

**15th FRCS (General Surgery)
Exit Exam Preparation Course**

Feedback - January 2020

15th FRCS (General Surgery) Exit Exam Preparation Course

This intensive three-day revision course was designed to help candidates prepare for the Intercollegiate FRCS Examination in General Surgery. The course, delivered by an experienced group of senior consultants, used a combination of direct vivas, interactive discussions, and patients with signs and symptoms to provide the candidate with a focused revision of pertinent topics.

Learning Style:

- o Interactive discussion and pertinent lectures.
- o Updates on current advances in all sub-specialities.
- o Clinical cases.
- o Academic vivas.
- o Slides of images and pathology specimens were projected and participants were asked common examination questions.
- o Emphasis was laid on all participants to answer questions. Each participant was given time to hone their discussion skills with an examiner and to present the findings confidently.
- o All the viva stations were covered in detail:
Emergency Surgery (including trauma) and Critical Care, General Surgery, General Surgery of Childhood and Declared Subspecialty – Upper GI, Hepatobiliary and Pancreatic Surgery, Colorectal, Endocrine, Breast, Vascular and Transplantation.



Course Information

Course Date:	10 th - 12 th January 2020
Venue:	Education Centre, The Christie, Manchester
Attendance:	15 Delegates
Aimed at:	- Consultants - Speciality Trainees - Registrar Level Doctors

(ST5 or above/ST3 or above in General Surgery)

Course Fee:	£685.00 (inclusive of the book, 'FRCS (Gen Surg): The Road to Success')
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Learning Outcomes:

- Upon completion of this course the candidate should be confident in their preparation for the oral and clinical parts of Section 2 of the examination.
- The candidate should be able to present and discuss clinical cases as in an examination situation.
- The candidate should have learnt correct examination techniques.

Endorsed by:



THE ROYAL COLLEGE
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The college awards 6 CPD points for attendance in each day of this course. A total of 18 CPD points are awarded for the three days.

Course Programme

Day 1

0815 – 0845	Registration and Coffee
0845 – 0900	Welcome and Introduction
0900 – 0930	Format of the FRCS Section 2
0930 – 1115	Vascular Surgery

1115 – 1130 Coffee Break

1130 – 1215	Bleeding and Thrombosis: Surgical Relevance
1215 – 1300	Colorectal Including Emergency Surgery

1300 – 1345 Lunch

1345 – 1445	Upper GI (Benign and Malignant)
1445 – 1545	Liver and Gallbladder

1545 – 1600 Coffee Break

1600 - 1700	Pancreas
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(All speciality topics to be case-based discussions.)

Close of Day 1

Course Programme

Day 2

0800 – 0930 Critique an Article and An Overview of Basic Statistics (Discussion)

0930 – 0945 Format of Clinical Vivas

0945 – 1115 General Vivas [1hr viva (15min x 4 candidates) + 30min discussion]

1115 – 1130

Coffee Break

1130 – 1300 Emergency and Critical Care Vivas [1hr viva (15min x 4 candidates) + 30min discussion]

1300 – 1350

Lunch

1400 – 1530 Subspeciality Vivas [1hr viva (15min x 4 candidates) + 30min discussion]

1530 – 1600

Coffee Break (Articles will be given to the delegates to critique)

1600 – 1730 Academic and Basic Science [(15min x 4 candidates) + 30min discussion]

Close of Day 2

Course Dinner: 1830. Venue will be informed on the day.

