



**Cardiff MRCS OSCE Course:
Clinical and Procedural Skills**

Feedback - September 2019

Cardiff MRCS OSCE Course: Clinical and Procedural Skills

In the Intercollegiate MRCS OSCE Exam, the 'Clinical and Procedural Skills' component, making up about 15-20% of the total marks, will test the candidate's capacity to apply sound basic science/clinical knowledge in a practical context. The candidate's ability to perform practical tasks related to surgery that require manual dexterity, hand-eye coordination and visual/spatial awareness will be assessed. In addition, it will also test aspects such as capacity, consent, theatre safety, WHO checklist and principles of safe surgery.

This intensive hands-on practical skills course took the candidate through all the procedures that have been examined in recent years, allowing practice in realistic exam conditions and providing structured feedback for further development. Candidates were provided with their scores and had the opportunity to discuss specific practical aspects with the examiners and recent successful candidates.



Course Information

Course Date:	18th September 2019
Venue:	School of Biosciences, Cardiff University
Attendance:	30 Delegates
Aimed at:	Delegates looking to take their membership to the Royal College of Surgeons Part B exam.
Course Fee:	£185.00

Highlights:

- Practical course with a high tutor-to-participant ratio.
- Hands-on sessions with scenarios simulating the real exam, as well as individual feedback and scores.

Topics Included:

- Surgical scrubbing.
- Safe use of local anaesthesia.
- Suturing techniques.
- Knot tying at depth.
- Surgical excision of a cutaneous lesion.
- Urinary catheterisation.
- Consent and capacity.
- Cannulation and venepuncture of high-risk patients.
- Epidural technique.
- Lumbar puncture.
- Organising a theatre list.
- Appropriate radiology requesting.
- Discharge letter.
- Transfer documentation.
- Performing an FNA.
- Insertion of a chest drain.

Course Programme

0830 - 0845	Registration
0845 - 0855	Introduction to the Course and Structure of the Exam
0855 - 0915	Theatre Safety Principles, Gowning and Gloving
0915 - 0945	Handling Instruments, Suturing Techniques (simple and advanced), and Haemostatic Stitch

0945 - 1000 Break for Refreshments

1000 - 1220	Group Rotations (to include the following stations: Chest Drain Insertion; Male Urinary Catheterisation; Venepuncture of High Risk Patient; Cannulation; FNA; Knot Tying; Suturing; Excision of a Lesion; Wound Debridement; Interpretation of ABG Results)
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1220 - 1255 Lunch

1255 - 1645	Group Rotations (to include the following stations: Chest Drain Insertion; Male Urinary Catheterisation; Venepuncture of High Risk Patient; Cannulation; FNA; Knot Tying; Suturing; Excision of a Lesion; Wound Debridement; Interpretation of ABG Results)
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1645 - 1700 Break for Refreshments

1700 - 1915	OSCE Discussion (Pre-Operative Assessment; Post-Operative Management; Antibiotics; Theatre List Prioritisation; Wound Healing and Reconstruction; Local Anaesthesia; Tourniquet; Diathermy; CSF Physiology; Lumbar Puncture)
1915	Feedback and Close

Faculty

Mr Abhijeet Kumar, MBBS, MS(Orth), DNB(Orth), MNAMS, MCh, MRCS

Speciality Registrar in Trauma and Orthopaedics

Royal Gwent Hospital, Newport

Mr Ayush Singh, MBBS, MS(Orth), DNB (Orth), MRCS

Speciality Registrar in Trauma and Orthopaedics

All Wales Deanery

Mr Charles Wallace, MD, MRCS

Registrar in Trauma and Orthopaedics

Homerton University Hospital, London

Mr Chris Chalklin, MBBCh, MRCS

Speciality Registrar in General and Vascular Surgery

University Hospital of Wales, Cardiff

Mr Joseph Merola, MRCS (Eng)

