



**Surgery in the Elderly:
Essential Concepts & Challenges**

Feedback - January 2015

Surgery in the Elderly: Essential Concepts & Challenges

This one day course was intended to provide the attendees with a comprehensive understanding in the management of elderly patients undergoing surgery. The course was delivered through a combination of interactive lectures and short seminars by senior clinicians with a special interest in the management of such patients. It is envisaged that the knowledge gained will help optimise peri-operative care, shorten hospital stay, improve patient satisfaction, and achieve better and sustainable elderly care both in the hospital setting and in the community setting following discharge. This document summarises the feedback received from seven of the delegates who attended the course.

Course Information

Course date: 24th January 2015

Venue: Queens Medical Centre
Nottingham

Attendance: 10 Delegates

Aimed at:

- Speciality Trainees
- Core Trainees
- Foundation Doctors
- Senior Medical Students

Course fee: FREE

Course Organiser: Dr Michelle Tang



Course Programme

0815 - 0830	Registration
0830 - 0845	Introduction to Geriatric Medicine - why do we bother?
0845 - 0915	Comprehensive Geriatric Assessment (CGA)
0915 - 0945	Elderly Patient in ED - assessment to discharge in 4 hours
0945 - 1030	Dementia & Delirium - In the context of surgery

1030 - 1045 **Break for Refreshments**

1045 - 1115	Catheters, Continence & Constipation
1115 - 1145	Arrhythmia & Stroke
1145 - 1215	Polypharmacy - anticoagulants, analgesia, glucose lowering medication & anti-hypertensives
1215 - 1245	Hydration & Nutrition

1245 - 1330 **Lunch**

1330 - 1400	Orthogeriatrics in a Nutshell
1400 - 1430	Fundamental of Pre-Operative Assessment
1430 - 1500	Medical Ethics & DNAR
1500 - 1530	Case Presentations
1530 - 1600	Summary, Feedback & Close

Faculty List

Dr Aamer Ali, FSc, MBBS, FRCP

Community Geriatrics Acute Health Care of Older People

Head of Service

Professor Rowan Harwood, MA, MSc, MD, FRCP

Acute Medical NHS Research Professor in Mental Health in Older People

Dr Adrian Blundell, BMedSci, BMBS, MRCP, MMedSci, MAcad MED

Community Geriatrics Acute Health Care of Older People

Associate Professor in Medical Education

Dr Varun Kumar, MBBS, MCEM, FCEM

Emergency Medicine Consultant

Dr Mohana Maddula, MBChB, MRCP (UK), MRCP (Geriatric Medicine)

Consultant Stroke Physician

Dr Bushra Khizar, MBBS, FCPS, MRCP, PGDIP (Bioethics)

SpR, Health Care of Older People

Dr Terence Ong, MBChB, MRCP (UK), MRCP (Geriatric Medicine)

Research Fellow, Health Care of Older People

Dr Darren Aw, MBChB, MRCP

Acute Healthcare of Older People, Orthogeriatrics Consultant

Faculty List

Dr Rob Morris, BMedSci, BM, BS, FRCP

Pathway Lead Clinician for Older People

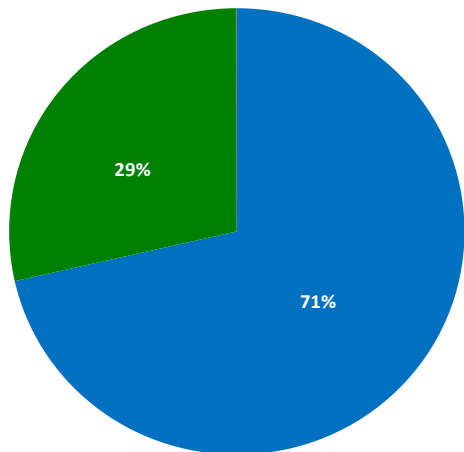
Dr Ruwani Abeyratne, MBBS, MRCP

SpR, Geriatric Medicine & General Internal Medicine



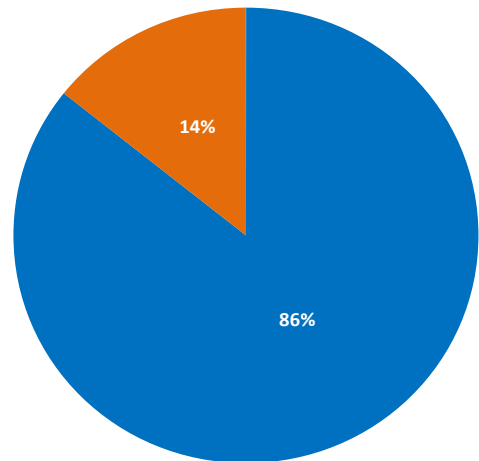
Overall Teaching Feedback for the Area of:

Introduction to Geriatric Medicine – Why do we Bother?