Course Programme

Day 3

0800 – 0930 Critical Care for Surgeons

0930 – 1040 Breast

1040 – 1055 Coffee Break

1055 – 1200 Thyroid Diseases

1200 – 1245 Lunch

1245 – 1700 Clinical Case Presentations (Long and Short Cases) with Discussion

1700 End of Course

Faculty

Mr Chelliah Selvasekar, MD, FRCSEd (Gen Surg), MFSTEd, PG Cert (Med Ed), MBA
Course Convenor
Consultant General, Colorectal and Laparoscopic Surgeon
The Christie Hospital, Manchester

Mr Aninda Chandra, FRCSEng (Gen Surg), MSc, MA Hons (Oxon)
Consultant Colorectal and General Surgeon
Walsall Manor Hospital, Walsall

Ms Ellie Kleidi, MD, PhD, FRCS
Consultant Breast Surgeon
The Royal Liverpool and Broadgreen University Hospitals NHS Trust

Mr Hammad Zaidi, MBBS, FCPS (Pak), MRCS (Gen Surg)
Consultant Colorectal Surgeon
University Hospitals of North Midlands NHS Trust

Mr Haytham Al-Khaffaf, MBChB, FRCS
Consultant Vascular Surgeon
East Lancashire Hospitals NHS Trust

Mr Haytham Abudeeb, FRCS
Consultant Colorectal Surgeon
The Christie Hospital, Manchester

Dr Jecko Thachil, MD, FRCPath
Consultant Haematologist
Manchester University NHS Foundation Trust

Mr Jitesh Parmar, MD, MRCSEd, MBBS
Consultant Upper Gastrointestinal and Bariatric Surgeon
Birmingham Heartlands Hospital, Birmingham

Mr Jonathan Wild, MBChB, MRCS, FRCS, PG Cert, LLM, PhD
Consultant Colorectal Surgeon
The Christie Hospital, Manchester

Mr Khalid Amin, MD, MRCS, FRCS
(Locum) Consultant Breast and General Surgeon
Airedale NHS Foundation Trust

Mr Mamoon Solkar, MS, FRCSGlas, FRCS
Consultant Colorectal Surgeon
Tameside and Glossop Integrated Care NHS Foundation Trust

Mr Matthew Jackson, FRCA, FFICM
Consultant in Intensive Care Medicine and Anaesthesia
Stockport NHS Foundation Trust

Mr Mohammed Ali Kazem, MD, CABS, FRCSEd (Gen Surg), MMedSci
Speciality Doctor in General Surgery
Mid Cheshire Hospitals NHS Foundation Trust

Faculty

Professor Nirmal Kumar, MBBS, MPhil, DLO, FRCS (ORL-HNS)
Consultant Otolaryngologist
Wrightington, Wigan and Leigh NHS Foundation Trust

Mr Rahul Deshpande, MBBS, MS, FRCSEd, FRCS (Gen Surg)
Consultant Hepatobiliary and Pancreatic Surgeon
Central Manchester University Hospitals NHS Foundation Trust

Mr Rajaram Burrah, FRCS
Senior Registrar in Breast Surgery
Wirral University Teaching Hospital NHS Foundation Trust

Mr Ramasubramanyan Chandrasekar, MBBS, FRCS, FRCSEd
Consultant Vascular and General Surgeon
Wirral University Teaching Hospital NHS Foundation Trust

Mr Sanjay Panchal, MBBS, MS, FRCS, Dip Lap Surg
Consultant Colorectal Surgeon
University Hospitals of Morecambe Bay NHS Foundation Trust

Mr Sudarsanam Raman, FRCSGlasg
Consultant Colorectal Surgeon
Heart of England NHS Foundation Trust

Mr Sumohan Chatterjee, MBBS, FRCS (CSIG London), FRCS (Gen Surg)
Consultant Breast Surgeon
Manchester University NHS Foundation Trust

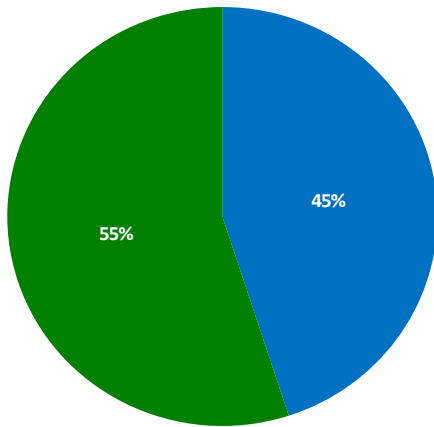
Mr Taher Fatayer, MBChB, MRCS, FRCS
Senior Registrar in Colorectal Surgery
Wythenshawe Hospital, Manchester

