

BSMS National Student Paediatric Conference: Growing Into My Shoes



Feedback - May 2019

BSMS National Student Paediatric Conference: Growing Into My Shoes

Brighton and Sussex Medical School hosted the 8th National Student Paediatric Conference (NSPC) on the 4th May 2019 at the University of Brighton. This year's theme was 'Growing Into My Shoes', with a focus on how children and young people develop an identity and how a child grows and becomes an adult. They aimed to highlight some of the issues surrounding identity and its development, in order to empower the upcoming generation of healthcare workers and teachers to make a difference and inspire medical students and other health care professionals to consider a career in Paediatrics. There were talks and workshops delivered throughout the day by a team of passionate experts who shared their knowledge on this subject. They then celebrated the end of the conference and fundraising for their chosen charities Haydn's Wish and Rockinghorse, with a Black Tie Ball in the evening at the Jury's Inn Hotel, featuring a three course meal and entertainment. The content was relevant to students in any healthcare discipline, with BSMS welcoming colleagues from the Nursing, Midwifery, Paramedic Science and Education courses.

Course Information

Course Date: 4th May 2019

Venue: Checkland Building,
Falmer Campus,
University of Brighton

Attendance: 125 Delegates

Aimed at: Medical Students and other
Student Health Care Professions
interested in the field of
Paediatrics;
Aspiring Medical Students.

Conference Fee: £35.00



Programme

0830 - 0900	Registration and Breakfast
0900 - 0915	Welcome from the President of BSMS Paediatric Society - Miss Robyn Creeden
0915 - 0930	Dr Frankie Howsam: 'Inauguration Speech'
0930 - 1020	Dr Lucy Allsopp: 'Identity: How Do Children's Personalities Develop?'

1020 - 1050 Tea and Coffee Break

1050 - 1200	Dr Pardeep Kaur: 'Female Genital Mutilation in Practice'
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1200 - 1220 Lunch

1220 - 1300	Poster Competition
1300 - 1340	Ms Sophy Layzell – Jemima's Trust: 'Brain Injury in Children and the Importance of Organ Donation'
1340 - 1345	Information About Locations of Workshops
1345 - 1420	Workshop 1 (35 minutes) <ul style="list-style-type: none">• Mr Joe Tan and Ms Aishwarya Vasudevan (An Apple a Day): "Body Image: How Do We Perceive Ourselves?"• Dr Hayley Ponsford: "Eating Disorders and Starvation: The Developmental Challenges and How You Can Make a Difference"• Dr Sharmila Jeyasingh: "How to Approach the Unwell Child: Hints and Tips for OSCE Stations"• Ms Ellie Craven and Mr Joseph Erskine (BSMS HOMED): "Growing up Without a Home"• Dr Poothirikovil Venugopalan: "Cardiology - Back to Basics: A Listening Session"

1420 - 1440 Tea and Coffee Break

1440 - 1515	Workshop 2 (35 minutes) <ul style="list-style-type: none">• Mr Joe Tan and Ms Aishwarya Vasudevan (An Apple a Day): "Body Image: How Do We Perceive Ourselves?"• Dr Hayley Ponsford: "Eating Disorders and Starvation: The Developmental Challenges and How You Can Make a Difference"• Dr Sharmila Jeyasingh: "How to Approach the Unwell Child: Hints and Tips for OSCE Stations"• Ms Ellie Craven and Mr Joseph Erskine (BSMS HOMED): "Growing up Without a Home"• Dr Poothirikovil Venugopalan: "Cardiology - Back to Basics: A Listening Session"
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Programme

1515 - 1520	Workshop Changeover
1520 - 1600	Workshop 3 (35 minutes) <ul style="list-style-type: none">• Mr Joe Tan and Ms Aishwarya Vasudevan (An Apple a Day): "Body Image: How Do We Perceive Ourselves?"• Dr Hayley Ponsford: "Eating Disorders and Starvation: The Developmental Challenges and How You Can Make a Difference"• Dr Sharmila Jeyasingh: "How to Approach the Unwell Child: Hints and Tips for OSCE Stations"• Ms Ellie Craven and Mr Joseph Erskine (BSMS HOMED): "Growing up Without a Home"• Dr Poothirikovil Venugopalan: "Cardiology - Back to Basics: A Listening Session"
1600 - 1630	Closing Words from the President - Miss Robyn Creeden
1630	Close

