



**Training The Clinical  
Anatomy Trainer - Level 1**

**Feedback - November 2015**

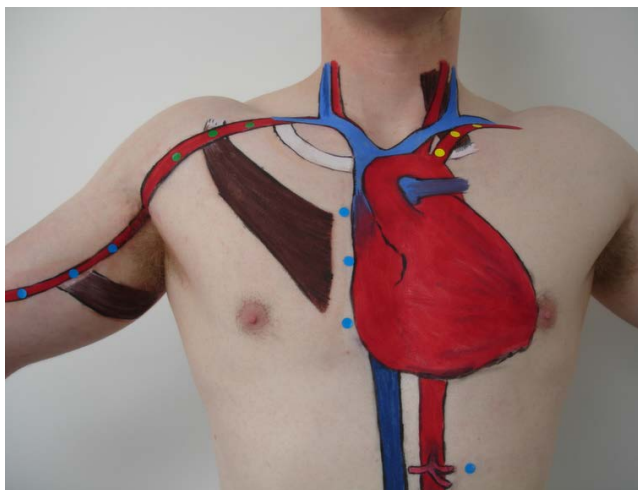
## Training The Clinical Anatomy Trainer - Level 1

Taught by surgeons, this 'Clinical Anatomy Trainer Level 1' course is intended to provide delegates with a sound understanding of applied clinical anatomy pertinent to senior medical students and foundation doctors. The course is predominantly delivered through surface anatomy demonstration as applied to trauma, assessment of nerve injuries, surgical incisions, & the anatomy encountered during common operative procedures. As of today the Academy has run nine Training the Clinical Anatomy Trainer - Level 1 courses, of which the feedback from those held between the dates of October 2013-14 have been detailed for review in this summary document.

The course uses imaginative artwork to identify important surface anatomy landmarks pertinent to surgical procedures and trauma, complemented by traditional teaching and interactive focus-group workshops that cover the fundamental principles of local and regional anaesthetics, essential concepts in wound healing, and an overview of sutures & suture materials. Successful completion of the course requires the delegate to obtain 70% marks in the above areas, which is formally assessed in the form of spotters and viva-voce. It is intended that on completion of this course a delegate will have sufficient knowledge & understanding to teach their juniors in a formal manner, as successful candidates are provided with a teaching certificate to validate this.

### Course Information

<b>Course date:</b>	<b>1<sup>st</sup> November 2015</b>
<b>Venue:</b>	<b>Imperial College, London</b>
<b>Attendance:</b>	<b>28 Delegates</b>
<b>Aimed at:</b>	<b>Medical Students FY1 FY2</b>
<b>Course fee:</b>	<b>£30 Student £55 Doctor</b>

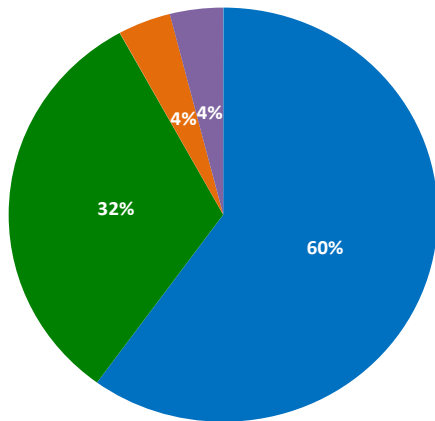


## Course Programme

0830 - 0840	Registration
0840 - 0850	Introduction to the course and format
0850 - 0920	Pre-course assessment
0920 - 1030	Soft tissue injuries and trauma to the upper limb [Brachial plexus, arm, shoulder, scapula, rotator cuff cubital fossa, forearm]
1030 - 1110	Scalp, face and neck
<b>1110 - 1130</b>	<b>Break for refreshments</b>
1130 - 1215	Thoracic wall, mediastinum, heart and lungs
1215 - 1240	Wound healing and sutures; Local anaesthetics
1240 - 1300	Lumbar and lumbosacral plexus
<b>1330 - 1340</b>	<b>Lunch</b>
1340 - 1440	Diaphragm; Transpyloric plane, anterior abdominal wall and inguinal region; Abdominal and pelvic anatomy
1440 - 1530	Femoral triangle, thigh, popliteal fossa; Lower leg, ankle and foot
<b>1530 - 1550</b>	<b>Break for refreshments</b>
1550 - 1620	Post course assessment
1620 - 1745	Viva exam
1745	End of Course

