



**Training The Clinical  
Anatomy Trainer - Level 1**

**Feedback - December 2015**

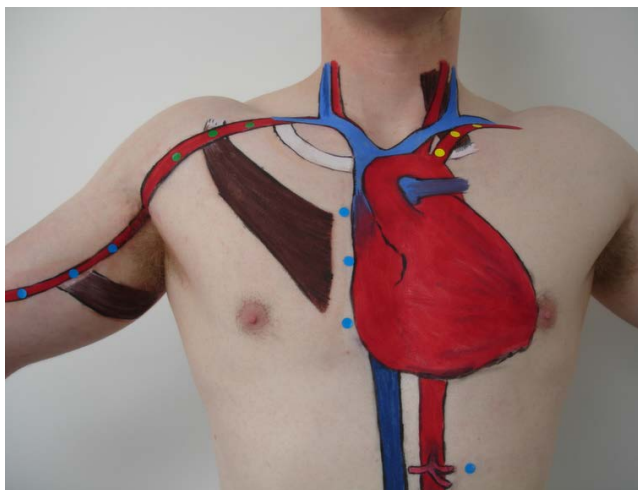
## Training The Clinical Anatomy Trainer - Level 1

Taught by surgeons, this 'Clinical Anatomy Trainer Level 1' course is intended to provide delegates with a sound understanding of applied clinical anatomy pertinent to senior medical students and foundation doctors. The course is predominantly delivered through surface anatomy demonstration as applied to trauma, assessment of nerve injuries, surgical incisions, & the anatomy encountered during common operative procedures. As of today the Academy has run nine Training the Clinical Anatomy Trainer - Level 1 courses, of which the feedback from those held between the dates of October 2013-14 have been detailed for review in this summary document.

The course uses imaginative artwork to identify important surface anatomy landmarks pertinent to surgical procedures and trauma, complemented by traditional teaching and interactive focus-group workshops that cover the fundamental principles of local and regional anaesthetics, essential concepts in wound healing, and an overview of sutures & suture materials. Successful completion of the course requires the delegate to obtain 70% marks in the above areas, which is formally assessed in the form of spotters and viva-voce. It is intended that on completion of this course a delegate will have sufficient knowledge & understanding to teach their juniors in a formal manner, as successful candidates are provided with a teaching certificate to validate this.

### Course Information

<b>Course date:</b>	<b>6<sup>th</sup> December 2015</b>
<b>Venue:</b>	<b>University of Aberdeen, Aberdeen</b>
<b>Attendance:</b>	<b>23 Delegates</b>
<b>Aimed at:</b>	<b>Medical Students FY1 FY2</b>
<b>Course fee:</b>	<b>£30 Student £55 Doctor</b>



## Course Programme

0840 - 0850	Registration
0850 - 0855	Introduction to the course and format
0855 - 0915	Pre-Course Assessment
0915 - 0920	Discussion and Answers to Pre-Course Assessment
0920 - 0950	Brachial plexus and arm
0950 - 1010	Shoulder, scapula and rotator cuff
1010 - 1040	Cubital fossa, forearm, flexor retinaculum and hand

**1040 - 1100** **Break for refreshments**

1100 - 1120	Scalp and face
1120 - 1145	Neck
1145 - 1155	Thoracic wall
1155 - 1210	Mediastinum, Heart and Lungs
1210 - 1230	Vascular anatomy of Thorax, Head and Neck
1230 - 1245	Diaphragm, back and Spinal Cord

