



**10th FRCS (General Surgery)
Exit Exam Preparation Course**

Feedback - July 2017

10th FRCS (General Surgery) Exit Exam Preparation Course

This intensive three-day revision course was designed to help candidates prepare for the Intercollegiate FRCS Examination in General Surgery. Delivered by an experienced group of senior consultants, the course used a combination of direct vivas, interactive discussions, and patients with signs and symptoms to provide the candidates with a focused revision of pertinent topics.

We are pleased to inform you that the 9th Christie FRCS Exit Revision Course in General Surgery was a resounding success and provided a positive experience for the candidates, patients, teaching faculty and the organisers. All the subspecialties in General Surgery were covered during the three days of the course. In addition to providing key knowledge, this course provided plenty of opportunities for the candidates to practice one-to-one vivas as in the exam. The 8th edition of the course also saw the introduction of a subspecialty viva in addition to the general, academic and basic science vivas as well as the clinical examination. The reprint version of the 1st edition of the book, 'FRCS (Gen Surg): The Road to Success' was also provided to all the delegates to aid their revision.

We would like to sincerely thank all those who taught on the course and provided the delegates with invaluable tips and suggestions. A particular mention must go to our esteemed tutor Mr Pradip Datta MBE who conducted a large proportion of the interactive teaching. This course follows in the footsteps of his highly acclaimed Caithness FRCS course in Wick, Scotland, that he conducted for over 25 years.

All candidates felt that they gained good knowledge from the course and found it useful towards their exam preparation. This is reflected in the feedback they provided that is summarised in this document.



Course Information

Course date: 14th - 16th July 2017

Venue: Christie Hospital
Manchester, UK

Attendance: 23 Delegates

Aimed at:

- Consultants
- Speciality Trainees
- Registrar Level Doctors

(ST5 or above/ST3 or above in General Surgery)

Course fee: £685.00
(inclusive of the book, 'FRCS (Gen Surg): The Road to Success')

Objectives of Course:

- Upon completion a delegate should be confident in their preparation for the oral and clinical parts of Section 2 of the exam.
- A delegate should be able to present and discuss clinical cases as in an exam situation.
- A delegate should of learned correct exam technique to further their preparation.

Endorsed by:



THE ROYAL COLLEGE
OF SURGEONS OF
EDINBURGH

The college awards 6 CPD points for attendance in each day of this course. A total of 18 CPD points are awarded for the three days.

Course Programme

Day 1

0815 - 0845	Registration and Coffee	
0845 - 0900	Welcome and Introduction	Mr C R Selvasekar
0900 - 0915	Format of the FRCS Section 2	Professor Sarah O'Dwyer
0915 - 0930	Examination techniques (10 commandments)	Mr Pradip K Datta
0930 - 1110	Emergency Surgery	Mr Pradip K Datta

1110 - 1130 Coffee break

1130 - 1230	Lower gastrointestinal tract	Mr Ihab Jaradat
1230 - 1300	Colorectal and Anus (Speciality talk)	Mr CR Selvasekar

1300 - 1345 Lunch

1345 - 1445	Thyroid & Endocrine Surgery	Mr Pradip K Datta
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1445 - 1800 (with break 1540 - 1600)

Speciality Sessions (Case based discussions)

1445 - 1540	Upper GI Surgery	Mr Ram Chaparala
1600 - 1700	HPB (Speciality talk)	Mr R Deshpande
1700 - 1800	Pancreas (Speciality talk)	Mr R Deshpande

Course Programme

Day 2

0800 - 0850 Trauma Mr Pradip K Datta

0850 - 0940 Vascular Surgery Mr S Rajagopalan

1115 - 1130 Coffee break

0955 - 1000 Format of Clinical Vivas

1000 - 1130 General Vivas [1hr viva (15min x 4 candidates) + 30min discussion]

1145 - 1315 Subspeciality Vivas [1hr viva (15min x 4 candidates) + 30min discussion]

1315 - 1400 Lunch

1400 - 1530 Emergency and Critical Care Vivas [1hr viva (15min x 4 candidates) + 30 min discussion]

1530 - 1600 Coffee break

Articles will be given to the delegates to critique)

1600 - 1730 Academic and Basic science (15min x 4 candidates) + 30 min discussion]

Close of Day 2

Course Programme

Day 3

0800 - 0915	Critical Care for Surgeons	Dr Vidya Kasipandian
0915 - 1000	Damage Control Surgery	Mr Rahul Deshpande
1000 - 1040	Breast Surgery	Mr Narayanan

1040 - 1055 **Coffee break**

1055 - 1140	Endocrine Surgery Miss Alison Waghorn
1140 - 1240	Overview of basic Statistics Mr Rajaganeshan

1240 - 1315 **Lunch**

1315 - 1640	Clinical case presentations (Long and short cases) with discussion Cases: <ul style="list-style-type: none">• Endocrine• Transplant surgery, AV fistula, CAPD• Colorectal/PTS• Upper GI/Hepatobiliary• Breast• Hernia• Vascular• Critical care
1640 - 1700	An Overview of How to Prepare for the Exam
1700	Summary, Feedback and End of Course

Faculty

Mr Pradip Datta, MBE, MS, FRCS (Ed), FRCS (Eng), FRCS (Irel), FRCS (Glasg)

Principal Course Tutor
Honorary Consultant General Surgeon
Caithness General Hospital, Wick, Scotland
Formerly, Examiner for FRCS and MRCS; Member of Council (2000-2012); and Honorary Secretary (2003-2007), Royal College of Surgeons of Edinburgh.

