

The Royal College of Surgeons of Edinburgh Future Surgeons: Key Skills

Arrowe Park Hospital, Wirral

Local conveners: Mr Venkat Srinivasan

Programme

08:30	Registration	
08.50	Introduction	Seminar Room
09.00	Gowning and Gloving	Wet lab (demo & practice)
09.40	Handling Instruments	Wet lab (demo & practice)
10.15	Knot-tying (1) <ul style="list-style-type: none"> • Reef knot • Instrument tie 	Wet lab (demo & practice)
	11.00 – 11.15:	Refreshment Break
11.15	Knot-tying (2) <ul style="list-style-type: none"> • Surgeon knot 	Wet lab (demo & practice)
12.00	Suturing <ul style="list-style-type: none"> • Needle Manipulation • Interrupted Sutures • Sub-cuticular absorbable sutures • Assisting • Continuous suture 	Wet lab (demo & practice)
	13.00 – 13.40:	Lunch Break
13.40	LA Techniques, Skin Lesions & Wound Management <ul style="list-style-type: none"> • Skin lesions • Cyst removal • Abscess drainage & excision • Debridement 	Wet lab (demo & practice)
14.40	Diathermy	Wet lab (Lecture/Practice)
15.10	Laparoscopy Skills <ul style="list-style-type: none"> • Hand-eye co-ordination • Polo mints exercise • Sugar cubes exercise 	Wet lab (Structured practice)
16.10	Question and answer session	Seminar room
	16.30:	Feedback and close