

## Essential Principles and Skills In Orthopaedic Surgery (EPSOS)



Feedback - June 2021

## Essential Principles and Skills In Orthopaedic Surgery (EPSOS)

This one-day practical course allowed trainees to develop competence and confidence to perform procedures commonly carried out in orthopaedic clinics, on orthopaedic wards, in the operating theatre and in the A&E department. The course, with a high-tutor-to-delegate ratio, demonstrated the surgical principles of managing compartment syndrome, closed reduction of common fractures and dislocations, application of skeletal and skin tractions, pelvic fracture management and application of pelvic binder, spinal immobilisation, plastering and back slab techniques, joint aspiration and injections, management of open fractures and application of external fixator, and internal fixation including lag screws and dynamic compression plates (DCPs).

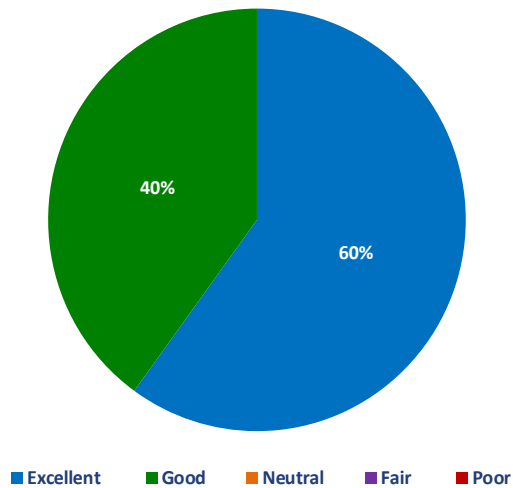
### Course Information

<b>Venue:</b>	<b>College of Physicians and Surgeons of Cardiff, Doctors Academy Educational Centre, Cardiff</b>
<b>Dates:</b>	<b>25<sup>th</sup> June 2021</b>
<b>Attendance:</b>	<b>12 Delegates</b>
<b>Aimed at:</b>	<b>Foundation Year 2 Doctors interested in orthopaedic surgery. Core Surgical Trainees (CT1; CT2; CT3) with an interest in orthopaedic surgery. Orthopaedic-Themed Core (CT1; CT2; CT3) or Speciality Surgical (ST1; ST2) Trainees. Trust Grade and Staff Grade Doctors working in orthopaedic surgery.</b>
<b>Course Fee :</b>	<b>£195.00</b>

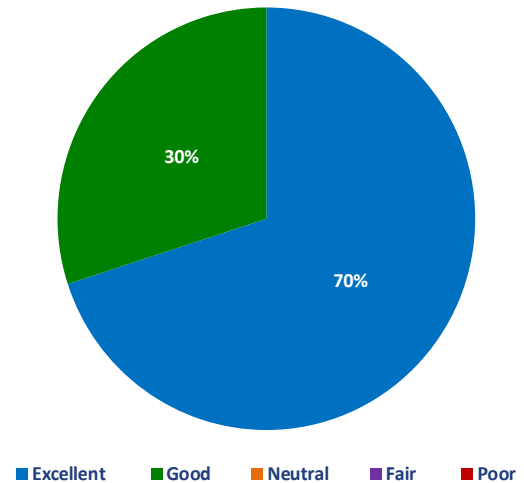


## Overall Feedback

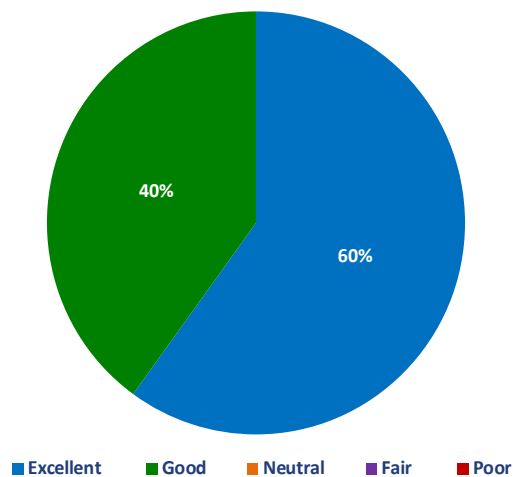
How was the content of the course?



