



The Sports Medicine Surgery – Surgery on the Sidelines Conference

Feedback - April 2019

The Sports Medicine Surgery – Surgery on the Sidelines Conference

The Sports Medicine Surgery – Surgery on the Sidelines Conference took place on Saturday 13th April 2019 at the School of Medicine, University of St Andrews. It intended to provide the delegate with an insight into the field of surgery and sports medicine and to enhance his/her understanding of fundamental aspects pertaining to the area. The day comprised of a series of keynote talks delivered by specialists in the field, as well as various workshops which aimed to develop and consolidate the delegate's practical skills in areas equated to Surgery and Sports Medicine.

Course Information

Course Date: 13th April 2019

Venue: School of Medicine, University of St Andrews, North Haugh, St Andrews

Attendance: 74 Delegates

Aimed at: Medical Students

Conference Fee: £15.00



Programme

0900 - 0945	Registration
0945 - 1000	Opening Remarks
1000 - 1045	Mr Timothy Clough
1045 - 1115	Dr John Rogers

1115 - 1145 Refreshments

1145 - 1215	Mr Fred Picard
1215 - 1300	Mrs Ameeta Joshi

1300 - 1400 Lunch/Poster Presentations

1400 - 1700	Workshops: <ul style="list-style-type: none">o Scrubbing and GowningTendon RepairArthroscopic Joint SurgeryUltrasound Scanning of Trauma Patients
1700	Closing Remarks; Announcement of Winners of Poster Competition

Faculty

Dr Robert Humphreys
Clinical Teaching Fellow
University of St Andrews, St Andrews, United Kingdom

Organising Committee

Miss Olivia Pestrin
President

Miss Kay McGillivray
Vice-President

Miss Pia Francesca
Secretary

Miss Rosie Boardman
Treasurer

Mr Shujaa Khan
Conference Chair

Miss Nahl Iftikhar
Academic Convenor

Miss Ayesha Qureshi
Clinical Skills Coordinator

Miss Christiane Gafrey
Social and Charities Representative

Miss Ciara Maxwell-Whiteley
Publicity Representative

Miss Tala Musallam
Junior Conference Chair

Miss Ava Param
Junior Clinical Skills Coordinator

Speakers

Mr Frederic Picard
Consultant Orthopaedic Surgeon
Golden Jubilee National Hospital,
Clydebank, United Kingdom

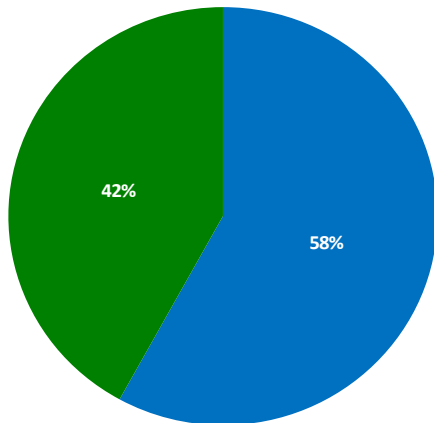
Mrs Ameeta Joshi
Consultant Maxillo Facial Surgeon
University Hospitals of Morecambe Bay
NHS Foundation Trust, United Kingdom

Mr Timothy Clough
Consultant Orthopaedic Surgeon
Wrightington, Wigan and Leigh NHS
Foundation Trust, United Kingdom

Dr John Rogers
Consultant Physician in Sport and
Exercise Medicine
University Hospital of South Manchester
NHS Foundation Trust, United Kingdom

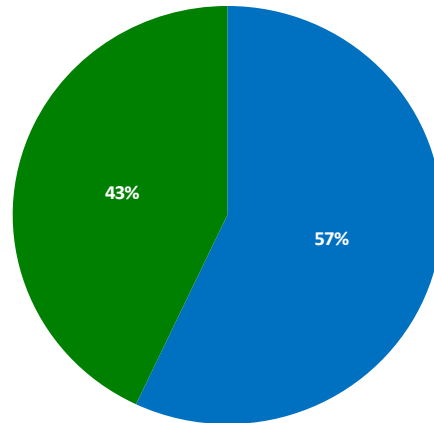
Overall Feedback

How was the content of the conference?



