

**Surgery in the Elderly:  
Essential Concepts & Challenges**

**Feedback - June 2015**

# Surgery in the Elderly: Essential Concepts & Challenges

This one day course was intended to provide the attendees with a comprehensive understanding in the management of elderly patients undergoing surgery. The course was delivered through a combination of interactive lectures and short seminars by senior clinicians with a special interest in the management of such patients. It is envisaged that the knowledge gained will help optimise peri-operative care, shorten hospital stay, improve patient satisfaction, and achieve better and sustainable elderly care both in the hospital setting and in the community setting following discharge. This document summarises the feedback received from seven of the delegates who attended the course.

## Course Information

**Course date:** 13<sup>th</sup> June 2015

**Venue:** Queens Medical Centre  
Nottingham

**Attendance:** 10 Delegates

**Aimed at:**

- Speciality Trainees
- Core Trainees
- Foundation Doctors
- Senior Medical Students

**Course fee:** £30.00

**Course Organiser:** Dr Michelle Tang



## Course Programme

09:00	Introduction to Elderly patient care	Dr. Aamer Ali
09:15	Comprehensive Geriatric Assessment (CGA)	Dr. Adrian Blundell
09:45	Management of Elderly patients in A&E (with aim for discharge within 4 hours)	Dr. Varun Kumar
10:15	Falls: Not a surgical problem?	Dr. Hannah Enguell

**10:45 – 11:00** Break

11:00	Physiological changes with age	Dr. Laura Carrick
11:30	Too old to be admitted? ITU for post-operative patients	Dr. Vinesh Brahmakulam
12:00	Palliative care and DNAR in elderly surgical patients	Dr. Bhavyang Acharya

**12:30 – 13:15** Lunch

13:15	Orthogeriatrics in a nutshell	Dr. Darren Aw
13:45	Confused patients in surgical wards?	Dr. Duncan Forsyth
14:45	Spinal Surgery in the elderly	Mr. Arion Kapinas

**15:15 – 15:30** Break

15:30	Managing polypharmacy in surgical patients	Dr. Rob Morris
16:00	Fundamentals of pre-operative assessment in the elderly	Dr. Rob Morris
16:30	General surgical concerns in the elderly patients	Mr. Athur Harikrishnan
17:00	Surgical case-based discussion	Dr. Vinesh Brahmakulam Mr. Athur Harikrishnan Dr. Ali Dr. Hannah Enguell
18:00	Feedback, summary and close	