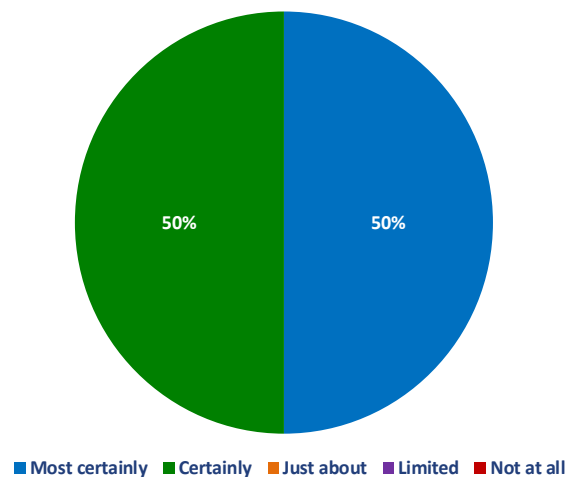
How would you rate the general academic standard of the tutors?



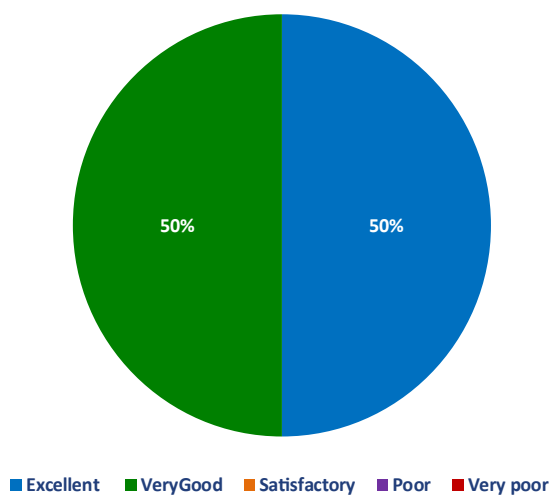
How was the clarity of the demonstrations?



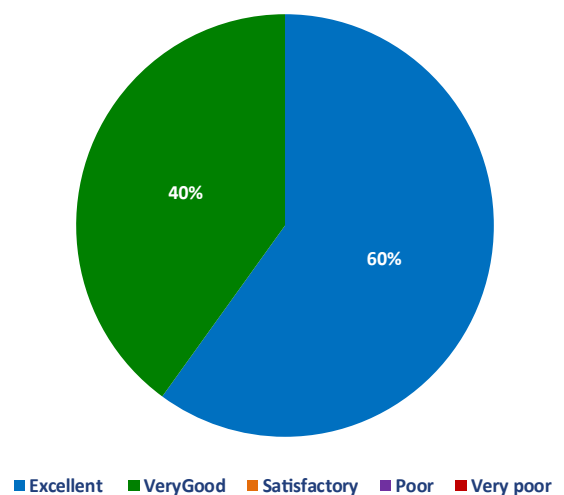
Did the course meet your learning objectives?



Closed Reduction Techniques

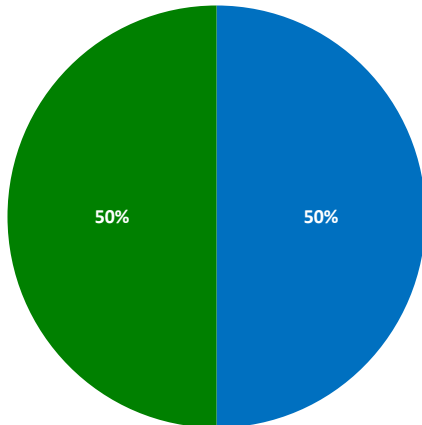


Open Reduction and Internal Fixation



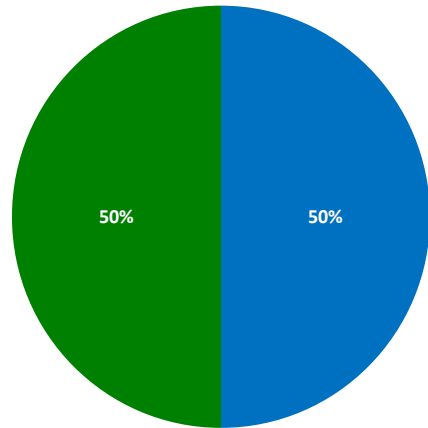
## Overall Feedback

Stabilisation of Femur Fracture with Thomas Splint



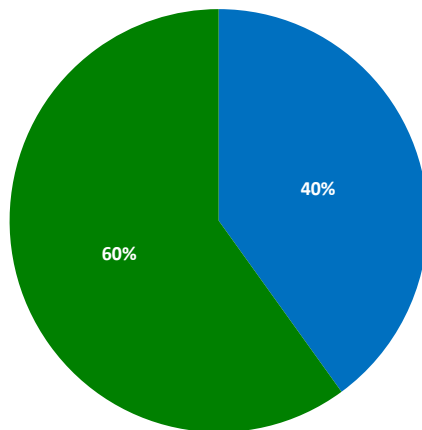
■ Excellent ■ Very Good ■ Satisfactory ■ Poor ■ Very poor

