



**8<sup>th</sup> Live Advanced Laparoscopic  
Colorectal Course**

**Feedback - October 2015**

## Live Advanced Laparoscopic Colorectal Course

This advanced laparoscopic colorectal course provided the attendee with a sound understanding of some of the recent operative developments in the field. It also provided an overview of the essential fundamentals and underpinning principles of laparoscopic colorectal surgery.

The course convened by renowned Laparoscopic Colorectal Surgeon Prof. P. N. Haray and supported by an experienced faculty, also gave an opportunity for experienced colorectal surgeons to enhance their understanding and attain invaluable tips to perform laparoscopic colorectal surgery in an effective manner.

With ample opportunities to interact with faculty during the live operative sessions as well as during the lectures. A course dinner was also organised on the evening of the first day.

The days encompassed a series of live operating demonstrations, interspersed with interactive discussions, of important colorectal operations such as:

- Total Colectomy for conditions such as Ulcerative Colitis and Functional Bowel Disease.
- Segmental Resections, Left-side Colonic Resections including Splenic Flexure Mobilisation, and High Anterior Resection.
- Total Mesorectal Excision with Defunctioning Stomas.
- Pouch surgeries / Panproctocolectomy.

### Topics covered:

- Patient selection.
- Relevant anatomy.
- Equipment.
- Theatre set-up.
- Pre- and post-operative management and outcomes.
- Enhanced recovery programs.
- Emergency surgery.

### Course Information

<b>Course date:</b>	<b>12<sup>th</sup> and 13<sup>th</sup> October 2015</b>
<b>Venue:</b>	<b>Prince Charles Hospital, Merthyr Tydfil, Wales, UK</b>
<b>Attendance:</b>	<b>20 Delegates</b>
<b>Aimed at:</b>	<b>Post MRCS Surgical Trainees Colorectal Surgeons</b>
<b>Course fee:</b>	<b>£495.00</b>

**Educational grants (that cover the full course fee) are offered by the Department of Colorectal Surgery, Prince Charles Hospital and Doctors Academy for post MRCS surgical trainees working in the UK NHS.**

**This course was granted 12 CPD points by the Royal College of Surgeons of Edinburgh**



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# Course Programme

## Day 1

0830 - 0845	Coffee & Registration
0845 - 0850	Welcome & Introduction to the Course
0850 - 0900	Case Presentation of 1st live link case
0900 - 0930	Relevant Anatomy and Theatre Set up for Anterior Resection <b>Laparoscopic Low Anterior Resection with Ileostomy</b> <b>Live link to Operation Theatre</b> Presentations by Moderators: The Stepwise Approach to Anterior Resection (Videos/ discussion around specific steps)

1230 - 1330

Lunch

1330 - 1335	Case presentation of 2 <sup>nd</sup> live ink case
1335 - 1400	Relevant Anatomy and Theatre Set up for Right Hemicolectomy <b>Laparoscopic Right Hemicolectomy</b> <b>Live link to Operation Theatre</b> Presentations by Moderators: The Stepwise Approach to Right Hemicolectomy Port positioning - General Discussion (Videos/ discussion around specific steps)

1530 - 1545

Coffee

1545 - 1630	Presentation by various faculty
1900	Course Dinner at the Ty Newydd Country House Hotel

# Course Programme

## Day 2

0845 - 0900

Coffee

0900 - 0915

Case Presentation of 3<sup>rd</sup> live link case

**Laparoscopic High Anterior Resection**

**Live link to Operation Theatre**

Presentations by Moderators:

Flexure mobilisation

Rectal Excision

(Videos/ discussion around specific steps)

1230 - 1330

Lunch

1330 - 1400

Presentation by Various Faculty

1400 - 1445

Splenic Flexure right lateral position

Splenic Flexure supine position

Laparoscopic Left Hemicolectomy video: How do I do it?