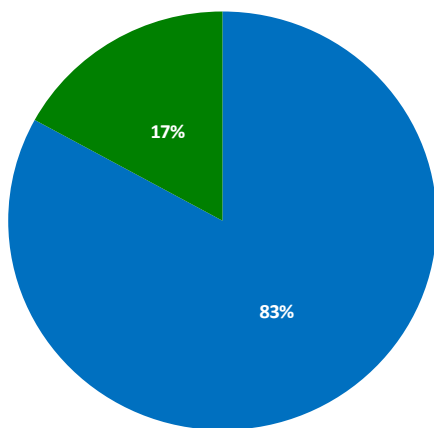
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

How would you rate the general academic standard of the speakers?



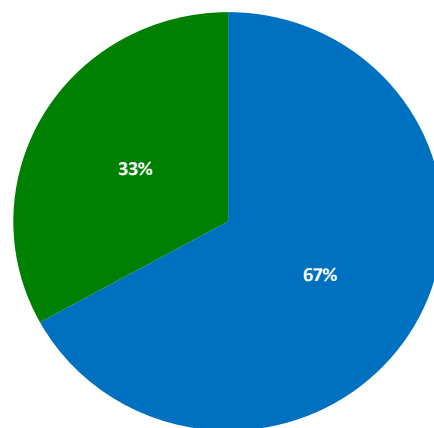
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Mr Timothy Clough



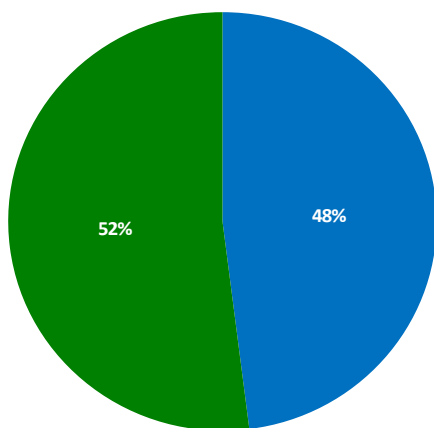
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Dr John Rogers



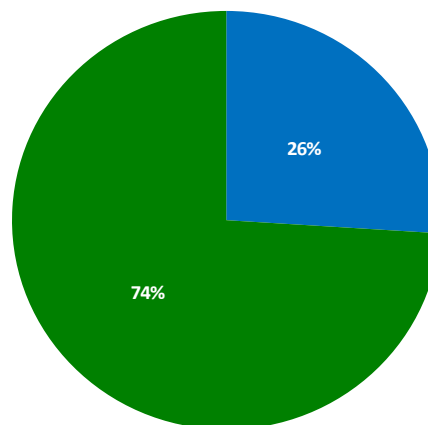
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Mr Fred Picard