Mr Ahmad Mirza, FRCS

Senior Upper GI Trainee

Miss Alison Waghorn, MB CHB, FRCS

Consultant Endocrine and Breast Surgeon
Royal Liverpool University Hospital NHS Trust

Mr Amar Deshpande, MBBS, FRCS (Glasgow)

Consultant Breast Surgeon
Wrightington, Wigan and Leigh NHS Foundation Trust

Mr Aninda Chandra, FRCS (Gen)

Consultant Colorectal Surgeon
Leighton Hospital, Crewe

Mr Chelliah Selvasekar, MD, FRCS (Ed), FRCS (Gen), PG Cert (Med Ed), P.G.Dip. (Health Executive)

Course Convenor
Consultant Colorectal and Laparoscopic Surgeon
The Christie NHS Foundation Trust, Manchester

Mr Edmund Leung, FRCS

Consultant Colorectal Surgeon
Hereford County Hospital, Hereford

Mr Ihab Jaradat, FRCS

Consultant General Surgeon
York Teaching Hospital NHS Trust

Mr Ismail Mallick, MD, MS, PhD, FRCS (Gen Surg)

Consultant Colorectal Surgeon
Royal Bournemouth Hospital

Mr James Arthur, MB ChB, FRCS

Consultant Colorectal Surgeon
Aintree University Hospital, Liverpool

Mr Kamal Aryal, MS, FRCSEd, FRCS (Gen Surg), Dip. Med. Ed.

Consultant Colorectal Surgeon
James Paget University Hospitals NHS Trust

Mr Khurram Siddique, FRCS

Senior Colorectal Trainee
Sheffield Teaching Hospitals NHS Trust

Mr Mazyar Fani, FRCS

Clinical Fellow in Surgery
The Christie NHS Foundation Trust, Manchester

Mr Muneer Junejo, FRCS

Specialty Registrar
North West Deanery

Faculty

Mr Nasir Iqbal, MBBS, Dip MIS(FRANCE), FRCS (Gen Surg)

Consultant General and Colorectal Surgeon
Wrightington, Wigan and Leigh NHS Foundation Trust

Mr Osama Elhardello, FRCS

Consultant General Surgeon
York Teaching Hospital NHS Foundation Trust

Mr Rahul Deshpande, MBBS, MS, FRCS, FRCS (Gen Surg)

Consultant Hepatobiliary and Pancreatic Surgeon Central
Manchester University Hospitals

Mr Rajasundaram Rajaganeshan, MBBS, MD, FRCS

Consultant Colorectal Surgeon
St Helens and Knowsley Teaching Hospitals NHS Trust

Mr Ram Chaparala, MBBS, FRCS

Consultant Upper GI Surgeon
Salford Royal Hospital

Mr Ravindra Date, MD, FRCSEd, FRCS (Gen Surg), MS

Consultant Upper GI and Bariatric Surgeon
Lancashire Teaching Hospitals NHS Foundation Trust

Mr Rehan Khan, MBBS, MS, MCh

Senior Colorectal Fellow
The Christie NHS Foundation Trust, Manchester

Mr Sankaran Narayanan, MB BS, MS, FRCS

Consultant Breast Surgeon
University Hospital of North Staffordshire NHS Trust

Professor Sarah O'Dwyer, MD, FRCS

Consultant Colorectal Surgeon
The Christie NHS Foundation Trust, Manchester

Mr Siba Senapati, MS, FRCS, FRCS (Gen Surg)

Consultant Upper GI and Bariatric Surgeon
Salford Royal Hospital NHS Foundation Trust

Mr Soni Soumian, FRCS (Gen Surg)

Consultant Oncoplastic Breast and General Surgeon
University Hospitals of North Midlands

Mr Sriram Rajagopalan, MD, FRCS

Consultant Vascular Surgeon
University Hospital North Staffordshire and Leighton Hospital

Professor Stuart Enoch PhD, MRCS (Eng & Edin)

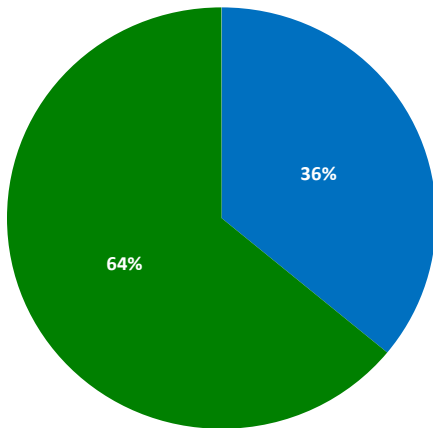
Consultant in Surgical Studies
Executive Director
Doctors Academy Group

Dr Vidya Kasipandian, MBBS, FRCA, EDICM, FFICM

Clinical Lead in Critical Care
Consultant in Anaesthesia
The Christie NHS Foundation Trust, Manchester

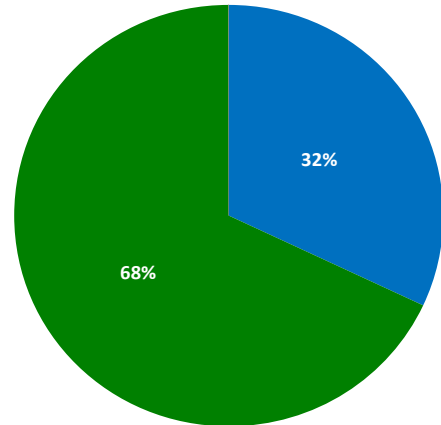
Overall Teaching Feedback

How was the content of the course?