Organising Committee

Miss Robyn Creeden
President

Miss Izzy Templeton
Vice-President

Miss Alice Bowen
Conference and Events

Miss Farazi Virk
Secretary

Mr Alex Taylor
Treasurer

Miss Ellen Bickley
Webmaster

Miss Alicia Paessler
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Mr Bradley Stewart
Year 3 Representative

Miss Charlotte Tristem
Intercalation Representative

Mr Paul Bonhomme
Year 4 Representative

Mr Joe Langworthy
Teddy Bear Hospital

Dr James Lee
Advisor

Miss Ang Dixon
Advisor

Speakers

Dr Frankie Howsam
Consultant Paediatrician and Named Doctor
Child Protection

Dr Lucy Allsopp
Consultant Psychiatrist at Chalkhill CAMHS Inpatient Unit
Training Programme
Director for Child and Adolescent Psychiatry in Kent, Surrey
and Sussex Deanery

Dr Pardeep Kaur
General Practitioner with a Special Interest in Female Genital
Mutilation
Lecturer on Child Protection at King's College London and
Brighton and Sussex Medical School (BSMS)

Dr Sharmila Jeyasingh
Consultant Paediatrician at Royal Alexander Children's
Hospital (RACH)
Lecturer at Brighton and Sussex Medical School (BSMS)

Dr Hayley Ponsford
Substantive Child and Adolescent Consultant Psychiatrist
Specialising in Eating Disorders
South West London and St George's Mental Health NHS
Trust

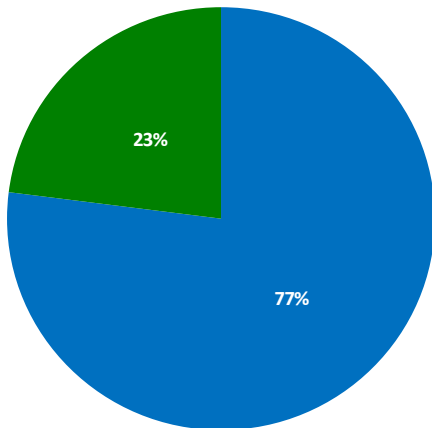
Dr Poothirikovil Venugopalan
Consultant Paediatrician with Cardiology Expertise at
Brighton and Sussex University Hospitals NHS Trust
Honorary Senior Clinical Lecturer at Brighton and Sussex
Medical School (BSMS)

Ms Sophy Layzell
Committee Member of The Jemima Layzell Trust

Miss Emma Wileman
Trustee and Parent of Haydn's Wish

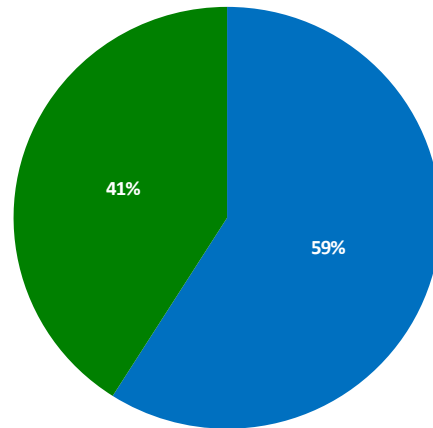
Overall Feedback

How was the content of the conference?



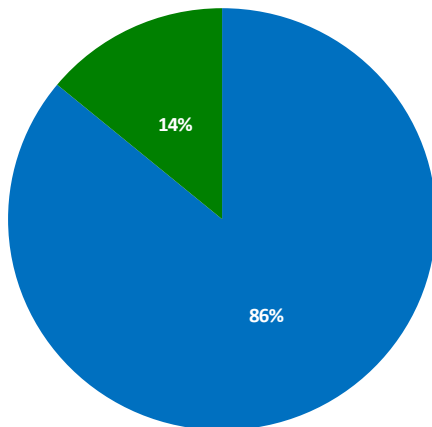
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

How would you rate the general academic standard of the speakers?