## Faculty List

**Dr Aamer Ali, FSc, MBBS, FRCP**

Head of Service for Health Care of Older People

Nottingham University Hospitals NHS Trust

**Dr Bhavyang Acharya, MBBS, MRCP**

Consultant in Palliative Medicine

Cynthia Spencer Hospice, Northampton

**Mr Arion Kapinas, MBBS, CCT Orthopedics (Greece)**

Senior Fellow in Spinal Surgery

Nottingham University Hospitals NHS Trust

**Dr Darren Aw, MBChB, MRCP**

Consultant in Orthogeriatric, Acute Healthcare of Older People

Nottingham University Hospitals NHS Trust

**Dr Adrian Blundell, BMedSci, BMBS, MRCP, MMedSci, MAcad MED**

Consultant in Community Geriatric, Health Care of Older People

Nottingham University Hospitals NHS Trust

Associate Professor in Medical Education

**Dr Vinesh Brahmakulam, MBBS, MD, FRCA**

Consultant in Anaesthetic, Doncaster and Bassetlaw Hospital

**Dr Laura Carrick, BSc(Hons), MBChB, FCAI**

Senior Registrar in Anaesthetics, Chesterfield Royal Hospital

**Dr Hannah Enguell, MBBS, MRCP**

Registrar in Health Care of Older People, Acute Internal Medicine

**Dr Duncan Forsyth, MBChB, FRCP, MA**

Consultant in Geriatric Medicine,

Addenbrooke's Hospital, Cambridge University Hospitals Foundation Trust



## Faculty List

### **Mr Athur Harikrishnan, MBBS, FRCSEd, FRCS (Glas), MPhil, FRCS (GenSurg)**

Consultant in General Surgery

Northern General Hospital, Sheffield

### **Dr Varun Kumar, MBBS, MCEM, FCEM**

Consultant in Emergency Medicine

Nottingham University Hospitals NHS Trust

### **Dr Rob Morris, BMedSci, BMBS, FRCP**

Pathway Lead Clinician for Older People

Nottingham University Hospitals NHS Trust

## Organising committee

### **Dr. Michelle Tang**

Educational Director for Courses in Geriatric Medicine

Doctors Academy



### **Mr. Bronek Boszczyk**

Consultant in Spinal Surgery, Centre for Spinal Studies and Surgery

Nottingham University Hospitals



### **Dr. Gautham Ullas**

Nottingham University Hospitals

NHS Trust



### **Dr. John Lamport**

Nottingham University Hospitals

NHS Trust



### **Dr. Chong-Yi Kang**

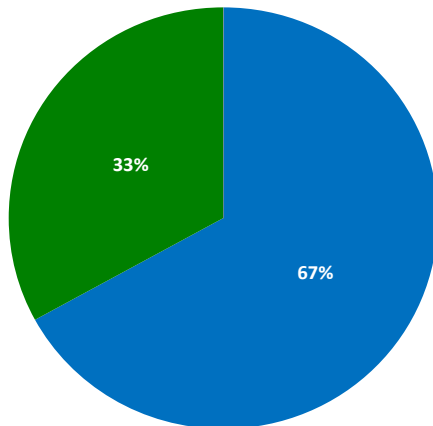
Nottingham University Hospitals

NHS Trust



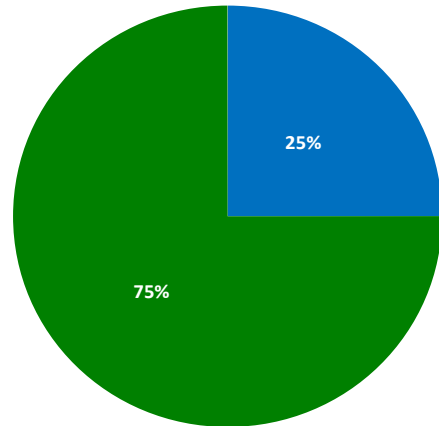
## Overall Teaching Feedback for the Area of:

How was the content of the course?



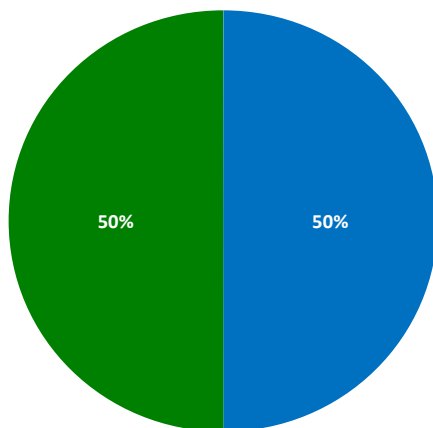
■ Excellent ■ Very good ■ Neutral ■ Fair ■ Poor

How was the clarity of presentations?



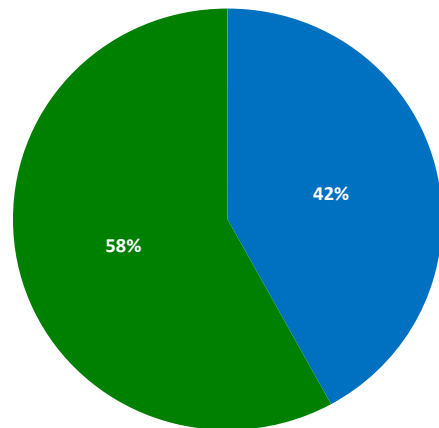
■ Excellent ■ Very good ■ Neutral ■ Fair ■ Poor

How do you rate the relevance of the course to your career/studies?



