



**Cardiff MRCS OSCE Course:  
Clinical and Procedural Skills**

**Feedback - January 2020**

## Cardiff MRCS OSCE Course: Clinical and Procedural Skills

In the Intercollegiate MRCS OSCE Exam, the 'Clinical and Procedural Skills' component, making up about 15-20% of the total marks, will test the candidate's capacity to apply sound basic science/clinical knowledge in a practical context. The candidate's ability to perform practical tasks related to surgery that require manual dexterity, hand-eye coordination and visual/spatial awareness will be assessed. In addition, it will also test aspects such as capacity, consent, theatre safety, WHO checklist and principles of safe surgery.

This intensive hands-on practical skills course took the candidate through all the procedures that have been examined in recent years, allowing practice in realistic exam conditions and providing structured feedback for further development. Candidates were provided with their scores and had the opportunity to discuss specific practical aspects with the examiners and recent successful candidates.



### Course Information

<b>Course Date:</b>	<b>29<sup>th</sup> January 2020</b>
<b>Venue:</b>	<b>School of Biosciences, Cardiff University</b>
<b>Attendance:</b>	<b>32 Delegates</b>
<b>Aimed at:</b>	<b>Delegates looking to take their membership to the Royal College of Surgeons Part B exam.</b>
<b>Course Fee:</b>	<b>£185.00</b>

### Highlights:

- Practical course with a high tutor-to-participant ratio.
- Hands-on sessions with scenarios simulating the real exam, as well as individual feedback and scores.

### Topics Included:

- Surgical scrubbing.
- Safe use of local anaesthesia.
- Suturing techniques.
- Knot tying at depth.
- Surgical excision of a cutaneous lesion.
- Urinary catheterisation.
- Consent and capacity.
- Cannulation and venepuncture of high-risk patients.
- Epidural technique.
- Lumbar puncture.
- Organising a theatre list.
- Appropriate radiology requesting.
- Discharge letter.
- Transfer documentation.
- Performing an FNA.
- Insertion of a chest drain.

## Course Programme

0830 - 0845	Registration
0845 - 0855	Introduction to the Course and Structure of the Exam
0855 - 0915	Theatre Safety Principles, Gowning and Gloving
0915 - 0945	Handling Instruments, Suturing Techniques (simple and advanced), and Haemostatic Stitch

### 0945 - 1000 Break for Refreshments

1000 - 1220	Group Rotations (to include the following stations: Chest Drain Insertion; Male Urinary Catheterisation; Venepuncture of High Risk Patient; Cannulation; FNA; Knot Tying; Suturing; Excision of a Lesion; Wound Debridement; Interpretation of ABG Results)
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### 1220 - 1255 Lunch

1255 - 1645	Group Rotations (to include the following stations: Chest Drain Insertion; Male Urinary Catheterisation; Venepuncture of High Risk Patient; Cannulation; FNA; Knot Tying; Suturing; Excision of a Lesion; Wound Debridement; Interpretation of ABG Results)
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### 1645 - 1700 Break for Refreshments

1700 - 1915	OSCE Discussion (Pre-Operative Assessment; Post-Operative Management; Antibiotics; Theatre List Prioritisation; Wound Healing and Reconstruction; Local Anaesthesia; Tourniquet; Diathermy; CSF Physiology; Lumbar Puncture)
1915	Feedback and Close

## Faculty

**Mr Conor Keogh, MBBCh BAO, MSc, MRCS**

Clinical Research Fellow in Neurosurgery  
University of Oxford

**Miss Cristina Cernei, MBBCh, MRCS**

Speciality Trainee in Surgery  
Oxford University Hospitals NHS Foundation Trust

**Mr Jaroslav Roszpopa, MD, PhD, MRCS (Eng)**

Clinical Fellow in Plastic Surgery  
Addenbrooke's Hospital, Cambridge

**Mr Ronak Ved, MBBCh, BSc, MRCS**

Registrar in Neurosurgery  
University Hospital of Wales, Cardiff

**Mr Sasan Dehbozorgi, BSc (Hons), MBBS, MRCS (Eng)**

Speciality Trainee in Orthopaedic Surgery  
Nevill Hall Hospital, Abergavenny

**Miss Swati Bhasin, MRCS**

Speciality Trainee in Surgery  
Royal Wolverhampton Hospitals NHS Foundation Trust

