



# Royal College of Surgeons of Edinburgh: Intercollegiate Basic Surgical Skills Course

## Course Programme – Day 1

0830	Registration	
0900	Introduction	Mr Tandon
0910	Gowning and Gloving	Mr Tandon
0940	Handling Instruments	Mr Hooper
1015	Knots (1) – Reef Knot, Instrument Tie Assessment	Mr Tandon

### 1100 Coffee Break

1115	Knots (2) – Surgeons Knots, Tie at Depth Assessment	Mr Tandon
1200	Suturing – Needle Manipulation and Driving, Interrupted, Sub-Cuticular, Vertical Mattress Assessment	Mr Sedgwick

### 1300 Lunch Break

1345	LA Techniques Skin Lesions and Sebaceous Cyst	Mr Anderson
1430	Fine Tissue Handling (1) – Tendon Repair, Assisted	Mr Hooper

### 1515 Coffee Break

1530	Wound Management – Abscess Drainage, Debriding Traumatic Wound	Mr Anderson
1615	Diathermy (Practical or Seminar)	Mr Hooper
1700	Question and Answer Session	All Faculty



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## Course Programme – Day 2

0830	Registration	
0900	Skills Consolidation/OSAT	All Faculty
1000	Abdominal Incision and Closure	Mr Anderson
1100	Haemostasis, Ligation in Continuity, Pedicle Ligation, Transfixion	Miss Myriokefalitaki

### 1145 Coffee Break

1200	End to End Bowel Anastomosis – Interrupted, Instrument Tied Knots	Mr Sedgwick
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### 1315 Lunch Break

1400	Fine Tissue Handling (2) – Vein Patch Exercise, Assisted	Mr Hooper
1515	Introduction to Endoscopic Surgery	Miss Myriokefalitaki
1530	Endoscopic Exercises – Visualisation Tasks, Various Scope Angles, Use of Coaxial Instruments, Manipulation of Non-Coaxial Instruments	Miss Myriokefalitaki
1645	Question and Answer Session, Certification	All Faculty

#### Local Faculty

Mr C Selvasekar (Course Director)  
Miss E Myriokefalitak  
Mr S Enoch (Course Facilitator)

#### RCSEd Faculty

Mr R Tandon (Convenor)  
Mr G Hooper  
Mr D Sedgwick  
Mr B Anderson

#### Junior Faculty

Mr R Jayarajan  
Mr F Khalid  
Ms L Dunphy