



# Cardiff MRCS OSCE: Clinical Examination & Communication Skills

This intensive one-day revision course covered the clinical examination and communication components of the MRCS Part B exam with special emphasis on clinical consultation skills.

The course aimed to consolidate the trainee's understanding of the clinical consultation skills component of the exam, and aid the trainee's ability to perform clinical examinations efficiently by present the findings to the examiner in a systematic yet concise manner.

The forenoon session covered all important clinical examinations that are tested in the exam and the afternoon session was dedicated to communication skills workstations, structured interviews and practical skills. Eight patient-centred clinical scenarios were used to reflect the situations experienced in everyday practice; as these were scenarios in line with what is commonly tested in the MRCS exam. A total of 34 candidates attended the course with their feedback collated in this document.

#### **Course Information**

Course date: 24th January 2016

Venue: Out-patient Department

**University Hospital of Wales** 

Cardiff, UK

Attendance: 29 Delegates

Aimed at: Delegates looking to take

their membership to the Royal College of Surgeons

Part B exam.

Course fee: £190.00



Surgical trainees can apply to be sponsored by ASIT to receive a bursary to attend this course.



# **Course Programme**

| 0840 - 0850 | Registration                                      |
|-------------|---|
| 0850 - 0905 | Introduction to course and grouping of candidates |
| 0910 - 1300 | (with refreshment break from 1100 – 1120)         |

# **Clinical Examination Sessions**

Candidates will be divided into small groups and will go through the following clinical examinations on simulated patients:

- Examination of abdomen and abdominal organs
- Examination of hernia
- Examination of varicose veins
- Examination of arterial system
- · Examination of cardiorespiratory system
- · Examination of hip and knee
- Examination of shoulder and back

| 1300 - 1345 | Lunch Break                               |
|-------------|---|
| 1350 - 1715 | (with refreshment break from 1530 - 1550) |

# **Clinical Consultation Skills Sessions (Communication Skills)**

These stations will consist of, amongst others:

- Information giving and information gathering
- Challenging situation/patient
- Difficult consultation
- Breaking bad news
- Explaining a diagnosis or discussing management options
- Consent in surgery
- Telephone communication

| 1715 - 1730 | Summary and Feedback |
|-------------|----------------------|
| 1740        | End of Course        |

# **Faculty List**

## Mr Kevin Conway, MB BCh, MRCSEd, AFRCS (I), FRCS (Gen Surg), MD

Consultant Vascular Surgeon

Royal Glamorgan Hospital, Llantrisant

#### Mr Richard L M Newell, BSc, MBBS, FRCS

Clinical Anatomist & Formerly, Consultant Orthopaedic Surgeon Cardiff University/Royal Devon and Exeter Hospital NHS Trust