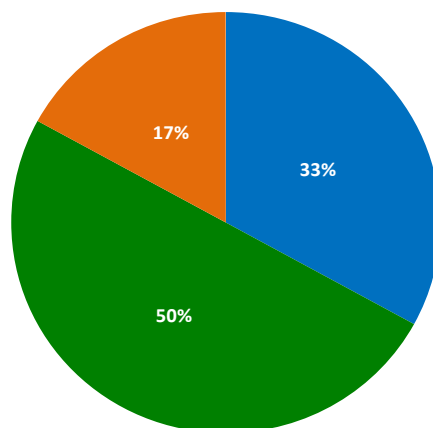
■ Excellent ■ Very good ■ Neutral ■ Fair ■ Poor

How would you rate the general academic standard of the lectures?



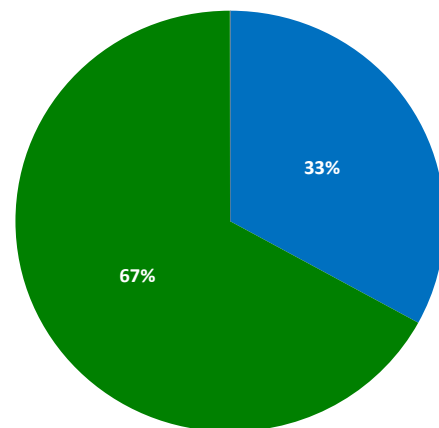
■ Excellent ■ Very good ■ Neutral ■ Fair ■ Poor

Introduction to Elderly Patient Care



■ Excellent ■ Very good ■ Neutral ■ Fair ■ Poor

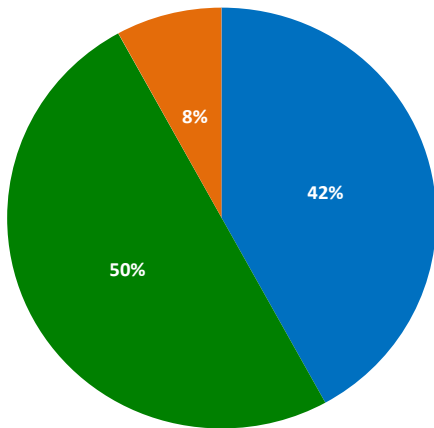
Comprehensive Geriatric Assessment



■ Excellent ■ Very good ■ Neutral ■ Fair ■ Poor

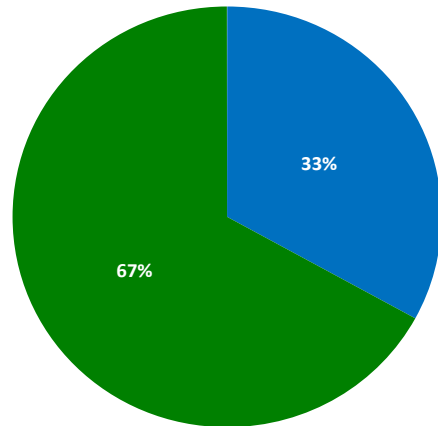
# Overall Teaching Feedback for the Area of:

Management of Elderly Patients in A&E



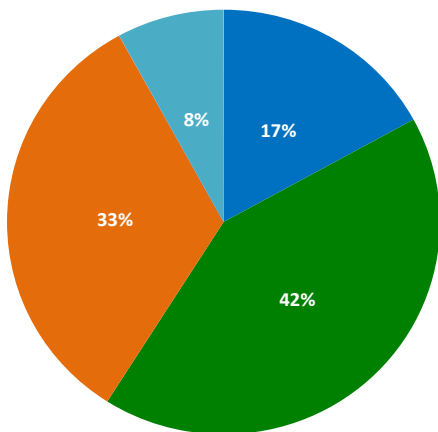
■ Excellent ■ Very good ■ Neutral ■ Fair ■ Poor

Falls: Not a Surgical Problem?