Mr Tasadooq Hussain, MBChB (Hons), BA, MD, MFSTEd, FRCS
Senior Registrar in Colorectal Surgery
Health Education North West

Ms Vinutha Shetty, MBBS, FRCS
Consultant General and Upper Gastrointestinal Surgeon
Lancashire Teaching Hospitals NHS Foundation Trust

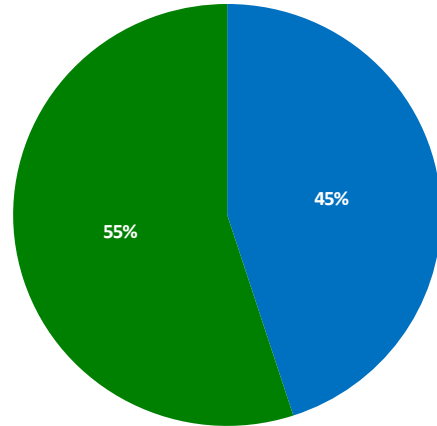
Overall Teaching Feedback

How was the content of the course?



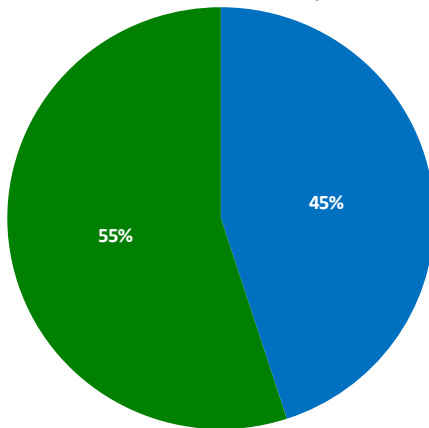
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

How would you rate the general academic standard of the speakers?



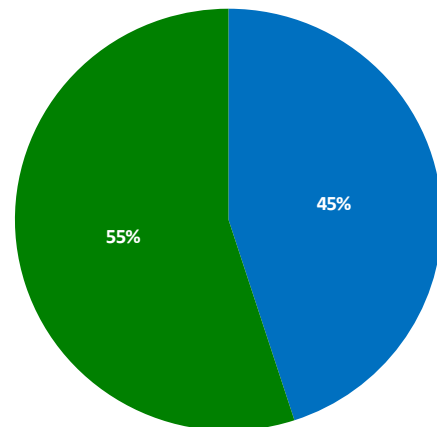
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

How would you rate the general academic standard of the faculty?



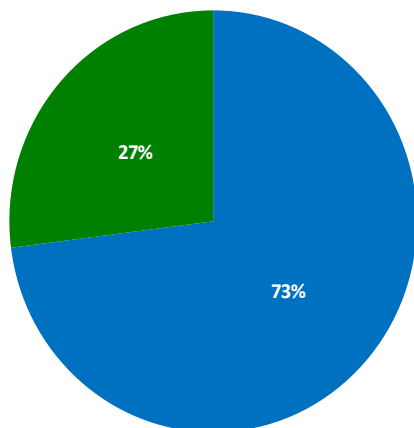
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

How was the clarity of the presentations?



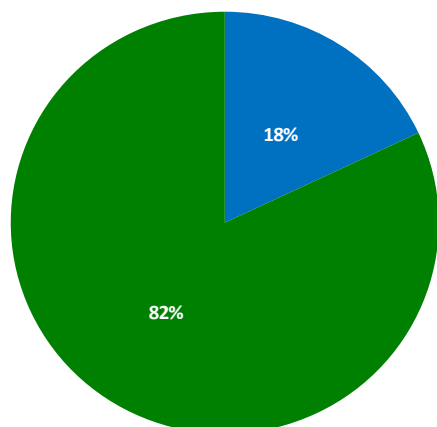
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

How would you rate the relevance of the course to your exam?



