

The Royal College of Surgeons of Edinburgh Future Surgeons: Key Skills

26th March 2022

Edgbaston Park Hotel and Conference Centre,
Birmingham

Programme

0830	Registration
0840	Introduction and Essential Principles of Surgery
0900	Gowning and Gloving
0930	Handling Instruments
1000	Knot-Tying (1) <ul style="list-style-type: none">• Reef Knot• Instrument Tie

1045 - 1105

Refreshment Break

1110	Knot-Tying (2) <ul style="list-style-type: none">• Surgeon's Knot• Tying at Depth
1150	Excision of a lesion and simple suturing: <ul style="list-style-type: none">• Mounting a scalpel• Needle handling and positioning• Needle manipulation• Excision of a lesion• Simple interrupted sutures• Vertical mattress sutures• Horizontal mattress sutures• Removal of sutures

1300 - 1335

Lunch Break

1340	Further suturing techniques: <ul style="list-style-type: none">• Continuous suturing• Subcuticular suturing
1410	<ul style="list-style-type: none">• Local anaesthesia technique• Excision of a cyst• Drainage of an abscess• Wound debridement
1515	Diathermy - Theory and Demonstration
1545	Laparoscopy Skills <ul style="list-style-type: none">• Hand-Eye Co-Ordination• Polo Mints Exercise• Sugar Cubes Exercise
1645	Question and Answer Session
1700	Feedback and Close