



**11<sup>th</sup> FRCS (General Surgery)  
Exit Exam Preparation Course**

**Feedback - January 2018**

## 11<sup>th</sup> FRCS (General Surgery) Exit Exam Preparation Course

This intensive three-day revision course was designed to help candidates prepare for the Intercollegiate FRCS Examination in General Surgery. Delivered by an experienced group of senior consultants, the course used a combination of direct vivas, interactive discussions, and patients with signs and symptoms to provide the candidates with a focused revision of pertinent topics.

We are pleased to inform you that the 10<sup>th</sup> Christie FRCS Exit Revision Course in General Surgery was a resounding success and provided a positive experience for the candidates, patients, teaching faculty and the organisers. All the subspecialties in General Surgery were covered during the three days of the course. In addition to providing key knowledge, this course provided plenty of opportunities for the candidates to practice one-to-one vivas as in the exam. The 8<sup>th</sup> edition of the course saw the introduction of a subspecialty viva in addition to the general, academic and basic science vivas as well as the clinical examination. The reprint version of the 1<sup>st</sup> edition of the book, 'FRCS (Gen Surg): The Road to Success' was also provided to all the delegates to aid their revision.

We would like to sincerely thank all those who taught on the course and provided the delegates with invaluable tips and suggestions.

All candidates felt that they gained good knowledge from the course and found it useful towards their exam preparation. This is reflected in the feedback they provided that is summarised in this document.



### Course Information

**Course date:** 12<sup>th</sup> -14<sup>th</sup> January 2018

**Venue:** Christie Hospital  
Manchester, UK

**Attendance:** 23 Delegates

**Aimed at:**

- Consultants
- Speciality Trainees
- Registrar Level Doctors

(ST5 or above/ST3 or above in General Surgery)

**Course fee:** £685.00  
(inclusive of the book, 'FRCS (Gen Surg): The Road to Success')

### Objectives of Course:

- Upon completion a delegate should be confident in their preparation for the oral and clinical parts of Section 2 of the exam.
- A delegate should be able to present and discuss clinical cases as in an exam situation.
- A delegate should of learned correct exam technique to further their preparation.

### Endorsed by:



THE ROYAL COLLEGE  
OF SURGEONS OF  
EDINBURGH

The college awards 6 CPD points for attendance in each day of this course. A total of 18 CPD points are awarded for the three days.

# Course Programme

## Day 1

0815 - 0845	Registration and Coffee	
0845 - 0900	Welcome and Introduction:	Mr Selvasekar, <i>Course convenor</i>
0900 - 0930	Format of the FRCS Section 2	Prof. Sarah O'Dwyer
0930 - 1110	Colorectal & Emergency Surgery	Mr Selvasekar

**1110 - 1130** **Coffee break**

1130 - 1300	Upper GI including GIST	Miss Vinutha Shetty
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**1300 - 1345** **Lunch**

1345 - 1445	Liver & Gall Bladder	Mr Rahul Deshpande
1445 - 1600	Vascular Surgery	Mr Sriram Rajagopalan

**1600 - 1615** **Coffee break**

1615 - 1715	Pancreas	Mr Rahul Deshpande
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*(All Speciality topics to be case-based discussions)*

1715 - 1745	Summary and Review Day 1	
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**Close of Day 1**

## Course Programme

### Day 2

0800 - 0930      Trauma (Case-based discussions)      Mr Sudarsanam Raman

**0930 - 0945      Coffee break**

0945 - 1000      Format of Clinical Vivas      Mr Jonathan Gan

1000 - 1130      General Vivas [1hr viva (15min x 4 candidates) + 30min discussion]

1130 - 1315      Subspeciality Vivas [1hr viva (15min x 4 candidates) + 30min discussion]

**1315 - 1400      Lunch**

1400 - 1530      Emergency and Critical Care Vivas [1hr viva (15min x 4 candidates) + 30 min discussion]

**1530 - 1600      Coffee break (Articles will be given to the delegates to critique)**

1600 - 1730      Academic and Basic science (15min x 4 candidates) + 30 min discussion]

**Close of Day 2**

***Course Dinner: 1830 - Venue will be informed on the day***

# Course Programme

## Day 3

0800 - 0930      Critical Care for Surgeons      Miss Vidya Kasipandian

0930 - 1040      Breast      Mr Soni Soumian

**1040 - 1055      Coffee break**

1055 - 1140      Endocrine Surgery      Miss Alison Waghorn

1140 - 1240      Overview of Basic Surgical Statistics      Mr Rahul Deshpande

**1240 -1315      Lunch**

1315 - 1700      Clinical case presentations (Long and short cases) with discussion

Cases:

- Endocrine
- Transplant surgery, AV fistula, CAPD
- Colorectal/PTS
- Upper GI/Hepatobiliary
- Breast
- Hernia
- Vascular
- Critical care