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

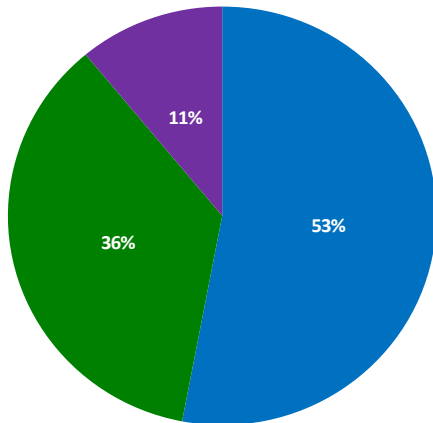
Mrs Ameeta Joshi



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

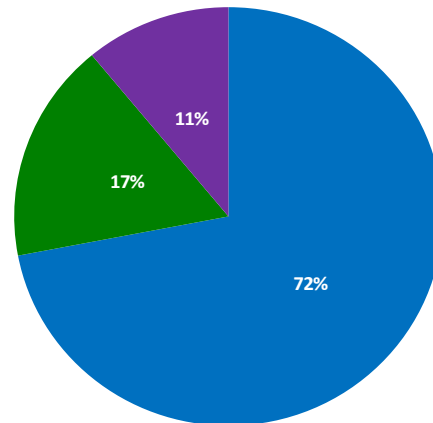
Overall Feedback

Scrubbing and Gowning



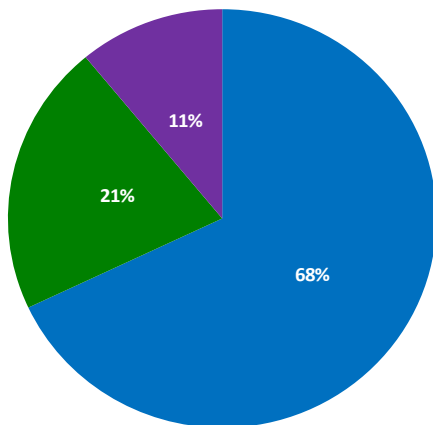
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor ■ Not Applicable

Tendon Repair



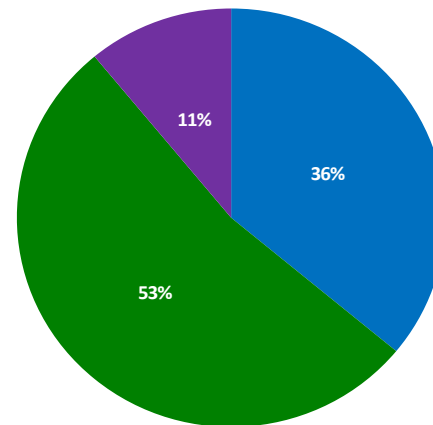
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor ■ Not Applicable

Arthroscopic Joint Surgery



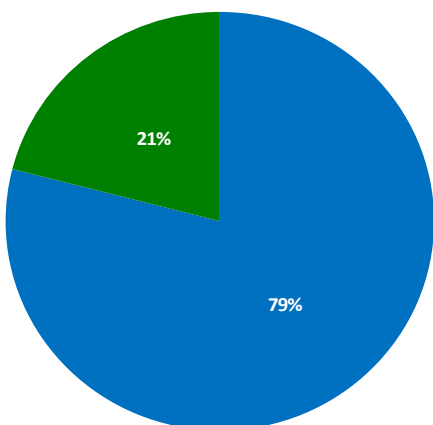
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor ■ Not Applicable

Ultrasound Scanning of Trauma Patients



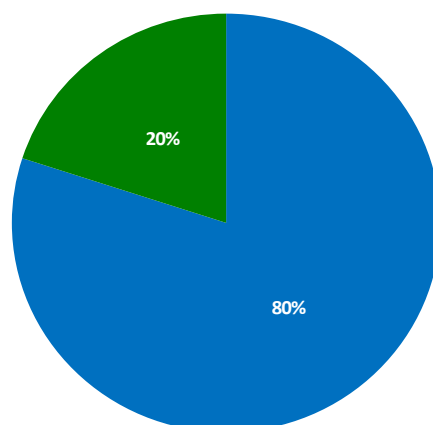
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor ■ Not Applicable

How were the facilities and venue?



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

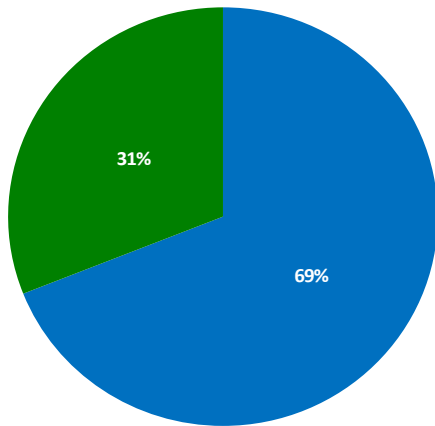
How were the refreshments and lunch?