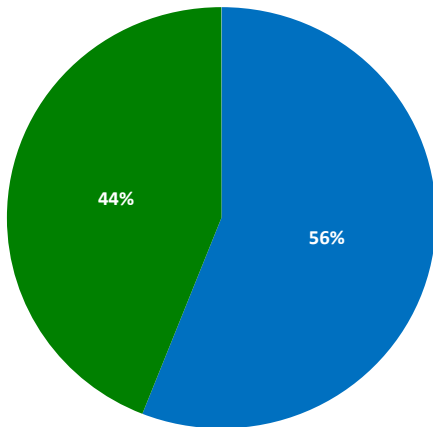
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

How was the clarity of presentations?



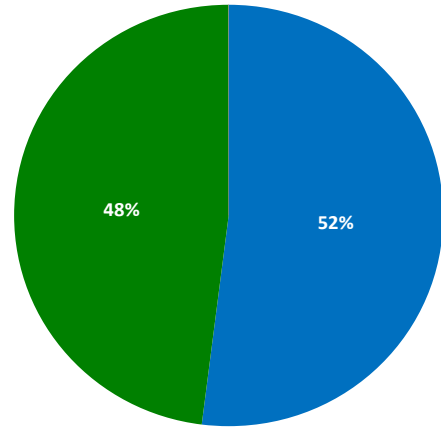
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How do you rate the relevance of the course to your exam



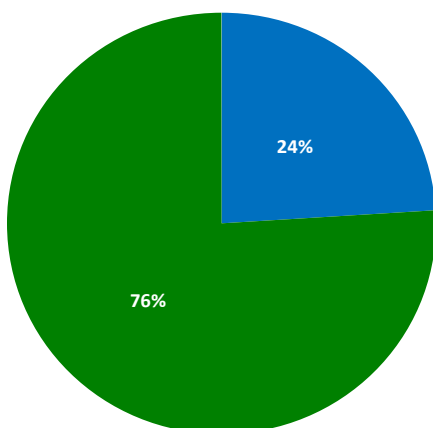
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

How would you rate the general academic standard of the lectures?



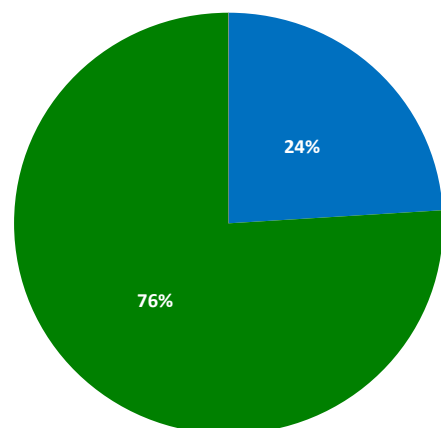
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Information and contents of the book



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

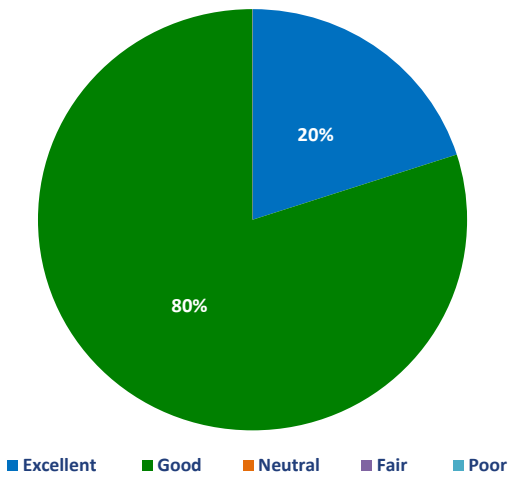
Layout of the book



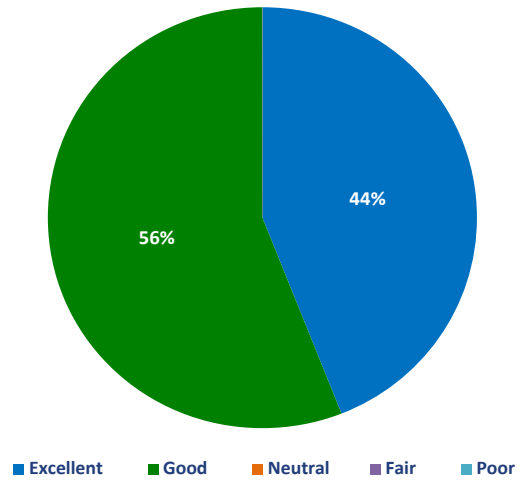
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Overall Teaching Feedback