**1745      Summary, Feedback and End of Course**

## Faculty

**Mr Ahmad Mirza, MBBS, FRCS**  
Senior Registrar - Upper GI Surgery

**Mr Ali Kazem, FRCS (Gen Surg)**  
Speciality Doctor in General Surgery  
Leighton Hospital

**Miss Alison Waghorn, MBChB, FRCS**  
Consultant Endocrine and Breast Surgeon  
Royal Liverpool University Hospital NHS Trust

**Mr Anil Bagul, MBBS, FRCS**  
Consultant Colorectal Surgeon  
University Hospitals Birmingham

**Mr Aninda Chandra, FRCS (Gen Surg)**  
Consultant General and Colorectal Surgeon  
Heart of England NHS Foundation Trust

**Miss Anjana Satpathy, MS Med, FRCS**  
Consultant Breast and Oncoplastic Surgeon  
Stepping Hill Hospital, Stockport

**Mr Arif Khan, FRCSEd, FRCS**  
Consultant General and Colorectal Surgeon  
Leighton Hospital

**Mr Chelliah Selvasekar, MD, FRCSEd (Gen Surg), MFSTEd, PG Cert (Med Ed), MBA**  
Consultant General, Colorectal, Laparoscopic and Robotic Surgeon  
The Christie Hospital, Manchester

**Mr Edmund Leung, D.Med Sci, FRCS**  
Consultant General and Colorectal Surgeon  
Hereford County Hospital

**Mr Ihab Jaradat, FRCS**  
Consultant General and Colorectal Surgeon  
London North West University Healthcare NHS Trust

**Mr Imran Alam, BBS, BSc, FRCSEd, FRCS (Glasg), MD, FRCSEd (Gen Surg)**  
Consultant General and Benign Upper Gastrointestinal/HPB Surgeon  
Wrightington, Wigan and Leigh NHS Foundation Trust

**Dr Jonathan Allen, FRCA**  
Consultant Anaesthetist  
The Christie Hospital, Manchester

**Dr Krishna Venigalla, MBBS, FRCR**  
Consultant Radiologist  
Lancashire Teaching Hospitals NHS Trust

**Mr Nasir Iqbal, MBBS, Dip MIS (France), FRCS (Gen Surg)**  
Consultant in General and Colorectal Surgery  
Wrightington, Wigan and Leigh NHS Foundation Trust

**Mr Naveed Kirmani, FRCS (Gen Surg)**  
Consultant General Surgeon  
The Princess Alexandra Hospital NHS Trust

## Faculty

**Mr Omer Aziz, PhD, FRCS**

Laparoscopic and Colorectal Surgeon  
The Christie NHS Foundation Trust, Manchester

**Mr Osama Elhardello, FRCS**

Consultant General Surgeon  
York Teaching Hospital NHS Foundation Trust

**Dr Paul Goldsmith, MBBS, FRCS**

Consultant Upper Gastrointestinal Surgeon  
Salford Royal NHS Foundation Trust

**Mr Rahul Deshpande, MBBS, MS, FRCS, FRCS (Gen Surg)**

Consultant Hepatobiliary and Pancreatic Surgeon  
Central Manchester University Hospitals

**Mr Ram Chaparala, MBBS, FRCS**

Consultant Upper Gastrointestinal Surgeon  
Salford Royal NHS Foundation Trust

**Mr Sajal Rai, MD, FRCS**

Consultant Laparoscopic and Colorectal Surgeon  
Stepping Hill Hospital, Stockport

**Professor Sarah O'Dwyer MD, FRCS**

Consultant Colorectal Surgeon  
The Christie Hospital, Manchester

**Mr Soni Soumian, FRCS (Gen Surg)**

Consultant Oncoplastic Breast and General Surgeon  
University Hospitals of North Midlands

**Mr Sriram Rajagopalan, MD, FRCS**

Consultant Vascular Surgeon  
University Hospital North Staffordshire & Leighton Hospital

**Mr Sudarsanam Raman, FRCS**

Consultant Colorectal Surgeon  
Heartlands Hospital, Birmingham

**Mr Sumohan Chatterjee, MBBS, FRCS, FRCS (Gen Surg)**

Consultant Breast Surgeon  
University Hospital of South Manchester, Manchester

**Mr Thomas Satyadas, MS, FRCS (Gen Surg)**

Consultant General Surgeon  
Central Manchester University Hospitals

**Mr Tony Jaipersad, MBBS, FRCS**

Consultant Vascular Surgeon  
University Hospitals of North Midlands NHS Trust

**Mr Tunde Campbell, MBBS, FWACS, FRCSEd (Gen Surg)**

Consultant Transplant Surgeon  
Central Manchester University Hospitals

**Dr Vidya Kasipandian, MBBS, FRCA, EDICM, FFICM**

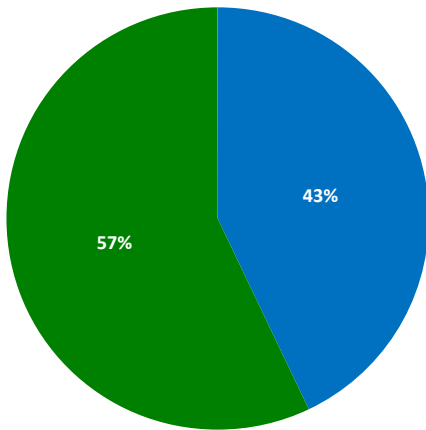
Clinical Lead in Critical Care & Consultant in Anaesthesia  
The Christie Hospital, Manchester