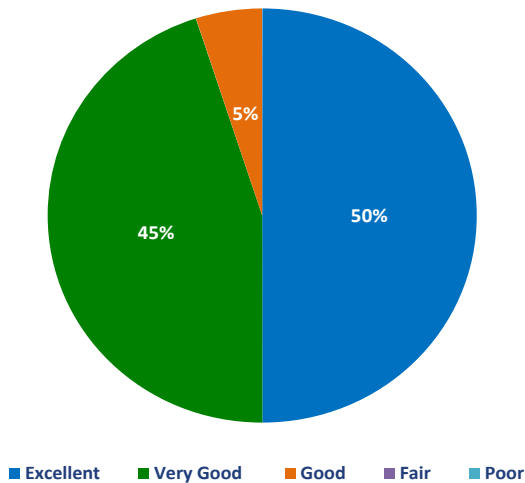
**1245 - 1320** **Lunch**

## Course Programme

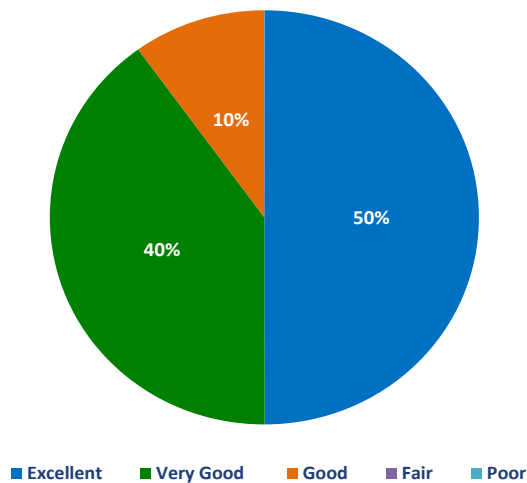
<b>1320 - 1340</b>	Wound healing and sutures
<b>1340 - 1350</b>	Local anaesthetics
<b>1350 - 1415</b>	Transpyloric plane, anterior abdominal wall and inguinal region
<b>1415 - 1440</b>	Abdominal and pelvic anatomy
<b>1440 - 1450</b>	Lumbar and lumbosacral plexus
<b>1450 - 1510</b>	Femoral triangle, thigh, popliteal fossa
<b>1510 - 1540</b>	Lower leg, ankle and foot
<b>1540 - 1610</b>	Theory Evaluation
<b>1610 - 1810</b>	Individual viva [along with refreshments and feedback]
<b>1810</b>	End of Course [candidates who have their viva early will finish the course ahead of their colleagues]

# Overall Course Feedback

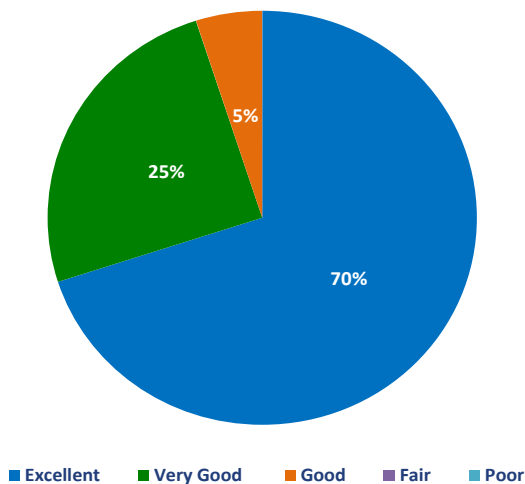
How was the overall content of the course?



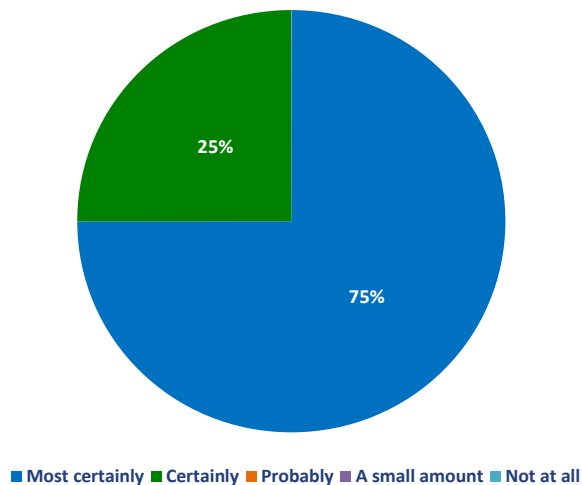
How was the clarity of demonstrations and presentations?



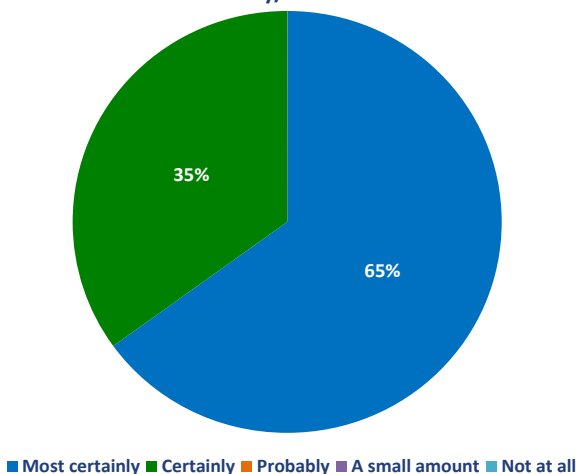
How would you rate the academic standard and knowledge of the lecturer?



