

The Royal College of Surgeons of Edinburgh

Future Surgeons: Key Skills

16th November 2013 (Saturday)

Suttie Centre for Teaching & Learning University of Aberdeen, Aberdeen, Scotland

Programme

08:30	Registration	
08.50	Introduction	Seminar Room
09.00	Gowning and Gloving	Wet lab (demo & practice)
09.40	Handling Instruments	Wet lab (demo & practice)
10.15	Knot-tying (1) • Reef knot • Instrument tie	Wet lab (demo & practice)
	11.00 – 11.15:	Refreshment Break
11.15	Knot-tying (2) • Surgeon knot • Tie at depth)	Wet lab (demo & practice)
12.00	Suturing • Needle Manipulation • Interrupted Sutures • Sub-cuticular absorbable sutures • Assisting • Continuous suture	Wet lab (demo & practice)
	13.00 – 13.40:	Lunch Break
13.40	LA Techniques, Skin Lesions & Wound Management • Skin lesions • Cyst removal • Abscess drainage & excision • Debridement	Wet lab (demo & practice)
14.40	Diathermy	Wet lab (Lecture/Practice)
15.10	Laparoscopy Skills • Hand-eye co-ordination • Polo mints exercise • Sugar cubes exercise	Wet lab (Structured practice)
16.10	Question and answer session	Seminar room
	16.30:	Feedback and close