**Ms Vinutha Shetty, MBBS, FRCS**

Consultant General and Upper Gastrointestinal Surgeon  
Lancashire Teaching Hospitals NHS Trust

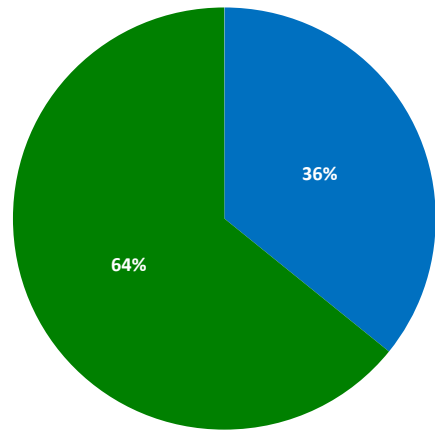
# Overall Teaching Feedback

How was the content of the course?



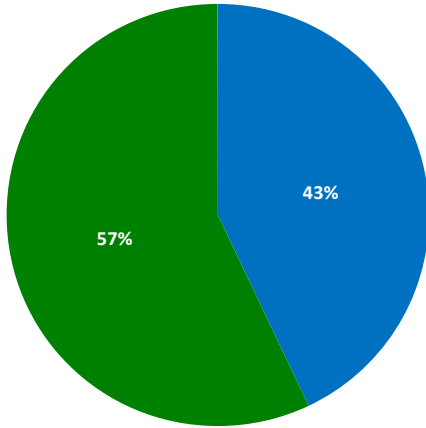
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

How were the clarity of presentations?



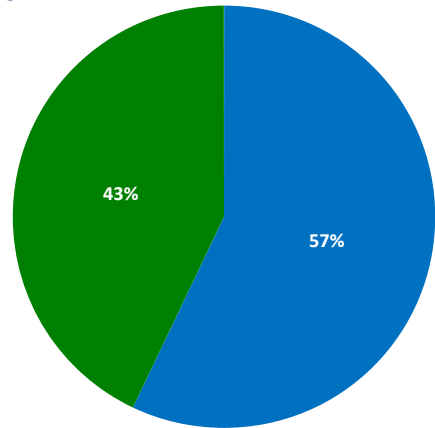
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How would you rate the relevance of the course to your exam?



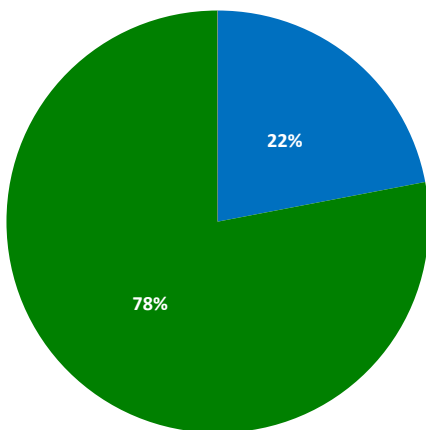
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

How do you rate the relevance of the course to your exam? How would you rate the general academic standard of the lecturers?



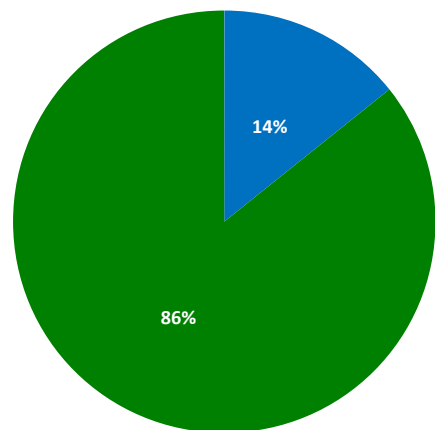
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Information and contents of the book



