



**Cardiff MRCS Course (DUBAI):  
Applied Basic Sciences and  
Knowledge for MRCS B (OSCE)**



**Feedback - August 2019**

## Cardiff MRCS Course (DUBAI): Applied Basic Sciences and Knowledge for MRCS B (OSCE)

Basic sciences such as anatomy, physiology, pathology and microbiology are essential for developing a strong foundation in surgical training and for the understanding of its clinically applied aspects.

This intensive two-day course provided the attendees with an overview of basic physiological principles, consolidated the candidate's core and applied surgical knowledge in anatomy and relevant pathology, and provided a focused revision of pertinent topics as tested in the exam.

On Day 1, the emphasis was on basic and surgically applied anatomy (except head, neck and spinal cord), general pathology and burns. Day 2 covered head and neck anatomy, autonomic nervous system, spinal cord and lesions, embryology, cancer pathology, microbiology, trauma, principles of surgery and applied surgical sciences.

### Course Information

<b>Course Date:</b>	<b>31<sup>st</sup> July and 1<sup>st</sup> August 2019</b>
<b>Venue:</b>	<b>Grand Excelsior Hotel (Mankhool Road) Bur Dubai, Dubai, United Arab Emirates</b>
<b>Attendance:</b>	<b>3 Delegates</b>
<b>Aimed at:</b>	<b>FY2; CT1; CT2; ST1; ST2; SHO; Trust Grade; Staff Grade; Clinical Fellow; ENT Specialist; ENT Resident; Junior Resident; Registrar</b>
<b>Course Fee:</b>	<b>£395.00</b>



# Course Programme

## Day 1

### SURGICAL AND APPLIED ANATOMY, GENERAL PATHOLOGY AND BURNS

0830 - 0840	Registration
0840 - 0850	Introduction and Format of the Exam
0850 - 1030	Brachial Plexus, Arm, Shoulder, Scapula, Back and Rotator Cuff (includes Upper Limb Nerve Injuries, Palsies and Shoulder Pathologies)
1030 - 1110	Cubital Fossa, Forearm, Flexor Retinaculum and Hand (includes Carpal Tunnel Syndrome, Ulnar Nerve Palsies and Hand Pathologies)

#### 1110 - 1130 Break for Refreshments

1130 - 1230	Thoracic Wall; Mediastinum; Heart; Lungs; Oesophagus; Diaphragm; Vascular Anatomy (including Vascular Access)
1230 - 1300	General Pathology 1

#### 1300 - 1340 Lunch

1340 - 1420	Transpyloric Plane, Anterior Abdominal Wall and Inguinal Region (includes Hernia and Scrotal Swellings)
1420 - 1440	Abdominal Anatomy; Hollow and Solid Organs
1440 - 1500	Pelvis and Perineum
1500 - 1530	Management of Burns

#### 1530 - 1550 Break for Refreshments

1550 - 1630	Lumbar and Lumbosacral Plexus
1630 - 1715	Femoral Triangle, Thigh, Popliteal Fossa; Lower Leg, Ankle and Foot (includes Lower Limb Nerve Injuries, Palsies, Compartment Syndrome and Ankle Injuries)
1715 - 1800	General Pathology 2
1800 - 1830	Revision of Day 1 and Sample Questions
1830	End of Day 1

# Course Programme

## Day 2

### HEAD AND NECK ANATOMY, EMBRYOLOGY, AUTONOMIC NERVOUS SYSTEM, SPINAL CORD, MICROBIOLOGY, CANCER PATHOLOGY, PRINCIPLES OF SURGERY, TRAUMA AND APPLIED SURGICAL SCIENCES

0830 - 0930 Skull Base, Cranial Nerves and Vasculature of the Brain

0930 - 1015 Scalp, Face, Mandible, Parotid, TMJ

1015 - 1030 Head and Neck Embryology

#### 1030 - 1045 Break for Refreshments

1045 - 1130 Neck, Thyroid, Larynx, Pharynx, Tongue; Surgical Pathologies of the Neck