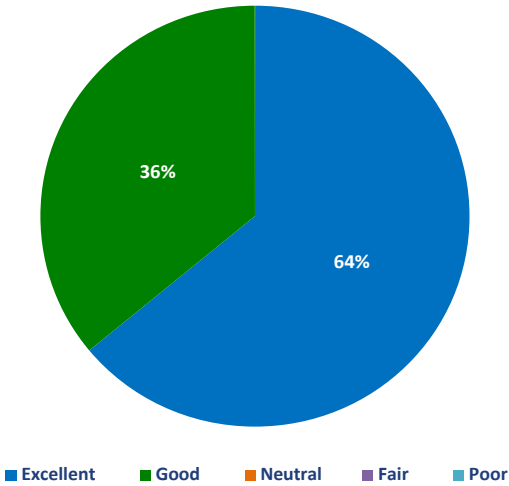
Usefulness of the book



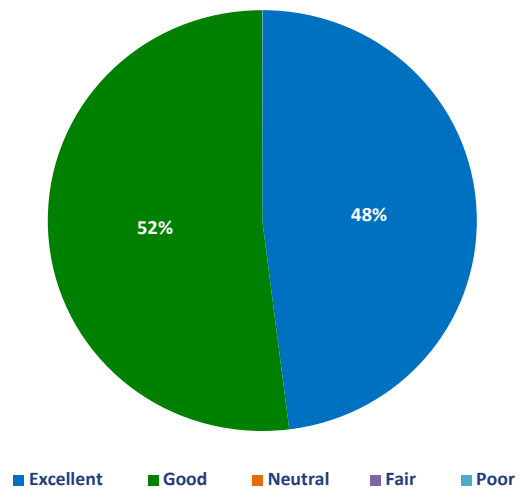
Format of the FRCS Section 2 – (Professor Sarah O'Dwyer)



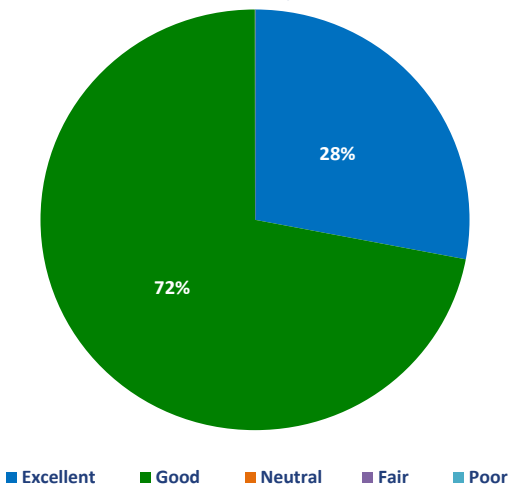
Examination techniques – (Mr Pradip K Datta)



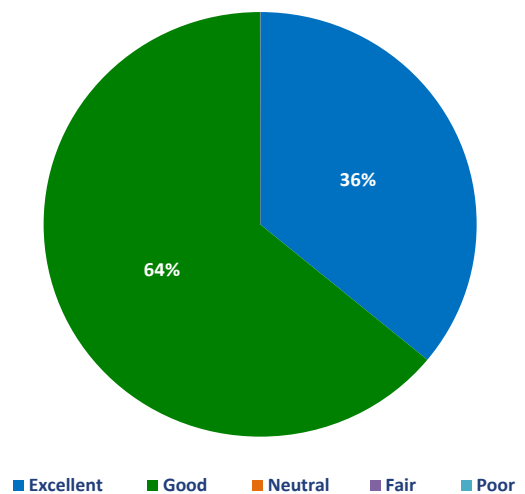
Emergency Surgery – (Mr Pradip K Datta)



Lower gastrointestinal tract – (Mr Ihab Jaradat)

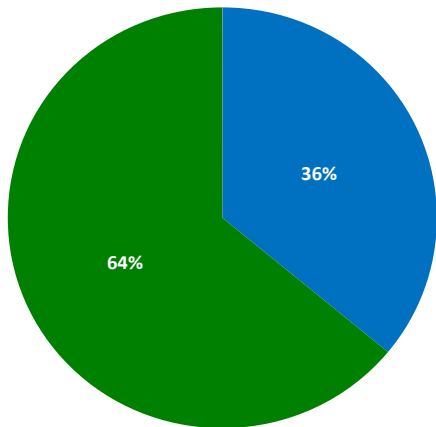


Colorectal and Anus – (Mr CR Selvasekar)



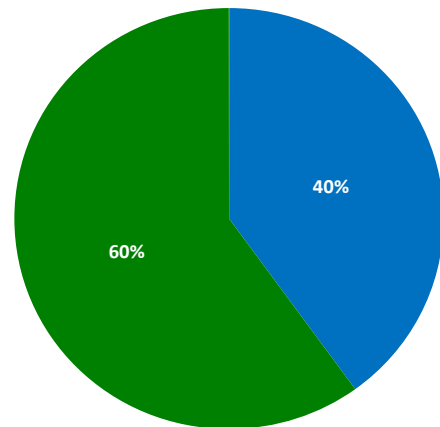
Overall Teaching Feedback

Thyroid & Endocrine Surgery – (Mr Pradip K Datta)



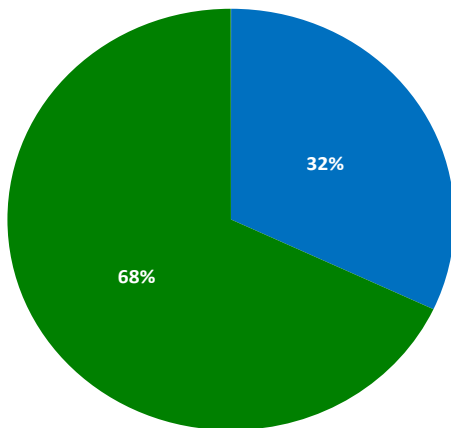
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Upper GI Surgery – (Mr Ram Chaparala)



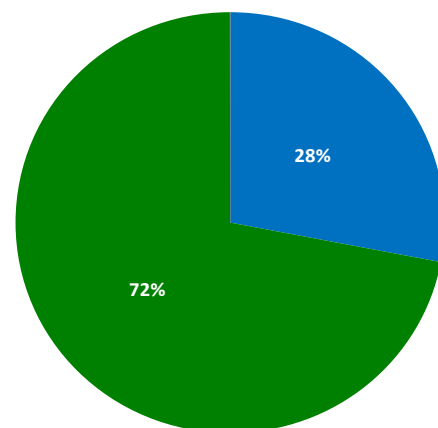
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HPB – (Mr R Deshpande)