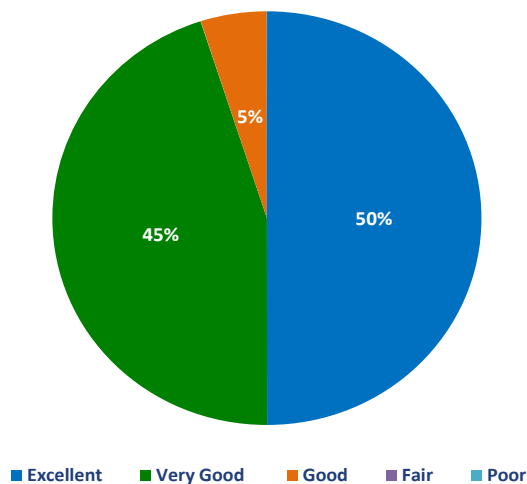
Do you feel that you enhanced your anatomy knowledge by attending the day?



Did the course provide you with an overview of anatomy pertinent to your study/work?

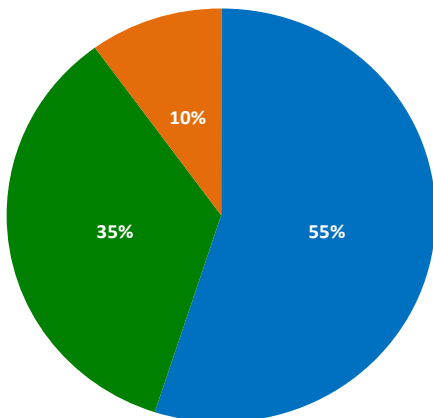


Head and Face



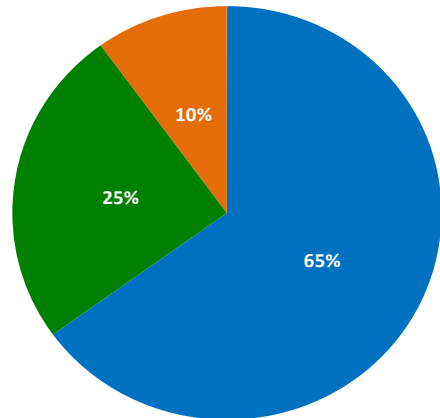
# Overall Course Feedback

Neck



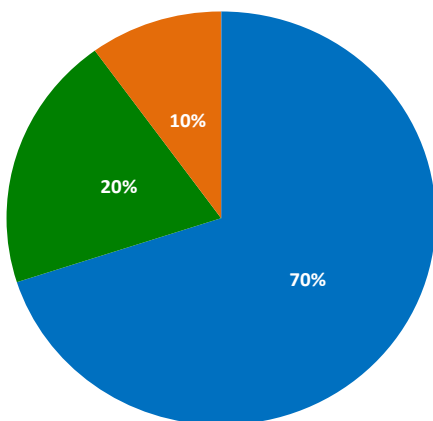
■ Excellent ■ Very Good ■ Good ■ Fair ■ Poor

Brachial Plexus and scapula



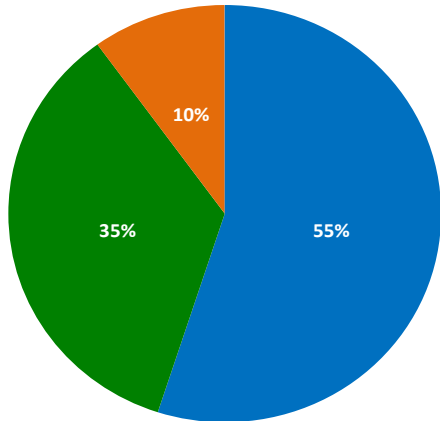
■ Excellent ■ Very Good ■ Good ■ Fair ■ Poor