1130 - 1200 Pre-Operative Assessment

1200 - 1230 Post-Operative Management

1230 - 1300 Autonomic Nervous System, Spinal Cord and Spinal Cord Lesions

#### 1300 - 1345 Lunch

1345 - 1430 Essential Topics in Microbiology

1445 - 1500 Management of Trauma; ATLS Principles

1500 - 1530 Head Injury; Neurophysiology

#### 1530 - 1550 Break for Refreshments

1550 - 1610 Skin Cancers and Melanoma

1610 - 1630 Cancer of the Colon

1630 - 1645 Cancer of the Breast

1645 - 1700 Cancer of the Testis

1700 - 1730 Fundamentals of Wound Healing; Reconstructive and Plastic Surgery

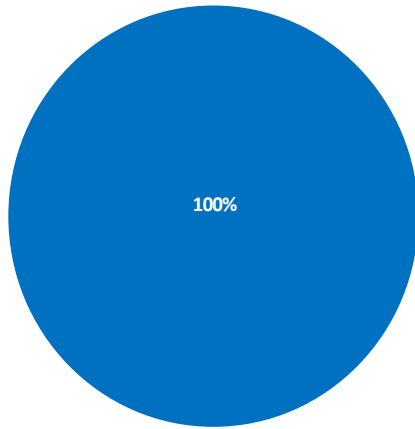
1730 - 1800 Principles of Local Anaesthetics; Sutures and Suture Materials

1800 - 1830 Vascular Surgery and Vascular Reconstruction

1830 - 1845 Summary and End of Course

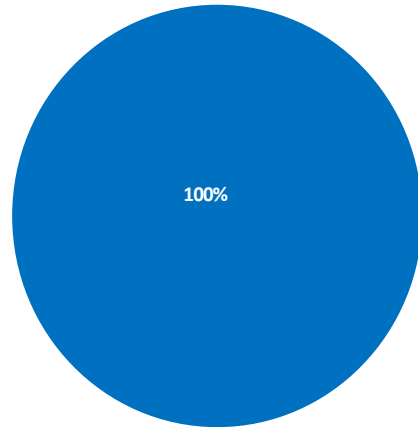
# Overall Course Feedback

How was the clarity of the lectures?



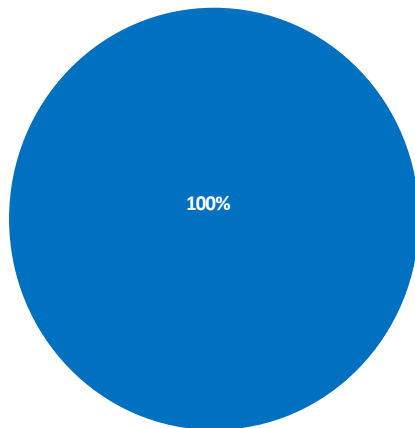
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

How would you rate the general academic standard of the tutors?



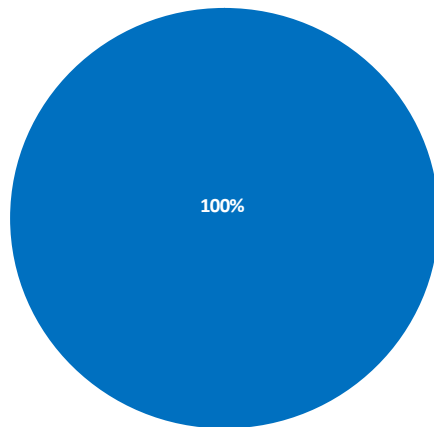
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

How do you rate the relevance of the course to your studies?



