



INTERCOLLEGIATE BASIC SURGICAL SKILLS COURSE

8th and 9th May 2017, Kent and Canterbury Hospital, Canterbury, England

PROGRAMME

DAY 1

0815 - 0830 Registration and Refreshments
Faculty meeting

0830 - 0840 Introduction and statement of course objectives, assessment overview

0840 - 0900 Gowning and Gloving Double gloving and gown/glove removal

0900 - 0950 Knots One-handed reef knot and surgeon's knot

0950 - 1050 Knots (continued)
Instrument tie and tying at depth

1050 - 1105 Refreshments

1105 - 1130 Handling Instruments Scissors, haemostats, forceps and scalpel

1130 - 1300* Suturing Techniques Needles and incisions
Interrupted sutures, simple and mattress sutures; Continuous sutures, sub-cuticular suture

1300 - 1345 Lunch

1345 - 1425 Skin Lesions and Local Anaesthetic Techniques
Techniques for tissue dissection
Application of local anaesthetic
Excising a skin lesion and sebaceous cyst

1425 - 1455 Ligation/Transfixion
Pedicle transfixion, continuity tie, pedicle tie

1455 - 1555 Tissue-Handling 1
Bowel: End-to-end interrupted (hand tied knots, no assistance)

1610 - 1655* Tissue Handling 2
Tendon Repair (assisted)

1655 - 1710 Electro-surgery
General Principles of Electro-surgery

1710 - 1730 Discussion and feedback

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DAY 2

0830 - 0900 Reprise of knot tying
Common faults

0900 - 1030 Abdominal Closure and Drain Insertion (assisted) Aberdeen Knot
The art of assisting

1030 - 1045 Refreshments

1045 - 1245* Tissue Handling 3
Vascular surgery principles
Vein patch exercise (assisted)

1245 - 1330 Lunch

1330 - 1340 Wound Management 1
Abscess drainage (no assistance)

1340 - 1355 Skin Suture OSAT

1355 - 1445 Wound Management 2
Debriding a traumatic wound

1445 - 1500 Refreshments
Ensure you have completed the entire assessment and feedback form including a development plan

1500 - 1515 Introduction to Generic Endoscopic Surgery
Principles of camera technique, depth cueing, fulcrum effect

1515 - 1715 Box Trainers
Exercises: Placing peas in a pot, stacking sugar cubes, cutting a glove, putting Polos on a string and tying knots on a skin pad

1715 - 1730 Discussion and feedback

1730 Close

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<https://www.rcseng.ac.uk/education-and-exams/courses/search/basic-surgical-skills-intercollegiate-bss/#>