Arm and Forearm



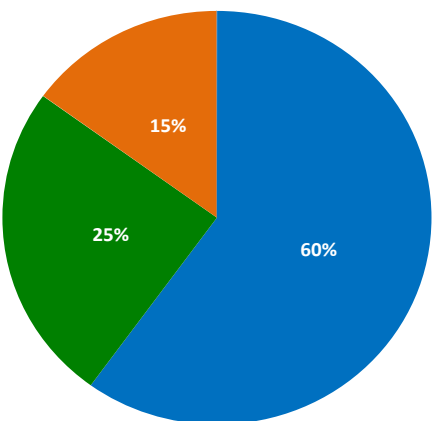
■ Excellent ■ Very Good ■ Good ■ Fair ■ Poor

Hand



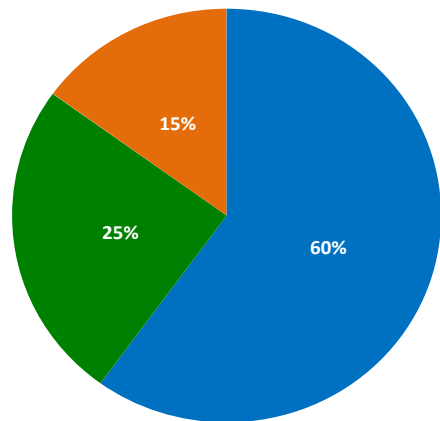
■ Excellent ■ Very Good ■ Good ■ Fair ■ Poor

Thorax



■ Excellent ■ Very Good ■ Good ■ Fair ■ Poor

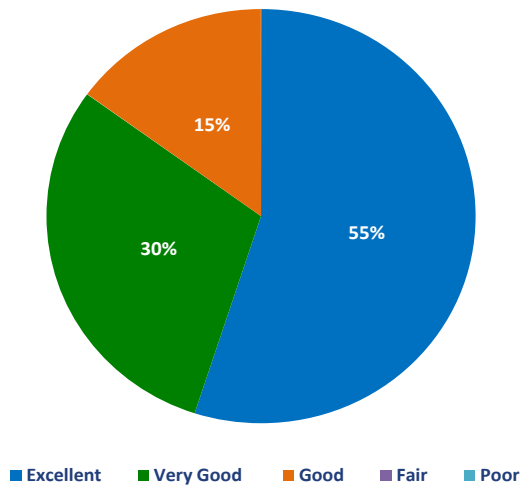
Abdominal Wall



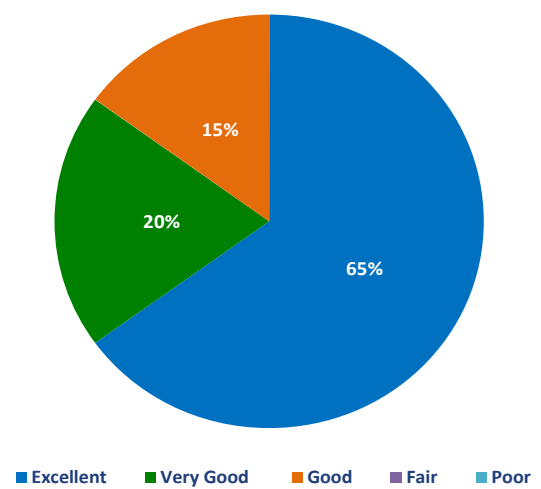
■ Excellent ■ Very Good ■ Good ■ Fair ■ Poor