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

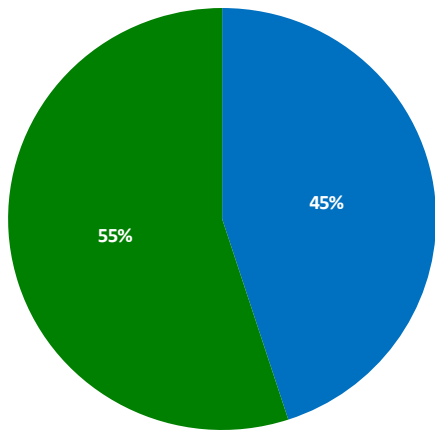
Information and Content of the Book



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

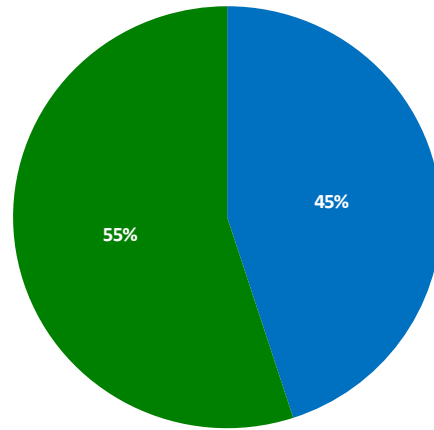
Overall Teaching Feedback

Layout of the Book



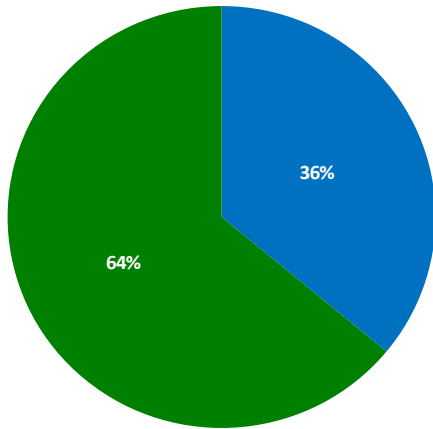
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Usefulness of the Book



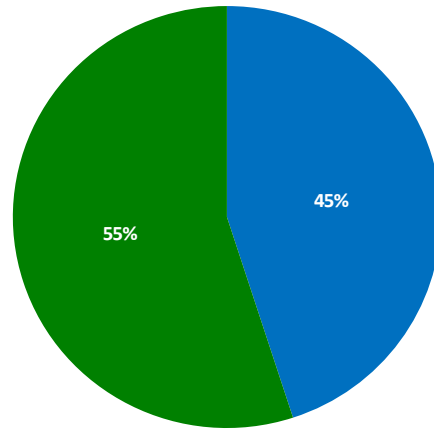
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Format of the FRCS Section 2



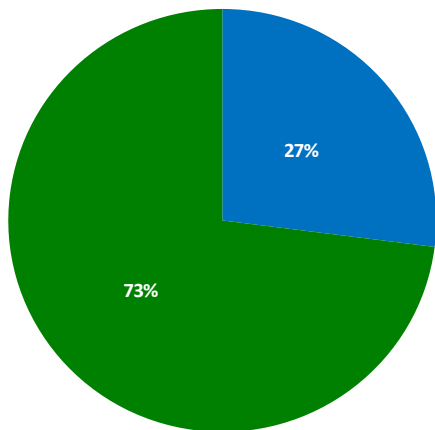
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Vascular Surgery