Clinical Fellow in Neurosurgery

University Hospital of Wales, Cardiff

Mr Pramin Raut, MBBChir, MA(Cantab), MRCS

Speciality Trainee in Surgery

Frimley Park Hospital, Surrey

Mr Ronak Ved, MBBCh, BSc, MRCS

Registrar in Neurosurgery

University Hospital of Wales, Cardiff

Ms Sita Kotecha, MD, MRCS

Speciality Trainee in Surgery

King's Mill Hospital, Nottinghamshire

Ms Swati Bhasin, MRCS

Speciality Trainee in Surgery

Royal Wolverhampton Hospitals NHS Foundation Trust

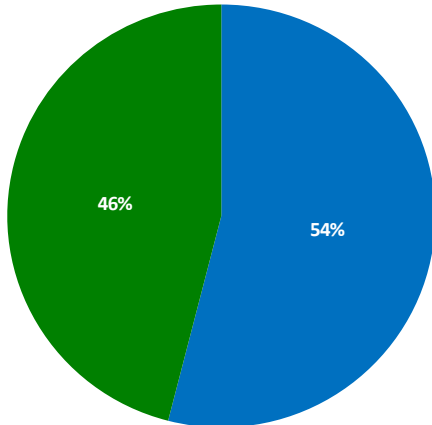
Mr Taher Faydi, BMBS, MRCS

Speciality Registrar in Vascular Surgery

University Hospitals of Leicester NHS Trust

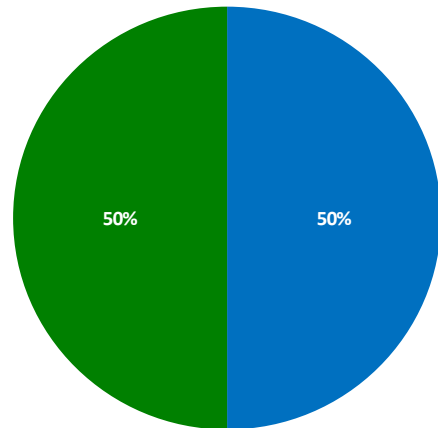
Overall Teaching Feedback

How was the clarity of the demonstrations?



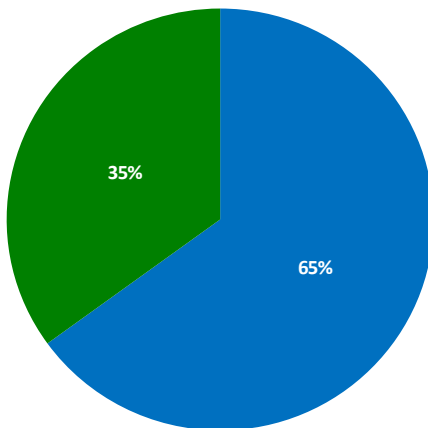
■ Excellent ■ Very good ■ Neutral ■ Fair ■ Poor

How would you rate the general academic standard of the demonstrators?



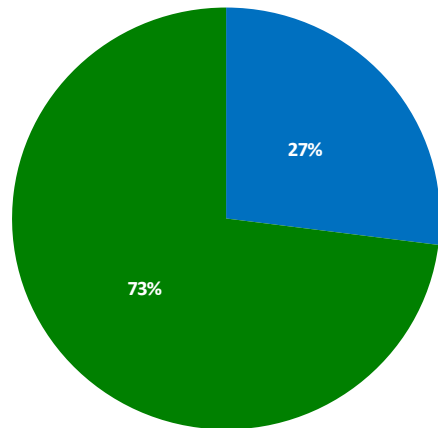
■ Excellent ■ Very good ■ Neutral ■ Fair ■ Poor

How do you rate the relevance of the course to your exam?



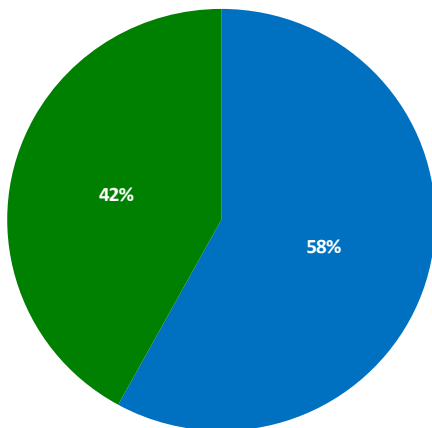
■ Excellent ■ Very good ■ Neutral ■ Fair ■ Poor

Did you get sufficient chance to practice the stations?



