi Arabia

It was a good course.

RA
Royal Oldham Hospital, Oldham

Well organised course with great faculty.

SK
St Mary's Hospital, London

Very good!

DF
Basildon University Hospital, Basildon

Good.

JL
Pinderfields General Hospital, Wakefield

Individual Comments

Very organised and well-structured course.

WS
Airedale General Hospital, Keighley

My overall impression was great. I benefited a lot from the course and it is very relevant to my exam.

VS
North York General Hospital, Toronto

Keeping the time constraints of three days, it was a good course.

TN
Beaumont Hospital, Dublin

Great faculty. Great venue.

ST
University Hospital, Coventry

Perfect. Would highly recommend it.

AO
Maidstone Hospital, Kent

Good value for money and well taught.

RM
Royal Preston Hospital, Preston

Good.

EK
St James's Hospital, Dublin



DOCTORS ACADEMY

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Doctors Academy is a UK-based International Non-Profit Organisation comprising of doctors, dentists and scientists that undertakes a diverse range of educational activities globally. The aim of the Academy is to disseminate information and exchange medical knowledge between professionals from diverse backgrounds working in a variety of healthcare settings. This is achieved by the provision of a number of attendance courses, publishing house, online resources and international events/ competitions.

Courses (a selection):

Undergraduate:

- Final Year Medicine and Surgical Revision Courses
- Training the Clinical Anatomy Trainer
- Clinical Anatomy as Applied to Trauma and Emergency Medicine
- Surgical Anatomy of Important Operative Procedures
- Future Surgeons: Key Skills (RCSEd delivered)
- Structured Introduction to Surgical Skills

Postgraduate:

- MRCS Part A
- MRCEM Part A
- MRCS Part B OSCE
- DOHNS: Intensive Revision & OSCE
- Intercollegiate Basic Surgical Skills (RCSEd delivered)
- MRCP PACES Part 2
- FRCS (General Surgery) Exit Exam
- Cadaveric Ultrasound-Guided Musculoskeletal Intervention Course
- Ultrasound-Assisted Botulinum Toxin Injection for Neuromuscular Disorders
- Live Advanced Laparoscopic Colorectal Course



Forthcoming key events:

- **International Medical Summer School**
Manchester, 31st July to 4th August 2017
- **International Academic and Research Conference**
Manchester, 5th August 2017
- **World University Anatomy Challenge**
Manchester, 4th August 2017

Publications



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Online Revision Resources

DoctorExams consists of 1000s of questions with detailed explanations in MCQ, EMQ, SBA and SAQ formats. Questions are written by the Doctors Academy group of experienced clinicians and clinical academics, with mock exams and feedback on performance included to aid a candidate's focused revision of topics. Based on past exams, these questions are carefully crafted to suit the requirements of undergraduate students & postgraduate trainees undertaking relevant speciality exams.

Resources for:

- Medical Students
- Dental Students
- International Entrance Exams
- MRCS Exams
- General Surgery Exams
- Plastic Surgery Exams
- DOHNS Exams

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