1445 - 1515

Tips, Tricks and Potential Hazards (Videos and Discussion)

1515 - 1545

Formal Feedback

1545 - 1600

Coffee

### Certification and Close

*Live operating will be carried out by the Prince Charles Hospital colorectal team.*

*During Live Link – the moderators will give PowerPoint presentations/video presentations on different aspects of laparoscopic colorectal surgery.*

## Faculty

### CORE COMMITTEE AND FACULTY

#### **Professor P N Haray**

Consultant Colorectal Surgeon  
Course Convenor  
Prince Charles Hospital, Merthyr Tydfil

#### **Mr Parin Shah**

Consultant Colorectal Surgeon  
Chief Course Organiser  
Royal Glamorgan Hospital, Llantrisant

#### **Mr AG Masoud**

Consultant Colorectal Surgeon  
Prince Charles Hospital, Merthyr Tydfil

#### **Mr J Mathias**

Consultant Colorectal Surgeon  
Withybush General Hospital, Carmarthen

#### **Mr A Joseph**

Consultant General and Colorectal Surgeon  
Observer Faculty  
Singleton Hospital

#### **Mr V Gupta**

Consultant Colorectal Surgeon  
Observer Faculty  
Lister Hospital, Stevenage

### LOCAL ORGANISERS AND HOSPITALITY

#### **Mr N Naeem Naguib**

Associate Specialist in General Surgery  
Prince Charles Hospital, Merthyr Tydfil

#### **Mrs K Sundaramurthy**

Speciality Doctor in General Surgery  
Prince Charles Hospital, Merthyr Tydfil

## Faculty

### **Dr Charlotte Leaman**

Clinical Fellow in General Surgery  
Prince Charles Hospital, Merthyr Tydfil

### **Dr Catriona Spiers**

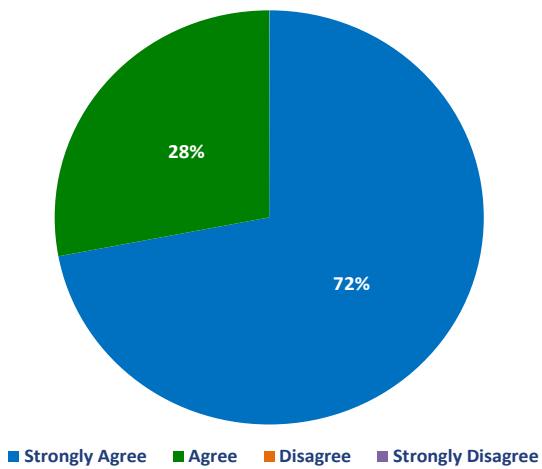
Foundation Doctor in General Surgery  
Prince Charles Hospital, Merthyr Tydfil

### **Dr Samihah Aslam**

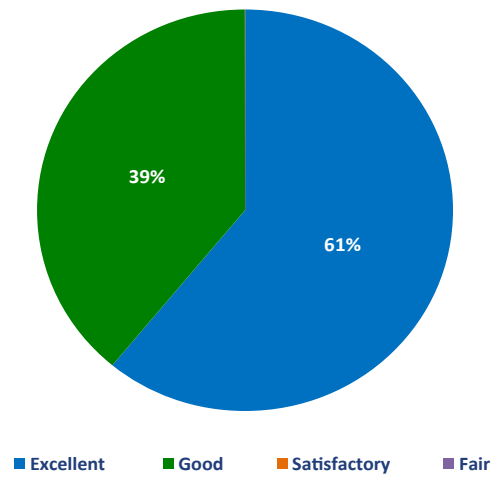
Foundation Doctor in General Surgery  
Prince Charles Hospital, Merthyr Tydfil