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

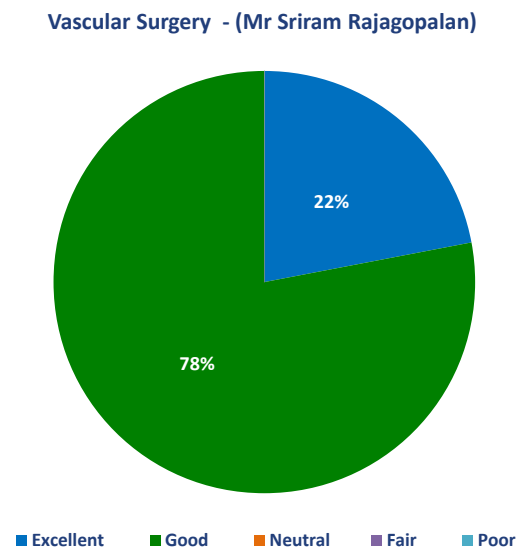
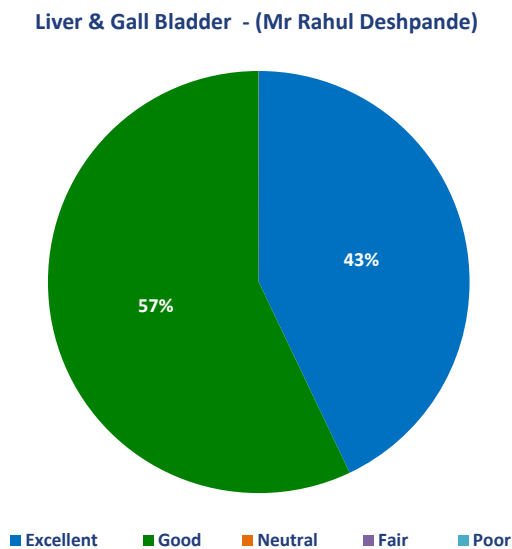
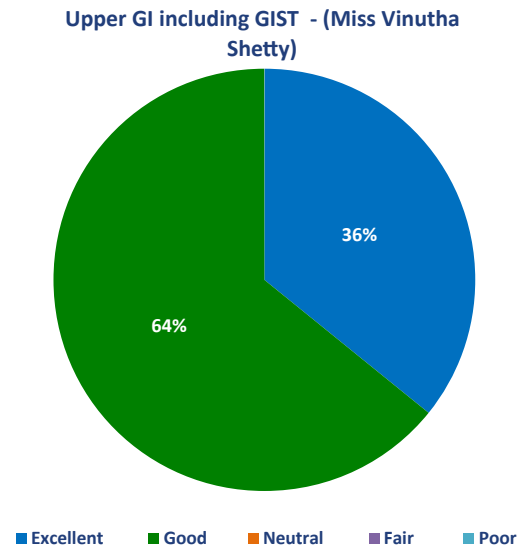
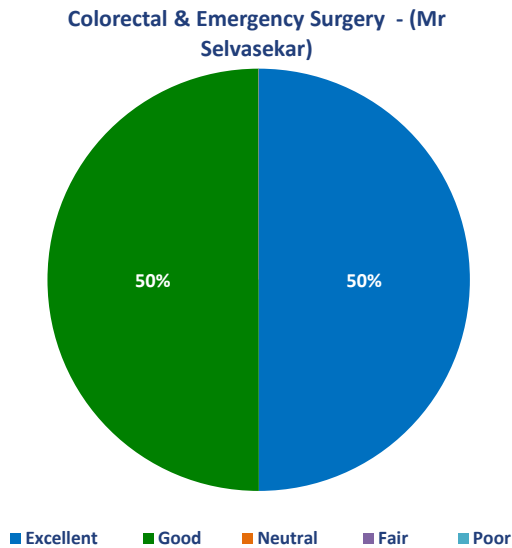
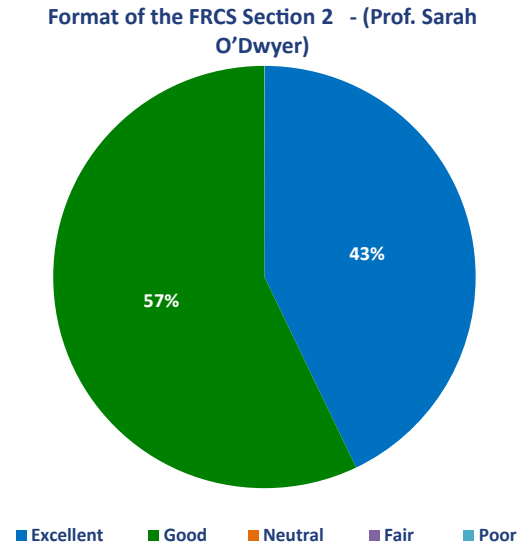
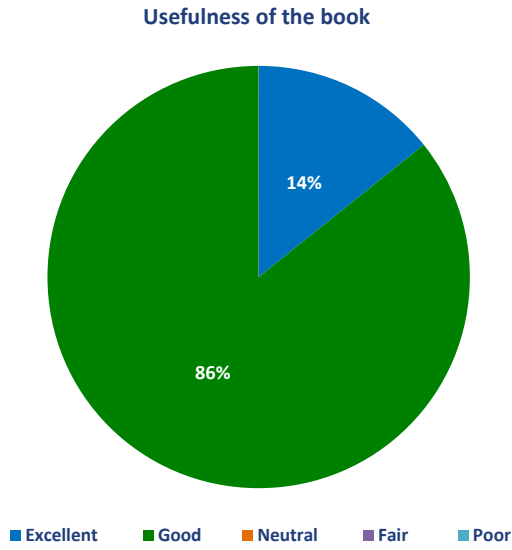
Layout of the book