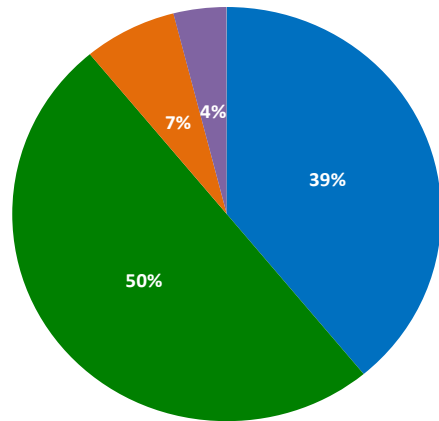
# Overall Course Feedback

How was the overall content of the course?



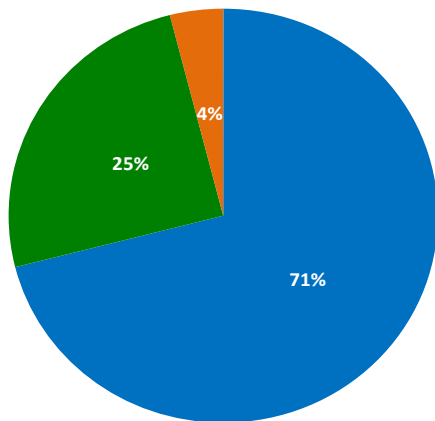
■ Excellent ■ Very Good ■ Good ■ Fair ■ Poor

How was the clarity of demonstrations and presentations?



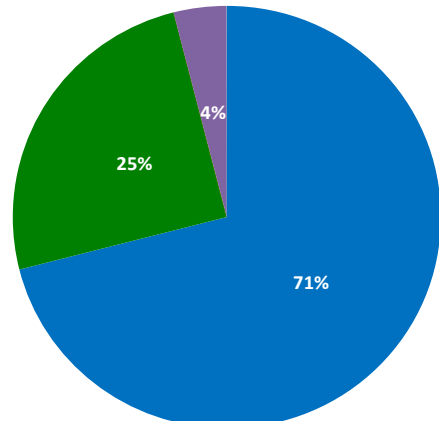
■ Excellent ■ Very Good ■ Good ■ Fair ■ Poor

How would you rate the academic standard and knowledge of the lecturer?



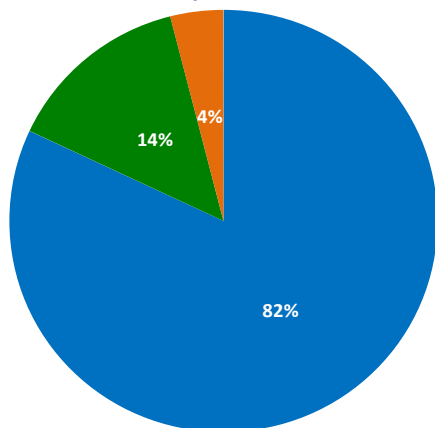
■ Excellent ■ Very Good ■ Good ■ Fair ■ Poor

Do you feel that you enhanced your anatomy knowledge by attending the day?