# Overall Teaching Feedback

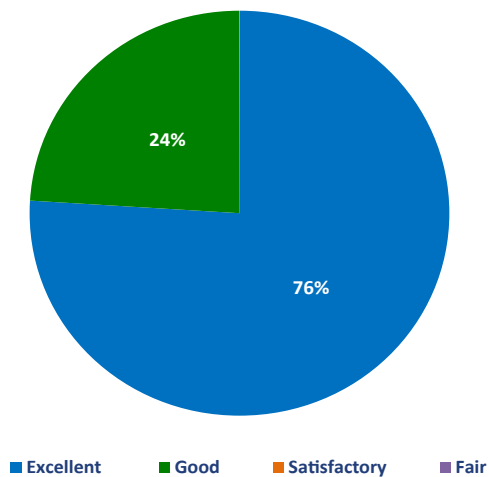
As a result of attending this workshop I have a better understanding of: Principles of laparoscopic colorectal surgery



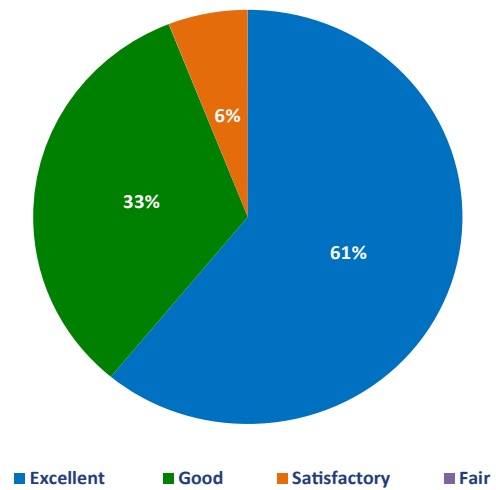
How will you rate the session Case presentation 1 and 2 case selection?



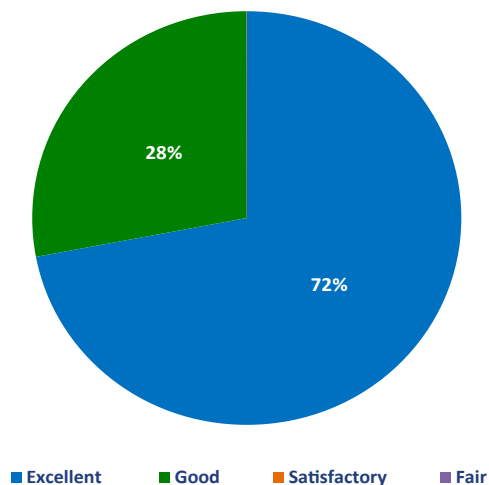
Anatomy and Theatre Set up for anterior resection