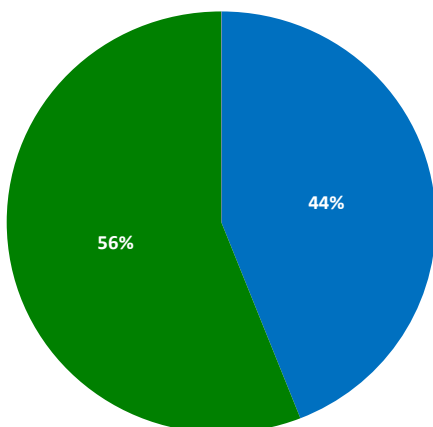
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Pancreas – (Mr R Deshpande)



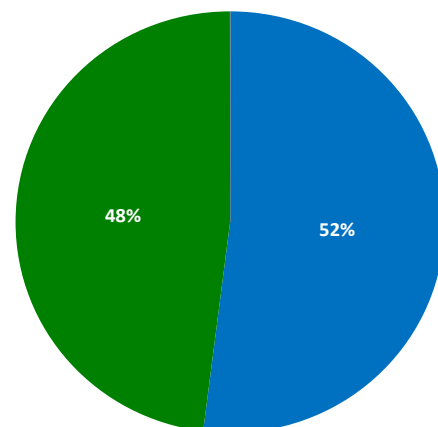
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Trauma – (Mr Pradip K Datta)



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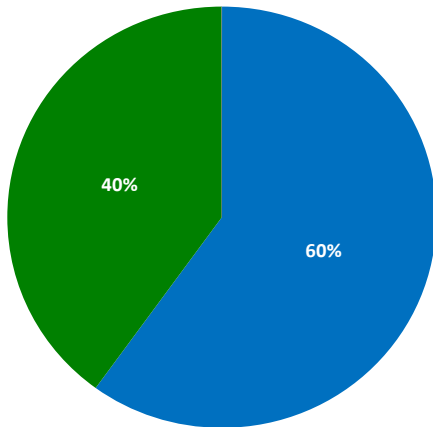
Vascular Surgery – (Mr S Rajagopalan)



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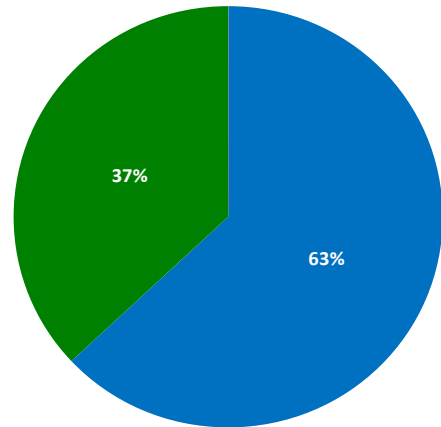
Overall Teaching Feedback

General Vivas



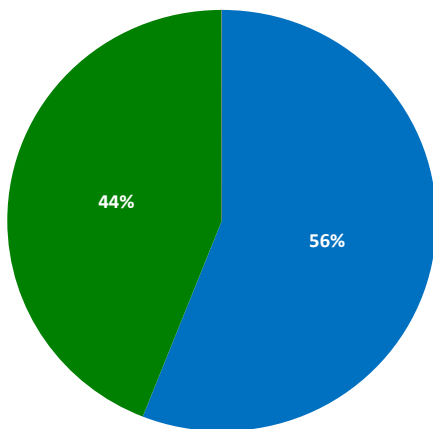
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Subspecialty Vivas



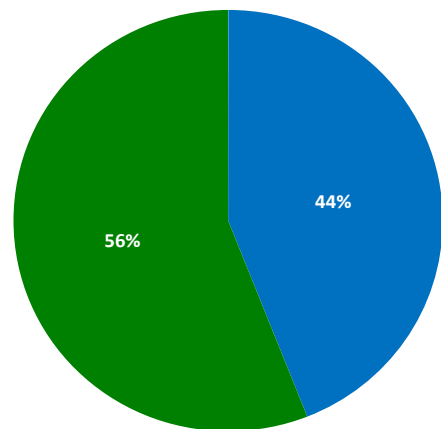
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Emergency and Critical Care Vivas



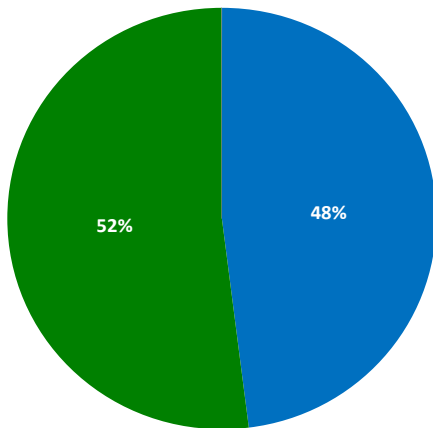
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Academic and Basic science