### Dr Jason Seewoodhary, BSc (Hons), MBBCh (Hons), MRCP (UK)

Speciality Registrar in Endocrinology

University Hospital of Wales, Cardiff

#### Mr Stuart Enoch, MBBS, PGCert (Med Sci), PhD, MRCS (Edin & Eng)

Specialist Registrar - Plastic, Reconstructive and Hand Surgery

University Hospitals of Manchester

Programme Director – Education and Research, Doctors Academy

## Ms Lucy Satherley, BSc, MB BCh, MRCS

Speciality Registrar in General Surgery

University Hospital of Wales, Cardiff

# Mr Benjamin Stew, MB BCh, MRCS, DOHNS

Speciality Registrar in Otolaryngology

University Hospital of Wales, Cardiff

### Ms Eleanor Carpenter, BSc (Anat), MB BCh, MD, MRCS (Eng), FRCS (T&O)

Specialist Registrar in Trauma and Orthopaedic Surgery

All-Wales Higher Surgical Training Programme

# Ms Jennifer Wheat, MB BCh, MRCS (Eng)

Speciality Registrar in General Surgery

Royal Glamorgan Hospital

## Mr Adam Cox, MB BCh, MRCS

Speciality Registrar in Urology

University Hospital of Wales, Cardiff

#### Dr Samantha Currie, MB BCh, MRCP

Speciality Registrar in General Medicine

University Hospital of Wales, Cardiff

# Mr Lyndon Mason, MB BCh, MRCS (Eng)

Specialist Registrar in Trauma and Orthopaedic Surgery

All-Wales Higher Surgical Training Programme

### Ms Zaynab Jawad, MB BCh, MRCS

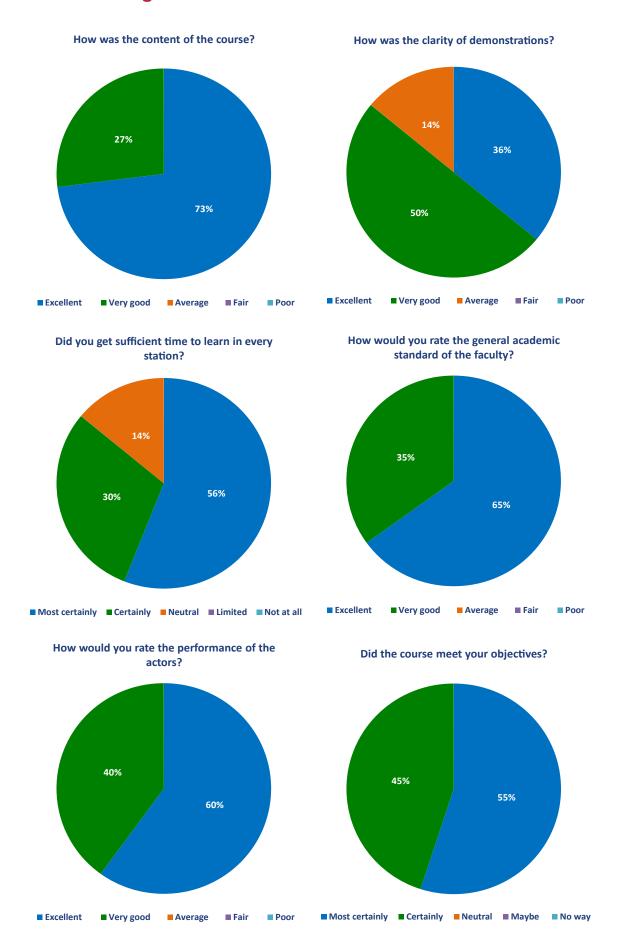
Speciality Registrar in General Surgery

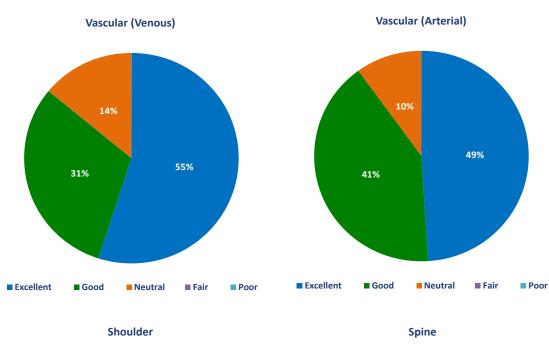
All-Wales Higher Surgical Training Programme

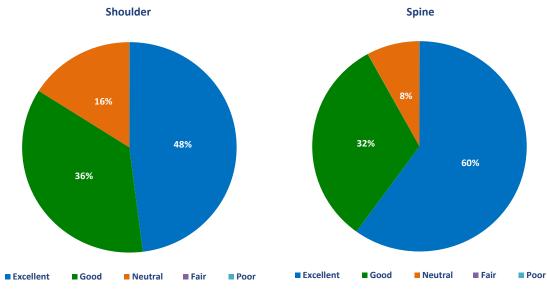
#### Mr David Wordsworth, MB BCh, MRCS

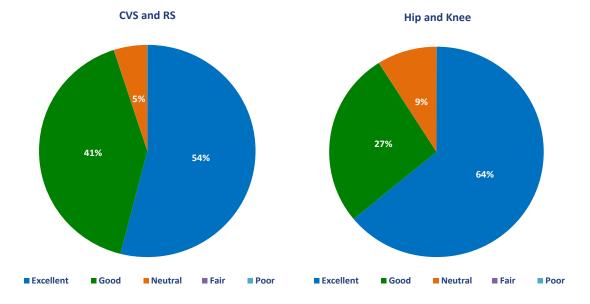
Speciality Registrar in Trauma and Orthopaedic Surgery