**Mr Tim Collins, BDS, MJDFRCS, MBChB, DTM&H, MRCS**

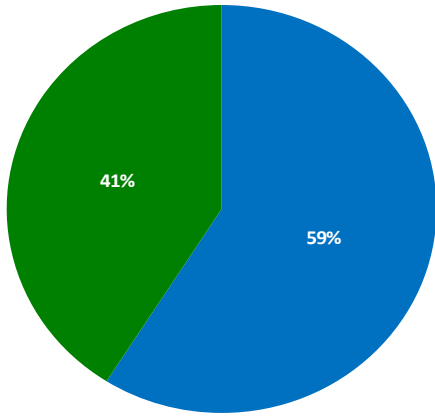
Speciality Trainee in Maxillofacial Surgery  
All Wales Deanery

**Mr Umair Aslam, MRCS, FRCS**

Senior Registrar in Cardiothoracic Surgery  
Morrison Hospital, Swansea

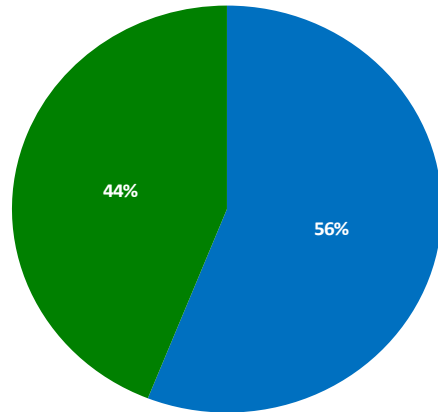
# Overall Teaching Feedback

How was the clarity of the demonstrations?



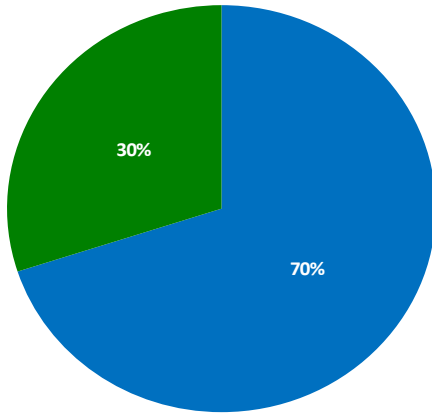
■ Excellent ■ Very good ■ Neutral ■ Fair ■ Poor

How would you rate the general academic standard of the demonstrators?



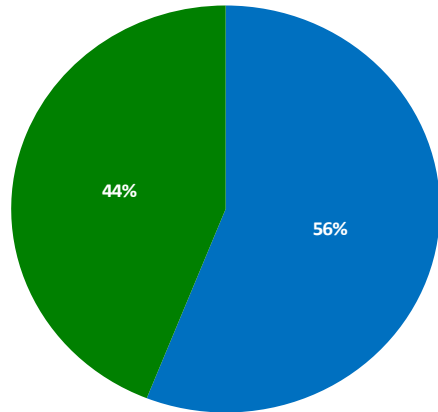
■ Excellent ■ Very good ■ Neutral ■ Fair ■ Poor

How do you rate the relevance of the course to your exam?



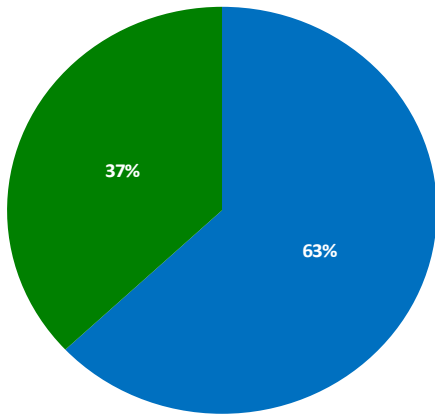
■ Excellent ■ Very good ■ Neutral ■ Fair ■ Poor

Did you get sufficient chance to practice the stations?