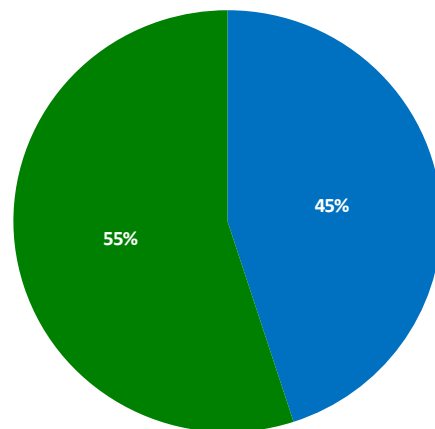
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Bleeding and Thrombosis: Surgical Relevance



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

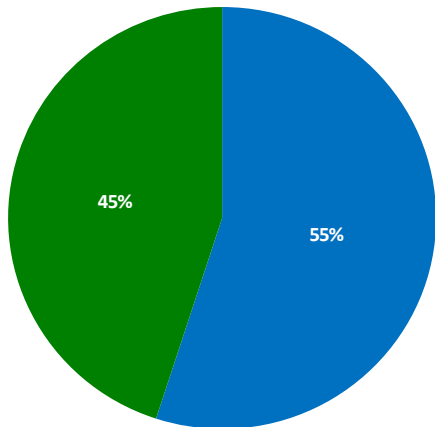
Colorectal Including Emergency Surgery



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

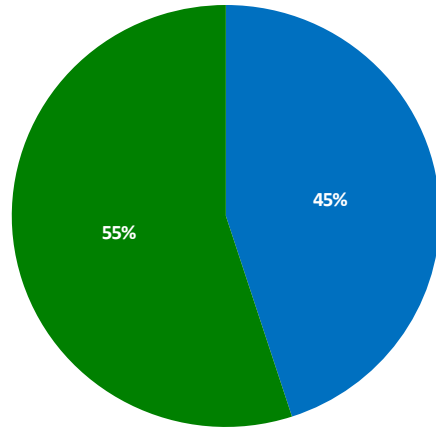
Overall Teaching Feedback

Upper GI (Benign and Malignant)



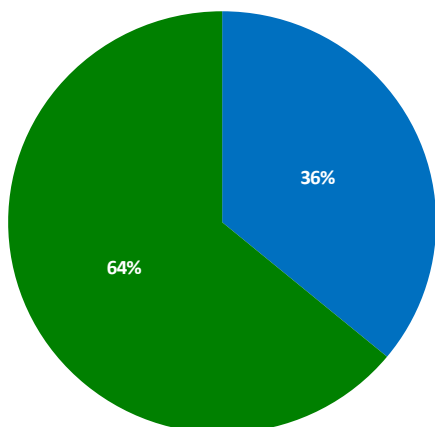
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Liver and Gallbladder



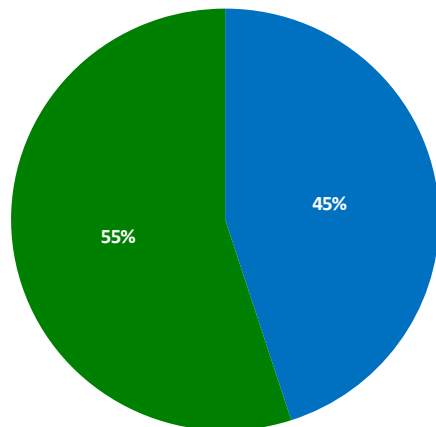
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Pancreas



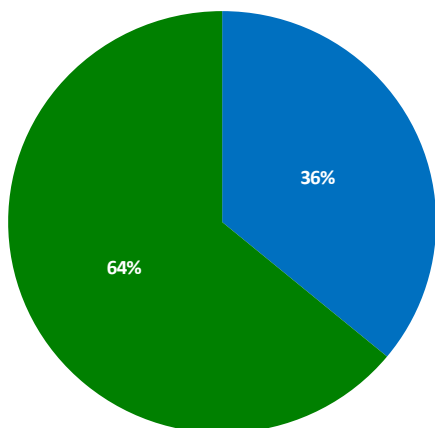
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Critique An Article and Overview of Basic Statistics (Discussion)



