



## BSMS Homelessness Conference: Shining a Light on Homelessness



Feedback - February 2020

## BSMS Homelessness Conference: Shining a Light on Homelessness

The rate of homelessness has increased dramatically in recent years resulting in a huge strain on the NHS, social services and the housing sector. It has a huge impact on those affected, with significantly higher incidences of mental and physical health problems amongst the homeless and rough sleepers. The conference aimed to address the following questions: Why have the incidences of homelessness increased? Why does rough sleeping affect peoples' health so negatively? How can we help?

The first BSMS Homelessness Conference explored the reasons why and how people become homeless, the chief concerns of those working in homelessness and why health should be the main priority. This conference served as an introduction to homelessness and its surrounding issues including drug and alcohol abuse, domestic abuse and refugees.

The conference was hosted by BSMS HoMed. BSMS HoMed is Brighton and Sussex Medical School's Homeless Medicine Society, which aims to improve healthcare for homeless people and other vulnerable groups by improving the understanding and skills of future doctors. The society hopes to achieve this through educational events, volunteering and fundraising.

### Course Information

<b>Date:</b>	<b>8<sup>th</sup> February 2020</b>
<b>Venue:</b>	<b>Checkland Building, University of Brighton, Village Way, Falmer, Brighton</b>
<b>Attendance:</b>	<b>103 Delegates</b>
<b>Aimed at:</b>	<b>Medical Students, individuals considering a career in Medicine and individuals who wish to be better informed about homelessness and want to know how to help.</b>
<b>Fee:</b>	<b>£5.00</b>



## Programme

0830 – 0930	Registration and Breakfast
0930 – 0945	Opening Address
0945 – 1015	Homelessness and Health - Why Does It Matter? Dr Chris Sargeant, ARCH Healthcare
1015 – 1100	When Involvement Becomes "Tokenistic" Mr Stan Burridge, Expert Focus

**1100 – 1130**

**Break**

1130 – 1200	Migrant Homelessness: Causes, Support Needs and Solutions Ms Mel Steel and Mr Stewart Wheatley, Voices in Exile
1200 – 1245	What Works To Improve the Health of the Multiply Excluded? Dr Nigel Hewett, Pathway

**1245 – 1400**

**Lunch, Stalls, Networking and Poster Competition**

1400 – 1430

**Seminar Rotation 1:**

- o General Practice and Homelessness – Dr Chris Sargeant, ARCH Healthcare
- o Working with Domestic Abuse and Multiple Disadvantage – Ms AJ Patterson, RISE
- o Homelessness Services – Improving Outcomes – Mr Simon Hughes, BHT
- o Trauma Informed Care: Accessibility, Equality and Dignity – Your Role, Their Future! – Mr Greg Headley, Homeless Link
- o Discharging Homeless and Vulnerably-Housed Patients From Hospital – Mr Gregg Lock, In-Reach Nurse and Ms Katie Carter, ARCH Healthcare
- o Tackling Health Inequalities in Gypsy and Traveller Communities – Ms Sarah Sweeney, Friends, Families and Travellers
- o Migrant Homelessness – What Can I Do? – Ms Mel Steele and Mr Stewart Wheatley, Voices in Exile
- o Advocating for Change: The Role of Doctors in Fighting for Health Justice – Dr Anna Lewis, Medact

## Programme

1435 – 1505

### **Seminar Rotation 2:**

- o General Practice and Homelessness – Dr Chris Sargeant, ARCH Healthcare
- o Working with Domestic Abuse and Multiple Disadvantage – Ms AJ Patterson, RISE
- o Homelessness Services – Improving Outcomes – Mr Simon Hughes, BHT
- o Trauma Informed Care: Accessibility, Equality and Dignity – Your Role, Their Future! – Mr Greg Headley, Homeless Link
- o Discharging Homeless and Vulnerably-Housed Patients From Hospital – Mr Gregg Lock, In-Reach Nurse and Ms Katie Carter, ARCH Healthcare
- o Tackling Health Inequalities in Gypsy and Traveller Communities – Ms Sarah Sweeney, Friends, Families and Travellers
- o Migrant Homelessness – What Can I Do? – Ms Mel Steele and Mr Stewart Wheatley, Voices in Exile
- o Advocating for Change: The Role of Doctors in Fighting for Health Justice – Dr Anna Lewis, Medact