East Anglia and Cambridge Training Programme

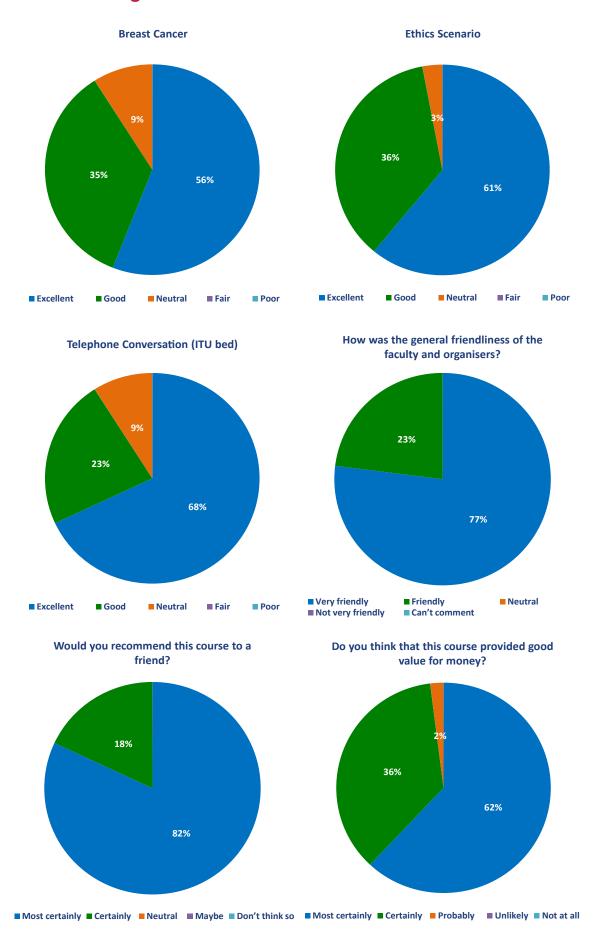












# **Individual Comments**

Very well organised and once again covered a wide range of topics in a short space of time without being too overwhelming.

NB

University Hospital of Wales, Cardiff

Well organized, would appreciate more if would have been longer.

**PM** 

Morriston Hospital, Swansea

Incredibly well organised. A very useful chance to practice before the exam. Great to have people who have recently done the exam to give pointers.

CB

Royal United Hospital, Bath

I was less impressed with this day. I feel we should have been assessed more in smaller groups and maybe had less teaching. We all need to be able to examine slickly and with a routine and i don't feel this was assessed as well as the other days.

WC

Wexham Park Hospital, Slough

Slickly organised, covered most major topics relating to comm skills and examinations. Sometimes ran out of time with some stations. Hip and Knee examination station caused some confusion. No demonstration or opportunity to practice exam in this station.

SA

Royal Preston Hospital, Preston

Excellent course, friendly, focuses, but not threatening and accommodated different peoples abilities and experience.

 $\mathsf{LP}$ 

Royal Cornwall Hospital, Truro

I thought the stations were all relevant but i would preferred more one on one practice scenarios and more detail on the more complex exams such as the neuro etc.

MC

Royal Shrewsbury Hospital, Shrewsbury

# **Individual Comments**

Very well organised. Provided a general feel of what to expect in the actual MRCS Part B examination.

RK

Royal Preston Hospital, Preston

The contents of the course were good and relevant. The presentations were clear. Would be recommending it to others preparing for the exam.

MH

Kettering General Hospital, Kettering

Neuro exam should have been included.

ΚI

Royal Sussex County Hospital, Brighton



Doctors Academy is a UK-based International Non-Profit Organisation comprising of doctors, dentists and scientists that undertakes a diverse range of educational activities globally. The aim of the Academy is to disseminate information and exchange medical knowledge between professionals from diverse backgrounds working in a variety of healthcare settings. This is achieved by the provision of a number of attendance courses, publishing house, online resources and international events/ competitions.

# Courses (a selection):

# **Undergraduate:**

- Final Year Medicine and Surgical Revision Courses
- Training the Clinical Anatomy Trainer
- Clinical Anatomy as Applied to Trauma and Emergency Medicine
- Surgical Anatomy of Important Operative Procedures
- Future Surgeons: Key Skills (RCSEd delivered)
- Structured Introduction to Surgical Skills

#### Postgraduate:

- MRCS Part A
- MRCEM Part A
- MRCS Part B OSCE
- DOHNS: Intensive Revision & OSCE
- Intercollegiate Basic Surgical Skills (RCSEd delivered)
- MRCP PACES Part 2
- FRCS (General Surgery) Exit Exam
- Cadaveric Ultrasound-Guided Musculoskeletal Intervention Course
- Ultrasound-Assisted Botulinum Toxin Injection for Neuromuscular Disorders
- Live Advanced Laparoscopic Colorectal Course



## Forthcoming key events:

- International Medical Summer School Manchester, 31st July to 4th August 2017
- International Academic and Research Conference Manchester, 5th August 2017
- World University Anatomy Challenge Manchester, 4th August 2017

### **Publications**



# publications.doctorsacademy.org

#### **World Journal of Medical Education & Research**

Peer-reviewed academic journal with ISSN.

No fee to view, read and download articles No subscription charges No submission fees No manuscript processing fee No publishing fee No cost to read, write or publish!

wjmer.co.uk

#### Online Revision Resources

DoctorExams consists of 1000s of questions with detailed explanations in MCQ, EMQ, SBA and SAQ formats. Questions are written by the Doctors Academy group of experienced clinicians and clinical academics, with mock exams and feedback on performance included to aid a candidate's focused revision of topics. Based on past exams, these questions are carefully crafted to suit the requirements of undergraduate students & postgraduate trainees undertaking relevant speciality exams.

#### Resources for:

- Medical Students

- General Surgery Exams

- Dental Students

- Plastic Surgery Exams

- International Entrance Exams

- DOHNS Exams

- MRCS Exams

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