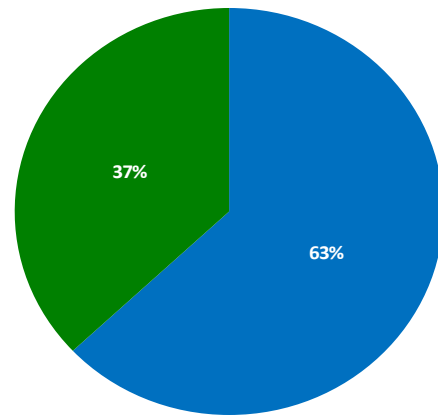
■ Yes, always ■ Yes, mostly ■ Neutral ■ Not much ■ Not at all

Suturing Techniques



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

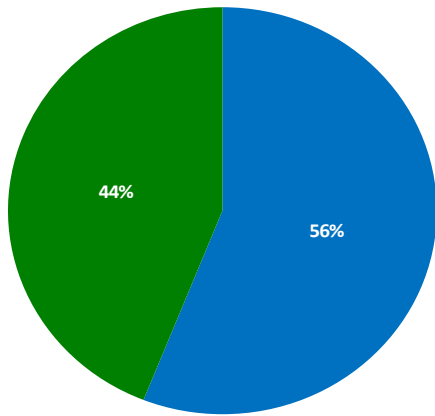
Excision of a Lesion



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

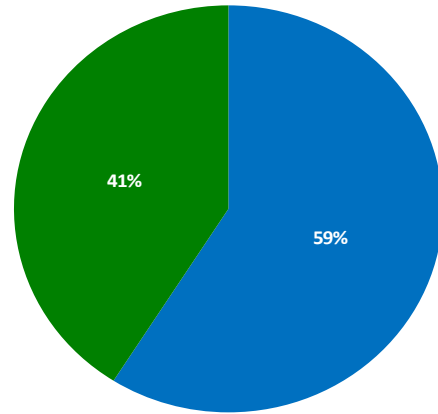
# Overall Teaching Feedback

Chest Drain Insertion



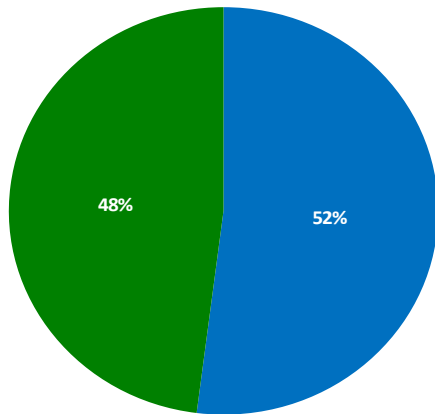
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Knot-Tying



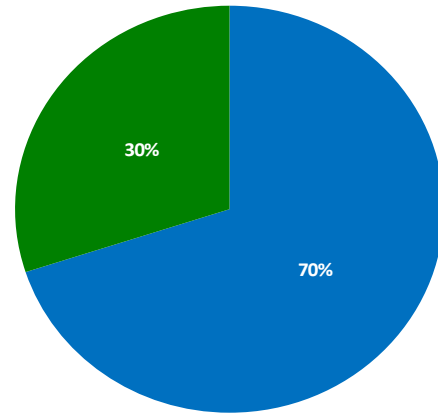
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Debridement of a Contaminated Wound



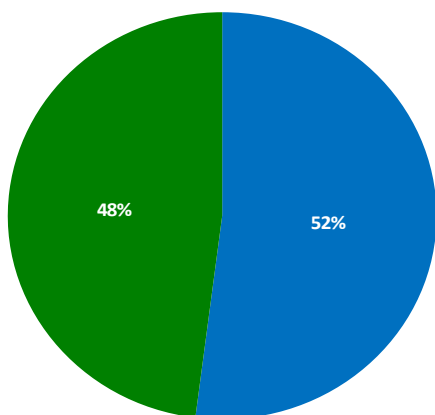
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Fine Needle Aspiration Cytology



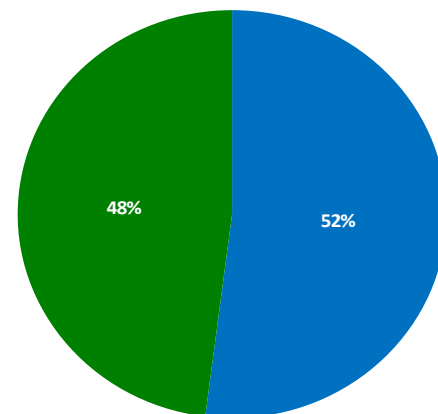
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Lumbar Puncture (Discussion)