1505 – 1555

The Unhealthy State of Homelessness: Our Role as Care Providers in Breaking the Cycle of Trauma and Opening the Doors to Better Health Equality  
Mr Greg Headley and Ms Molly Zakra, Homeless Link

1555 – 1615

Closing Address

1615 – 1800

Evening Reception

# Faculty

## Speakers:

### **Dr Chris Sargeant**

GP at ARCH Healthcare, Brighton  
Senior Lecturer at The Department of Medical Education, Brighton and Sussex Medical School, Brighton

### **Mr Greg Headley**

Partnership Manager (London and the South)  
Homeless Link, London

### **Ms Mel Steel**

Director  
Voices in Exile, Brighton

### **Ms Molly Zakra**

Research Officer  
Homeless Link, London

### **Dr Nigel Hewett**

Medical Director  
Pathway, London

### **Mr Stan Burridge**

Director  
Expert Focus, London

### **Mr Stewart Wheatley**

Advice and Outreach Worker  
Voices in Exile, Brighton

## Seminar Leaders:

### **Ms AJ Patterson**

Assertive Outreach Worker  
RISE, Brighton

### **Mr Alan Street**

Lead Resuscitation Practitioner  
Brighton and Sussex University Hospitals NHS Trust

### **Dr Anna Lewis, MBChB**

Foundation Year Doctor  
Medact

### **Dr Chris Sargeant**

GP at ARCH Healthcare, Brighton  
Senior Lecturer at The Department of Medical Education, Brighton and Sussex Medical School, Brighton

### **Mr Greg Headley**

Partnership Manager (London and the South)  
Homeless Link, London

### **Mr Gregg Lock**

In-Reach Nurse  
RSCH Homeless Team, Sussex Community NHS Foundation Trust

### **Ms Katie Carter**

Advocacy and Discharge Coordinator  
ARCH Healthcare, Brighton

### **Ms Mel Steel**

Director  
Voices in Exile, Brighton

### **Ms Molly Zakra**

Research Officer  
Homeless Link, London

### **Ms Sarah Sweeney**

Policy and Communications Manager  
Friends, Families and Travellers, Brighton

### **Mr Simon Hughes**

Senior Manager of Support Services  
BHT, Brighton

# Faculty

## Organisers:

**Miss Ellie Craven**

Conference Lead

**Mr Luke Pritchard**

Sponsorship Representative

**Mr John Howatt**

Student Coordinator

**Miss Holly Morley**

Logistics Officer

**Miss Janani Murugesh**

Media Officer

**Miss Olivia Thompson**

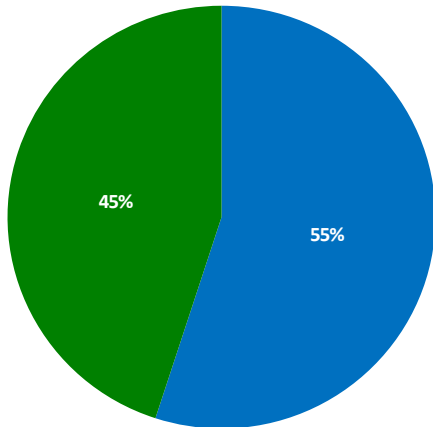
Treasurer

**Miss Isabel Craven**

Graphic Design

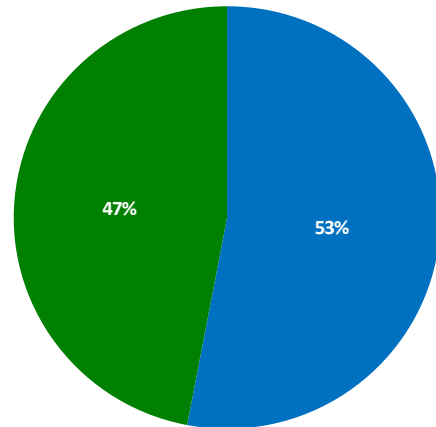
# Overall Teaching Feedback

How was the content of the conference?