# Overall Course Feedback

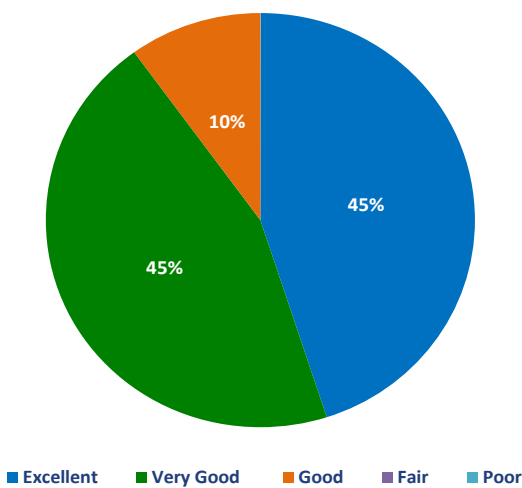
Abdominal Contents and Blood Supply



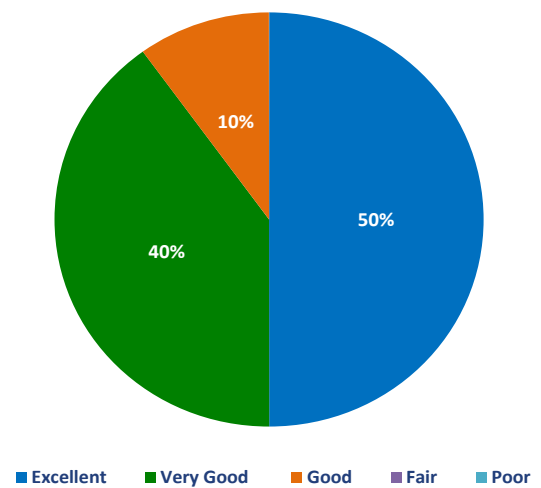
Lumbar Plexus



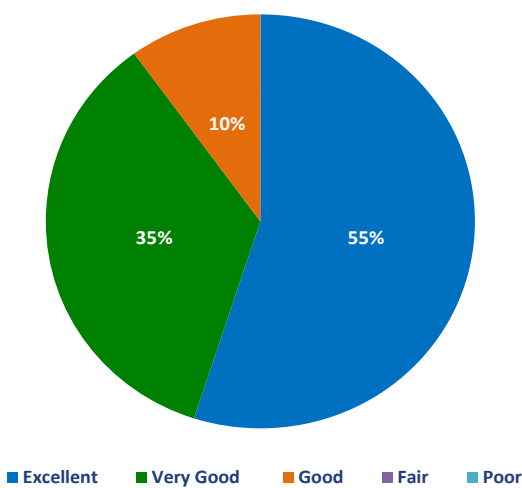
Femoral Region and Thigh



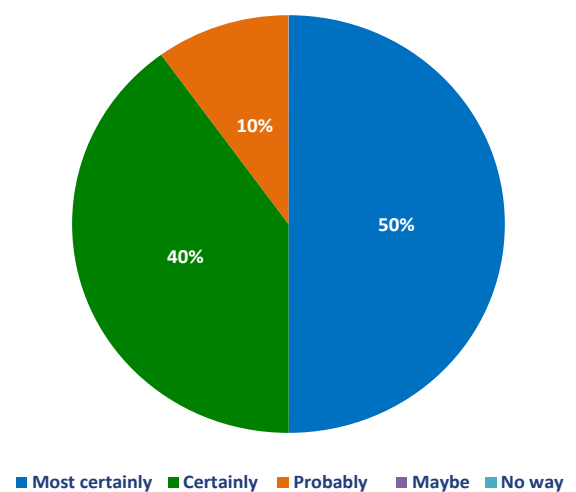
Lower Leg and Foot



Wound Healing and Local Anaesthesia

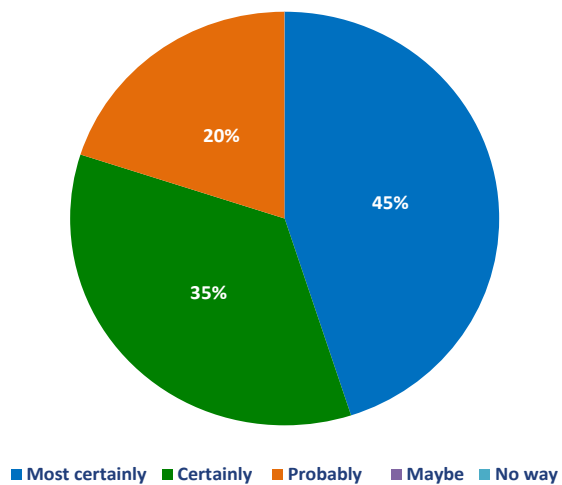


Would you recommend this course to a friend?



## Overall Course Feedback

Do you think that this course provided good value for money?





## Individual Comments

It was useful to learn clinically relevant anatomy, and a good way to consolidate learning in fourth year.

**AR**  
***University of Aberdeen, Aberdeen, UK***

The contents of the course were good and relevant. The presentations were clear. Would be recommending it to others preparing for the exam.

**YY**  
***University of Aberdeen, Aberdeen, UK***

Teaching was delivered clearly and was kept relevant.