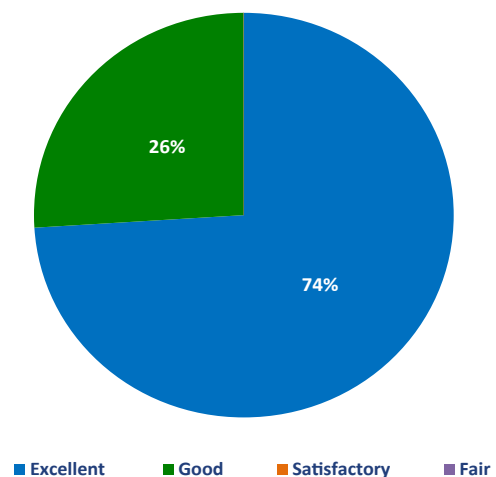
Port positioning for anterior resection



Stepwise approach to anterior resection

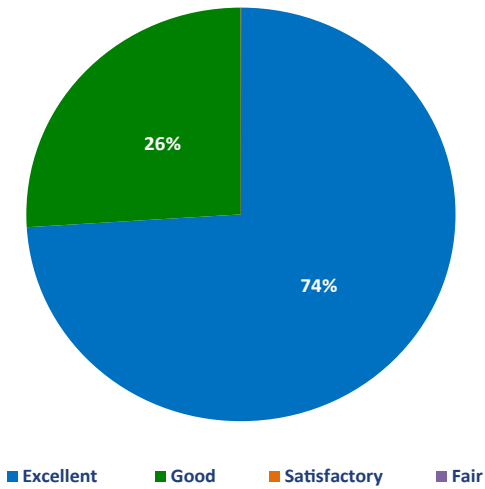


Anatomy and Theatre setup for right hemicolectomy

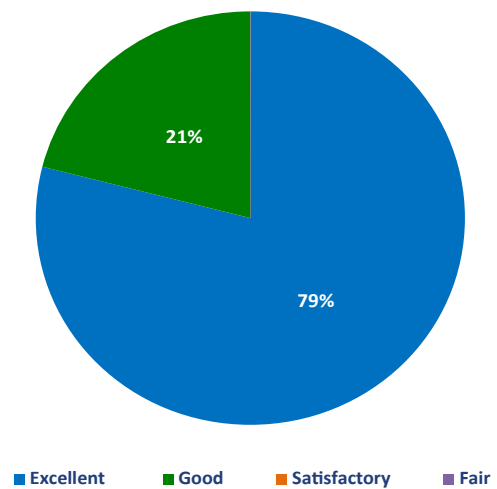


# Overall Teaching Feedback

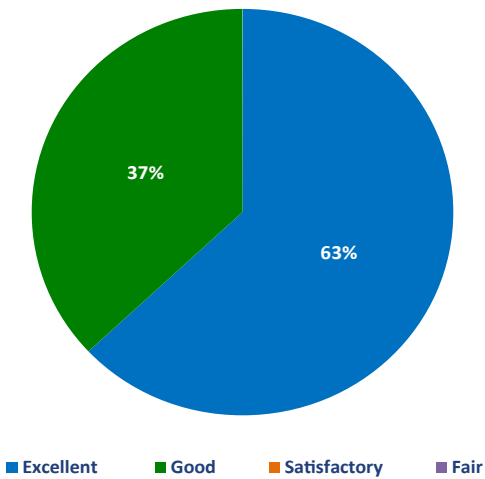
Port positioning for right hemicolectomy



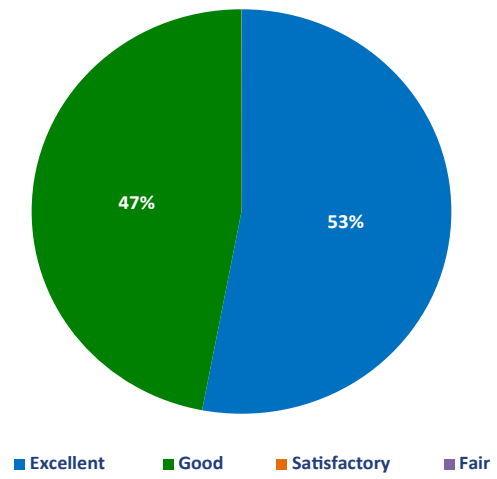
Stepwise approach to right hemicolectomy



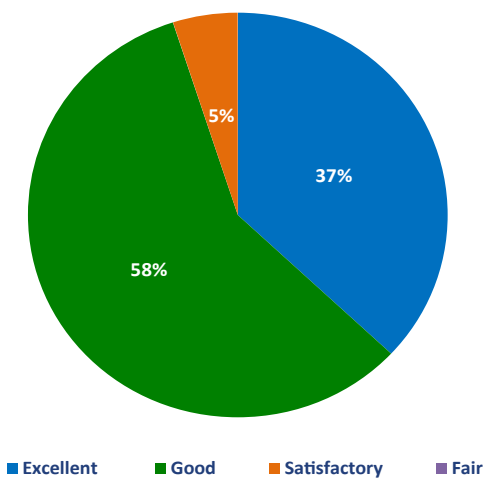
Safety aspects in laparoscopic colorectal surgery