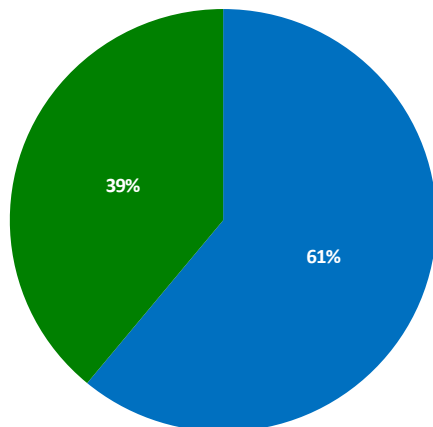
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

How would you rate the general academic standard of the speakers?



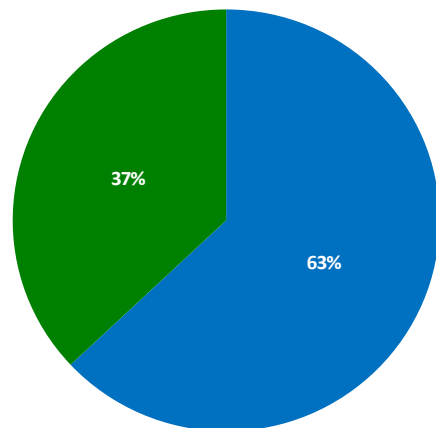
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Homelessness and Health - Why Does It Matter? - Dr Chris Sargeant



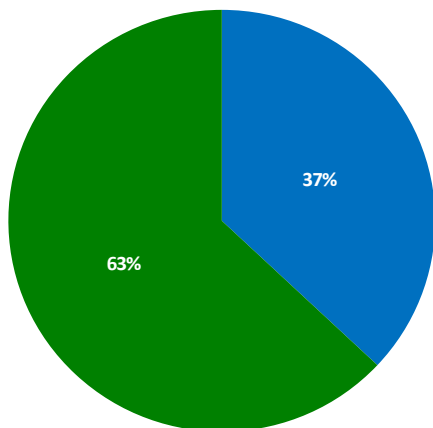
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When Involvement Becomes "Tokenistic" - Mr Stan Burrige



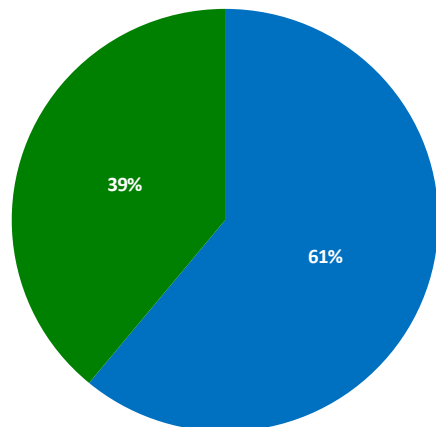
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Migrant Homelessness: Causes, Support Needs and Solutions - Ms Mel Steel and Mr Stewart Wheatley



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

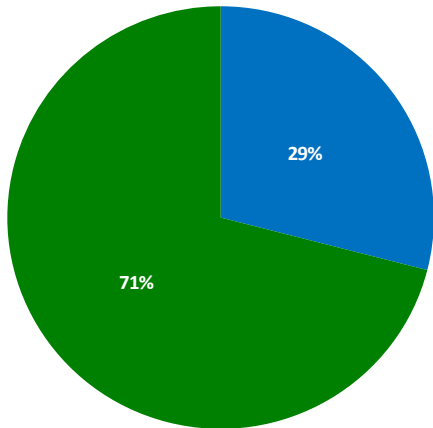
What Works To Improve the Health of the Multiply Excluded? - Dr Nigel Hewett