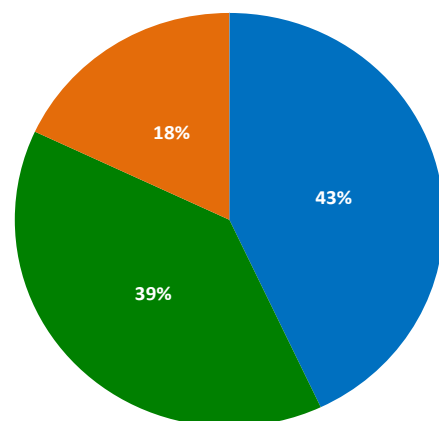
■ Most certainly ■ Certainly ■ Probably ■ A small amount ■ Not at all

Did the course provide you with an overview of anatomy pertinent to your study/work?



■ Most certainly ■ Certainly ■ Probably ■ A small amount ■ Not at all

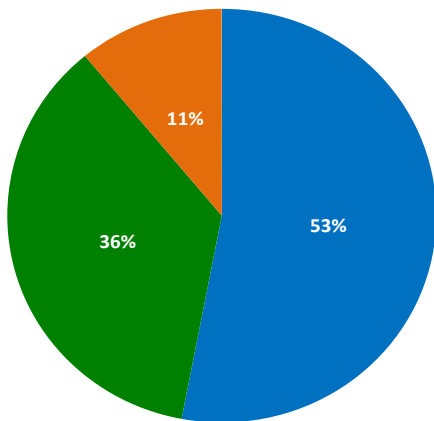
Head and Face



■ Excellent ■ Very Good ■ Good ■ Fair ■ Poor

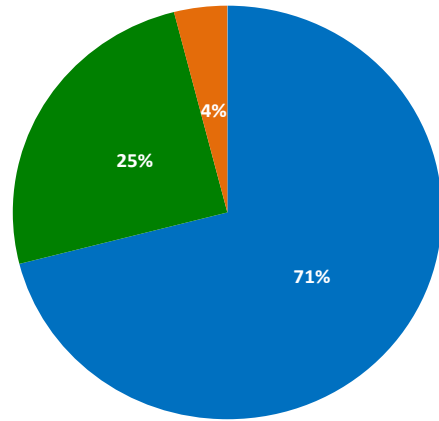
# Overall Course Feedback

Neck



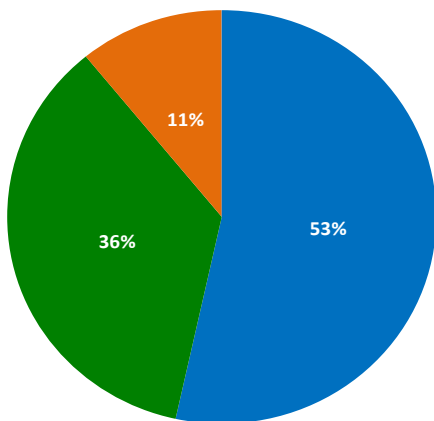
■ Excellent ■ Very Good ■ Good ■ Fair ■ Poor

Brachial Plexus and scapula



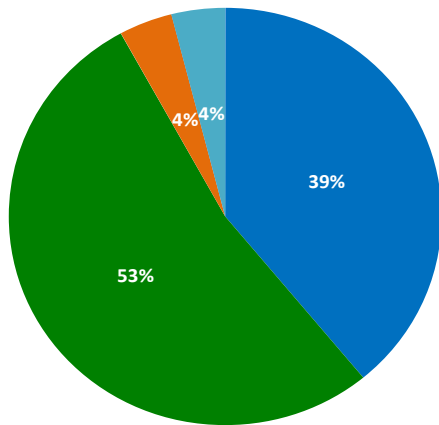
■ Excellent ■ Very Good ■ Good ■ Fair ■ Poor

Arm and Forearm



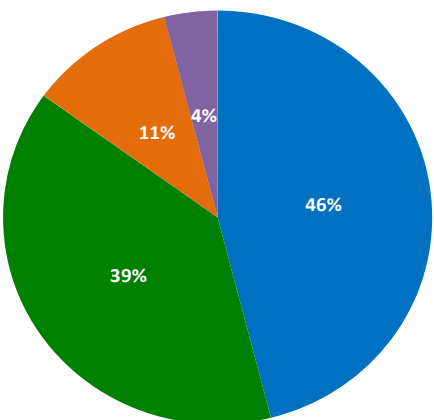
■ Excellent ■ Very Good ■ Good ■ Fair ■ Poor