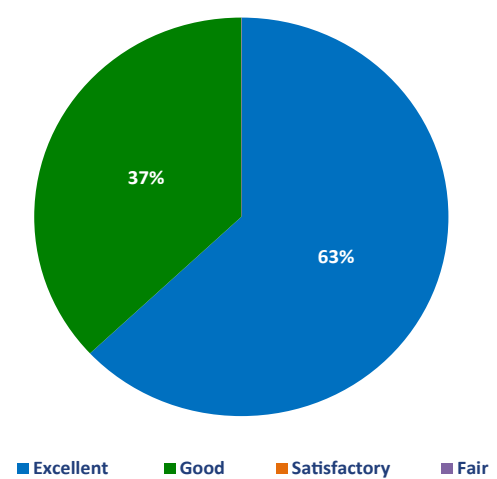
Challenges in Establishing Laparoscopic Colorectal Service as a New Consultant



Emergency Surgery – Large Bowel Obstructions



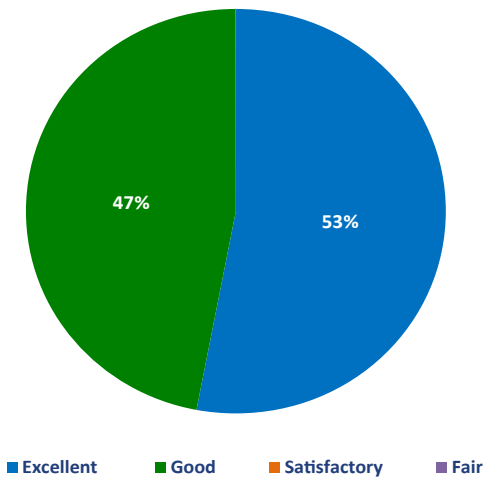
Preceptorship in Laparoscopic Colorectal Surgery



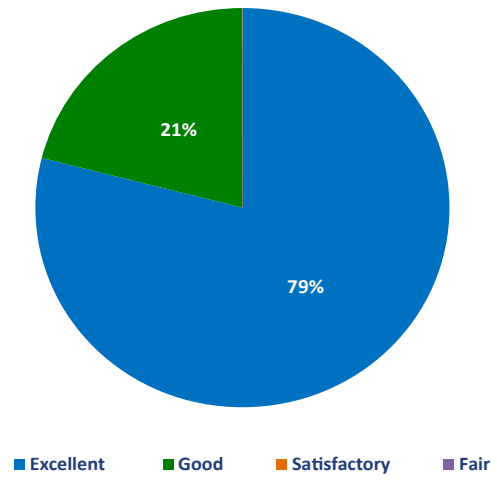


# Overall Teaching Feedback

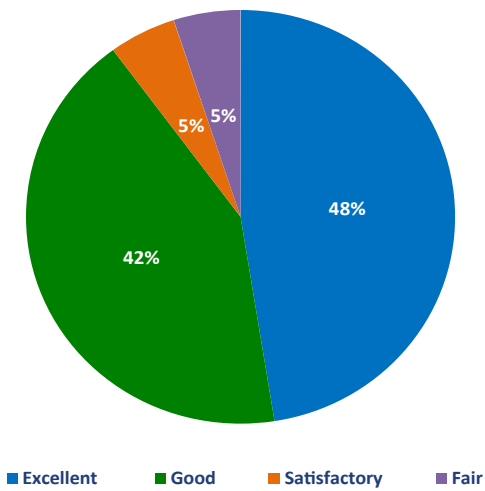
How will you rate the Case presentation 3 case selection?