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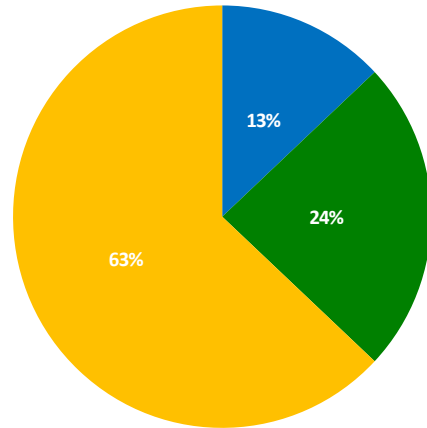
# Overall Teaching Feedback

The Unhealthy State of Homelessness: Our Role as Care Providers in Breaking the Cycle of Trauma and Opening the Doors to Better Health Equality - Mr Greg Headley and Ms Molly Zakra



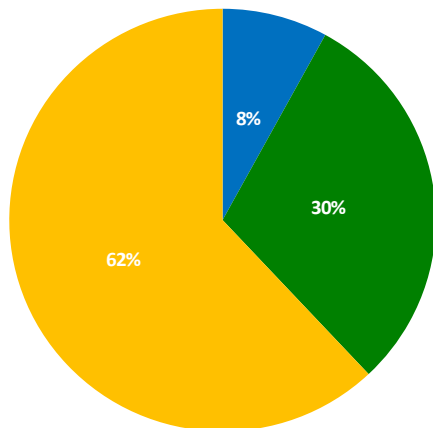
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Workshop 1 - Dr Chris Sargeant: General Practice and Homelessness



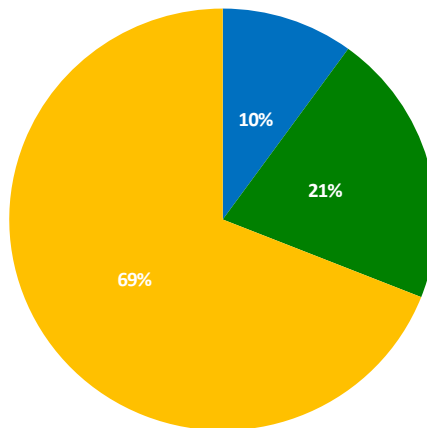
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Workshop 2 - Mr Greg Headley and Ms Molly Zakra: Trauma-Informed Care: Accessibility, Equality and Dignity – Your Role, Their Future!



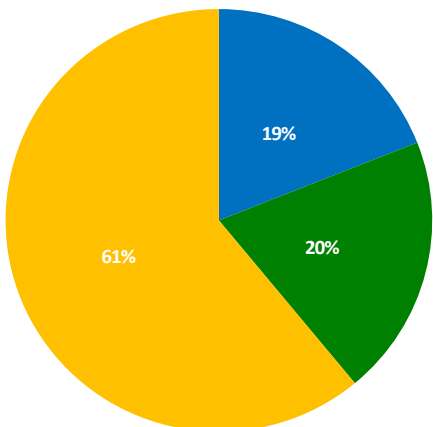
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Workshop 3 - Mr Gregg Locke and Ms Katie Carter: Discharging Homeless and Vulnerably Housed Patients From Hospital



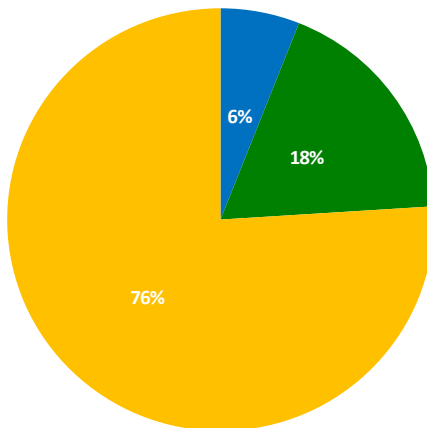
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor ■ Not Applicable

Workshop 4 - Ms Rebecca Rieley and Ms Lindsay Horler: Working with Domestic Abuse and Multiple Disadvantage



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor ■ Not Applicable

Workshop 5 - Ms Mel Steele: Migrant Homelessness – What Can I Do?