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

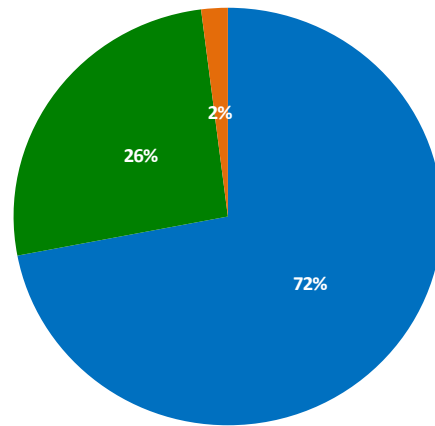
Overall Feedback

How was the general friendliness of the faculty and organisers?



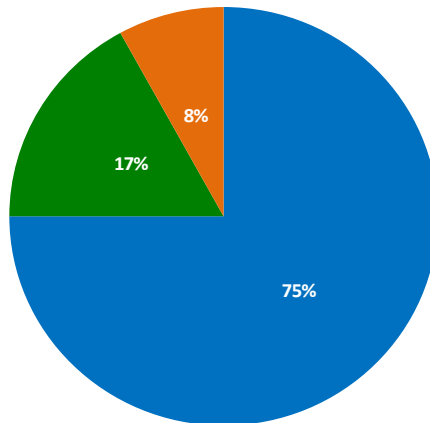
■ Very friendly ■ Friendly ■ Neutral
■ Not very friendly ■ Can't comment

Would you recommend this conference to a friend?



■ Most certainly ■ Certainly ■ Probably ■ Unlikely ■ Not at all

Do you think that this conference provided good value for money?



■ Most certainly ■ Certainly ■ Probably ■ Unlikely ■ Not at all

Individual Comments

The whole day was very well prepared and executed.

EM

University of St Andrews, St Andrews, United Kingdom

The conference overall was well organised, especially the workshops, which provided a new look at medicine for me as a 1st year student.

ZH

University of St Andrews, St Andrews, United Kingdom

The event was very well organised overall. The workshops were very relevant not only to orthopaedics and sports medicine but also to wider surgery, especially the scrubbing. The day was interesting and relevant to future career possibilities.

EW

University of St Andrews, St Andrews, United Kingdom

This was a great conference and I really learned a lot.

PS

University of St Andrews, St Andrews, United Kingdom

I was very impressed.

SL

University of St Andrews, St Andrews, United Kingdom

It was very motivational and provided a good insight into a possible future career path.

IM

University of St Andrews, St Andrews, United Kingdom

The course was very well planned and scheduled which meant that despite it being a long day, it never felt like it was dragging on.

OM

University of St Andrews, St Andrews, United Kingdom

I particularly enjoyed the talk given by Dr John Rogers; it was excellent.

FO

University of Edinburgh, Edinburgh, United Kingdom

This was a great conference.

AH

University of St Andrews, St Andrews, United Kingdom

Individual Comments

Everything was executed in a professional manner and those involved were enthusiastic and happy to help.

LC

University of St Andrews, St Andrews, United Kingdom

It was very organised and well presented.

JM

University of St Andrews, St Andrews, United Kingdom

It was a good opportunity to apply our knowledge from school and to reinforce some skills such as ultrasound. It was a good way to explore new interests and the overall content was very stimulating.

CY

University of St Andrews, St Andrews, United Kingdom

I really enjoyed my time at the conference. The talks were interesting and motivational, and it was nice to have a wide variety of speakers. I also enjoyed the workshops. The tendon repair workshop was fun, however, I struggled as I had never done any suturing before so I think I would have benefited from them going through the process step by step on the screen, rather than showing us quickly and letting us do it for ourselves. The conference was not particularly relevant to my studies at this stage, but I think this is a good thing as it allowed me to consider a field I have not yet been exposed to.