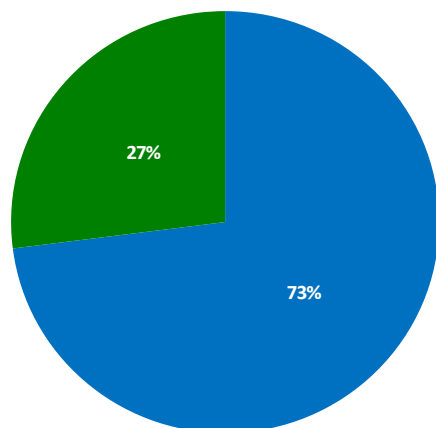
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Format of Clinical Vivas



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

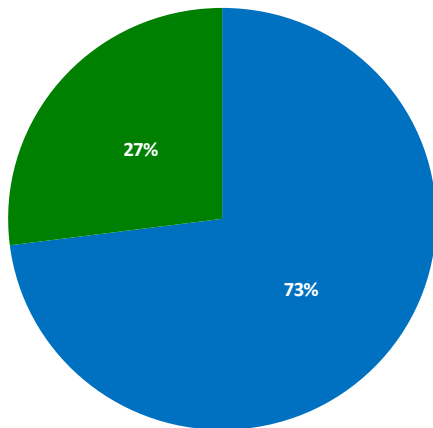
General Vivas



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

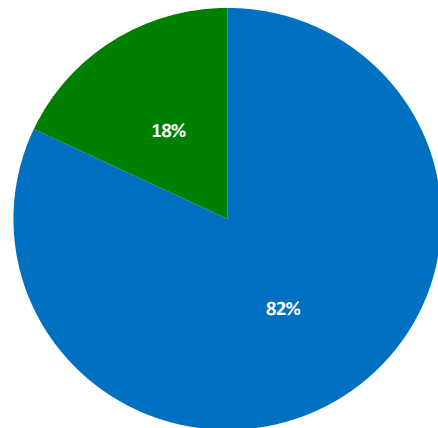
Overall Teaching Feedback

Emergency and Critical Care Vivas



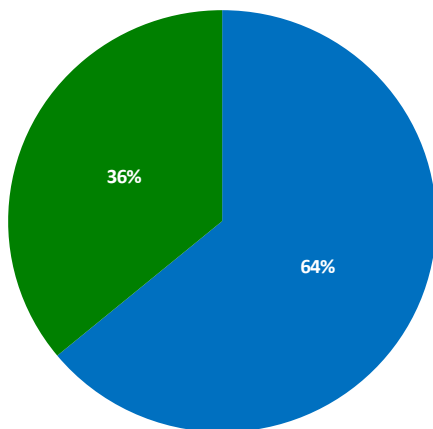
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Subspecialty Vivas



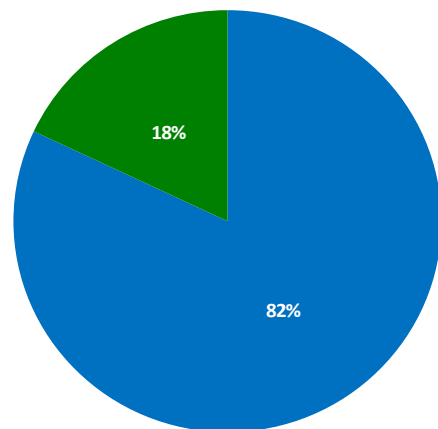
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Academic and Basic Science Vivas