Hand



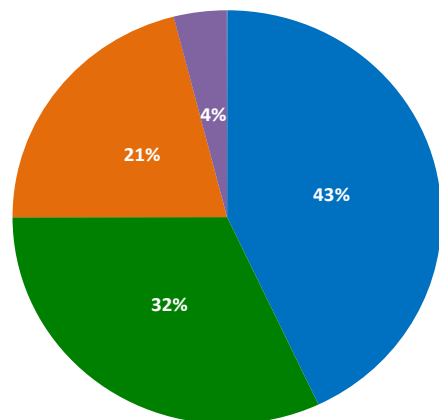
■ Excellent ■ Very Good ■ Good ■ Fair ■ Poor

Thorax



■ Excellent ■ Very Good ■ Good ■ Fair ■ Poor

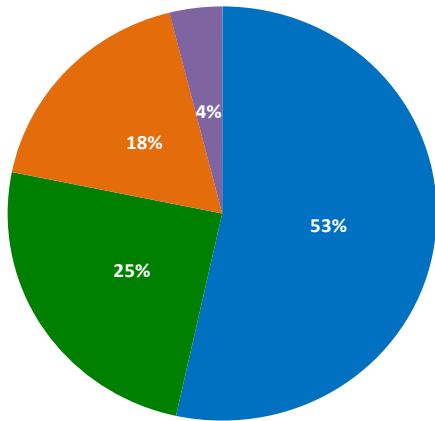
Abdominal wall



■ Excellent ■ Very Good ■ Good ■ Fair ■ Poor

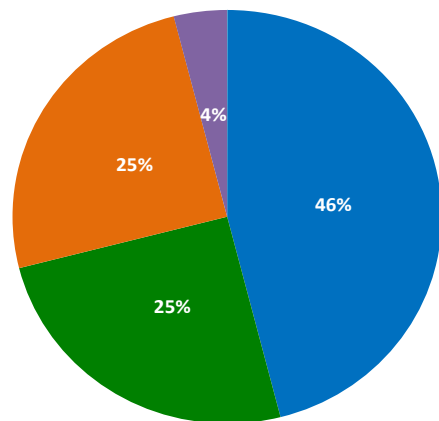
# Overall Course Feedback

Abdominal contents and blood supply



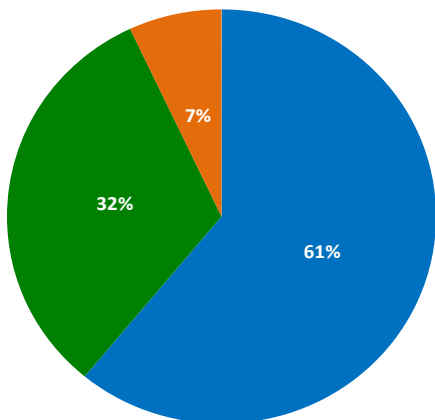
■ Excellent ■ Very Good ■ Good ■ Fair ■ Poor

Lumbar plexus



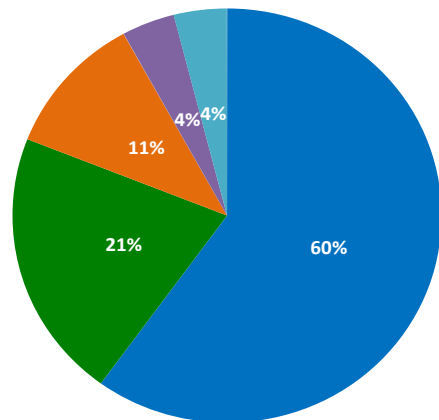
■ Excellent ■ Very Good ■ Good ■ Fair ■ Poor

