

1<sup>st</sup> Congress of Sturrack International Medical and Dental Association (SIMDA)  
**“Knowledge Advancement and Optimal Strategies for Healthcare Professionals and Health Systems: A Sturrack Global Initiative”**

**14<sup>th</sup> – 15<sup>th</sup> October 2016 Stone Water Eco Resort, Vasco Da Gama, Goa, India**

## Programme Day 1

**A total of six CME points will be awarded for attending all sessions on both days**

**Chairpersons: Dr Varghese Zachariah, Dr Ronnie Mathew**

0815 - 0830	Registration and Coffee
0830 - 0850	Recent Advances and Update on Radiology – Diagnostic and Interventional <i>Dr Ram Sundar Kasthuri</i>
0850 - 0910	Financial Planning and Its Implications for Medics in NHS and GP Setting <i>Dr B Krishna Kumar</i>
0910 - 0930	Practising Medicine in Middle Eastern Countries: Opportunities And Possibilities <i>Dr Silas Benjamin</i>
0930 - 0950	Emotional Intelligence in Medicine <i>Dr Cherian George</i>

**0950 - 1010**

**Refreshment Break**

1010 - 1030	Dentistry: Managing both Academic and Clinical Professional Careers <i>Dr Gurkeerat Singh</i>
1030 - 1050	Self-Improvement Tools for Professional Progress and Personal Development <i>Dr Babu Hussain</i>
1050 - 1110	Life of a Medic in the Royal Air Force and Aerospace: A Personal Journey <i>Dr Mathew G Koshy</i>
1110 - 1130	An Overview of Common Eye Disorders for Medical Practitioners. <i>Dr Vijay Shankar</i>
1130 - 1200	Panel Discussion, Summary and Close.

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## Programme Day 2

**A total of six CME points will be awarded for attending all sessions on both days**

**Chairpersons: Dr Shaju M Kalathingal, Dr Shimmy Paulose**

0815 - 0830	Registration and Coffee
0830 - 0850	Update on General Medical Emergencies <i>Dr Mathew V Abraham</i>
0850 - 0910	General Practice in India as a Returning UK Medic: An Outlook on the UK and the Indian System <i>Dr Tony Thekkekkara</i>
0910 - 0930	Financial and Business Lessons in a Non-Medical Bubble: A Life Outside of Medicine <i>Dr Sundar Raman</i>
0930 - 0950	Current Standards and Future Paradigms of Excellence in Joint Arthroplasty <i>Mr Suresh Thomas</i>

**0950 - 1010**

**Refreshment Break**

1010 - 1030	Hospital Management: A Top Down View of Challenges and Opportunities <i>Dr S Venkatesh</i>
1030 - 1050	Provision of Cleft Lip Surgery in Developing Countries: A Transformational Patient Experience <i>Dr Jogi J Chungath</i>
1050 - 1110	Review on Trauma orthopaedics: Current Evidence and Practice <i>Dr Madhu Nair</i>
1110 - 1130	Oncological Management with Combined Palliative Approach: A Holistic Approach to Better Patient Care <i>Dr Baijumon Balan</i>
1130 - 1200	Panel Discussion, Summary and Close.