

Royal College of Surgeons of Edinburgh: Intercollegiate Basic Surgical Skills Course

Course Programme – Day 1

0830	Registration
0900	Introduction
0910	Gowning and Gloving
0940	Handling Instruments
1015	Knots (1) – Reef Knot, Instrument Tie Assessment

1100 Coffee Break

1115	Knots (2) – Surgeons Knots, Tie at Depth Assessment
1200	Suturing – Needle Manipulation and Driving, Interrupted, Sub-Cuticular, Vertical Mattress Assessment

1300 Lunch Break

1345	LA Techniques Skin Lesions and Sebaceous Cyst
1430	Fine Tissue Handling (1) – Tendon Repair, Assisted

1515 Coffee Break

1530	Wound Management – Abscess Drainage, Debriding Traumatic Wound
1615	Diathermy (Practical or Seminar)
1700	Question and Answer Session

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Course Programme – Day 2

0830	Registration
0900	Skills Consolidation/OSAT
1000	Abdominal Incision and Closure
1100	Haemostasis, Ligation in Continuity, Pedicle Ligation, Transfixion

1145 Coffee Break

1200	End to End Bowel Anastomosis – Interrupted, Instrument Tied Knots
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1315 Lunch Break

1400	Fine Tissue Handling (2) – Vein Patch Exercise, Assisted
1515	Introduction to Endoscopic Surgery
1530	Endoscopic Exercises – Visualisation Tasks, Various Scope Angles, Use of Coaxial Instruments, Manipulation of Non-Coaxial Instruments
1645	Question and Answer Session, Certification