Femoral region and thigh



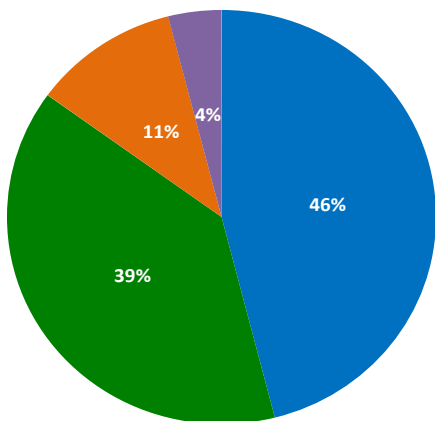
■ Excellent ■ Very Good ■ Good ■ Fair ■ Poor

Lower leg and foot



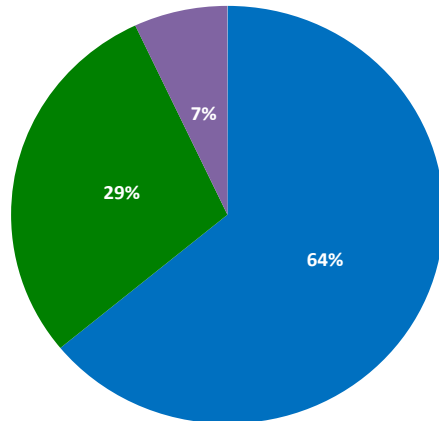
■ Excellent ■ Very Good ■ Good ■ Fair ■ Poor

Wound healing and local anaesthesia



■ Excellent ■ Very Good ■ Good ■ Fair ■ Poor

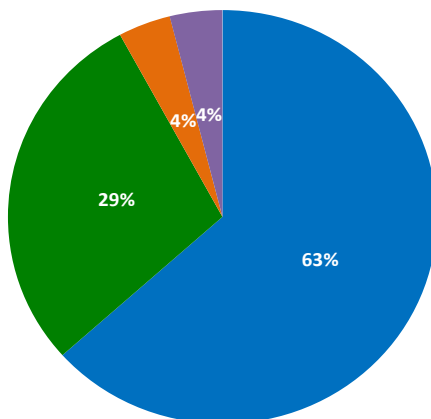
Would you recommend this course to a friend?



■ Most certainly ■ Certainly ■ Probably ■ Maybe ■ No way

## Overall Course Feedback

Do you think that this course provided good value for money?



■ Most certainly ■ Certainly ■ Probably ■ Maybe ■ No way

## Individual Comments

High standard of faculty. Relevant for exam preparation. Content of the course was good.

**CP**

***Charing Cross Hospital, London, UK***

The contents of the course were good and relevant. The presentations were clear. Will be recommending it to others preparing for the exam.

**YR**

***St George's, University of London, UK***

The course was well done on the whole. Important points were covered and although it sounded overwhelming at first, the lecturer was able to break it down into more manageable slices.

**NK**

***St George's, University of London***

Was shocked by the content that was covered! A very hectic day but definitely worth every bit of the time. There were a lot of useful mnemonics to remember some of the content as well. I would definitely recommend this to others. Genuinely the best I've been to.

**DP**

***University College London, UK***

Explanations and demonstrations were very good and I gained a lot from it by the end of the day.

**NK**

***University College London, UK***

I enjoyed the didactic teaching method with a skeleton as a prop. Pre-reading was useful. The viva was excellent.

**PC**

***University College London, UK***

Well organised, knowledgeable lecturers. Very fast paced with a lot of knowledge to absorb. I think a substantial amount of pre-requisite knowledge is required to fully get the most and pass the exam which could have been made clearer before the course.

**DR**

***Glenfield Hospital, Leicester, UK***

Overall coverage was excellent. All the tutors were friendly and approachable.

**RW**

***Imperial College School of Medicine, London, UK***



## Individual Comments

Enjoyable and informative experience. I took a lot from the session that will come in handy in my work.