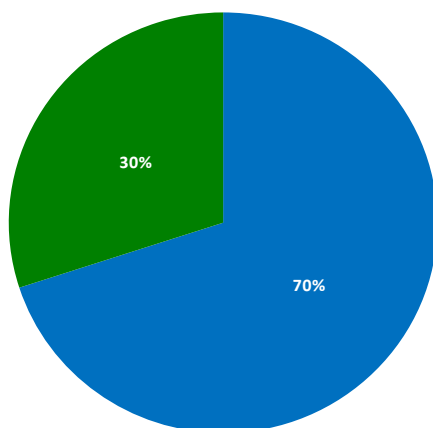
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Surgical Anatomy and Pathology of the Upper Limb and Brachial Plexus



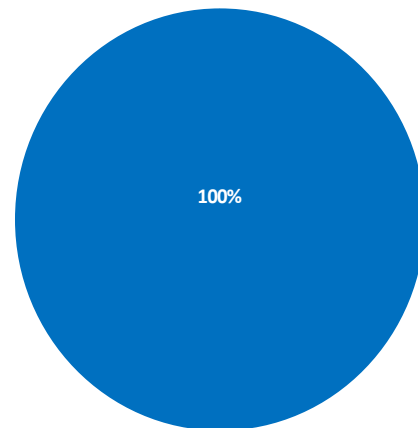
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Surgical Anatomy and Pathology of the Neck and Larynx



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

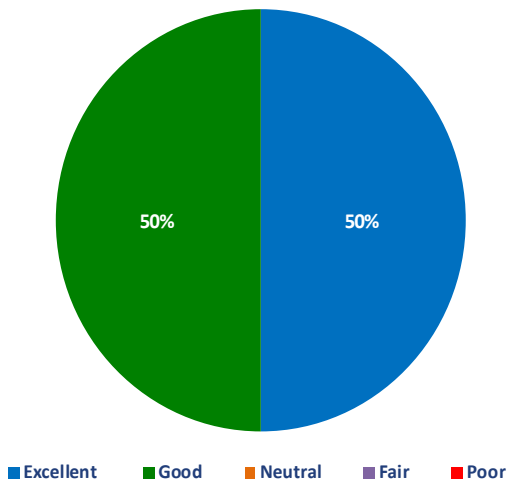
Benign and Malignant Conditions of the Thyroid



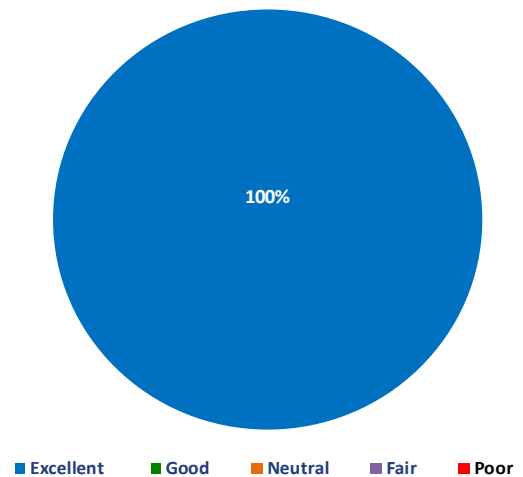
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