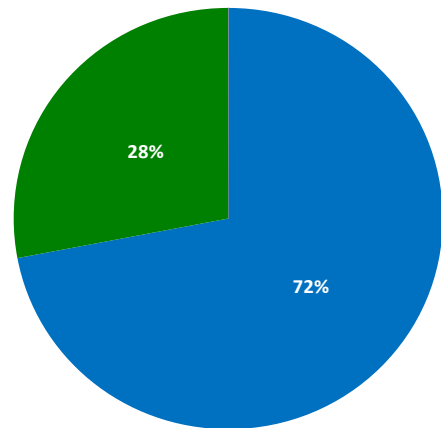
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Critical Care for Surgeons – (Dr Vidya Kasipandian)



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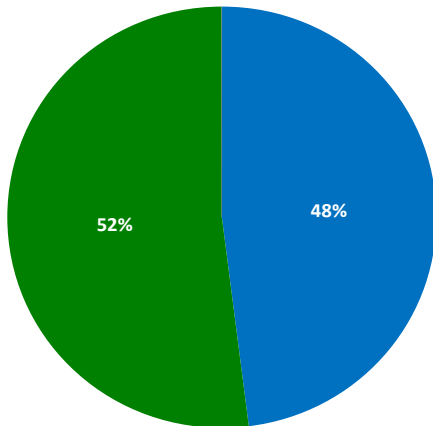
Damage Control Surgery – (Mr Rahul Deshpande)



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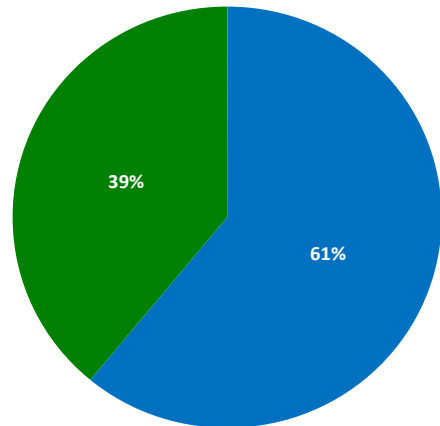
Overall Teaching Feedback

Breast Surgery – (Mr Narayanan)



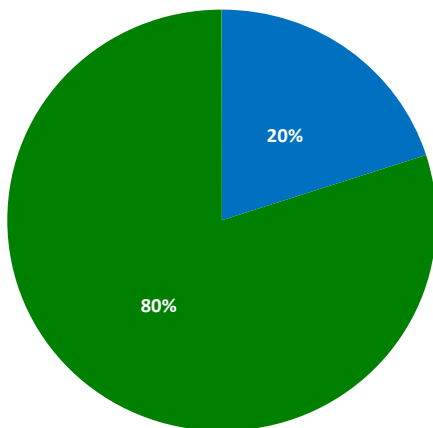
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Endocrine Surgery – (Miss Alison Waghorn)



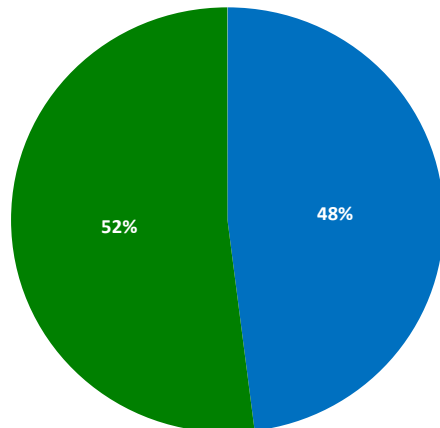
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Overview of basic Statistics – (Mr Rajaganeshan)



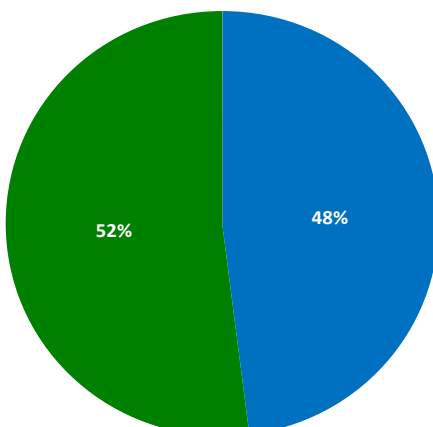
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Clinical cases – Endocrine



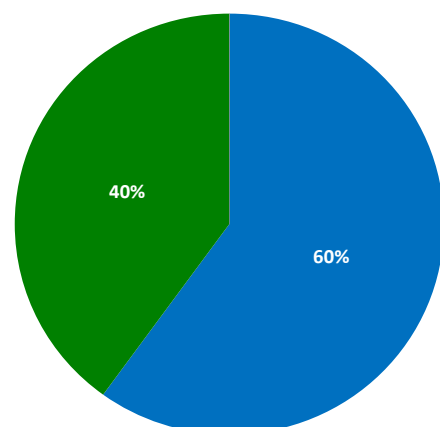
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Clinical cases – Colorectal/PTS



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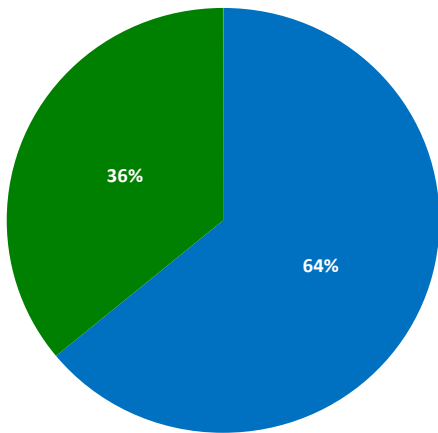
Clinical cases – Upper GI/Hepatobiliary