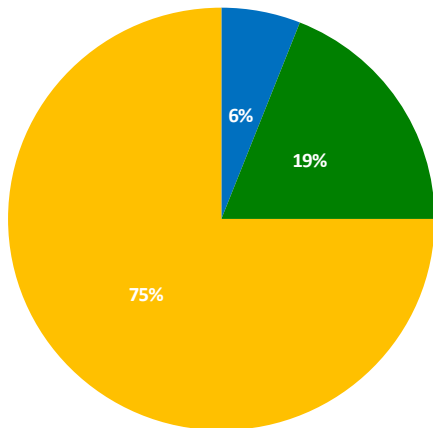


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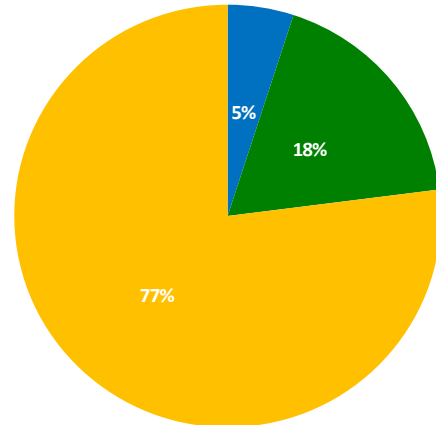
# Overall Teaching Feedback

Workshop 6 - Dr Anna Lewis: Advocating for Change: The Role of Doctors in Fighting for Health Justice



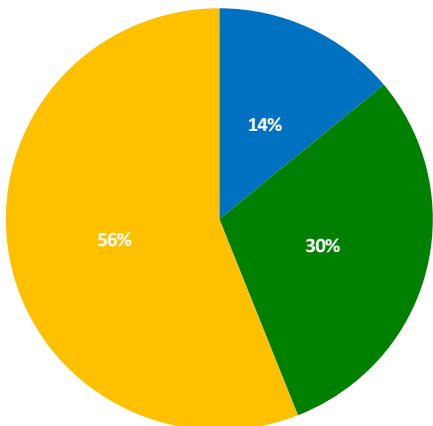
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Workshop 7 - Mr Simon Hughes: Homelessness Services - Improving Outcomes



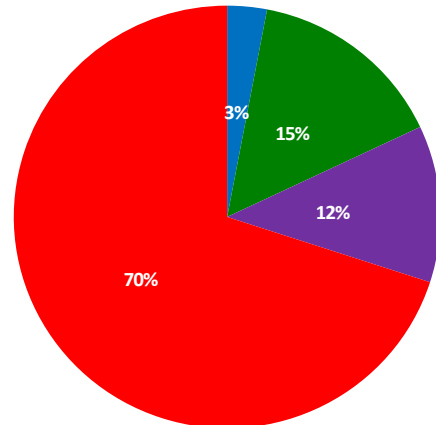
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor ■ Not Applicable

Workshop 8 - Ms Harriet Beeching: High Intensity Users - MDT Care for Adults With Complex Needs Presenting to A&E



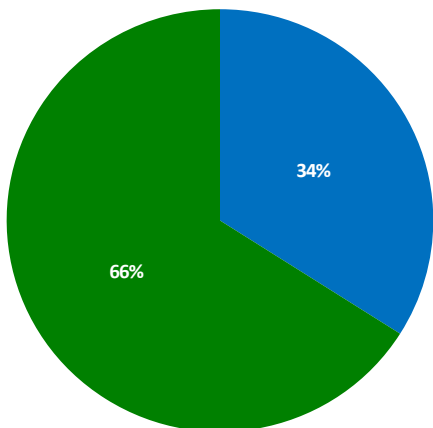
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Please rate your understanding of the issues surrounding homelessness and related factors BEFORE you attended the conference.



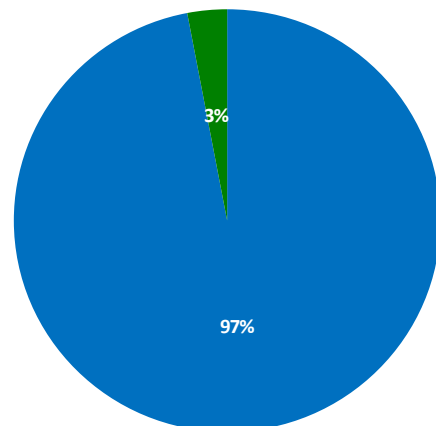
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Please rate your understanding of the issues surrounding homelessness and related factors AFTER you attended the conference.