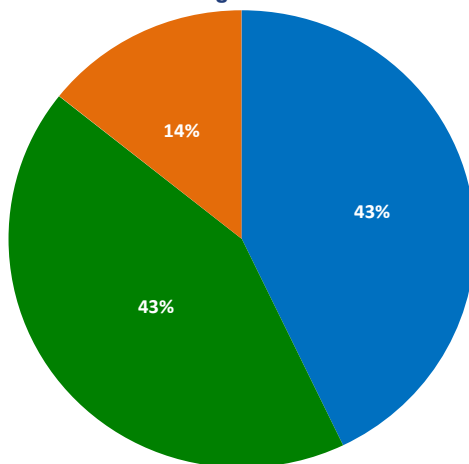
■ Excellent ■ Very Good ■ Neutral ■ Fair ■ Poor

Comprehensive Geriatric Assessment (CGA)



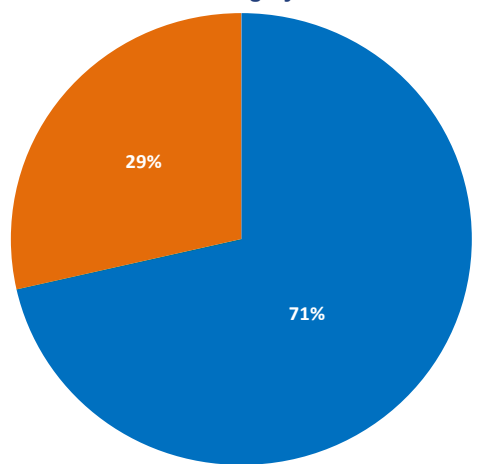
■ Excellent ■ Very Good ■ Neutral ■ Fair ■ Poor

Elderly patient in ED, assessment to discharge in 4 hours



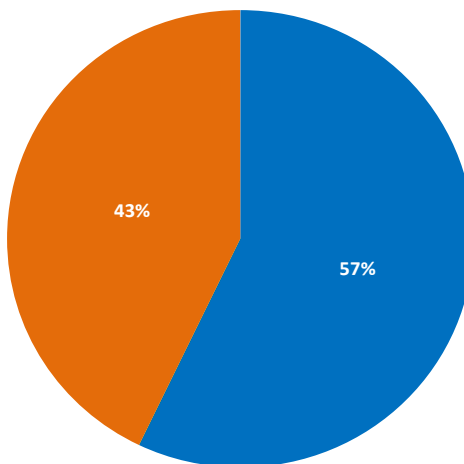
■ Excellent ■ Very Good ■ Neutral ■ Fair ■ Poor

Dementia & Delirium: in the Context of Surgery



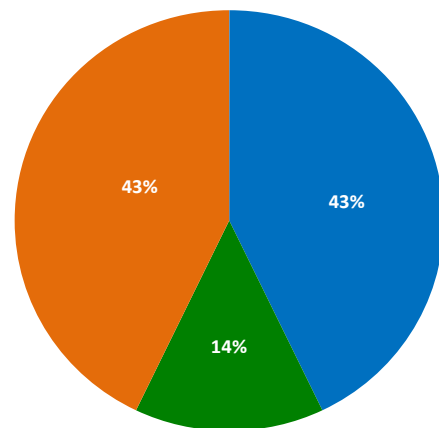
■ Excellent ■ Very Good ■ Neutral ■ Fair ■ Poor