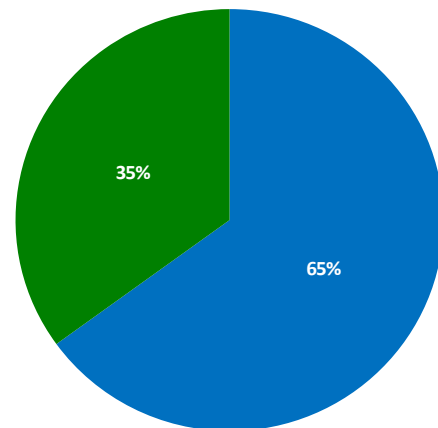
■ Yes, always ■ Yes, mostly ■ Neutral ■ Not much ■ Not at all

Sutures, Needles



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

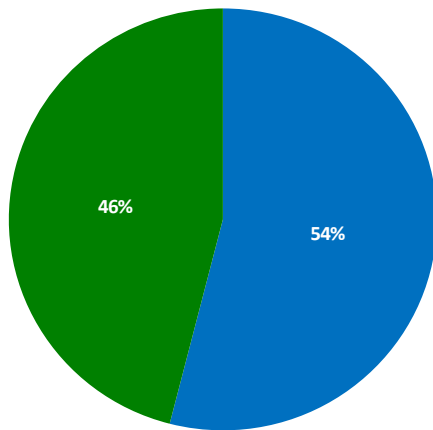
Chest Drain Insertion



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

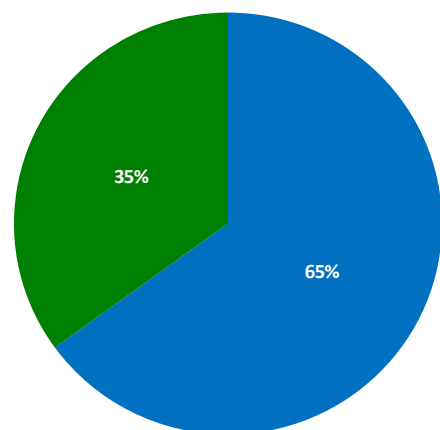
Overall Teaching Feedback

Male Urinary Catheterisation



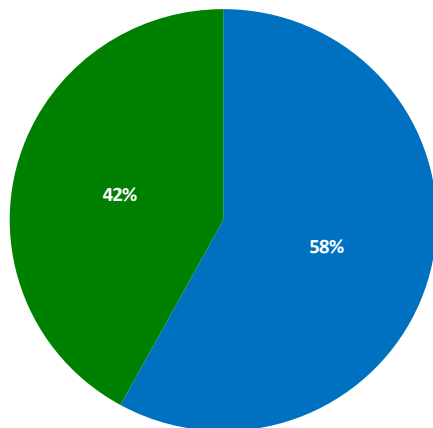
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Venepuncture of High Risk Patient



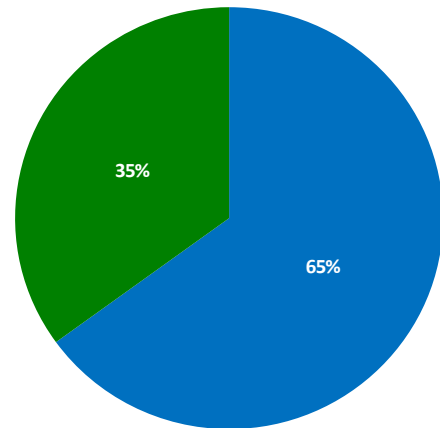
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Knot Tying



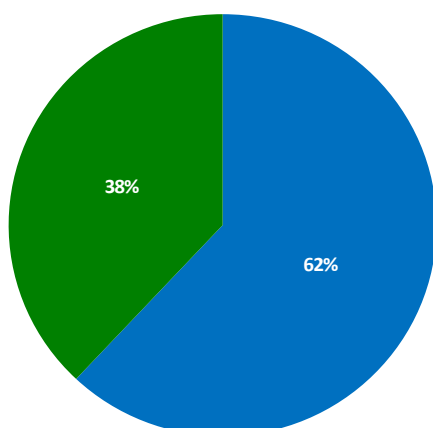
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Suturing Techniques



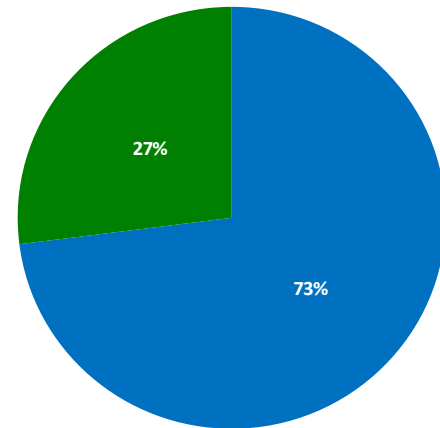
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Surgical Excision of a Naevus



