

Structured Introduction to Surgical Skills (for Year 1 & Year 2 Medical & Dental Students)

14th March 2015

Education Centre, University Hospitals Bristol NHS Foundation Trust, Bristol

	Course Programme
08:30	Registration
08.50	Introduction
09.00	Theatre etiquette
09.40	Gowning and glowing session
10.10	Principles of infection control
	11.00 – 11.15 Refreshment Break
11.15	Introduction to surgical instruments
	o Basic instruments
	o What are they used for
	o Basic intro to types of surgery
	o How to handle instruments in a safe manner
12.15	Demo and practice
	12.45 – 13.30 Lunch Break
13.30	Physiology of wound healing
14.40	Introduction to Sutures and needles
	o Needle manipulation
	o Types of sutures
	o Choice of sutures
	o Safe handling of sharps
	o How to suture correctly
14.30	Demo and practice
15.00	Knot tying
	o Secure 'Reef' knot
	o Instrument tie
15.30	Demo and practice
16.10	Question and answer session
16.30	Feedback and close