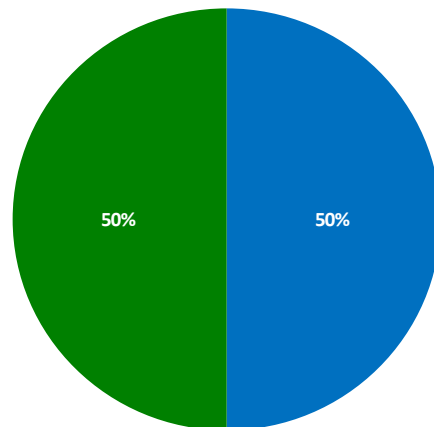
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Dr Frankie Howsam: 'Inauguration Speech'



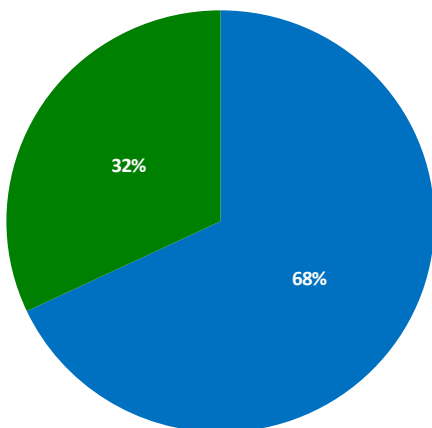
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Dr Lucy Allsopp: 'Identity: How Do Children's Personalities Develop?'



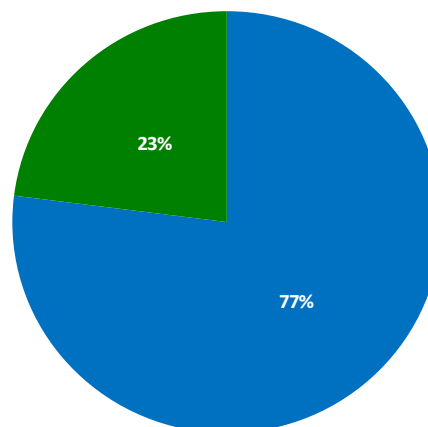
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Miss Ellie Craven: 'Growing up Without a Home'



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

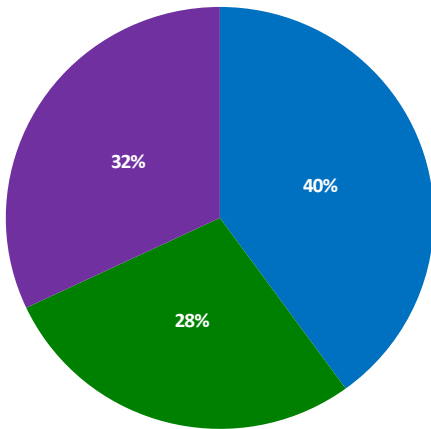
Ms Sophy Layzell: 'Be Love, Be Life'



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

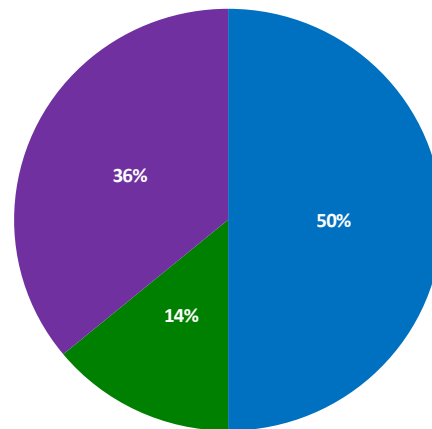
Overall Feedback

Mr Joe Tan and Ms Aishwarya Vasudevan
(An Apple a Day): "Body Image: How Do We Perceive Ourselves?"



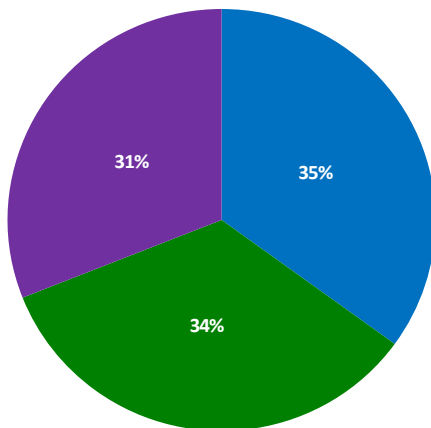
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor ■ Not Applicable

Dr Hayley Ponsford: Eating Disorders and Starvation: The Developmental Challenges and How You Can Make a Difference'