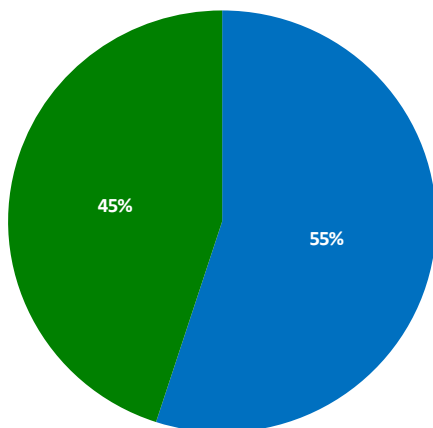
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Critical Care for Surgeons



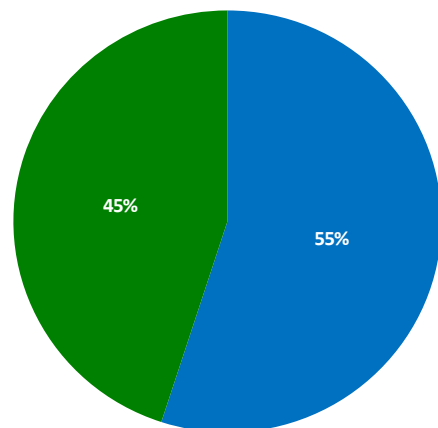
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Breast



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

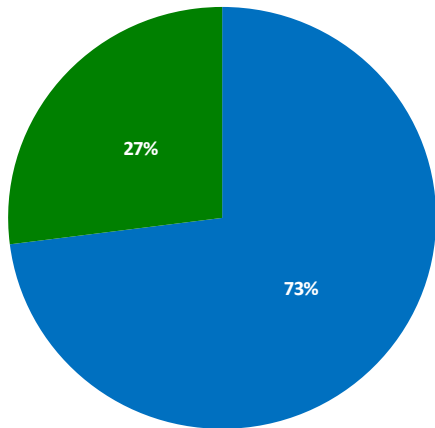
Thyroid Diseases



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

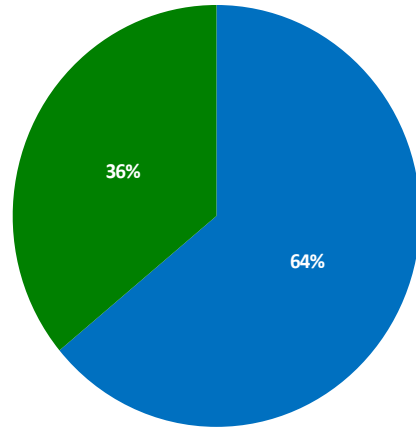
Overall Teaching Feedback

Clinical Case Presentations (Long and Short Cases) with Discussion



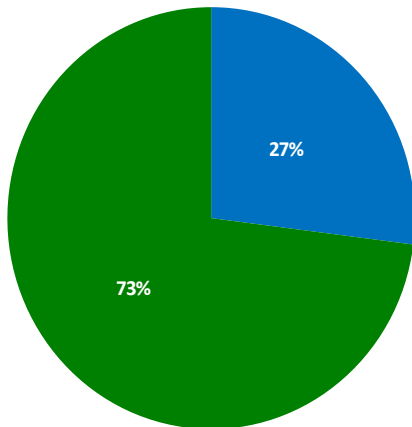
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

How were the facilities and venue?



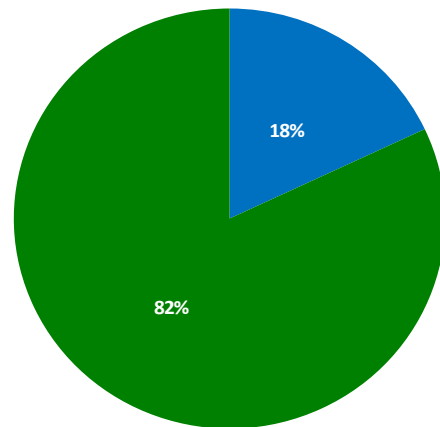
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

How were the refreshments and lunch?