# Overall Course Feedback

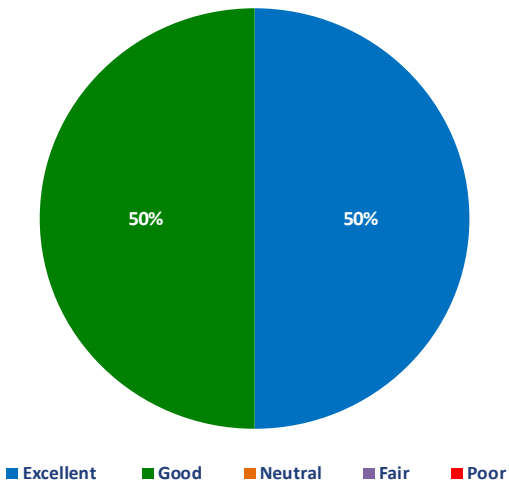
### Overview of Burns



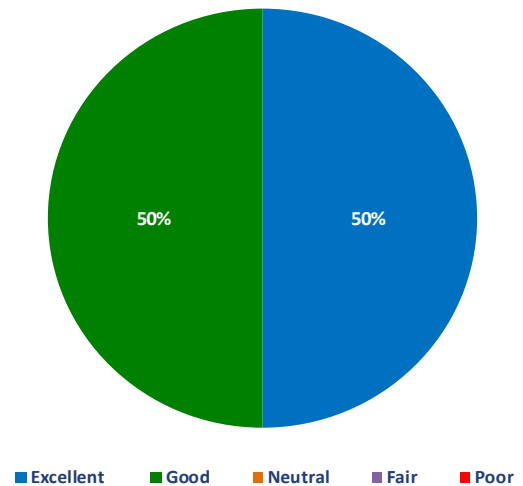
### Wound Healing and Reconstructive Surgery



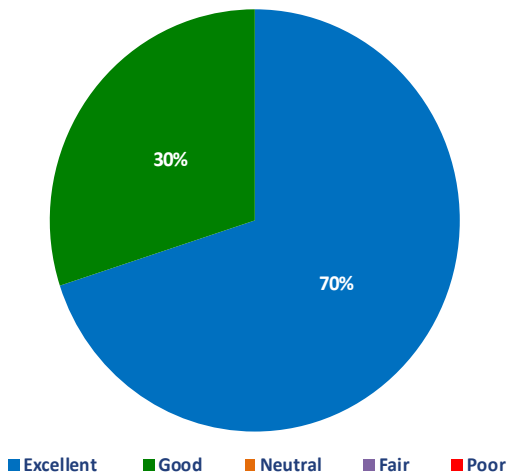
### Vascular Surgery and Bypass Procedures



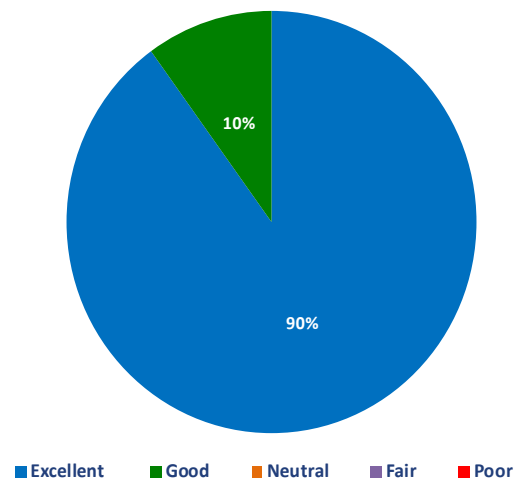
### Management of Fracture Neck of Femur



### Physiology and Pathology of Calcium Metabolism

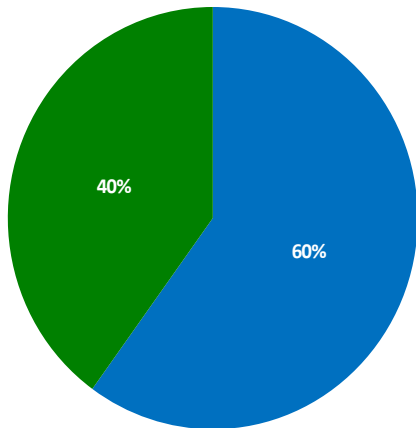


### Surgical Anatomy and Pathology of the Abdomen and Pelvis



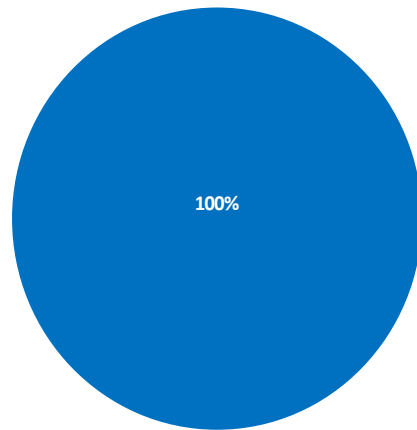
# Overall Course Feedback

Surgical Anatomy and Pathology of the Thorax and Heart



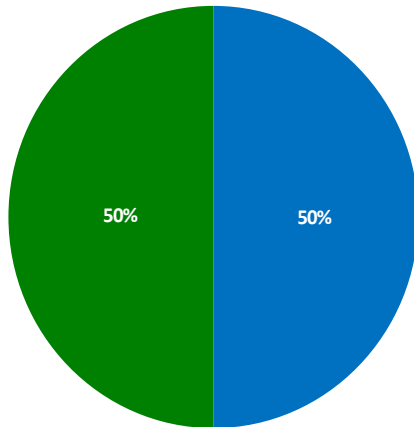
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Surgical Anatomy and Pathology of the Lower Limb