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

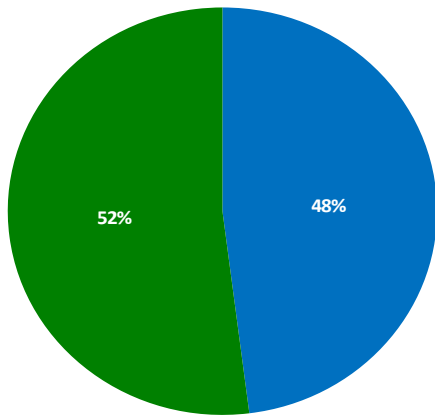
Venepuncture of High Risk Patient



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

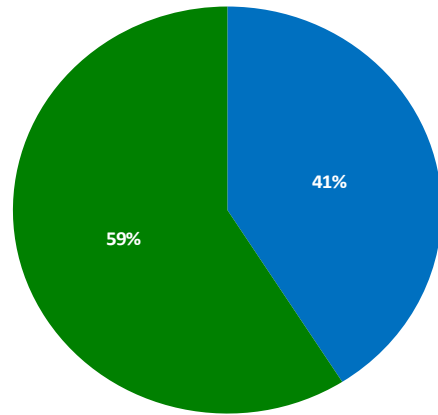
# Overall Teaching Feedback

Arterial Blood Gas Interpretation



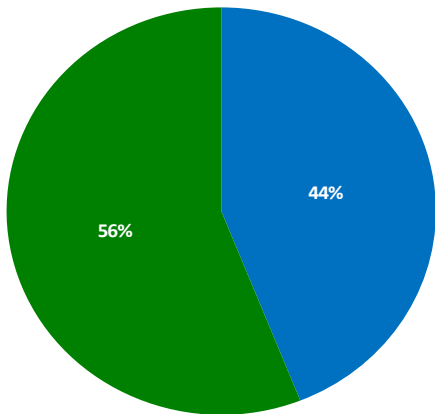
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Male Urinary Catheterisation



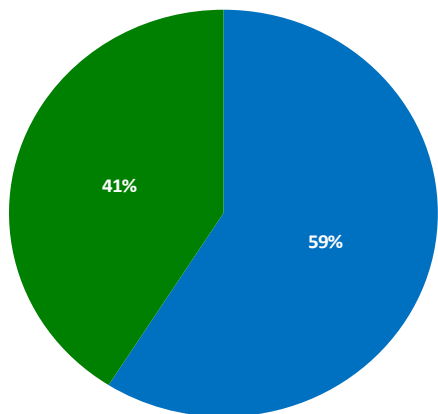
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Pelvic Trauma (Discussion)



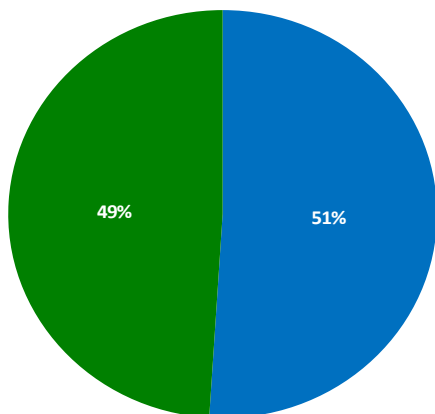
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Sutures and Needles (Lecture/Basics)



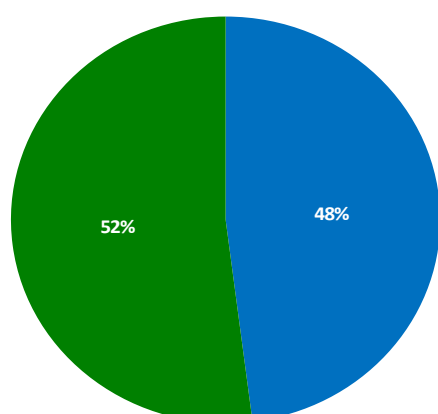
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Pre-Operative Assessment (Lecture/Basics)