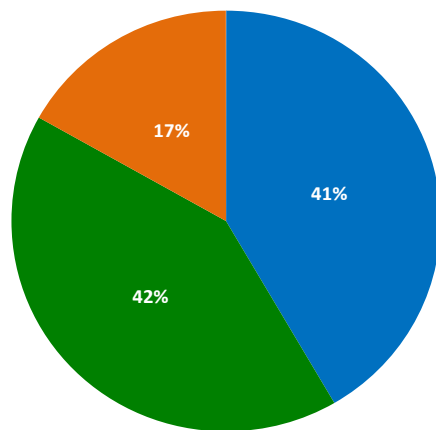
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Physiological Changes with Age



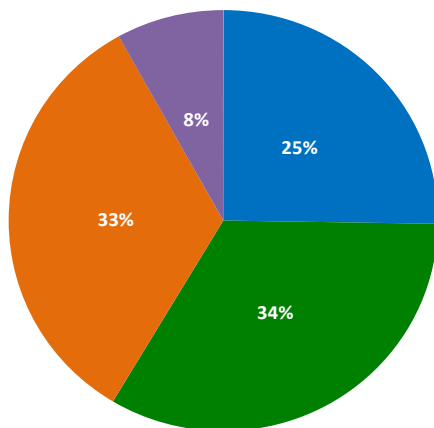
■ Excellent ■ Very good ■ Neutral ■ Fair ■ Poor

Too Old to be Admitted? ITU for Post-operative Patients



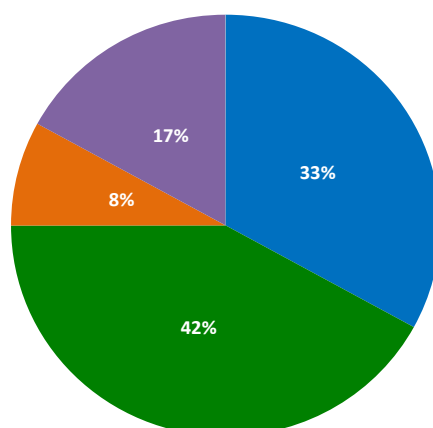
■ Excellent ■ Very good ■ Neutral ■ Fair ■ Poor

Palliative Care and DNAR in Elderly Surgical Patients



■ Excellent ■ Very good ■ Neutral ■ Fair ■ Poor

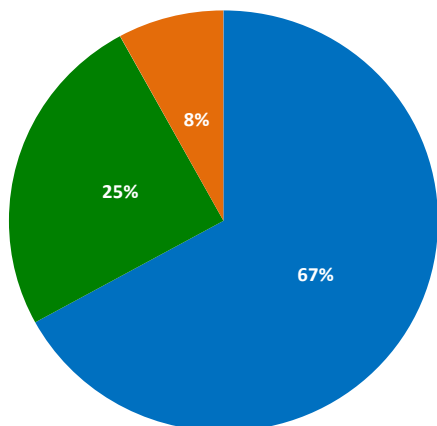
Orthogeriatrics in a Nutshell



■ Excellent ■ Very good ■ Neutral ■ Fair ■ Poor

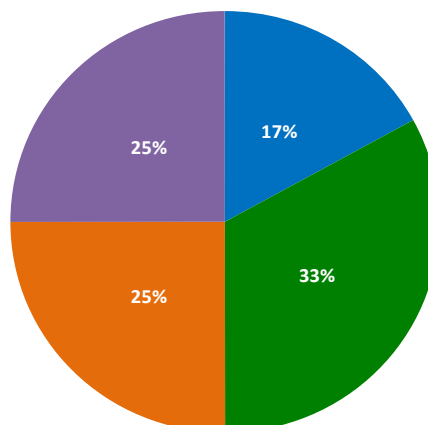
## Overall Course Feedback to the Area of:

Confused Patients in Surgical Wards? What should be done?