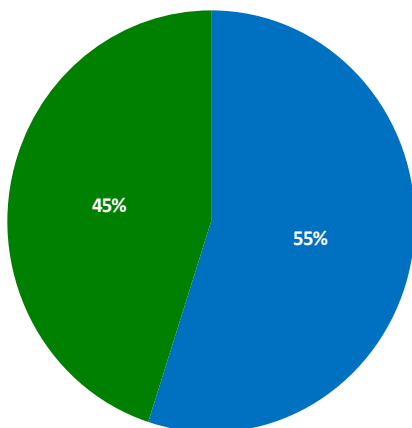
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Did you attend the course dinner?



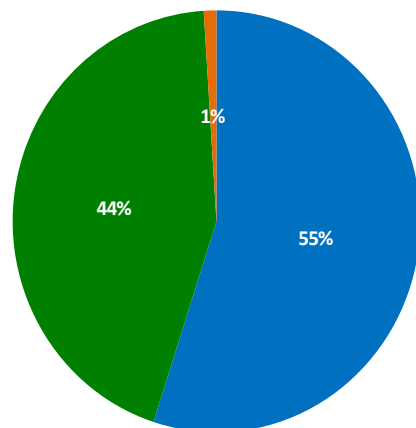
■ Yes ■ No

How was the general friendliness of the faculty and organisers?



■ Very friendly ■ Friendly ■ Neutral ■ Not very friendly ■ Can't comment

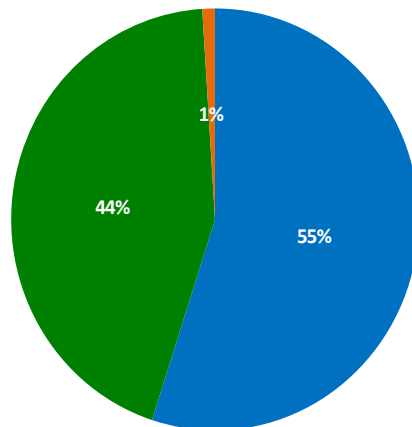
Would you recommend this course to a friend?



■ Most certainly ■ Certainly ■ Probably ■ Unlikely ■ Not at all

Overall Teaching Feedback

Do you think that this course provided good value for money?



■ Most certainly ■ Certainly ■ Probably ■ Unlikely ■ Not at all

Individual Comments

Good.

AA

Princess Basma Teaching Hospital, Jordan

The course offered a good, solid foundation. I now have a better understanding of clinical statistics.

MK



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Courses (a selection):

Undergraduate:

- Final Year Medicine and Surgical Revision Courses
- Training the Clinical Anatomy Trainer
- Clinical Anatomy as Applied to Trauma and Emergency Medicine
- Surgical Anatomy of Important Operative Procedures
- Future Surgeons: Key Skills (RCSEd delivered)
- Structured Introduction to Surgical Skills

Postgraduate:

- MRCS Part A
- MRCEM Part A
- MRCS Part B OSCE
- DOHNS: Intensive Revision & OSCE
- Intercollegiate Basic Surgical Skills (RCSEd delivered)
- MRCP PACES Part 2
- FRCS (General Surgery) Exit Exam
- Cadaveric Ultrasound-Guided Musculoskeletal Intervention Course
- Ultrasound-Assisted Botulinum Toxin Injection for Neuromuscular Disorders
- Live Advanced Laparoscopic Colorectal Course



Forthcoming key events:

- International Medical Summer School
- International Academic and Research Conference
- World University Anatomy Challenge

Publications



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Online Revision Resources

DoctorExams consists of 1000s of questions with detailed explanations in MCQ, EMQ, SBA and SAQ formats. Questions are written by the Doctors Academy group of experienced clinicians and clinical academics, with mock exams and feedback on performance included to aid a candidate's focused revision of topics. Based on past exams, these questions are carefully crafted to suit the requirements of undergraduate students & postgraduate trainees undertaking relevant speciality exams.

Resources for:

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