CN

University of St Andrews, St Andrews, United Kingdom

I really enjoyed the conference, but I would've preferred to have fewer lectures and more hands-on learning.

TK

University of St Andrews, St Andrews, United Kingdom

It was well organised. It gave a good introduction to orthopaedic surgery for aspiring medical students.

SP

University of St Andrews, St Andrews, United Kingdom

It was really good.

AK

Brighton and Sussex Medical School, Brighton, United Kingdom

This was an excellent conference that was well organised and run!

CB

University of St Andrews, St Andrews, United Kingdom

Individual Comments

Whilst these were not particularly relevant to my studies as a 1st year student, they were interesting.

SP

This was an excellent experience overall, and it was a very inspiring day!

KB

University of St Andrews, St Andrews, United Kingdom

It was very organised and ran smoothly; I really enjoyed the day.

ED

University of St Andrews, St Andrews, United Kingdom

It was a well-organised day, adhering to the course programme as planned. Also, the presentation of each workshop was impressive and each one was unique. The conference was also fairly relevant to my studies and was not completely new.

KK

University of St Andrews, St Andrews, United Kingdom

It was very beneficial since it was giving us an insight into the surgical aspect of what we were studying and for a very affordable price.

SE

University of St Andrews, St Andrews, United Kingdom

This was an excellent and informative day that I learned a lot from.

JE

University of St Andrews, St Andrews, United Kingdom

As a biology student, I feared that the presentations would have information that would be hard to comprehend for non-medical students, but fortunately that did not seem to be the problem. Instead, I understood and enjoyed learning the different speakers' professions within medicine.

SL

University of St Andrews, St Andrews, United Kingdom

I felt very inspired to pursue a career in orthopaedic surgery in particular. The speakers presented content that was very relatable and easy to understand as well as fascinating.

SN

University of St Andrews, St Andrews, United Kingdom

The conference seemed relevant to my studies, and I enjoyed the content very much.

EM

University of St Andrews, St Andrews, United Kingdom

Individual Comments

I had a great time.

AS

University of St Andrews, St Andrews, United Kingdom

It was really interesting and better than expected. The lunch was amazing.

NT

University of St Andrews, St Andrews, United Kingdom

I found it to be well organised, and I would go again in a heartbeat.

ET

University of St Andrews, St Andrews, United Kingdom

It was well run and scheduled. The speakers were relevant and there was a good range of workshops.

JD

University of St Andrews, St Andrews, United Kingdom

It was really good. The presentations were interesting, and the workshops were insightful.

HM

University of St Andrews, St Andrews, United Kingdom

I thought all of the speakers did a wonderful job presenting their career, but most notable for me was Mr Clough. Beyond talking about what he does as an orthopaedic, he also talked about the challenges that the career gives to his personal life and his mental health, as well as the rewards and the perks such as being the physician overseer at football matches and getting free tickets.

SL

University of St Andrews, St Andrews, United Kingdom

Overall, the conference was very well run and formed a great day.

BL

University of St Andrews, St Andrews, United Kingdom

I am interested in sports and exercise medicine as a career, so this was a good opportunity to gain a realistic insight.

IS

University of St Andrews, St Andrews, United Kingdom

It has inspired me to look into orthopaedics further.

AB

University of St Andrews, St Andrews, United Kingdom



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- Training the Clinical Anatomy Trainer
- Clinical Anatomy as Applied to Trauma and Emergency Medicine
- Surgical Anatomy of Important Operative Procedures
- Future Surgeons: Key Skills (RCSEd delivered)
- Structured Introduction to Surgical Skills

Postgraduate:

- MRCS Part A
- MRCEM Part A
- MRCS Part B OSCE
- DOHNS: Intensive Revision & OSCE
- Intercollegiate Basic Surgical Skills (RCSEd delivered)
- MRCP PACES Part 2
- FRCS (General Surgery) Exit Exam
- Cadaveric Ultrasound-Guided Musculoskeletal Intervention Course
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- Live Advanced Laparoscopic Colorectal Course



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