PoP Application Techniques



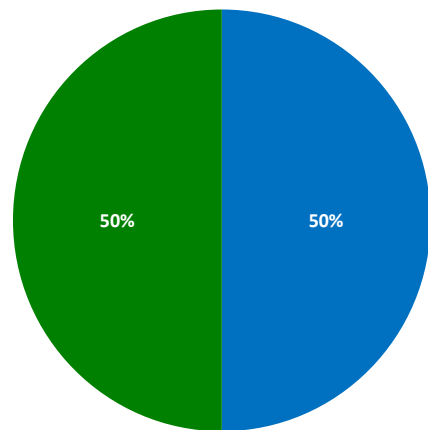
■ Excellent ■ Very Good ■ Satisfactory ■ Poor ■ Very poor

Joint Injections



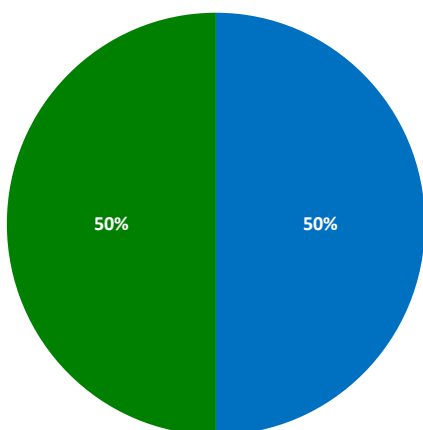
■ Excellent ■ Very Good ■ Satisfactory ■ Poor ■ Very poor

External Fixation



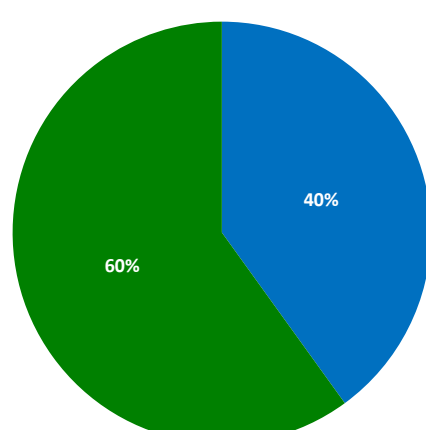
■ Excellent ■ Very Good ■ Satisfactory ■ Poor ■ Very poor

Fasciotomy for Release of Compartments



■ Excellent ■ Very Good ■ Satisfactory ■ Poor ■ Very poor

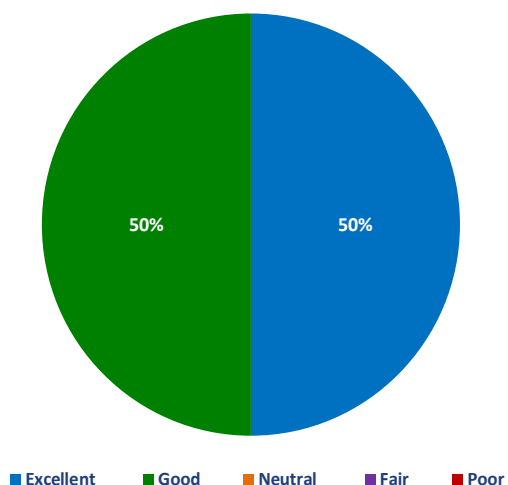
Application of Pelvic Binder



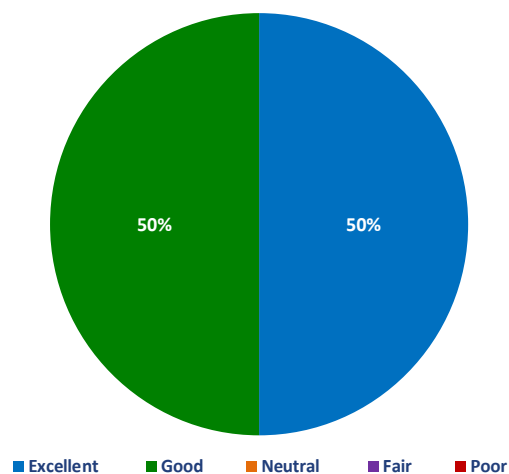
■ Excellent ■ Very Good ■ Satisfactory ■ Poor ■ Very poor