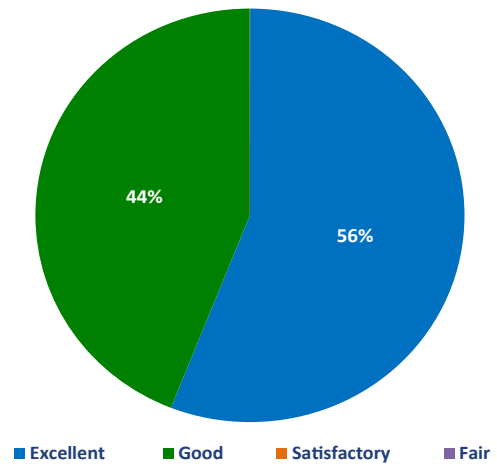
Stepwise approach to Low Anterior Resection



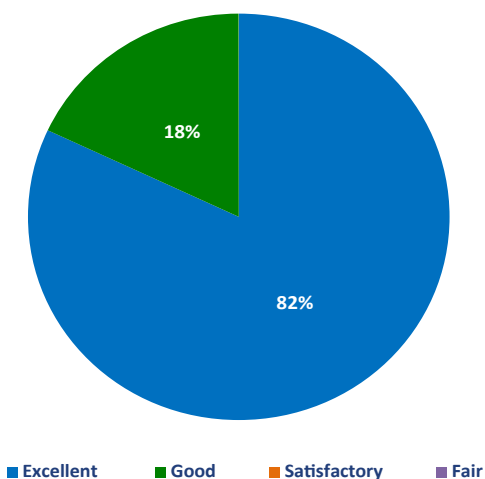
Pouch Surgery Video



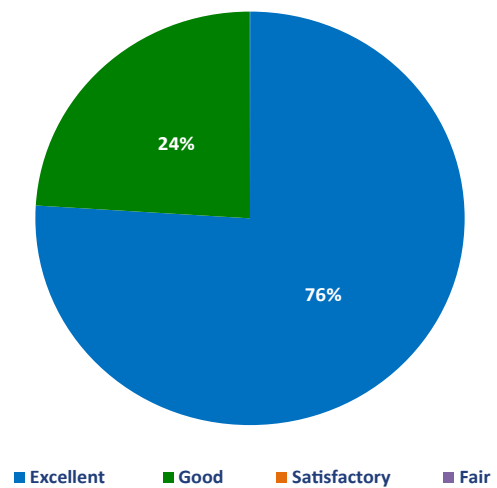
Transanal division of anorectal junction followed by laparoscopic low anterior resection and Coloanal pouch anastomosis



