



# Essential Surgical Skills for Surgical Nurse Practitioners

31<sup>st</sup> October and 1<sup>st</sup> November 2015  
Education Centre, Christie Hospital, Manchester

## Course Programme

### DAY 1

0800–0830	Registration	
0830–0845	Welcome and Introduction-	C. Selvasekar, K, Gajanan, J, Hinton
0845–0930	Instruments and Handling -	P. Dimopoulos
0930–1030	Knot-tying - Reef knot	K. Gajanan
<b>1030–1045</b>	<b>Break for refreshments</b>	
1045–1215	Surgeon's Knot Instrument tie Knot at depth	E. Blower
<b>1215–1300</b>	<b>Break for Lunch</b>	
1300–1345	Suturing Materials - Different Needles	E. Blower
1345–1500	Interrupted suture - Mattress-Horizontal Vertical	P. Dimopoulos
<b>1500–1515</b>	<b>Break for Coffee</b>	
1515–1630	Deep layer closure Continuous suture Subcuticular suture	K. Gajanan J. Hinton
1630	Discussion and Finish	

## DAY 2

0830-0845	Introduction and discussion -	K. Gajanan
0845-0915	Revision of Day1	KG/PD/EB
0915 - 1000	OSAT -	KG/PD/EB/BK
1000-1030	oPrinciples of Local Anaesthetics and Minor Surgery	E. Blower, P. Dimopoulos
<b>1030-1045</b>	<b>Break for refreshments</b>	
1045 - 1215	o Skin Lesions o Cyst removal o Insertion and fixation of drains	K. Gajanan B. Krishnamurthy
1215 - 1315	o Debridement o Abscess drainage and excision o Wound Management	C. Selvasekar, P. Dimopoulos
<b>1315-1400</b>	<b>Break for Lunch</b>	
1400-1445	Diathermy -	KG/PD/EB/BK
1445-1615	Laparoscopy skills- o Instrumentation o Hand-eye coordination o Polomints. o Knot tying. o Sugar cubes stacking.	KG/PD/EB/BK
<b>1615-1630</b>	<b>Summary, feedback and closure</b>	