Catheters, Continence and Constipation



■ Excellent ■ Very Good ■ Neutral ■ Fair ■ Poor

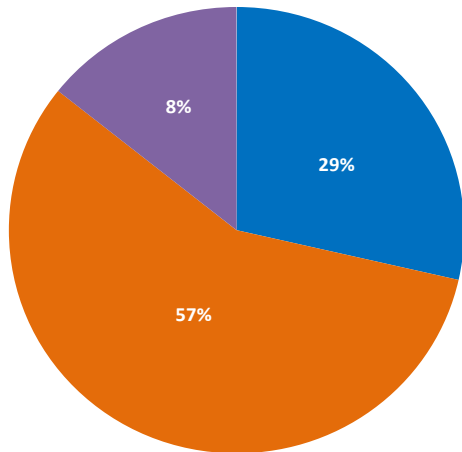
Arrhythmia and Stroke



■ Excellent ■ Very Good ■ Neutral ■ Fair ■ Poor

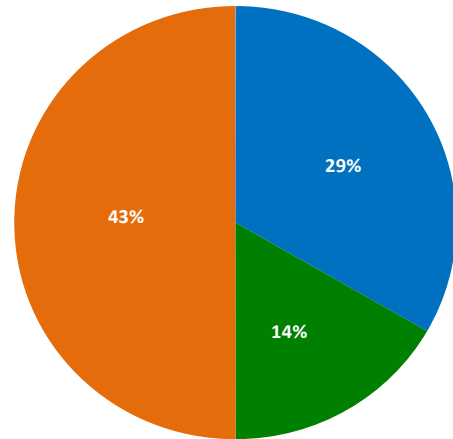
Overall Teaching Feedback for the Area of:

Polypharmacy



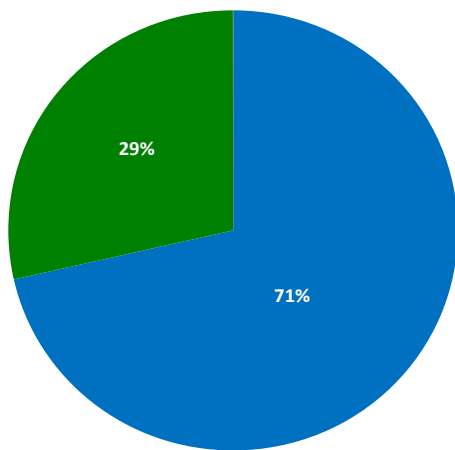
■ Excellent ■ Very Good ■ Neutral ■ Fair ■ Poor

Hydration and Nutrition



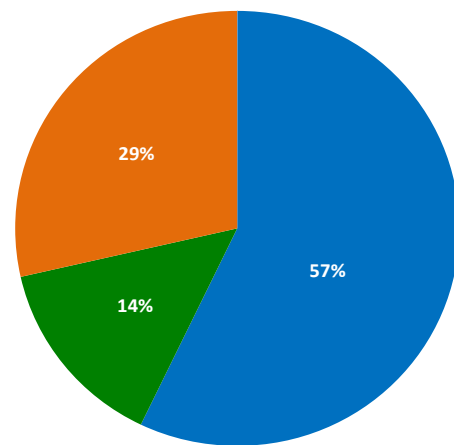
■ Excellent ■ Very Good ■ Neutral ■ Fair ■ Poor

Orthogeriatrics in a Nutshell



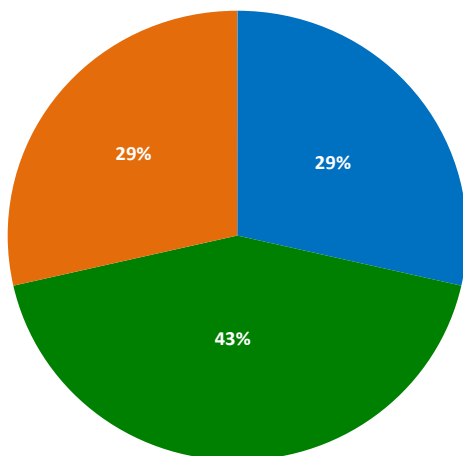
■ Excellent ■ Very Good ■ Neutral ■ Fair ■ Poor

Fundamentals of Pre-Operative



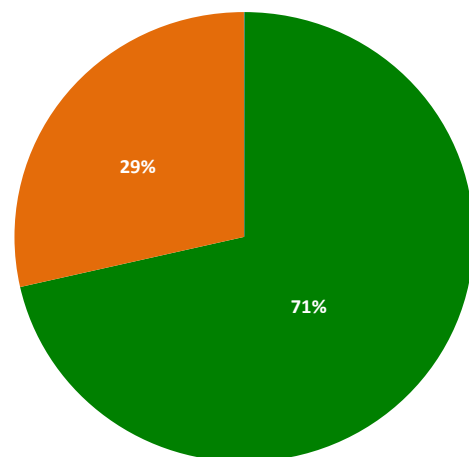
■ Excellent ■ Very Good ■ Neutral ■ Fair ■ Poor