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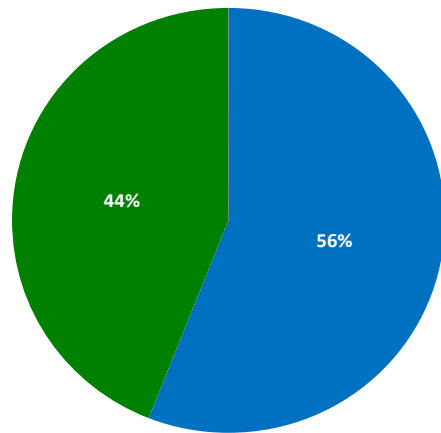
Overall Teaching Feedback

Clinical cases – Breast



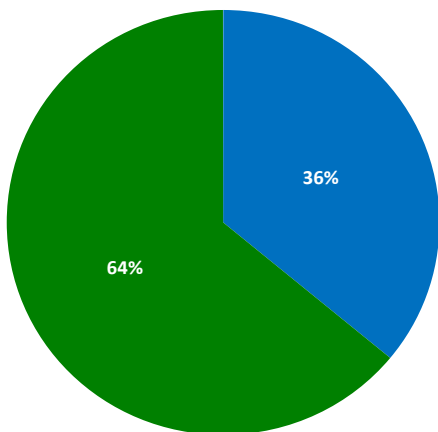
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Clinical cases – Vascular



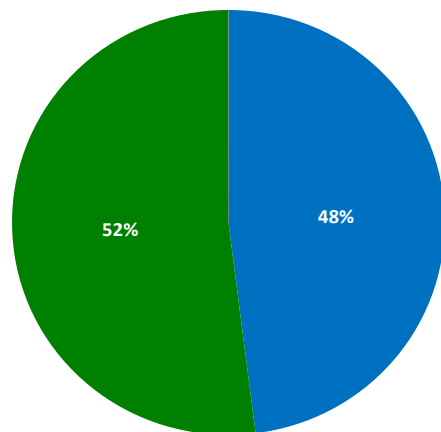
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Clinical cases – Critical care



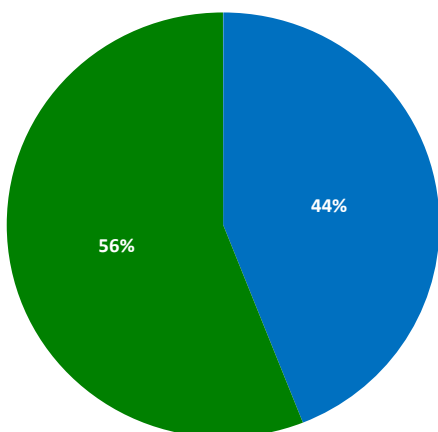
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An Overview of How to Prepare for the Exam



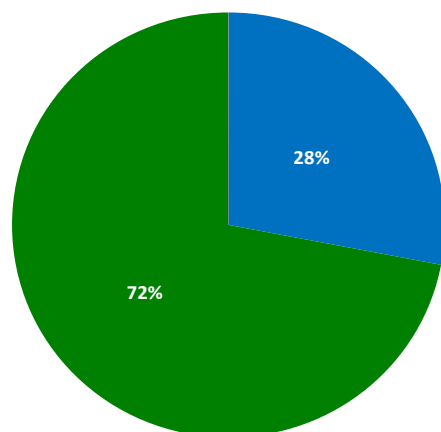
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

How were the facilities and venue?



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

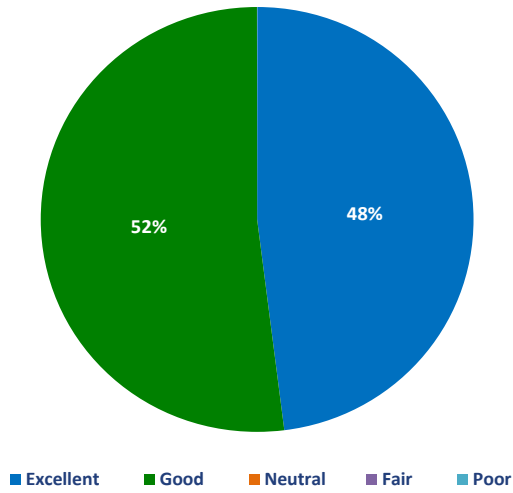
How were the refreshments and lunch?



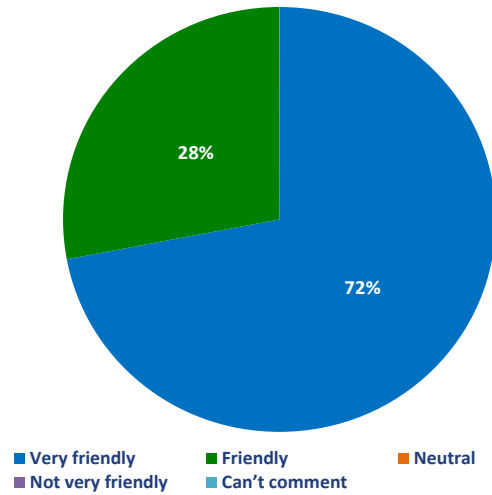
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Overall Teaching Feedback

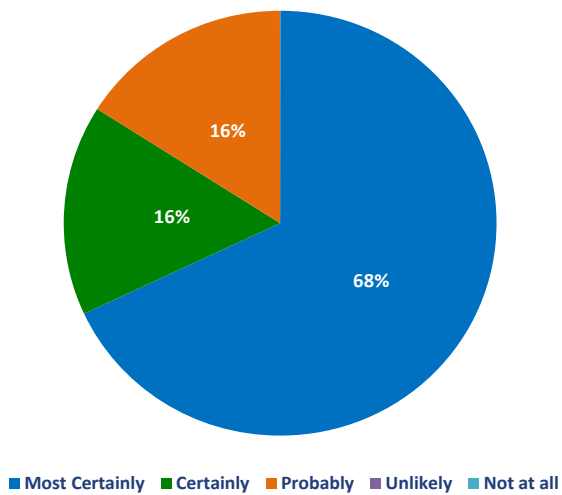
How was the course dinner?