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

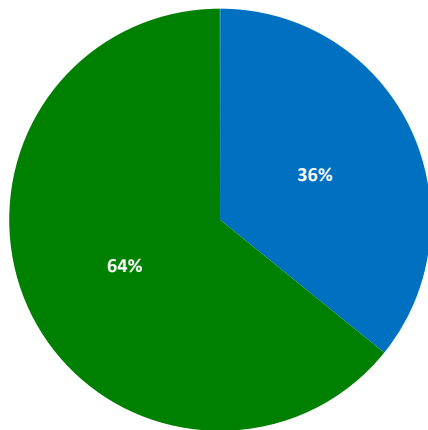


# Overall Teaching Feedback



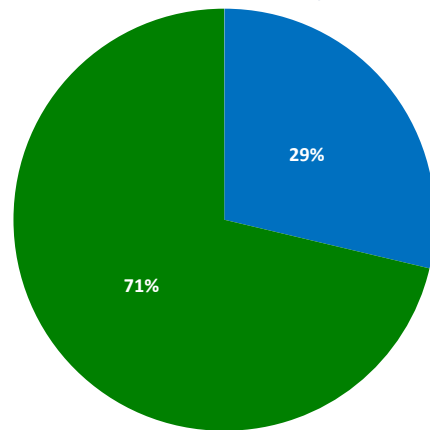
# Overall Teaching Feedback

Pancreas - (Mr Rahul Deshpande)



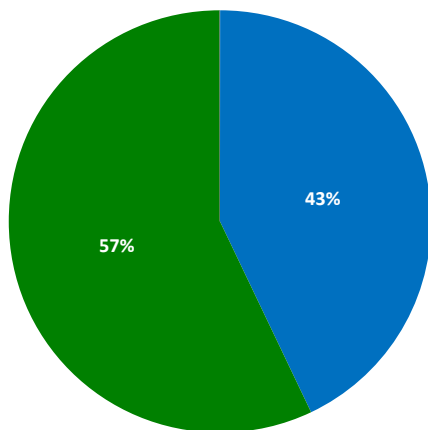
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Trauma (Case-based discussions) - (Mr Sudarsanam Raman)



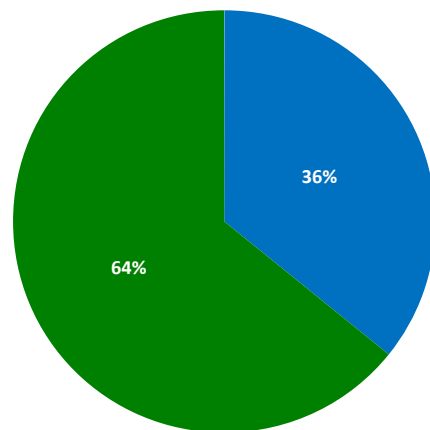
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

General Vivas



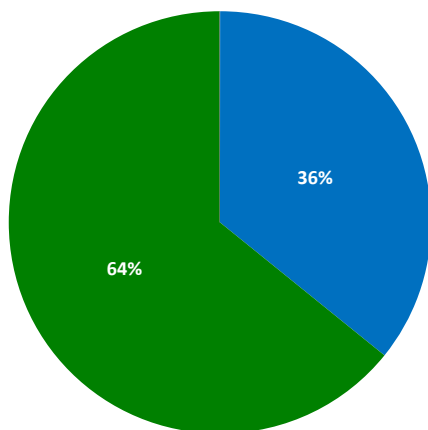
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Subspecialty Vivas



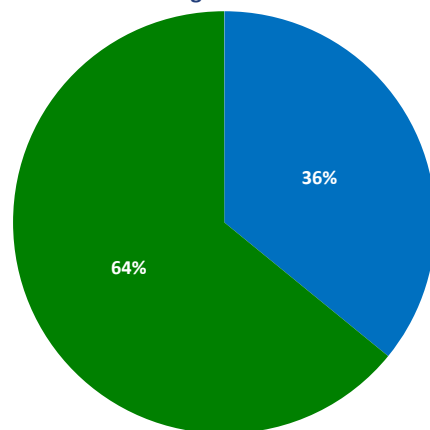
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Emergency and Critical Care Vivas



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

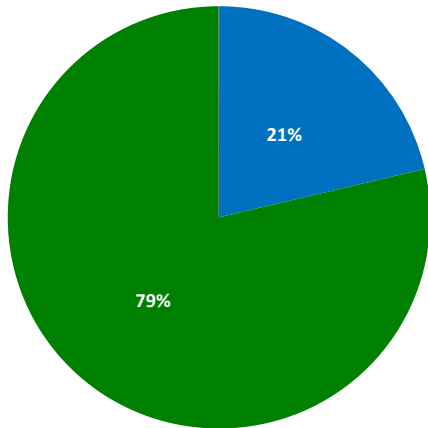
Did you get enough opportunity to practice during the vivas?