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

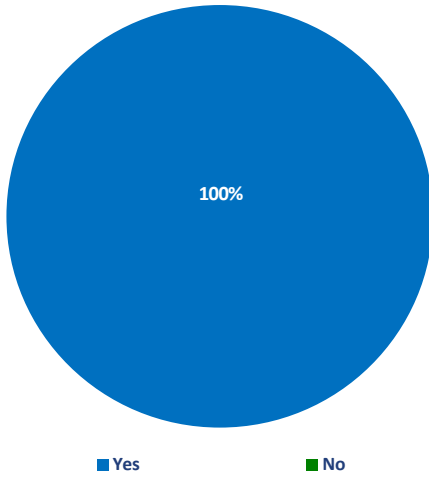
Do you think medical schools should include more education surrounding homelessness and inclusion health in their curriculum?



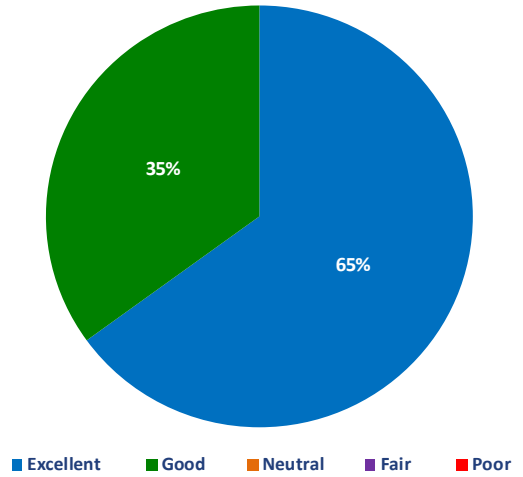
■ Yes ■ No ■ Neutral

# Overall Teaching Feedback

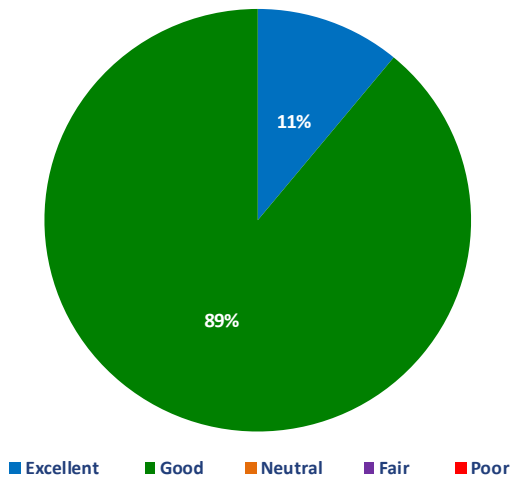
Would you be interested in attending a similar conference?



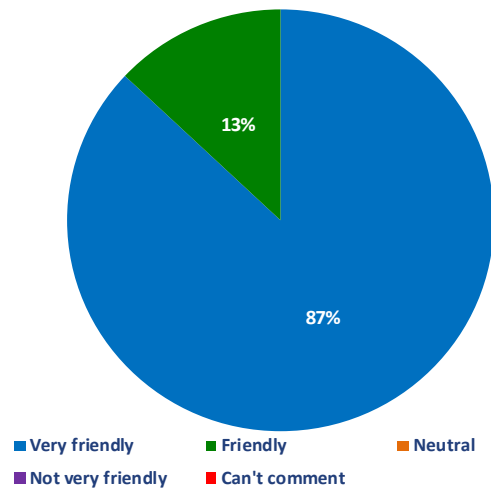
How were the facilities and venue?