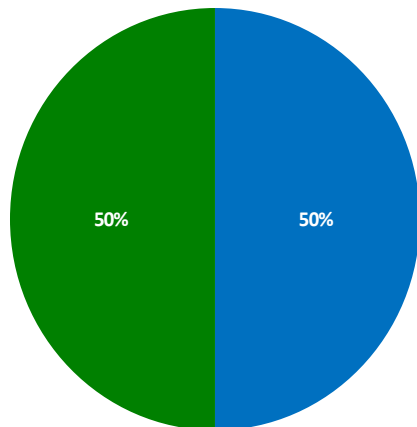
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Spinal Cord Physiology and Cord Lesions



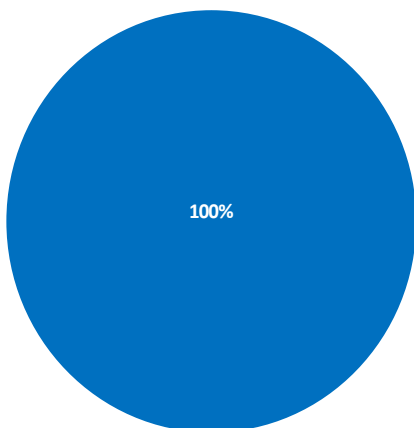
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Scrotal Swellings and Testicular Cancer



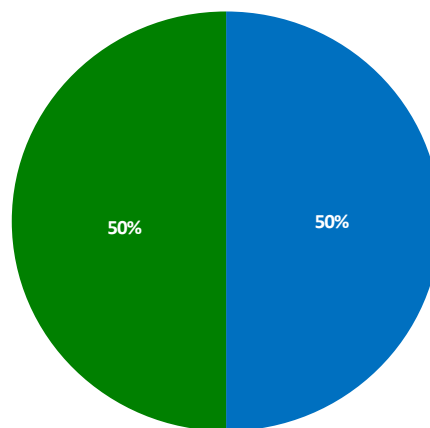
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Management of Malignant Melanoma



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

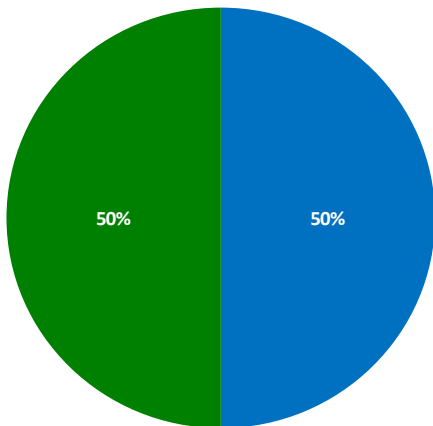
How were the facilities and venue?



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

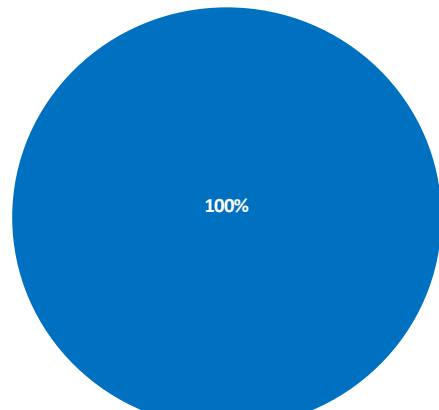
# Overall Course Feedback

How were the refreshments and lunch?