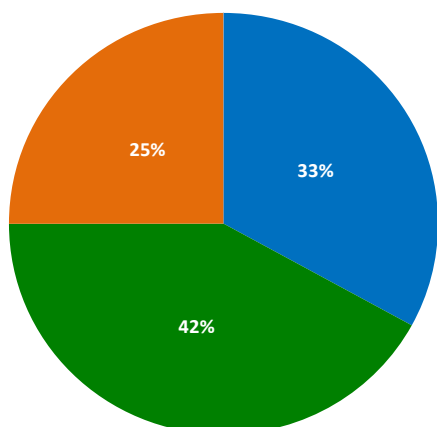
■ Excellent ■ Very good ■ Neutral ■ Fair ■ Poor

Spinal Surgery in the Elderly



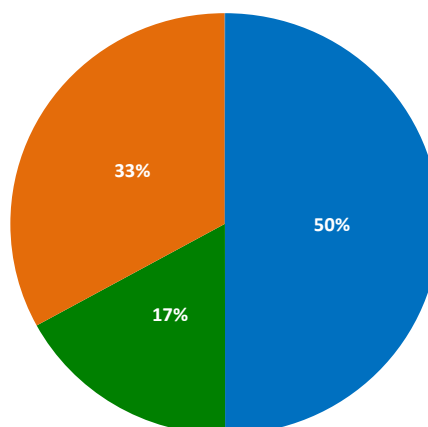
■ Excellent ■ Very good ■ Neutral ■ Fair ■ Poor

Managing Polypharmacy in Surgical Patients



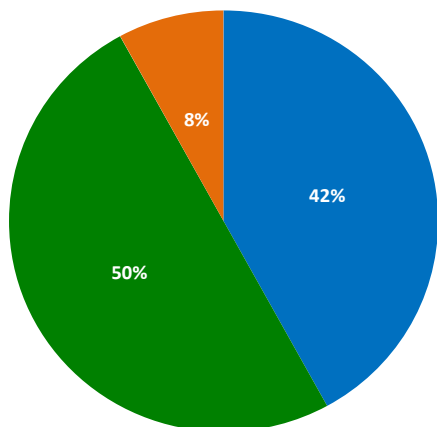
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Fundamentals of Pre-operative Assessment in the Elderly



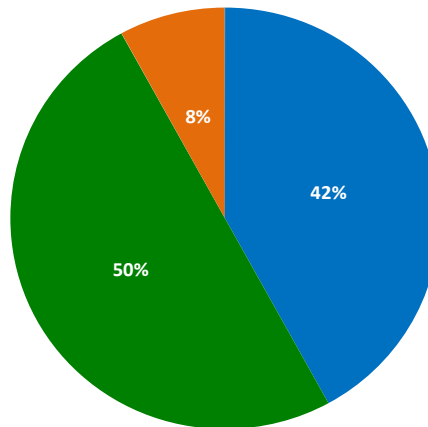
■ Excellent ■ Very good ■ Neutral ■ Fair ■ Poor