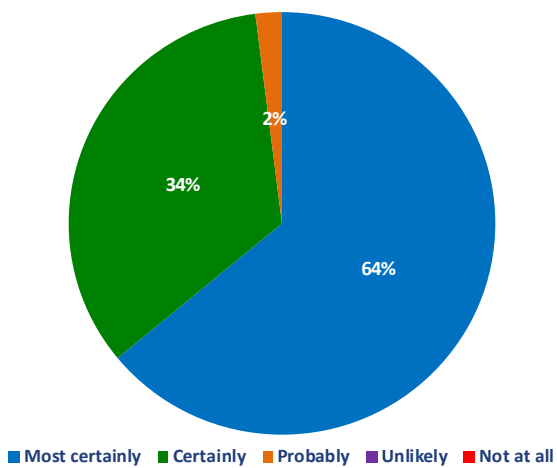
How were the refreshments and lunch?



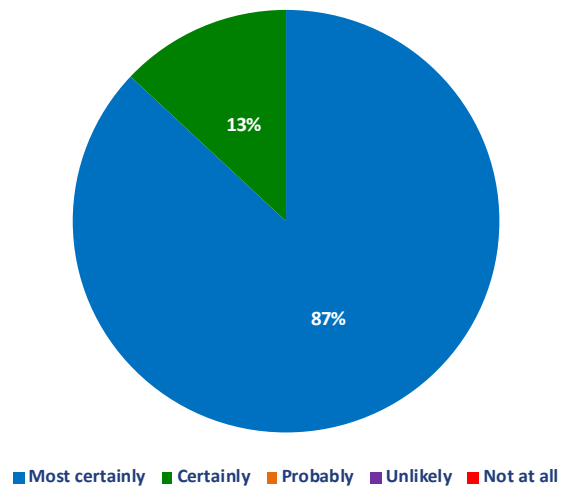
How was the general friendliness of the faculty and organisers?



Would you recommend this conference to a friend?



Do you think that this course provided good value for money?



## Individual Comments

It was pertinent, well presented and dynamic.

**AB**

It was really informative and inspirational – there are lots of good things happening in homeless healthcare and it is good to know about them.

**FH**

*Brighton and Sussex Medical School, Brighton, United Kingdom*

This was a well-organised conference.

**SE**

*Brighton and Sussex Medical School, Brighton, United Kingdom*

This was a very well-organised conference. The speakers and workshops were excellent. This was a very useful conference; it was great value for money.

**AG**

*King's College London, Cicely Saunders Institute, United Kingdom*

I had a lot of fun and learnt a lot about the challenges associated with solving homelessness. The volunteers were very friendly.

**NG**

*Brighton and Sussex Medical School, Brighton, United Kingdom*

It was really good and full of information, I'm just not sure how much of what I learnt will influence my practice. However, I learnt a lot about the problem and current services.

**HI**

*Brighton and Sussex Medical School, Brighton, United Kingdom*

It was very good. I am a tertiary centre surgeon who often operates on patients facing these challenges. It certainly helps to understand the issues, challenges and politics that my patients have to face.

**MC**

Excellent.

**JL**

It was well organised and the content was very relevant.

**VA**

It was very good and interesting. I felt that I learnt a lot about removing the stereotypes of homelessness from my periphery.

**EW**

## Individual Comments

The conference gave me a deep awareness of homelessness and homeless people.

**DA**

I'm an international development student thinking of doing a global health masters. Despite having no medical background, I found it really interesting and worthwhile and I could understand the speakers. Perhaps the workshop I chose was a bit too specific to clinical work, but I still got something out of it.

**CR**

I thought it was well organised and extremely informative as well as emotional. As I study medicine, it related well to my area of study and has helped to inform me of the needs of patients that I previously did not understand as well.

**AK**

It gave me a different insight into the world around me.

**LW**

It was very good.

**AV**

This was a lovely conference with good food and a good atmosphere. Perhaps there could be more mini workshops?

**RB**

This was an excellent conference; it was very interesting and informative.

**PT**

***Brighton and Sussex Medical School, Brighton, United Kingdom***

It provided a good structure for homelessness, health and the direction that services can move towards to be more inclusive and welcoming to those who are homeless.

**TP**

This was a very informative and engaging way to highlight a growing problem and the need for medical students to start to think about ways to better help those that need it as future doctors.

**FD**

***Brighton and Sussex Medical School, Brighton, United Kingdom***

Although I am not a medical student or in the medical profession, I found it very useful for my human rights studies and overall knowledge.