## Overall Feedback

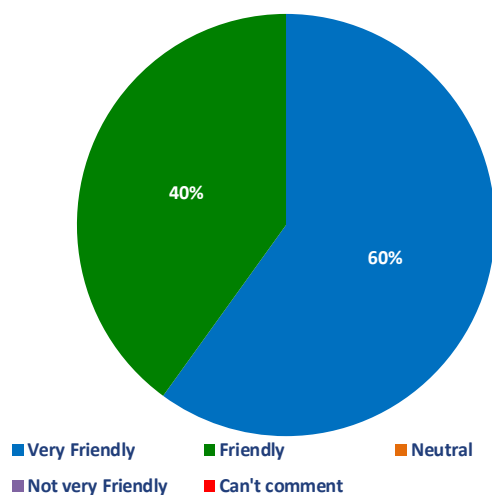
How were the facilities and venue?



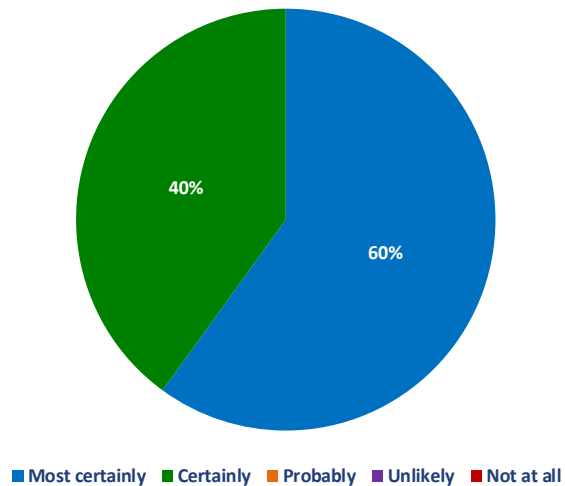
How were the refreshments and lunch?



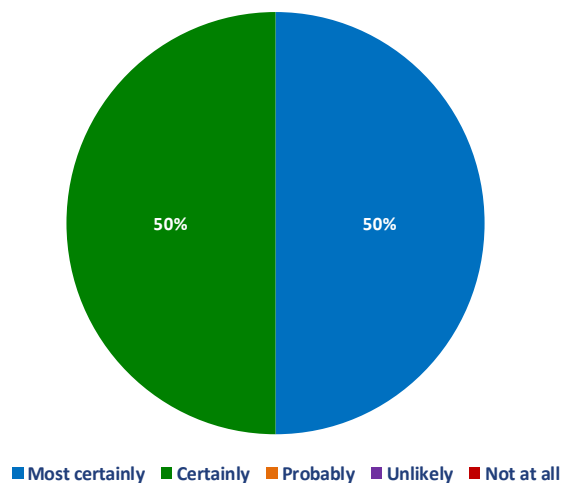
How was the general friendliness of the faculty and organisers?



Would you recommend this course to a friend?



Do you think that this course provided good value for money?



## Individual Comments

Enjoyed the practical elements and hands on experience of doing most procedures.

**OA**

***Warrington and Halton NHS Foundation Trust, United Kingdom***

Excellent course, relevant to anyone who wants to do orthopaedics! Thank you!

**HL**

***Macclesfield Hospital, Cheshire***

Good.

**AF**

***Ulster Hospital, Dundonald***

Really appreciated having so much hands on and less focus on theory. The instructors were all very passionate and approachable. Very good course thank you so much!

**KM**

***Stockport NHS Foundation Trust, United Kingdom***

Good delegate-to-tutor ratio. Good amount of knowledge taught in a short period of time. Not overwhelming.

**JK**

***Royal Wolverhampton Hospitals NHS Trust, United Kingdom***





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### Undergraduate:

- Final Year Medicine and Surgical Revision Courses
- Training the Clinical Anatomy Trainer
- Clinical Anatomy as Applied to Trauma and Emergency Medicine
- Surgical Anatomy of Important Operative Procedures
- Future Surgeons: Key Skills (RCSEd delivered)
- Structured Introduction to Surgical Skills

### Postgraduate:

- MRCS Part A
- MRCEM Part A
- MRCS Part B OSCE
- DOHNS: Intensive Revision & OSCE
- Intercollegiate Basic Surgical Skills (RCSEd delivered)
- MRCP PACES Part 2
- FRCS (General Surgery) Exit Exam
- Cadaveric Ultrasound-Guided Musculoskeletal Intervention Course
- Ultrasound-Assisted Botulinum Toxin Injection for Neuromuscular Disorders
- Live Advanced Laparoscopic Colorectal Course



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