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

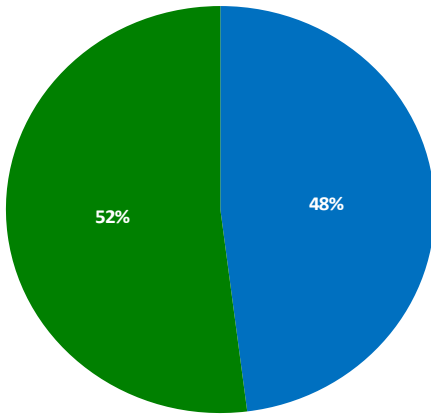
Wound Healing and Reconstructive Surgery (Lecture/Basics)



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

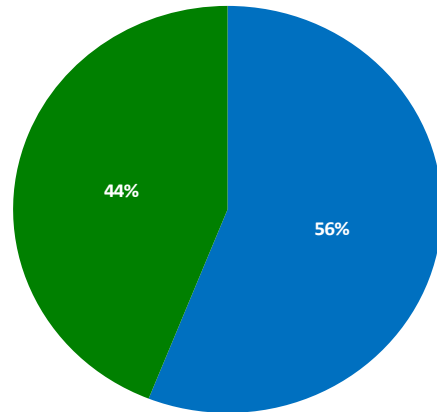
# Overall Teaching Feedback

Theatre List Prioritisation (Lecture/Basics)



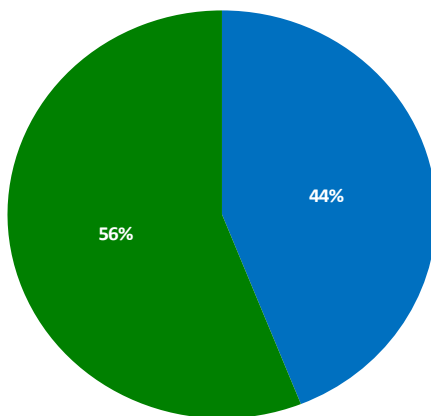
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Would you recommend this course to a friend?



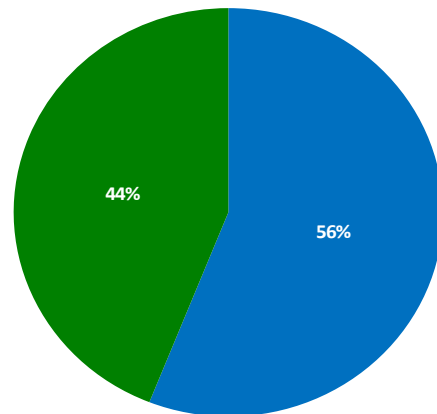
■ Most certainly ■ Certainly ■ Neutral ■ Maybe ■ Don't think so

Do you think that this course provided good value for money?



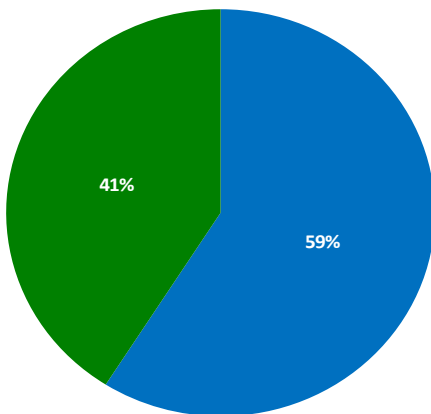
■ Most certainly ■ Certainly ■ Neutral ■ Maybe ■ Don't think so

How were the facilities and venue?



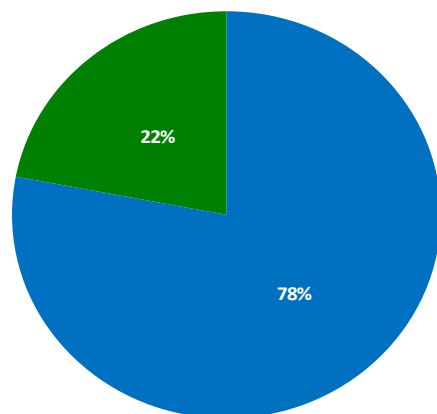
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

How were the refreshments and lunch?



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

How was the general friendliness of the faculty and organisers?