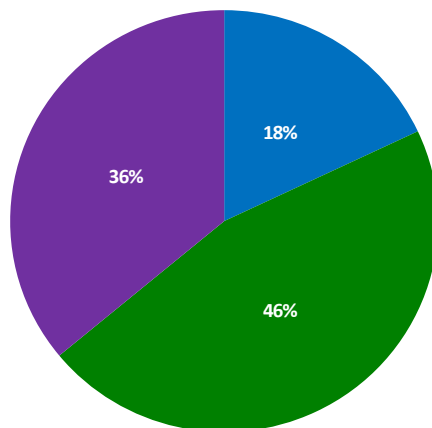
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor ■ Not Applicable

Dr Sharmila Jeyasingh: "How to Approach the Unwell Child: Hints and Tips for OSCE Stations"



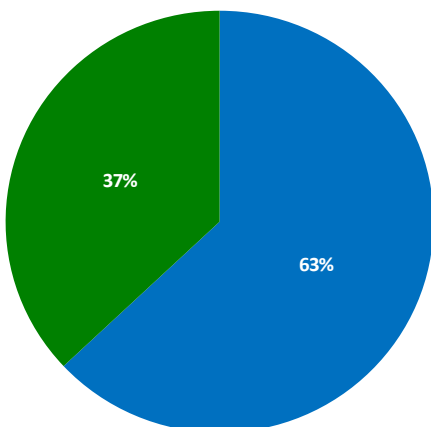
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor ■ Not Applicable

Dr Poothirikovil Venugopalan: "Cardiology - Back to Basics: A Listening Session"



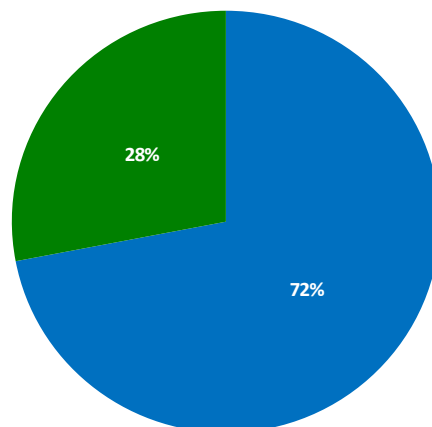
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor ■ Not Applicable

How were the facilities and venue?



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

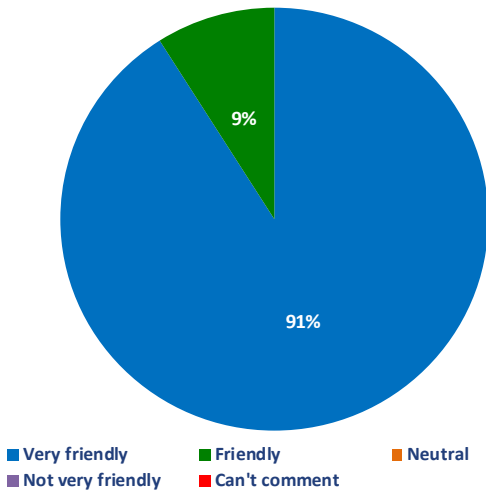
How were the refreshments and lunch?



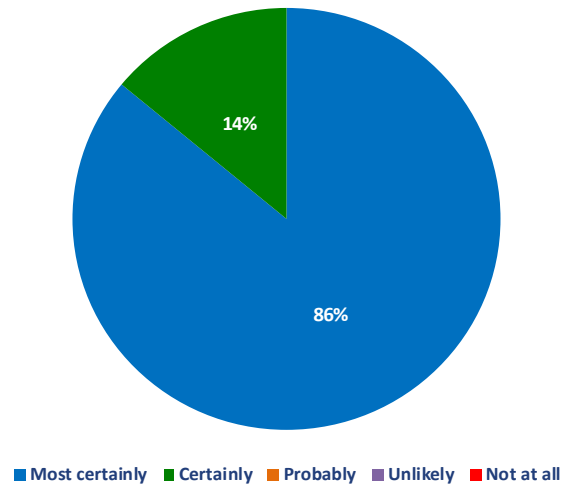
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Overall Feedback