■ Most certainly ■ Certainly ■ Probably ■ Unlikely ■ Not at all

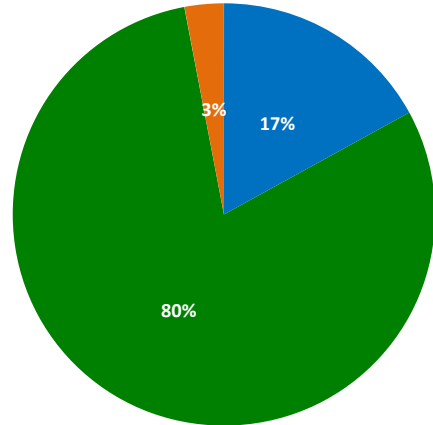
# Overall Teaching Feedback

Academic and Basic science



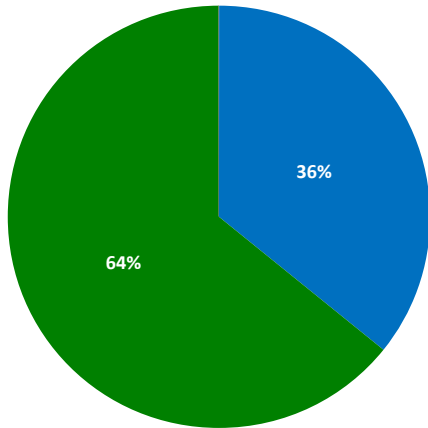
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Was the paper challenging enough and provide you with a chance to critically analyse it?



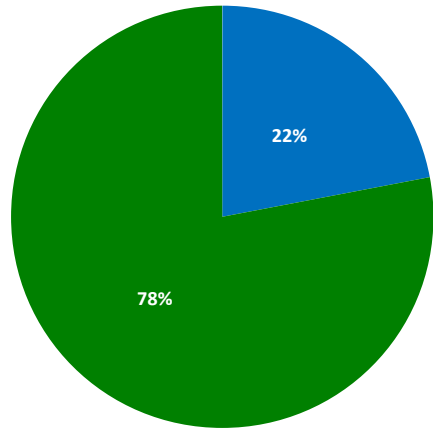
■ Most certainly ■ Certainly ■ Probably ■ Unlikely ■ Not at all

Critical Care for Surgeons - (Miss Vidya Kasipandian)



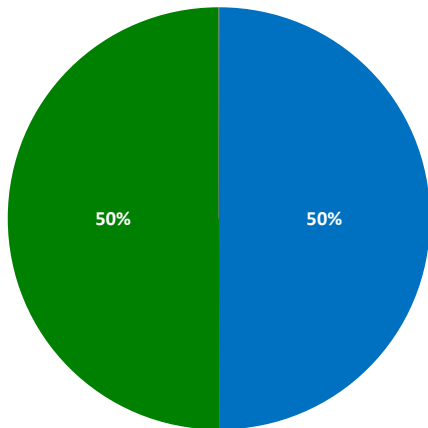
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Breast - (Mr Soni Soumian)



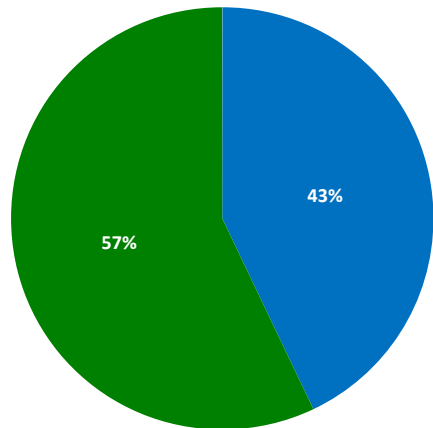
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Endocrine Surgery - (Miss Alison Waghorn)



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

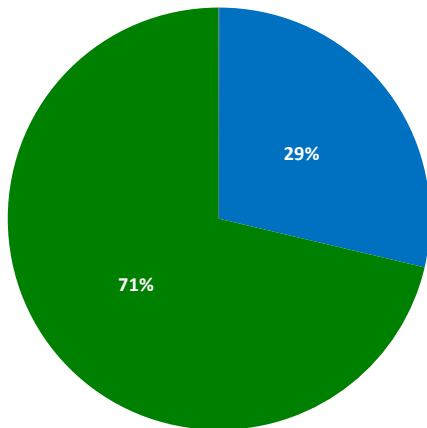
Overview of Basic Surgical Statistics - (Mr Rahul Deshpande)



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

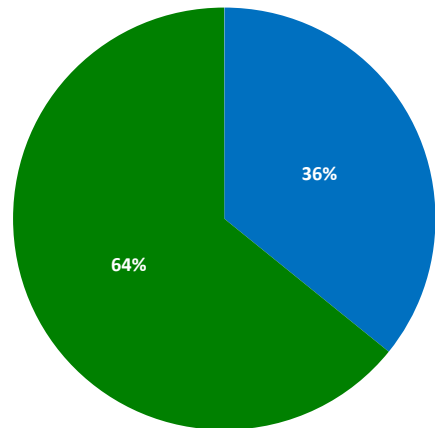
# Overall Teaching Feedback

Clinical case presentations - Transplant surgery, AV fistula, CAPD



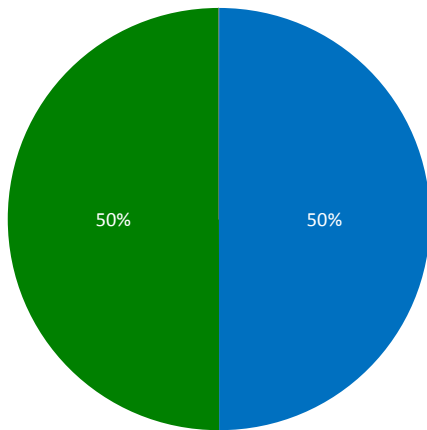
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Clinical case presentations - Colorectal/PTS