Medical Ethics and DNAR



■ Excellent ■ Very Good ■ Neutral ■ Fair ■ Poor

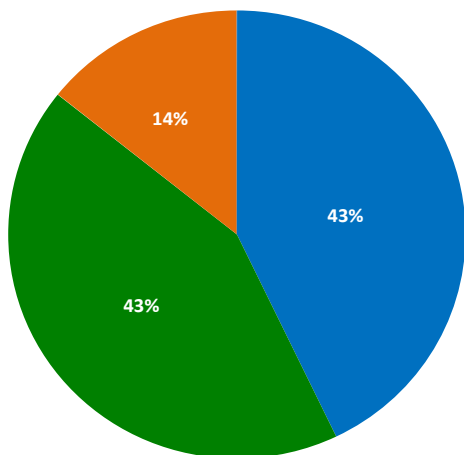
Case Presentations



■ Excellent ■ Very Good ■ Neutral ■ Fair ■ Poor

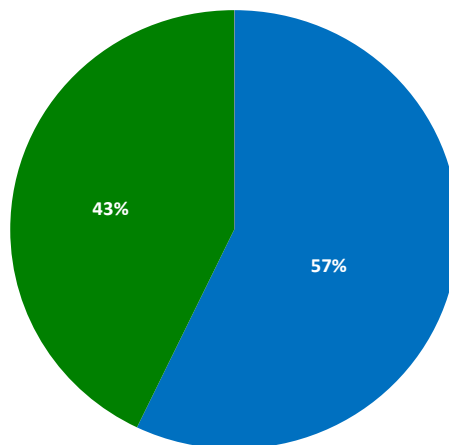
Overall Course Feedback to the Questions:

How was the Content of the Course?



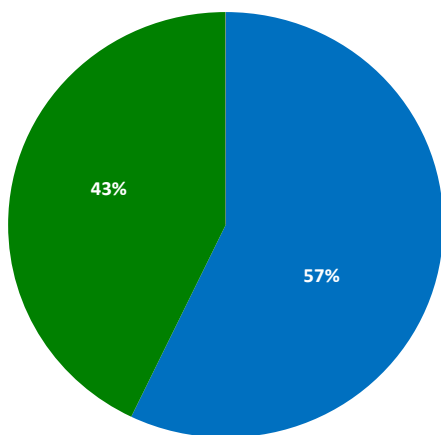
■ Excellent ■ Very Good ■ Neutral ■ Fair ■ Poor

How was the Clarity of Presentations?



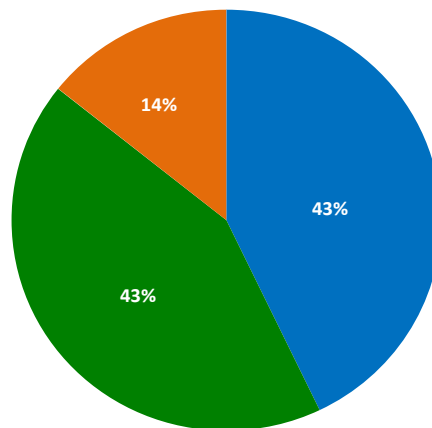
■ Excellent ■ Very Good ■ Neutral ■ Fair ■ Poor

How do you rate the relevance of the course to your career/studies?



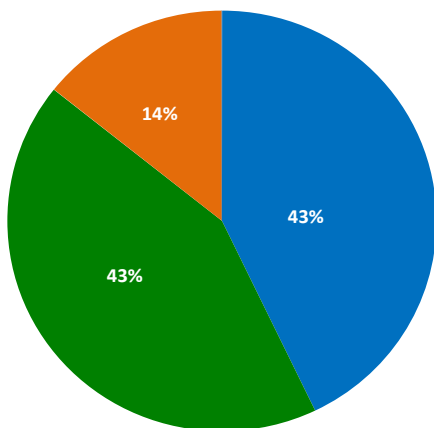
■ Excellent ■ Very Good ■ Neutral ■ Fair ■ Poor

How would you rate the general academic standard of the lectures?