**FM**

***Wexham Park Hospital, Slough***

I thought it was a good refresher course for those that recently completed pre-clinical years but the amount covered was too much and too briskly covered for a final year student, for whom a lot of the content is not so fresh.

**SM**

***Barts and the London School of Medicine & Dentistry, UK***

Excellent organisation and teaching standard.

**AK**

***St George's, University of London***

The overall experience was positive.

**TC**

***Barts and the London School of Medicine & Dentistry***

Good assessments, particularly the viva, which ensures that we get up to scratch in terms of basic anatomy knowledge. Very intense day and challenging exam at the end in terms of time pressure. Excellent and useful day.

**SS**

***John Radcliffe Hospital, Oxford, UK***

It was an excellent course, I'm surely glad I took part in it. Excellent teaching.

**EN**

***Barts and the London School of Medicine & Dentistry, UK***

Well organised. Excellent teaching and presentation of the anatomy. Course directly relevant to the curriculum at my medical school.

**WS**

***University College London, UK***

Really helpful - it addressed an area of my studies that hasn't been sufficiently revised in the latter years of medical school, and introduced me to the world of post-graduate study.

**RC**

***University College London, UK***



# DOCTORS ACADEMY

BETTER EDUCATION. BETTER HEALTH.

Doctors Academy is an UK-based International Non-Profit Organisation comprising of doctors, dentists and scientists that undertakes a diverse range of educational activities globally. The aim of the Academy is to disseminate information and exchange medical knowledge between professionals from diverse backgrounds working in a variety of healthcare settings. This is achieved by the provision of a number of attendance courses, publishing house, online resources and international events/ competitions.

## Courses (a selection):

### Undergraduate:

- Final Year Medicine and Surgical Revision Courses
- Training the Clinical Anatomy Trainer
- Clinical Anatomy as Applied to Trauma and Emergency Medicine
- Surgical Anatomy of Important Operative Procedures
- Future Surgeons: Key Skills (RCSEd delivered)
- Structured Introduction to Surgical Skills

### Postgraduate:

- MRCS Part A
- MRCEM Part A
- MRCS Part B OSCE
- DOHNS: Intensive Revision & OSCE
- Intercollegiate Basic Surgical Skills (RCSEd delivered)
- MRCP PACES Part 2
- FRCS (General Surgery) Exit Exam
- Cadaveric Ultrasound-Guided Musculoskeletal Intervention Course
- Ultrasound-Assisted Botulinum Toxin Injection for Neuromuscular Disorders
- Live Advanced Laparoscopic Colorectal Course



## Forthcoming key events:

- **International Medical Summer School**  
*Manchester, 1<sup>st</sup> - 5<sup>th</sup> August 2016*
- **International Academic and Research Conference**  
*Manchester, 6<sup>th</sup> August 2016*
- **World University Anatomy Challenge**  
*Manchester, 5<sup>th</sup> August 2016*

## Publications



[publications.doctorsacademy.org](http://publications.doctorsacademy.org)

## World Journal of Medical Education & Research



Peer-reviewed academic journal  
with ISSN.

- No fee to view, read and download articles
- No subscription charges
- No submission fees
- No manuscript processing fee
- No publishing fee
- No cost to read, write or publish!

[wjmer.co.uk](http://wjmer.co.uk)

## Online Revision Resources

DoctorExams consists of 1000s of questions with detailed explanations in MCQ, EMQ, SBA and SAQ formats. Questions are written by the Doctors Academy group of experienced clinicians and clinical academics, with mock exams and feedback on performance included to aid a candidate's focused revision of topics. Based on past exams, these questions are carefully crafted to suit the requirements of undergraduate students & postgraduate trainees undertaking relevant speciality exams.

### Resources for:

- Medical Students
- Dental Students
- International Entrance Exams
- MRCS Exams
- General Surgery Exams
- Plastic Surgery Exams
- DOHNS Exams

[www.doctorexams.co.uk](http://www.doctorexams.co.uk)

# [www.doctorsacademy.org](http://www.doctorsacademy.org)