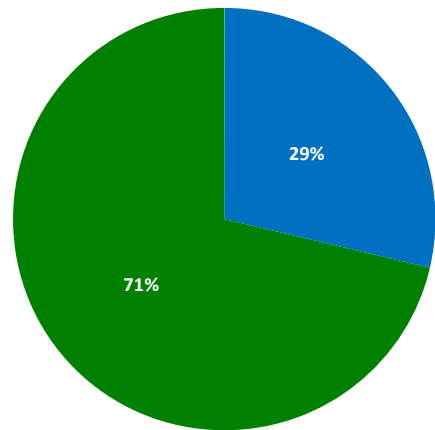
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Clinical case presentations - Upper GI/Hepatobiliary



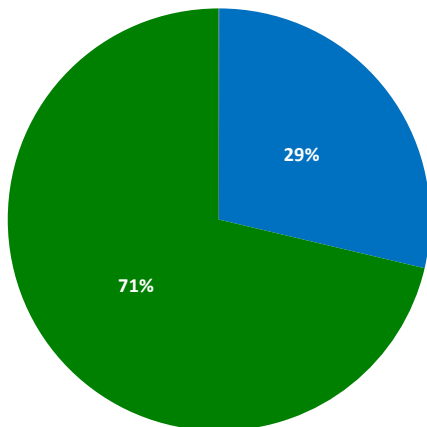
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Clinical case presentations - Breast



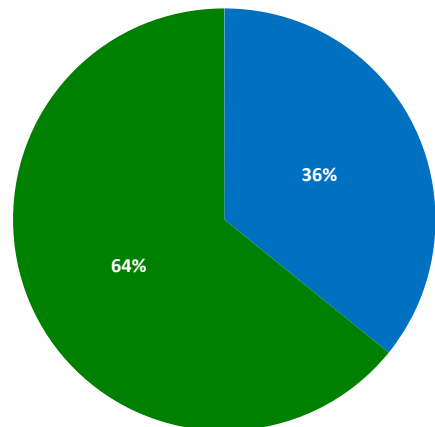
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Clinical case presentations - Hernia



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

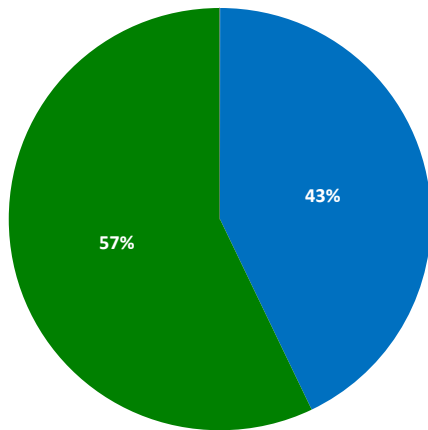
Clinical case presentations - Critical care



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

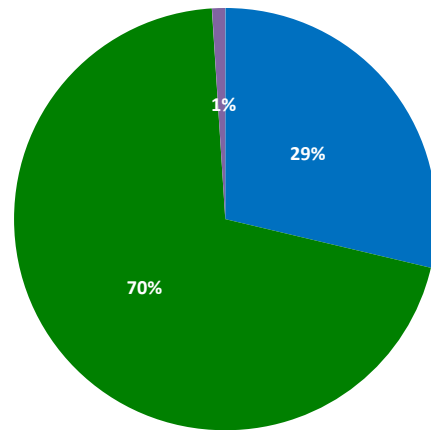
# Overall Teaching Feedback

How were the facilities and venue?



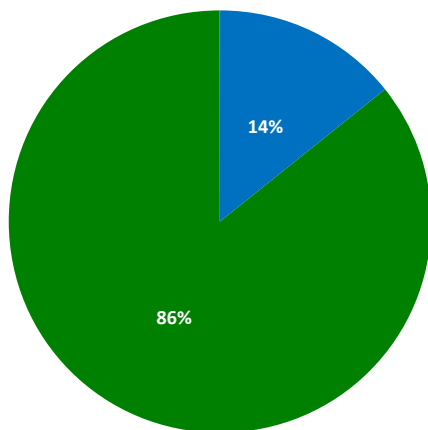
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

How were the refreshments and lunch?



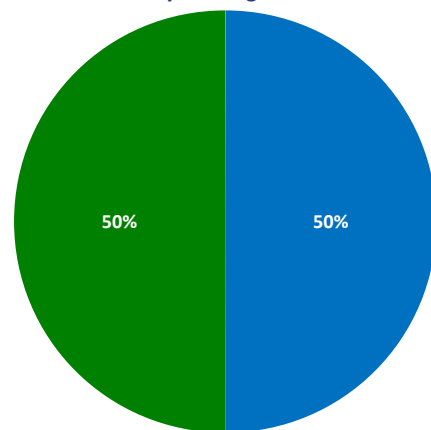
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

How was the course dinner?