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

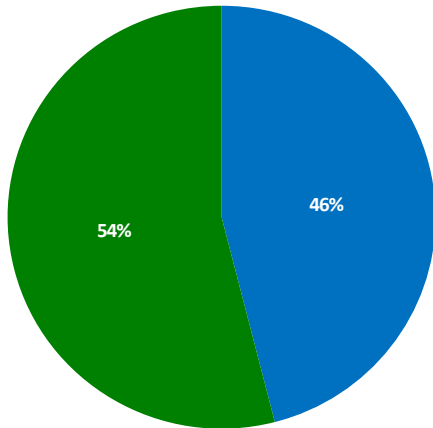
Debridement of a Contaminated Wound



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

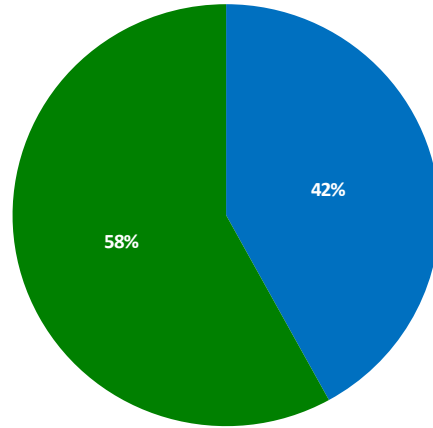
Overall Teaching Feedback

Fine Needle Aspiration Cytology



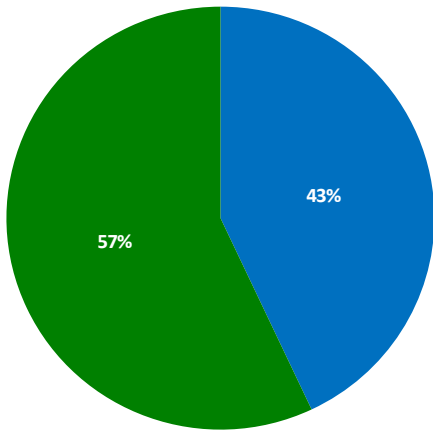
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Lumbar Puncture (Layers, Indications)



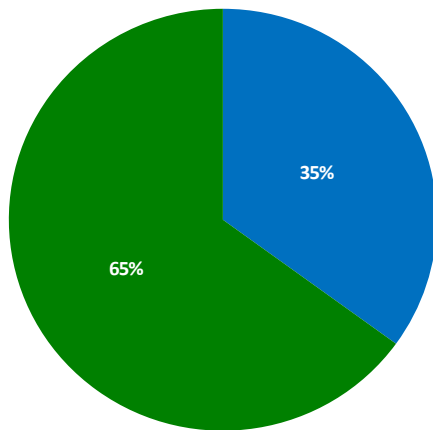
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Pre-Operative Assessment



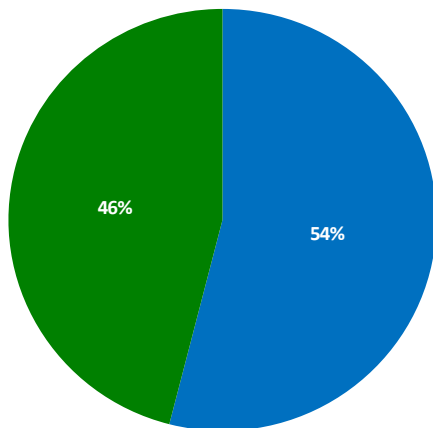
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Gowning and Gloving (Lecture/Basics)



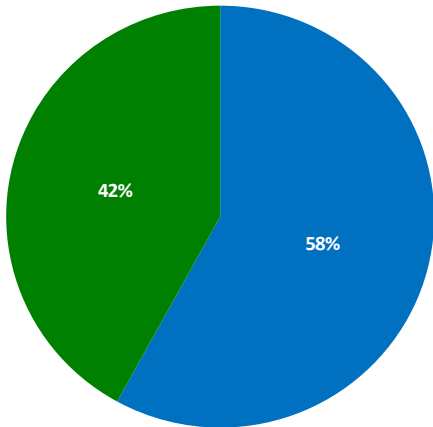
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Wound Healing and Reconstructive Surgery



