

# Future Surgeons: Key Skills

(For Medical Students and Foundation Year Trainees)

**25<sup>th</sup> November 2017 (Saturday)**  
**Clinical Skills Centre, Arrowe Park Hospital, Wirral, Liverpool**

Dear Colleague,

Thank you for choosing to attend this event.

This mail is to inform you of the programme and format for the day.

**Date: 25<sup>th</sup> November 2017 (Saturday)**

**Venue: Clinical Skills Centre, Arrowe Park Hospital, Wirral, Liverpool**

**Address: Arrowe Park Hospital, Arrowe Park Road, Wirral, Merseyside, CH49 5PE, United Kingdom**

**Telephone: 0151 678 5111**

**Directions:**

Please click on this link to view the hospital in Google maps -

[https://www.google.co.uk/maps/place/arrowe+park+hospital/@53.3718638,-3.0948622,15z/data=!4m2!3m1!1s0x0:0xdc3d73bab95a4b4?sa=X&ved=0CHoQ\\_BlwDGoVChMlh526gJKXyQIVzLkUCh3t3AoT](https://www.google.co.uk/maps/place/arrowe+park+hospital/@53.3718638,-3.0948622,15z/data=!4m2!3m1!1s0x0:0xdc3d73bab95a4b4?sa=X&ved=0CHoQ_BlwDGoVChMlh526gJKXyQIVzLkUCh3t3AoT)

Please click on this link for more specific travel information and parking:

<http://www.wuth.nhs.uk/patients-and-visitors/hospitals/arrowe-park-hospital/getting-here/>

**Start of registrations:** 0830 hrs

**Start of introductions and course:** 0845 hrs prompt

**End of course:** 1645 hrs

**Course format/content:**

This day is a structured programme of learning basic surgical skills and techniques. Delivered using a series of tutor demonstrations and hands-on sessions on animal tissue, the course will introduce to you the safe basic surgical techniques that are common to all surgical practices.

On completion of the course, you should be able to: Demonstrate safe practice when gowning and gloving; Handle commonly used surgical instruments in a safe and effective manner; Create secure 'Reef' and 'Surgeons' knots; Pick up and safely drive a needle through tissue with accurate bite placement; Appreciate the safe use of local anaesthesia; Perform an interrupted suture to close a wound; Demonstrate the steps for excising a skin lesion under local anaesthesia; Excise a sebaceous cyst; Drain a superficial abscess;

Perform basic techniques used for endoscopy, and; Understand the principles of using diathermy safely.

**Programme:**

Can be found in this link - [https://doctorsacademy.org/CourseNw/KeySkillsCWales/pgm\\_25.pdf](https://doctorsacademy.org/CourseNw/KeySkillsCWales/pgm_25.pdf)

**Breaks:**

There is a 15-minute refreshment break in the morning and a 40-minute lunch break. Coffee, tea and biscuits as well as sandwich lunch will be provided.

**Accommodation options:**

Please follow this link - <https://doctorsacademy.org/CourseNw/KeySkillsCWales/ACCW.pdf>

**Dress code:**

The dress code for this event is professional/semi-formal. Kindly refrain from wearing shorts of any kind, hoodies and flip-flops.

**Certificate:**

A hard copy certificate from the Royal College of Surgeons of Edinburgh will be provided at the end of the course from reception.

**What you need to bring with you:**

1. A copy of the email you have received from us regarding your confirmation of place (with your name). Please note that you will not be allowed to attend the course without this information.
2. Your University/Hospital identification badge.

We look forward to seeing you at the course.

Please do not hesitate to contact us on [info@doctorsacademy.org.uk](mailto:info@doctorsacademy.org.uk) if you have a query in the interim.

With very best wishes,

Surgical Skills Faculty  
Educational Directorate  
Doctors Academy  
[www.doctorsacademy.org](http://www.doctorsacademy.org)