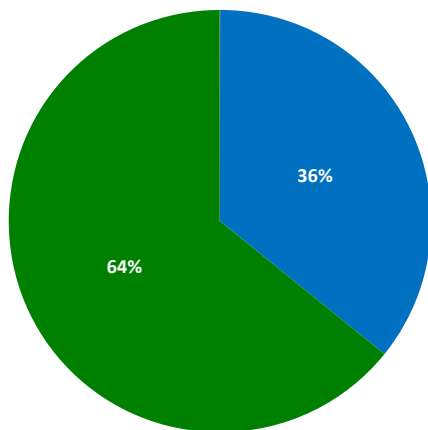
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

How was the general friendliness of the faculty and organisers?



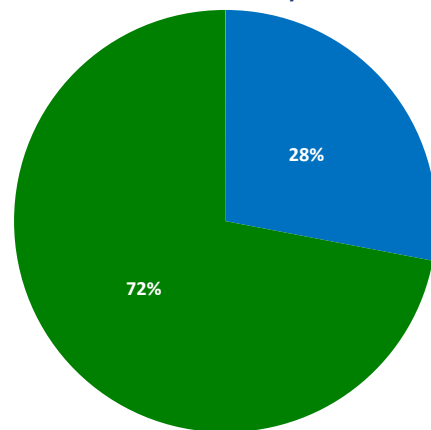
■ Very friendly ■ Friendly ■ Neutral  
■ Not very friendly ■ Can't comment

Would you recommend this course to a friend?



■ Most certainly ■ Certainly ■ Probably ■ Unlikely ■ Not at all

Do you think that this course provided good value for money?



■ Most certainly ■ Certainly ■ Probably ■ Unlikely ■ Not at all

## Individual Comments

Relevant.

**KA**

***Macclesfield District General Hospital, Macclesfield***

The course was very relevant to prepare for the exam, For me it was an opportunity to evaluate my readiness to enter the exam.

**RA**

***Mafraq Hospital***

A good course, certainly will help in passing the exam.

**IA**

***Uinersity Hospital Kerry, Ireland***

Very good course overall. Certainly good experience for exam preparation.

**VU**

***St James's University Hospital, Leeds***

Good value for money.

**OO**

***Connolly Hospital Blanchardstown, Dublin***

Brilliant.

**SB**

***Royal Shrewsbury Hospital, Shrewsbury***

Overall very good course, very friendly and cooperative staff and faculty.

**BJ**

***Makassed Islamic charitable Hospital***

The course was very helpful in giving a flavour of what we would be expecting in the actual exam. The most beneficial bits were the viva practice and the feedback.

**RK**

***Broomfield Hospital, Chelmsford***



# DOCTORS ACADEMY

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## Courses (a selection):

### Undergraduate:

- Final Year Medicine and Surgical Revision Courses
- Training the Clinical Anatomy Trainer
- Clinical Anatomy as Applied to Trauma and Emergency Medicine
- Surgical Anatomy of Important Operative Procedures
- Future Surgeons: Key Skills (RCSEd delivered)
- Structured Introduction to Surgical Skills

### Postgraduate:

- MRCS Part A
- MRCEM Part A
- MRCS Part B OSCE
- DOHNS: Intensive Revision & OSCE
- Intercollegiate Basic Surgical Skills (RCSEd delivered)
- MRCP PACES Part 2
- FRCS (General Surgery) Exit Exam
- Cadaveric Ultrasound-Guided Musculoskeletal Intervention Course
- Ultrasound-Assisted Botulinum Toxin Injection for Neuromuscular Disorders
- Live Advanced Laparoscopic Colorectal Course



## Forthcoming key events:

- **International Medical Summer School**  
*Manchester, 6<sup>th</sup> to 10<sup>th</sup> August 2018*
- **International Academic and Research Conference**  
*Manchester, 11<sup>th</sup> August 2018*
- **World University Anatomy Challenge**  
*Manchester, 9<sup>th</sup> and 10<sup>th</sup> August 2018*

## Publications



[publications.doctorsacademy.org](http://publications.doctorsacademy.org)

## World Journal of Medical Education & Research



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## Online Revision Resources

DoctorExams consists of 1000s of questions with detailed explanations in MCQ, EMQ, SBA and SAQ formats. Questions are written by the Doctors Academy group of experienced clinicians and clinical academics, with mock exams and feedback on performance included to aid a candidate's focused revision of topics. Based on past exams, these questions are carefully crafted to suit the requirements of undergraduate students & postgraduate trainees undertaking relevant speciality exams.

### Resources for:

- Medical Students
- Dental Students
- International Entrance Exams
- MRCS Exams
- General Surgery Exams
- Plastic Surgery Exams
- DOHNS Exams

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