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

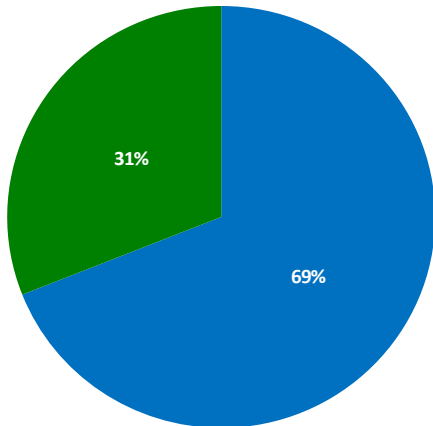
Theatre List Prioritisation



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

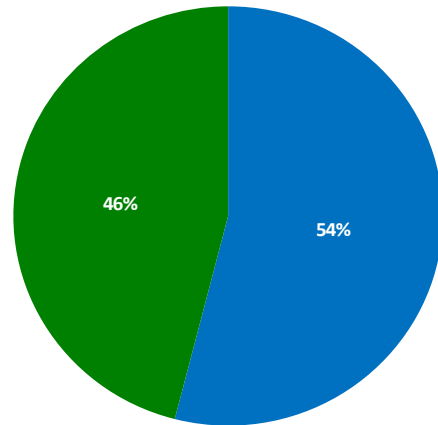
Overall Teaching Feedback

Would you recommend this course to a friend?



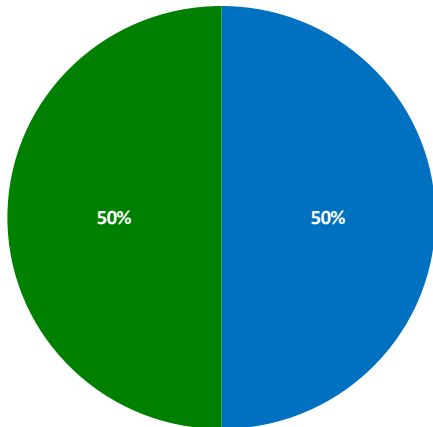
■ Most certainly ■ Certainly ■ Neutral ■ Maybe ■ Don't think so

Do you think that this course provided good value for money?



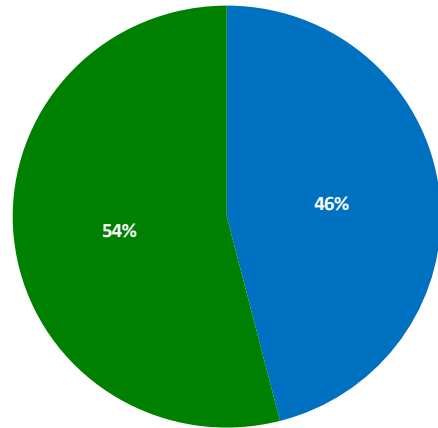
■ Most certainly ■ Certainly ■ Neutral ■ Maybe ■ Don't think so

How were the facilities and venue?



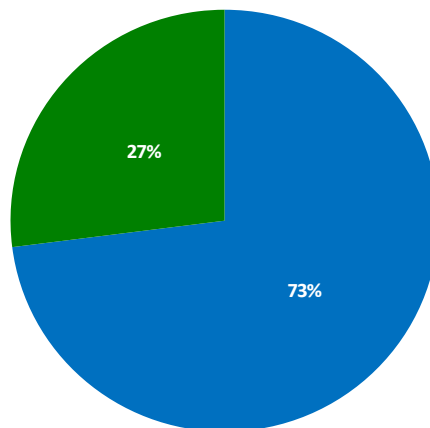
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

How were the refreshments and lunch?



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

How was the general friendliness of the faculty and organisers?



■ Very friendly ■ Friendly ■ Neutral
■ Not very friendly ■ Can't comment

Individual Comments

It was very good.

ED

South Warwickshire NHS Foundation Trust, United Kingdom

Great.

MA

Mackay Base Hospital, Queensland, Australia

It was very good.

MM

Leicester Royal Infirmary, Leicester, United Kingdom

Brilliant.

EW

Stepping Hill Hospital, Stockport, United Kingdom

It was very good.