General Surgical Concerns in the Elderly Patients



■ Excellent ■ Very good ■ Neutral ■ Fair ■ Poor

Surgical Case Presentations

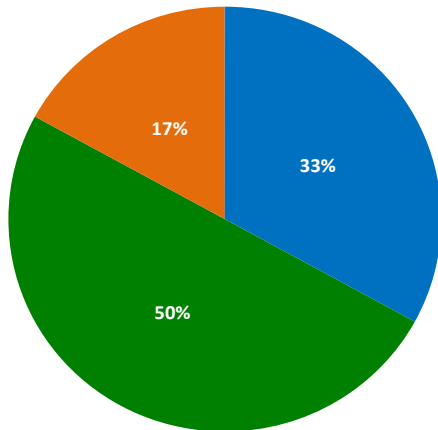


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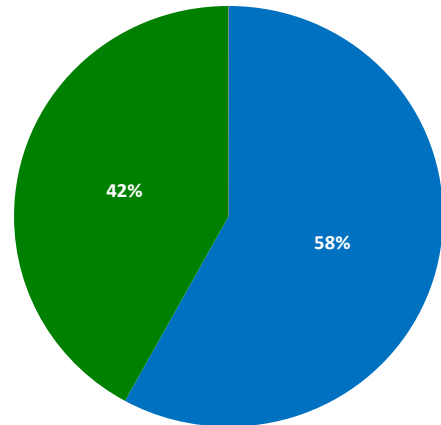
## Overall Course Feedback to the Area of:

Would you recommend this course to a friend?



■ Most certainly ■ Certainly ■ Neutral ■ Probably ■ No way

Do you think that attending this course was worth your time?



■ Most certainly ■ Certainly ■ Neutral ■ Probably ■ No way

## Individual Comments

Well organised course and talk.

**AM**  
***Leicester General Hospital, Leicester, UK***

I enjoyed the course very much. I will be interested in attending other courses in the future through Doctor's academy.

**SA**  
***Worcestershire Royal Hospital, Worcester, UK***

Good course. Very valuable.

**KN**  
***Our Lady of Lourdes Hospital, Drogheda, UK***

The course was very good and topics were relevant to what we usually see in our wards. I highly recommend it to all surgical trainee's.

**OA**  
***Tameside General Hospital, Ashton-Under-Lyne, UK***

Good course content.

**MP**  
***Leicester Royal Infirmary, Leicester, UK***

In general very good for a course in it's infancy. I'm sure it will improve further in time.

**JW**  
***Leicester Royal Infirmary, Leicester, UK***

Well organised course with excellent faculty staff.

**CH**  
***Nottingham City Hospital, Nottingham, UK***

Most presentations are well delivered, very useful topics and inspiring.

**LT**  
***Queen's Medical Centre, Nottingham, UK***

Enjoyable course in a relaxed setting which allowed for open discussion. Very relevant topics and excellent food for thought, particularly for future practice!

**FS**  
***Leicester General Hospital, Leicester, UK***

## Individual Comments

Excellent and great value course run by enthusiastic and vibrant contributors. Well done!

**MO**

***St. James' Hospital, Dublin, UK***

The organisation and faculty were excellent and the topic areas are extremely relevant to my clinical practice so thank you. Since attending the course and discussing with consultants at my hospital we are hoping to set up a similar service for elderly patients undergoing colorectal surgery. Any further tips would be much appreciated.

**ER**

***Scunthorpe General Hospital, Scunthorpe, UK***



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### Undergraduate:

- Final Year Medicine and Surgical Revision Courses
- Training the Clinical Anatomy Trainer
- Clinical Anatomy as Applied to Trauma and Emergency Medicine
- Surgical Anatomy of Important Operative Procedures
- Future Surgeons: Key Skills (RCSEd delivered)
- Structured Introduction to Surgical Skills

### Postgraduate:

- MRCS Part A
- MRCEM Part A
- MRCS Part B OSCE
- DOHNS: Intensive Revision & OSCE
- Intercollegiate Basic Surgical Skills (RCSEd delivered)
- MRCP PACES Part 2
- FRCS (General Surgery) Exit Exam
- Cadaveric Ultrasound-Guided Musculoskeletal Intervention Course
- Ultrasound-Assisted Botulinum Toxin Injection for Neuromuscular Disorders
- Live Advanced Laparoscopic Colorectal Course



## Forthcoming key events:

- **International Medical Summer School**  
*Manchester, 1<sup>st</sup> - 5<sup>th</sup> August 2016*
- **International Academic and Research Conference**  
*Manchester, 6<sup>th</sup> August 2016*
- **World University Anatomy Challenge**  
*Manchester, 5<sup>th</sup> August 2016*

## Publications



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- Dental Students
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- MRCS Exams
- General Surgery Exams
- Plastic Surgery Exams
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