**IO**

## Individual Comments

The migrant homelessness talk was very thought provoking and pertinent to current times.

**MR**

*Brighton and Sussex Medical School, Brighton, United Kingdom*

It was very well put together. I enjoyed all aspects of the conference and loved the many different perspectives that were present.

**EO**

It was all very informative and eye opening; I think that there should be more teaching on homelessness.

**AR**

It was very good.

**AP**

Overall, this was a good conference. I would definitely recommend it to friends and family and will also look out for similar events in the future.

**SO**

It was well organised, the speakers were good, and the presentations were interesting.

**SR**

It was very relevant to community medicine and public health in the Brighton area.

**HA**

It was well organised, the food and speakers were good, and it was really enjoyable! My only suggestion would be for future conferences to charge a slightly higher ticket price (maybe £8.00 - £10.00) as I felt that the conference was worth much more than £5.00! That was my only criticism; it was a fantastic day.

**CK**

This was one of the best conferences I have ever attended. We do not receive enough teaching around these subjects.

**CB**

It was very good; it helped with my studies, especially considering the Brighton homeless population.

**CR**

The conference was organised very well; I found it to be a very informative and useful day, and I learnt a lot about homelessness that I was previously unaware of.

**RK**

## Individual Comments

It ran smoothly and was excellent in every way.

**AK**

The conference was brilliant!

**EH**

It was very good and highly relevant. As I work with Hastings Homeless Service, it was good for connecting and networking. I would have liked to have attended all workshops.

**CF**

It definitely filled a gap in the medical school curriculum for an extremely fair price. The workshop about domestic violence was particularly interactive and I really enjoyed it. Hearing from someone that used to be homeless was very insightful and his talk made the conference feel more personal. Both Dr Sargeant and Dr Hewett's talks were really engaging and gave me an insight into what is out there for my future patients.

**ZC**

*Brighton and Sussex Medical School, Brighton, United Kingdom*

This was an excellent conference – it was highly informative and inspiring. I already sent an email a couple of days after the conference to thank the organisers for their great work and would like to attend similar events in the future.

**IC**

This was a really good conference; it was really informative, and I think it will definitely help me in my future practice.

**IB**

This is such a relevant area of medicine, especially living in Brighton. It should definitely be included in every medical course.

**OH**

*Brighton and Sussex Medical School, Brighton, United Kingdom*



# DOCTORS ACADEMY

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## Courses (a selection):

### Undergraduate:

- Final Year Medicine and Surgical Revision Courses
- Training the Clinical Anatomy Trainer
- Clinical Anatomy as Applied to Trauma and Emergency Medicine
- Surgical Anatomy of Important Operative Procedures
- Future Surgeons: Key Skills (RCSEd delivered)
- Structured Introduction to Surgical Skills

### Postgraduate:

- MRCS Part A
- MRCEM Part A
- MRCS Part B OSCE
- DOHNS: Intensive Revision & OSCE
- Intercollegiate Basic Surgical Skills (RCSEd delivered)
- MRCP PACES Part 2
- FRCS (General Surgery) Exit Exam
- Cadaveric Ultrasound-Guided Musculoskeletal Intervention Course
- Ultrasound-Assisted Botulinum Toxin Injection for Neuromuscular Disorders
- Live Advanced Laparoscopic Colorectal Course



## Forthcoming key events:

- International Medical Summer School
- International Academic and Research Conference
- World University Anatomy Challenge Manchester,

## Publications



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## Online Revision Resources

DoctorExams consists of 1000s of questions with detailed explanations in MCQ, EMQ, SBA and SAQ formats. Questions are written by the Doctors Academy group of experienced clinicians and clinical academics, with mock exams and feedback on performance included to aid a candidate's focused revision of topics. Based on past exams, these questions are carefully crafted to suit the requirements of undergraduate students & postgraduate trainees undertaking relevant speciality exams.

### Resources for:

- Medical Students
- Dental Students
- International Entrance Exams
- MRCS Exams
- General Surgery Exams
- Plastic Surgery Exams
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# [www.doctorsacademy.org](http://www.doctorsacademy.org)