Stapling issues in Laparoscopic Colorectal Surgery

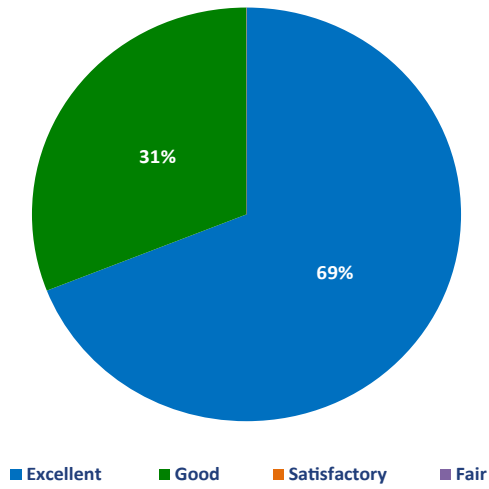


Splenic flexure right lateral position

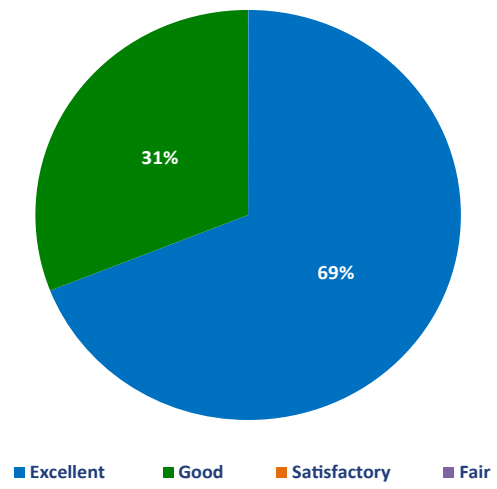


# Overall Teaching Feedback

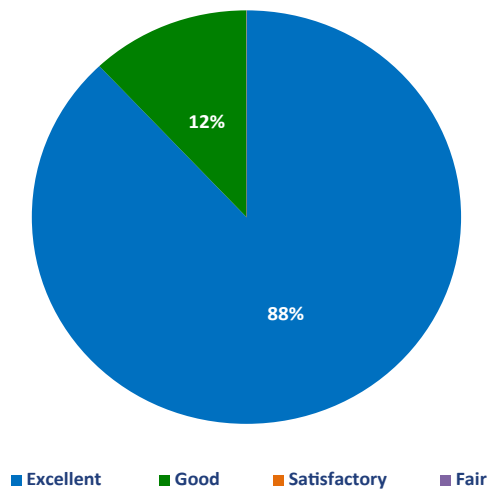
Splenic flexure supine position



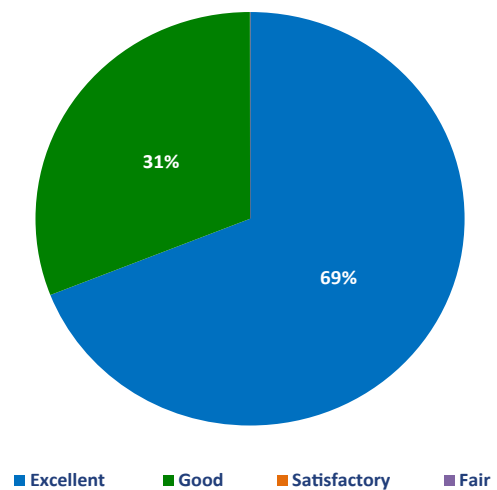
Laparoscopic Left Hemicolectomy video: How I do it?



Tips for Safe Dissection



Potential Hazards



## Individual Comments

- Very useful course - interactive, very helpful live cases and videos with useful tips, faculty very friendly. Thank you.
- The overall standard of the course is excellent with useful learning points. I found it useful. Short clips with more information made it easy to follow and learn.
- Continually do the workshop at least twice per year.
- Definitely recommend this course.
- Thank you very much.
- Thank you for arranging an excellent course.
- Thank you for being honest with us about the times you have 'messed up'. I enjoyed seeing your work.
- Wishing you all the best for future under the guidance of the excellent Prof. Haray.



# DOCTORS ACADEMY

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## Courses (a selection):

### Undergraduate:

- Final Year Medicine and Surgical Revision Courses
- Training the Clinical Anatomy Trainer
- Clinical Anatomy as Applied to Trauma and Emergency Medicine
- Surgical Anatomy of Important Operative Procedures
- Future Surgeons: Key Skills (RCSEd delivered)
- Structured Introduction to Surgical Skills

### Postgraduate:

- MRCS Part A
- MRCEM Part A
- MRCS Part B OSCE
- DOHNS: Intensive Revision & OSCE
- Intercollegiate Basic Surgical Skills (RCSEd delivered)
- MRCP PACES Part 2
- FRCS (General Surgery) Exit Exam
- Cadaveric Ultrasound-Guided Musculoskeletal Intervention Course
- Ultrasound-Assisted Botulinum Toxin Injection for Neuromuscular Disorders
- Live Advanced Laparoscopic Colorectal Course



## Forthcoming key events:

- **International Medical Summer School**  
*Manchester, 1<sup>st</sup> - 5<sup>th</sup> August 2016*
- **International Academic and Research Conference**  
*Manchester, 6<sup>th</sup> August 2016*
- **World University Anatomy Challenge**  
*Manchester, 5<sup>th</sup> August 2016*

## Publications



[publications.doctorsacademy.org](http://publications.doctorsacademy.org)

## World Journal of Medical Education & Research



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## Online Revision Resources

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### Resources for:

- Medical Students
- Dental Students
- International Entrance Exams
- MRCS Exams
- General Surgery Exams
- Plastic Surgery Exams
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