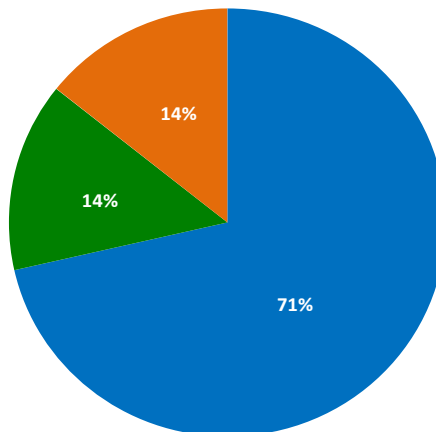
■ Excellent ■ Very Good ■ Neutral ■ Fair ■ Poor

Would you recommend this course to a friend?



■ Most Certainly ■ Certainly ■ Probably ■ Maybe ■ No way

Do you think that attending this course was worth your time?



■ Most Certainly ■ Certainly ■ Probably ■ Maybe ■ No way

Individual Comments

Very useful day, all lectures were relevant and well presented.

CH
University of Manchester

Very well organised.

RE
Nottingham City Hospital, Nottingham

Very friendly welcoming organisation.

LP
Royal Derby Hospital, Derby

Well organised.

DL
Queen's Medical Centre, Nottingham

Well organised - good speakers and lectures - good venue and tasty catering. Overall very useful course.

MA
Royal Derby Hospital, Derby

Very well organised, with relevant information. Some presentations were rushed due to time restraints, but overall, a very good course.

VP
Queen Elizabeth Medical Centre, Birmingham



DOCTORS ACADEMY

BETTER EDUCATION. BETTER HEALTH.

Doctors Academy is an UK-based International Non-Profit Organisation comprising of doctors, dentists and scientists that undertakes a diverse range of educational activities globally. The aim of the Academy is to disseminate information and exchange medical knowledge between professionals from diverse backgrounds working in a variety of healthcare settings. This is achieved by the provision of a number of attendance courses, publishing house, online resources and international events/ competitions.

Courses (a selection):

Undergraduate:

- Final Year Medicine and Surgical Revision Courses
- Training the Clinical Anatomy Trainer
- Clinical Anatomy as Applied to Trauma and Emergency Medicine
- Surgical Anatomy of Important Operative Procedures
- Future Surgeons: Key Skills (RCSEd delivered)
- Structured Introduction to Surgical Skills

Postgraduate:

- MRCS Part A
- MRCEM Part A
- MRCS Part B OSCE
- DOHNS: Intensive Revision & OSCE
- Intercollegiate Basic Surgical Skills (RCSEd delivered)
- MRCP PACES Part 2
- FRCS (General Surgery) Exit Exam
- Cadaveric Ultrasound-Guided Musculoskeletal Intervention Course
- Ultrasound-Assisted Botulinum Toxin Injection for Neuromuscular Disorders
- Live Advanced Laparoscopic Colorectal Course



Forthcoming key events:

- **International Medical Summer School**
Manchester, 1st - 5th August 2016
- **International Academic and Research Conference**
Manchester, 6th August 2016
- **World University Anatomy Challenge**
Manchester, 5th August 2016

Publications



publications.doctorsacademy.org

World Journal of Medical Education & Research



Peer-reviewed academic journal with ISSN.

- No fee to view, read and download articles
- No subscription charges
- No submission fees
- No manuscript processing fee
- No publishing fee
- No cost to read, write or publish!

wjmer.co.uk

Online Revision Resources

DoctorExams consists of 1000s of questions with detailed explanations in MCQ, EMQ, SBA and SAQ formats. Questions are written by the Doctors Academy group of experienced clinicians and clinical academics, with mock exams and feedback on performance included to aid a candidate's focused revision of topics. Based on past exams, these questions are carefully crafted to suit the requirements of undergraduate students & postgraduate trainees undertaking relevant speciality exams.

Resources for:

- Medical Students
- Dental Students
- International Entrance Exams
- MRCS Exams
- General Surgery Exams
- Plastic Surgery Exams
- DOHNS Exams

www.doctorexams.co.uk

www.doctorsacademy.org