■ Very friendly ■ Friendly ■ Neutral ■ Not very friendly ■ Can't comment



## Individual Comments

Excellent.

**MK**

*Northern Lincolnshire and Goole NHS Foundation Trust, United Kingdom*

This was an excellent course. It was very intensive, but it was worth it.

**AR**

*Western Sussex Hospitals NHS Foundation Trust, United Kingdom*

Excellent.

**DM**

*Beaumont Hospital, Dublin, Republic of Ireland*

It was good and worth it.

**NH**

*University Hospitals Coventry and Warwickshire NHS Trust, United Kingdom*

It was great.

**JF**

*Buckinghamshire Hospitals NHS Trust, United Kingdom*

It was excellent. It provided me with the chance to do focused revision for the course. In addition, it inspired me to become involved in the teaching of surgery when I return to my native country later this year.

**TA**

*North Cumbria University Hospitals NHS Trust, United Kingdom*

The course was generally very helpful.

**JV**

*Leicester General Hospital, Leicester, United Kingdom*

This was a very good course to consolidate learning and understanding.

**MA**

*North Middlesex University Hospital NHS Trust, United Kingdom*

Fantastic!

**SB**

*Churchill Hospital, Headington, United Kingdom*

## Individual Comments

Good.

**SS**

*South Tees Hospitals NHS Trust, United Kingdom*

It was very positive.

**SL**

*Southmead Hospital, Bristol, United Kingdom*

This was an excellent, intensive course.

**MM**

*John Radcliffe Hospital, Oxford, United Kingdom*

This course provided beneficial revision for the upcoming MRCS exam.

**KG**

*Southmead Hospital, Bristol, United Kingdom*

This was a great experience.

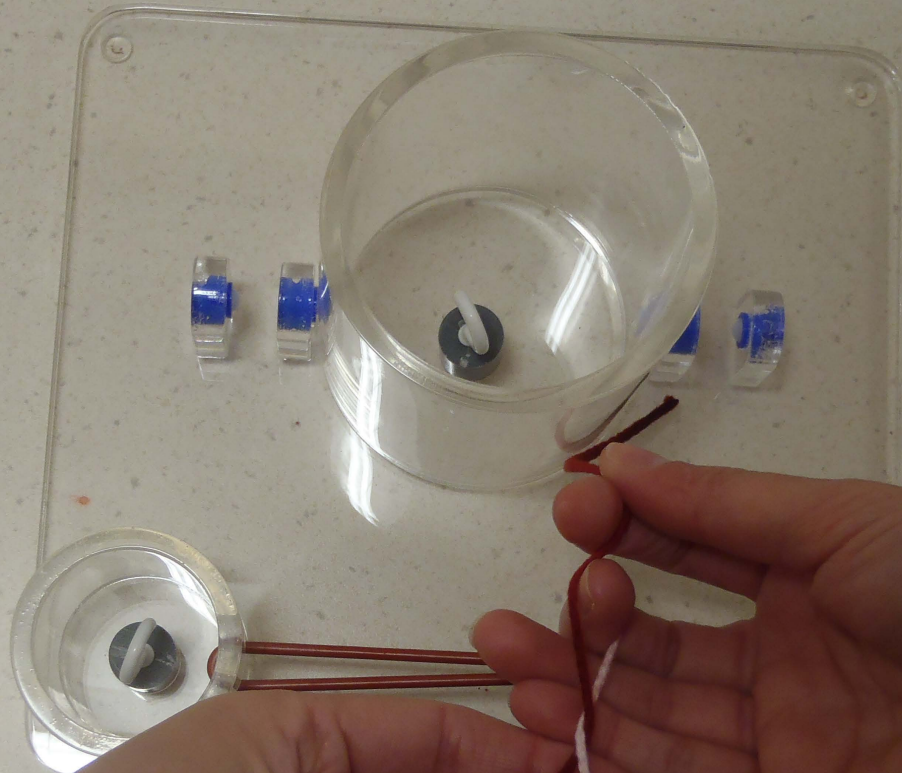
**KE**

*Worthing Hospital, Worthing, United Kingdom*

This was an excellent course – it was very helpful for MRCS preparation.

**AK**

*North Manchester General Hospital, Manchester, United Kingdom*



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