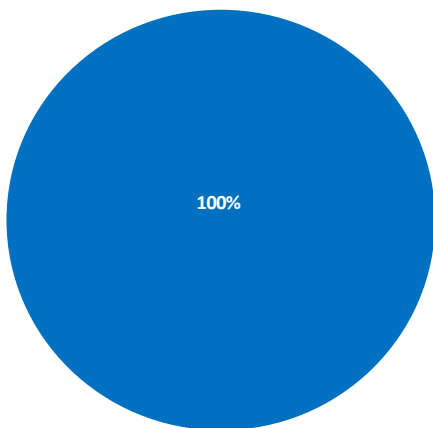
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

How was the general friendliness of the faculty and organisers?



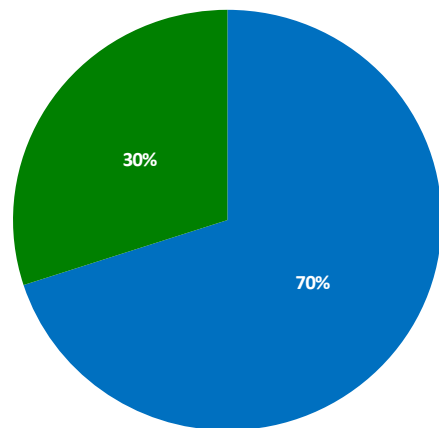
■ Very friendly ■ Friendly ■ Neutral  
■ Not very friendly ■ Can't comment

Would you recommend this course to a friend?



■ Most certainly ■ Certainly ■ Probably ■ May consider ■ Not at all

Do you think that this course provided good value for money?



■ Most certainly ■ Certainly ■ Probably ■ Unlikely ■ Not at all



## Individual Comments

It was a very comprehensive and interesting course.

**MB**

*Bahrain Defence Force Hospital, Riffa, Bahrain*

It was great.

**WO**

*Sage Surgical Clinics and Centric Air Ambulance*



# DOCTORS ACADEMY

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Doctors Academy is a UK-based International Non-Profit Organisation comprising of doctors, dentists and scientists that undertakes a diverse range of educational activities globally. The aim of the Academy is to disseminate information and exchange medical knowledge between professionals from diverse backgrounds working in a variety of healthcare settings. This is achieved by the provision of a number of attendance courses, publishing house, online resources and international events / competitions.

## Courses (a selection):

### Undergraduate:

- Final Year Medicine and Surgical Revision Courses
- Training the Clinical Anatomy Trainer
- Clinical Anatomy as Applied to Trauma and Emergency Medicine
- Surgical Anatomy of Important Operative Procedures
- Future Surgeons: Key Skills (RCSEd delivered)
- Structured Introduction to Surgical Skills

### Postgraduate:

- MRCS Part A
- MRCEM Part A
- MRCS Part B OSCE
- DOHNS: Intensive Revision & OSCE
- Intercollegiate Basic Surgical Skills (RCSEd delivered)
- MRCP PACES Part 2
- FRCS (General Surgery) Exit Exam
- Cadaveric Ultrasound-Guided Musculoskeletal Intervention Course
- Ultrasound-Assisted Botulinum Toxin Injection for Neuromuscular Disorders
- Live Advanced Laparoscopic Colorectal Course



## Forthcoming key events:

- International Medical Summer School
- International Academic and Research Conference
- World University Anatomy Challenge

## Publications



[publications.doctorsacademy.org](http://publications.doctorsacademy.org)

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## Online Revision Resources

DoctorExams consists of 1000s of questions with detailed explanations in MCQ, EMQ, SBA and SAQ formats. Questions are written by the Doctors Academy group of experienced clinicians and clinical academics, with mock exams and feedback on performance included to aid a candidate's focused revision of topics. Based on past exams, these questions are carefully crafted to suit the requirements of undergraduate students & postgraduate trainees undertaking relevant speciality exams.

### Resources for:

- Medical Students
- Dental Students
- International Entrance Exams
- MRCS Exams
- General Surgery Exams
- Plastic Surgery Exams
- DOHNS Exams

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