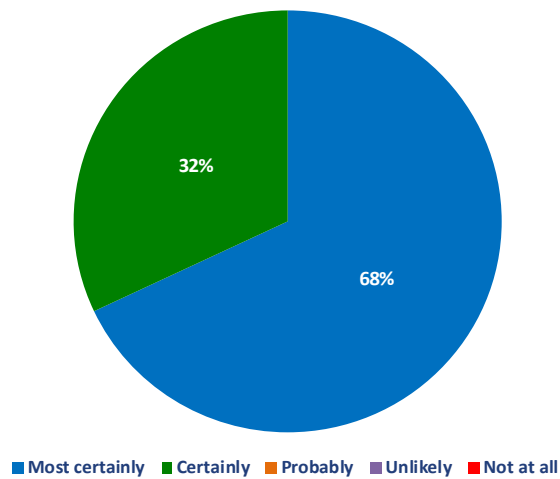
How was the general friendliness of the faculty and organisers?



Would you recommend this conference to a friend?



Do you think that this conference provided good value for money?



Individual Comments

Excellent.

AT

Brighton and Sussex Medical School, Brighton, United Kingdom

It was very organised; everyone seemed well prepared.

AM

Brighton and Sussex Medical School, Brighton, United Kingdom

It was interesting to see how children and young people are viewed/approached/considered by people in medicine, more specifically in-hospital medicine. The group ran the conference really well – the punctuality and transitions between the sessions were brilliant.

WA

University of Greenwich, London, United Kingdom

It was fascinating.

SC

Brighton and Sussex Medical School, Brighton, United Kingdom

It was a really well organised conference which provided a lot of thought-provoking content.

EG

Brighton and Sussex Medical School, Brighton, United Kingdom

I found it to be very useful to get more of an understanding of paediatrics as a specialty.

YT

Brighton and Sussex Medical School, Brighton, United Kingdom

It was very good.

PT

Brighton and Sussex Medical School, Brighton, United Kingdom

It is hard to say for sure as I'm yet to start on a paediatric placement, though I feel it has given me a lot to think about before I begin my placement.

JY

UCL Medical School, London, United Kingdom

It was very professional and relevant. It was clearly organised with students in mind.

EW

Brighton and Sussex Medical School, Brighton, United Kingdom

Individual Comments

Excellent.

HL

Brighton and Sussex Medical School, Brighton, United Kingdom

It was a very good and informative day.

MD

Brighton and Sussex Medical School, Brighton, United Kingdom

It was very interesting.

LW

Brighton and Sussex Medical School, Brighton, United Kingdom

Good.

HB

Brighton and Sussex Medical School, Brighton, United Kingdom

This was a great way to learn about the specialty – especially as I have no clinical experience.

AH

Brighton and Sussex Medical School, Brighton, United Kingdom

It was good.

MR

Brighton and Sussex Medical School, Brighton, United Kingdom

It was very good.

AC

Brighton and Sussex Medical School, Brighton, United Kingdom

It was excellent – very well done.

EF

Brighton and Sussex Medical School, Brighton, United Kingdom

I thought it was an all-round great experience.

TA

Brighton and Sussex Medical School, Brighton, United Kingdom

It was very interesting with very good speakers.

AR

Brighton and Sussex Medical School, Brighton, United Kingdom



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Courses (a selection):

Undergraduate:

- Final Year Medicine and Surgical Revision Courses
- Training the Clinical Anatomy Trainer
- Clinical Anatomy as Applied to Trauma and Emergency Medicine
- Surgical Anatomy of Important Operative Procedures
- Future Surgeons: Key Skills (RCSEd delivered)
- Structured Introduction to Surgical Skills

Postgraduate:

- MRCS Part A
- MRCEM Part A
- MRCS Part B OSCE
- DOHNS: Intensive Revision & OSCE
- Intercollegiate Basic Surgical Skills (RCSEd delivered)
- MRCP PACES Part 2
- FRCS (General Surgery) Exit Exam
- Cadaveric Ultrasound-Guided Musculoskeletal Intervention Course
- Ultrasound-Assisted Botulinum Toxin Injection for Neuromuscular Disorders
- Live Advanced Laparoscopic Colorectal Course



Forthcoming key events:

- International Medical Summer School
- International Academic and Research Conference
- World University Anatomy Challenge

Publications



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