

# The Royal College of Surgeons of Edinburgh Intercollegiate Basic Surgical Skills Course

**12<sup>th</sup> and 13<sup>th</sup> January 2019 (Saturday and Sunday)**  
Education Centre, Christie Hospital, Manchester

## REPORTING INFORMATION

Dear Colleague,

Thank you for choosing to attend this course.

This mail is to inform you of essential information pertaining to the course, such as directions to the venue, the programme, and the format for the days.

### I. GENERAL AND REPORTING INFORMATION

**Dates:** 12<sup>th</sup> January 2019 (Saturday) and 13<sup>th</sup> January 2019 (Sunday)

**Timings:**

**Day 1**

Start of Registration: 0830 hrs

Start of Course: 0850 hrs assembly into room for a 0900 hrs prompt start

End of Course: 1700 hrs

**Day 2**

Start of Course: 0830 hrs

End of Course: 1645 hrs

**Venue:**

Education Centre

2nd Floor

Department 17

Christie Hospital

Manchester

**Address:**

The Christie NHS Foundation Trust  
Wilmslow Road  
Manchester  
M20 4BX

**Telephone:**

0161 446 3000

**II. DIRECTIONS AND PARKING****Directions:**

For detailed directions, please follow this link:

<http://www.christie.nhs.uk/about-the-christie/visiting-the-christie.aspx>

Please follow this link if you are travelling by car:

<http://www.christie.nhs.uk/about-the-christie/visiting-the-christie/directions-by-car.aspx>

Please follow this link if you are taking public transport:

<http://www.christie.nhs.uk/about-the-christie/visiting-the-christie/public-transport.aspx>

**Parking**

'Pay and Display' car parks are available on the hospital premises. There are drop-off points at the Oak Road and Wilmslow Road entrances.

**Suggested Car Parks:**

Car Park C (multi-storey) on Palatine Road and Car Park D on Wilmslow Road are for visitors. Accessible parking (Blue Badge) is available.

Car Parking Procedures and Charges:

- As you enter the car park, take a ticket at the barrier and park.
- Before you return to your vehicle when you are leaving, insert the ticket and money into the Pay Station.
- There is a Pay Station for use only in Car Park C (multi-storey). It is located on the ground floor by the pedestrian exit. Coins are accepted but notes and cards are not.
- There is a Pay Station inside Car Park D. There is another Pay Station for Car Park D only in side Oak Road main reception. Coins and notes are accepted but cards are not.
- The Pay Stations give change and receipts.
- Charges are displayed at the Pay Stations.
- Charges: first 30 minutes are free; then it is £1.50 per day.
- There is a cash machine in the Oak Road main reception.
- Upon returning to your vehicle, please insert your validated ticket at the barrier to exit the car park.
- Please note: parking on local roads is restricted.

Please follow this link for further detailed information:

<http://www.christie.nhs.uk/about-the-christie/visiting-the-christie/car-parking.aspx>



### III. COURSE FORMAT AND CONTENT

This course is a structured programme of learning basic surgical skills and techniques. Delivered using a series of tutor demonstrations and hands-on sessions on animal tissue, the course will introduce you to the safe basic surgical techniques that are common to all surgical practices.

On completion of this course, you will be able to: (i) Demonstrate an appropriate procedure for 'gowning' and 'gloving' in accordance with recommended standards of practice; (ii) Tie a variety of reliable knots, including, surgical reef knots and the Aberdeen knot and tying at depth. (iii) Describe correct handling and use of surgical instruments. (iv) Suture a variety of tissues, including skin, bowel, vascular tissue and tendons effectively. (v) Perform abscess drainage and contaminated wound debridement in accordance with the basic principles of wound management. (vi) Demonstrate safe fine tissue handling utilising small bowel, vascular and tendon models for basic anastomoses technique. (vii) Demonstrate an understanding of basic diathermic technique. (viii) Demonstrate effective management of ergonomic issues commonly encountered in endoscopic surgery.

### IV. PRE-COURSE MATERIAL

You will have already gained access to the pre-course online material and videos. This is provided to give you a background to the course, as well as additional theoretical knowledge. While the material and videos should be viewed prior to the course, it is primarily meant for you to practice exercises after the course. It is important that you do not practice exhaustively from the online material alone as specific exercises will be demonstrated during the course. These may differ slightly in method from that shown online.

You can access the course materials at: <https://www.rcsed.ac.uk/my-profile/> by logging in with your College username and password.

- If you did not previously have a College web account, one has been created for you. Your username and password have already been sent to you via email.
- If you have forgotten your username or password, you can retrieve them at:  
<http://www.rcsed.ac.uk/forgotten-password.aspx>

Participants of previous courses have occasionally failed to grasp the essentials of knot tying and the primary importance of safety in the minimal access section. Please give this due consideration. If you are predominantly right-handed, you should tie with your left hand, and vice-versa. If you are naturally ambidextrous, then by all means use both hands.

### V. PROGRAMME

The programme can be found via this link:

<https://doctorsacademy.org/CourseNw/BASICSURGICALSKILLS/JY18N.pdf>

## VI. BREAKS FOR REFRESHMENTS AND LUNCH

There will be a 15-minute refreshment break in the morning, and a 45-minute lunch break. Coffee, tea and biscuits, as well as lunch, will be provided as appropriate. Vegetarian options will be available.

## VII. DRESS CODE

The dress code for this event is professional/semi-formal. Kindly refrain from wearing shorts of any kind, hoodies and flip-flops.

### What you need to bring with you:

1. A copy of the email you have received from us regarding your confirmation of place (with your name). Please note that you will not be allowed to attend the course without this information.
2. Your hospital identification badge.

**Kindly note that, if you have chosen to pay a reduced fee, you will be required to provide evidence before attendance. During registration on the day of the course, you will need to show proof of your Royal College of Surgeons Affiliate Membership or of previous attendance at a Royal College of Surgeons Future Surgeons: Key Skills Course, as appropriate. If you fail to provide the appropriate evidence, you will be required to pay an additional 10% administrative charge, as well as the difference in the course fee.**

Please do not hesitate to contact us at [info@doctorsacademy.org.uk](mailto:info@doctorsacademy.org.uk) if you have any further queries in the interim. Alternatively, you can contact us at 02920 616 765.

If you have any issues on the day of the course, do not hesitate to contact us on **+44 (0) 75 3426 0131**.

We look forward to meeting you at the course.

With very best wishes,

Basic Surgical Skills Faculty  
Educational Directorate  
Doctors Academy  
[www.doctorsacademy.org](http://www.doctorsacademy.org)