**KL**  
***University of Aberdeen, Aberdeen, UK***

Very impressed with the standard of the whole day.

**AJ**  
***University of Aberdeen, Aberdeen, UK***

Excellent course and faculty. Good quality presentations. Relevant for exam preparation.

**JW**  
***University of Aberdeen, Aberdeen, UK***

Well organised, very good teaching with use of great memory devices. Definitely is worth attending to refresh knowledge of anatomy and to learn how to teach anatomy to junior members of the medical profession.

**AB**  
***University of Aberdeen, Aberdeen, UK***

Well organised. The contents of the course were good and relevant.

**AJ**  
***University of Aberdeen, Aberdeen, UK***

Great course. Really useful material and excellent teaching. Would highly recommend to anyone.

**MA**  
***University of Aberdeen, Aberdeen, UK***

Was a very informative day and I enjoyed the course.

**SM**  
***University of Aberdeen, Aberdeen, UK***

## Individual Comments

It was very good but a lot to cover in one day.

**SS**  
***University of Aberdeen, Aberdeen, UK***

Well organised, very relevant if considering future career in surgery, excellent for anatomy revision.

**EJ**  
***University of Edinburgh, UK***

I really enjoyed the course. It was a very good revision for my knowledge of anatomy, plus it provided some extra information that I found useful.

**MM**  
***University of Aberdeen, Aberdeen, UK***

Exceptionally useful in showing gaps that need to be filled in between Med School and MRCS. Gives a good start basis of how to help others fill in these gaps.

**JR**  
***University of Aberdeen, Aberdeen, UK***

A fantastic overview of human anatomy, however I probably would have benefitted more if I had been in 4<sup>th</sup> year.

**NS**  
***University of Aberdeen, Aberdeen, UK***

Very good review of anatomy. Well pitched and well organised with a challenging assessment.

**PA**  
***University of Aberdeen, Aberdeen, UK***

Excellent course and faculty. Good quality presentations. Relevant for exam preparation.

**AM**  
***University of Aberdeen, Aberdeen, UK***

Really enjoyed the course. Only in second year so had not covered all the material in medical school prior to the day. Struggled with stuff not yet covered but otherwise was a great way to improve and build on current knowledge.

**SG**  
***University of Aberdeen, Aberdeen, UK***



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## Courses (a selection):

### Undergraduate:

- Final Year Medicine and Surgical Revision Courses
- Training the Clinical Anatomy Trainer
- Clinical Anatomy as Applied to Trauma and Emergency Medicine
- Surgical Anatomy of Important Operative Procedures
- Future Surgeons: Key Skills (RCSEd delivered)
- Structured Introduction to Surgical Skills

### Postgraduate:

- MRCS Part A
- MRCEM Part A
- MRCS Part B OSCE
- DOHNS: Intensive Revision & OSCE
- Intercollegiate Basic Surgical Skills (RCSEd delivered)
- MRCP PACES Part 2
- FRCS (General Surgery) Exit Exam
- Cadaveric Ultrasound-Guided Musculoskeletal Intervention Course
- Ultrasound-Assisted Botulinum Toxin Injection for Neuromuscular Disorders
- Live Advanced Laparoscopic Colorectal Course



## Forthcoming key events:

- **International Medical Summer School**  
*Manchester, 1<sup>st</sup> - 5<sup>th</sup> August 2016*
- **International Academic and Research Conference**  
*Manchester, 6<sup>th</sup> August 2016*
- **World University Anatomy Challenge**  
*Manchester, 5<sup>th</sup> August 2016*

## Publications



[publications.doctorsacademy.org](http://publications.doctorsacademy.org)

## World Journal of Medical Education & Research



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## Online Revision Resources

DoctorExams consists of 1000s of questions with detailed explanations in MCQ, EMQ, SBA and SAQ formats. Questions are written by the Doctors Academy group of experienced clinicians and clinical academics, with mock exams and feedback on performance included to aid a candidate's focused revision of topics. Based on past exams, these questions are carefully crafted to suit the requirements of undergraduate students & postgraduate trainees undertaking relevant speciality exams.

### Resources for:

- Medical Students
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- International Entrance Exams
- MRCS Exams
- General Surgery Exams
- Plastic Surgery Exams
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