SS

Whipps Cross University Hospital, London, United Kingdom

The content and teaching were excellent.

VK

Wrightington, Wigan and Leigh NHS Trust, United Kingdom

Excellent.

MS

Royal Preston Hospital, Preston, United Kingdom

I would 100% recommend this course. It covers the high yield areas of the exam.

WF

Daisy Hill Hospital, Newry, Northern Ireland

Good.

AT

Cambridge University Hospitals NHS Foundation Trust, United Kingdom

This was a very intense course, but it gave me an overall picture of what to expect in the exam and how much we needed to learn.

IO

Royal Glamorgan Hospital, Llantrisant, United Kingdom

Individual Comments

It was a worthwhile experience.

SS

Wrightington, Wigan and Leigh NHS Trust, United Kingdom

Great.

BY

Russells Hall Hospital, Dudley, United Kingdom

I enjoyed the course; it was a good experience before going into the exam, and it increased my confidence level.

JA

Jos University Teaching Hospital, Jos, Nigeria

The course was very good; it has the potential to be the best.

SN

Scunthorpe General Hospital, Scunthorpe, United Kingdom

This was an excellent course; I will be recommending it to my colleagues.

EC

Derriford Hospital, Plymouth, United Kingdom

Great.

MI

Royal Berkshire NHS Foundation Trust, United Kingdom

It was very good.

VA

Warwick Hospital, Warwick, United Kingdom

Great.

MN

Barts Health NHS Trust, United Kingdom

The course provided excellent preparation for the exam.

EM

Cork University Hospital, Cork, Ireland

It was very good.

ZK

John Radcliffe Hospital, Oxford, United Kingdom

Individual Comments

The content and support from the tutors were excellent. I would recommend this course to anyone applying for the MRCS Part B. It's a very solid course.

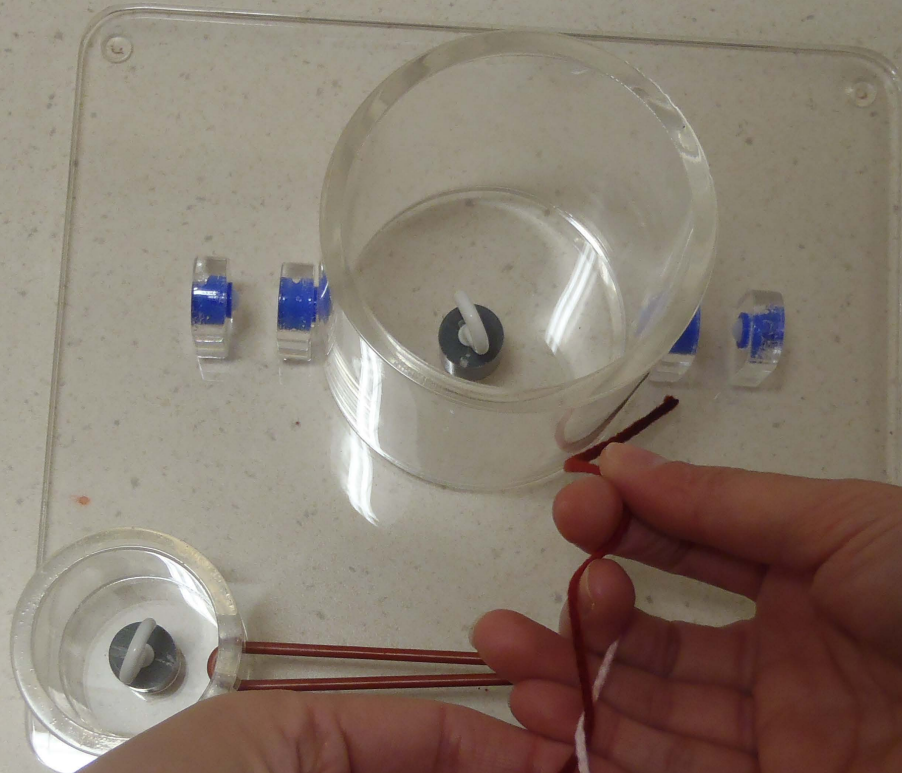
RP

Hamad Medical Corporation, Qatar

Brilliant. I think the crux of the usefulness of this course hinges on doing the preparatory work. I would suggest that this is strongly recommended to future attendees.

BA

Aberdeen Royal Infirmary, Aberdeen, United Kingdom



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