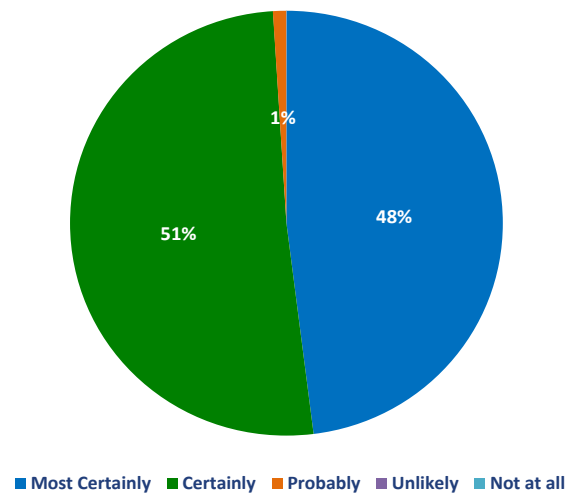
How was the general friendliness of the faculty and organisers?



Would you recommend this course to a friend?



Do you think that this course provided good value for money?



Individual Comments

Good.

MA
Ahmed Abdel-Haleem

Good content.

AM
Nmc Hospital , Abu Dhabi

Optimum in all aspects.

AJ
Leicester General Hospital, Leicester

I was very impressed by the course it is excellent.

TM
King Fahd Armed Force Hospital -Jeddah - KSA

Good.

MA
Mubarak Hospital

A brilliant course. It is an intense course overall experience but this is required to get into the frame of mind required for preparation. The focus on vivas and technique throughout is a great feature of the course.

HA
King George Hospital, Ilford

Good.

MR
Manchester Royal Infirmary, Manchester

Useful.

RK
Nevill Hall Hospital, Abergavenny

Excellent.

RD
North Devon District Hospital, Barnstaple

Individual Comments

Very good.

MK
Queen's Hospital (Burton), Burton-on-Trent

Very good.

EM
Doncaster Royal Infirmary, Doncaster

Very helpful.

AH
Royal Bolton Hospital, Bolton

Very good.

AT
Warrington Hospital, Warrington

Good.

NP
North Manchester General Hospital, Manchester

An excellent course. I am so pleased I attended and I cannot recommend it enough. The right amount of viva and clinical practice interspersed with interactive lectures. Just brilliant.

SJ
Broomfield Hospital, Chelmsford

The course far exceeded my expectations and was both extremely useful exam preparation and enjoyable. It was a privilege to be taught by such faculty in particular Mr Datta. What an incredible example of dedication to surgical education he is. Thank you so much.

KA
Castle Hill Hospital, Cottingham

Very good course.

JE
Derriford Hospital, Plymouth

Excellent and very useful vivas and this what I found most useful.

NS
University Hospital Aintree, Liverpool



DOCTORS ACADEMY

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Doctors Academy is a UK-based International Non-Profit Organisation comprising of doctors, dentists and scientists that undertakes a diverse range of educational activities globally. The aim of the Academy is to disseminate information and exchange medical knowledge between professionals from diverse backgrounds working in a variety of healthcare settings. This is achieved by the provision of a number of attendance courses, publishing house, online resources and international events/ competitions.

Courses (a selection):

Undergraduate:

- Final Year Medicine and Surgical Revision Courses
- Training the Clinical Anatomy Trainer
- Clinical Anatomy as Applied to Trauma and Emergency Medicine
- Surgical Anatomy of Important Operative Procedures
- Future Surgeons: Key Skills (RCSEd delivered)
- Structured Introduction to Surgical Skills

Postgraduate:

- MRCS Part A
- MRCEM Part A
- MRCS Part B OSCE
- DOHNS: Intensive Revision & OSCE
- Intercollegiate Basic Surgical Skills (RCSEd delivered)
- MRCP PACES Part 2
- FRCS (General Surgery) Exit Exam
- Cadaveric Ultrasound-Guided Musculoskeletal Intervention Course
- Ultrasound-Assisted Botulinum Toxin Injection for Neuromuscular Disorders
- Live Advanced Laparoscopic Colorectal Course



Forthcoming key events:

- **International Medical Summer School**
Manchester, 31st July to 4th August 2017
- **International Academic and Research Conference**
Manchester, 5th August 2017
- **World University Anatomy Challenge**
Manchester, 4th August 2017

Publications



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Online Revision Resources

DoctorExams consists of 1000s of questions with detailed explanations in MCQ, EMQ, SBA and SAQ formats. Questions are written by the Doctors Academy group of experienced clinicians and clinical academics, with mock exams and feedback on performance included to aid a candidate's focused revision of topics. Based on past exams, these questions are carefully crafted to suit the requirements of undergraduate students & postgraduate trainees undertaking relevant speciality exams.

Resources for:

- Medical Students
- Dental Students
- International Entrance Exams
- MRCS Exams
- General Surgery Exams
- Plastic Surgery Exams
- DOHNS Exams

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