

Final Preparation for MRCS A

6th January 2018 (Saturday)
School of Biosciences, Cardiff University

KINDLY READ THE MAIL IN FULL SINCE IT CONTAINS IMPORTANT INFORMATION.

Dear Candidate,

Re: Final Preparation for MRCS Part A – 6th January 2018 (Saturday)

Thank you for choosing to attend this course. May we take this opportunity to kindly welcome you to the course and to the School of Biosciences, Cardiff University.

This mail is to inform you of the directions to the venue, the programme and the format for the day.

I. GENERAL AND REPORTING INFORMATION

Date: 6th January 2018

Registration: 0815 – 0830 hours

Start of course: 0830 hours

End of course: 1900 hours

Venue:

Address:

Sir Martin Evans Building

School of Biosciences 2

Park Place

Cardiff University

CF10 3AX

Wales

United Kingdom

Directions:

- For general directions to reach Cardiff University, please click on the link below:
<http://www.cardiff.ac.uk/locations/directions/index.html>
- To reach the course venue: Please click on this link and look for directions to the 'Sir Martin Evans Building':
<http://www.cardiff.ac.uk/locations/locationsaz/index.html#biomedical>
- To view the venue on an university map, please click on this link and look for number '35':
<http://www.cardiff.ac.uk/locations/maps/index.html>
- To view in Google map:
https://maps.google.co.uk/maps?q=sir+martin+evans+building+google+map&ie=UTF-8&ei=0vhuUbnGE8TI4ATR9YHQDw&ved=0CAsQ_AUoAg

Parking:

Free parking is available in the car park outside the Main Building of the University.

Sat Nav Post code: **CF10 3AT**

<https://www.google.co.uk/maps/preview#!data=!1m4!1m3!1d21!2d-3.1786544!3d51.4877441!4m35!3m16!1m0!1m5!1sMain+Bldg%2C+Park+Pl%2C+Cardiff+University%2C+Cardiff+CF10+3AT!2s0x486e1cbc8230aa57%3A0x54af9e2e65a7caa1!3m2!3d51.4875389!4d-3.1793292!3m8!1m3!1d21!2d-3.1786544!3d51.4877441!3m2!1i1270!2i653!4f13.1!5m15!2m14!1m13!1s0x486e1cbc8230aa57%3A0x54af9e2e65a7caa1!2sMain+Building!3m8!1m3!1d21!2d-3.1786544!3d51.4877441!3m2!1i1270!2i653!4f13.1!5e6!7b1!7m1!3b1&fid=0>

Start Time: The course will start at 0830. Please be prompt as the course will start on time. To ensure that you are fresh for the day, you may consider staying overnight in Cardiff.

Finish Time: The course will finish at 1900 hrs. If you are planning to book a train or coach, please book from approximately 1930 hrs onwards (the journey by taxi from Cardiff University to Cardiff Central train/coach station will take approximately 15 minutes).

Where to Report: Please enter the Sir Martin Evans Building, School of Biosciences, Cardiff University and report to main reception.

II. PROGRAMME AND CONTENTS

The final programme will be very much in line with the one that has been placed online. This will be given to you on the day. Kindly follow this link to view the programme online:

https://doctorsacademy.org/CourseNw/FPMRA/PGMS17_13.pdf

Due to the interactive nature of the course, there is always the possibility of a session over-running and thus some flexibility may be necessary within the programme. However, due to the emphasis on covering the maximum range of topics within the syllabus, we will adhere to a strict time-schedule. We will endeavour to observe the session times (i.e., morning and afternoon) and hence all breaks, and start and finish times will be followed as per the programme.

III. WHAT TO PREPARE?

As you will appreciate from the programme, the course will be intense and exhausting. Please follow this link to access the pre-course presentations if you have not previously attended the two-day course:

http://www.courses.doctorsacademy.org/Number_Validation.aspx

In addition, you will have already received information on accessing the online questions from www.doctorexams.co.uk. Kindly go through as many questions as possible prior to the course.

IV. DRESS CODE

The dress code for this event is professional/semi-formal. Kindly refrain from wearing shorts of any kind, hoodies and flip-flops.

V. BREAKS FOR REFRESHMENTS AND LUNCH

There will be 20-minute refreshment break in the morning and afternoon sessions, and a 40-minute lunch break. During the refreshment break, you will be provided with tea, coffee and biscuits. Vegetarian, non-vegetarian and halal food will be available.

VI. DIETARY REQUIREMENTS/ALLERGIES

Kindly inform us as soon as possible if you have any specific dietary requirements (e.g., vegetarian, vegan, kosher, halal) or allergies (e.g., nuts, gluten, dairy).

Accommodation:

If you have not already booked your accommodation, you may consider the options below. The venue where the course is held is very close to the city centre. The University is about 6-8 min walk from the city centre. Cardiff Bay is quite far from the venue and we would hence suggest you not to book your accommodation in Cardiff Bay (unless you wish to stay there due to other reasons). We recommend a few accommodations nearby:

1. The cheapest option might be:

Travel lodge in City Centre, Cardiff:

<http://www.travelodge.co.uk/hotels/81/Cardiff-Central-hotel>

Travel Lodge in Whitchurch, Cardiff:

<http://www.travelodge.co.uk/hotels/450/Cardiff-Whitchurch-hotel>

Both the travel lodges are quite close by. However, the one in city centre can be busy during the evenings/night and you may get disturbed. Thus the one in Whitchurch might be better. It will cost about £7-£8 by cab to the University.

2. There is a Holiday Inn as well that is not too far from the venue:

<http://www.holidayinn.com/hotels/us/en/cardiff/cdfcy/hoteldetail>

3. A more exquisite but pricier hotel is as below:

Mercure Cardiff Centre Hotel
Wharf Road East
Tyndall Street
Cardiff
CF10 4BB

This hotel is a short cab drive to the university.

What you need to bring with you:

1. A printed or electronic copy of the email you have received from us regarding your confirmation of place (with your name). This will be required for the registration team to tally the numbers and allow entry to the course venue.

2. Your hospital/employer or any valid identification badge.

Last but not the least, we strongly suggest that you are well rested and fresh for the course since the day can be very intense and if you are tired it will compromise on your learning ability.

Please do not hesitate to contact us at info@doctorsacademy.org.uk if you have any further queries in the interim. Alternatively, you can contact us at 02920 616 765.

If you have any issues on the day of the course, do not hesitate to contact us on **+44 (0) 75 3426 0131**.

We look forward to seeing you at the course.

With very best wishes,

Course Faculty
MRCS Courses
Doctors Academy