

# 'Art and Anatomy' for Medical Students

The University of Edinburgh Anatomy Department

Session I. Abdomen - Tuesday 4<sup>th</sup> November 2015

Session II. Thorax - Thursday 13<sup>th</sup> November 2015

Session III. Musculoskeletal - Thursday 20<sup>th</sup> November 2015

Session IV. Head and Neck - Thursday 27<sup>th</sup> November 2015

## FREQUENTLY ASKED QUESTIONS

### 1. The sessions are all booked up but I really want to come. What can I do?

Please email us your details and we will place your name in our waiting list. We request candidates to give us 72 hours' notice for cancellation. We will inform you of your position in the list, and if a place becomes available in the last minute we'll call you as soon as we know. We are likely to do something similar again if this goes well, so if you would like us to add you to our mailing list let us know.

### 2. Can I attend all four sessions?

Yes, you can attend as many or as few of the sessions as you like. You can book them all at once or try one and see how you go, but we anticipate the sessions will fill up quite quickly so bear this in mind when booking.

### 3. How do I cancel?

If you give us 72 hours' notice about cancellations we will return your deposit to you. Please email us your request for cancellation.

#### **4. What equipment do I need?**

We provide all of the art equipment you need including materials (paper, clay, body paint etc). If you have your own equipment that you would like to use please feel free to bring it along.

#### **5. How will we be paired up?**

Some sessions require you to work with a colleague, especially for body painting. If you are coming with a friend and would like to be paired with them please tell us, we will do our best. We will try to pair people of the same gender together – this may not always be possible. If you have any worries about the body painting please look at the questions below. If you're still concerned drop us an email, we'll do our best to answer your questions and accommodate any requests.

#### **6. How should I dress for the class?**

For all classes you should wear clothes that you don't mind getting paint/charcoal/clay on. For body painting classes we need to get to the appropriate part. For the abdomen class if boys are happy to remove their shirts entirely this is ideal, girls should wear a top that allows access to the abdomen – a "crop top" is perfect, if you are happy wearing an ordinary bra or bikini that is fine too. For the head and neck class wear something loose that allows access to your neck down to your collar bone, or a top with thin or no straps. You can wear your crop top/bikini under your ordinary clothes or change in the toilets. Please get here a bit early if you plan to change.

#### **7. Will I have to take my clothes off?**

Only for the body painting classes as detailed above. The course organizers will act as models to be painted for the demonstration, and after that you will work in pairs painting each other, so everyone will get to paint and will be painted. If you don't want to take your clothes off but do want to take part we will provide a volunteer from the faculty for you to paint, but we do need to know about this in advance, so please tell us when you book.

### **8. Will the life model be wearing clothes?**

For life drawing the model will disrobe. This allows you to consider the full skeleton and not to be distracted by the details in clothes. The life model we use will be a professional paid to do this, and will know that you probably haven't done any life drawing before. There is an etiquette that should be observed when drawing a life model. You should concentrate on the task; you should not use your mobile phone or enter/leave the room once the pose has begun. Noise should be kept to a minimum, and there should be no casual conversations. It is ok to refer to the model's body when asking the teacher questions such as "I don't think the shadow under the neck is right", but please do not make any judgmental comments e.g. "he's a very skinny model". Please do not distract the model during poses. Staying still for long periods is tiring, so breaks are required. During breaks, the model will put on a robe and relax, at which time there's nothing wrong with a polite chat with a model. If you have any concerns about using a life model please just let us know. Please note that photography is strictly forbidden.

### **9. How will my deposit be returned?**

If you send us a cheque we will return it to you at the session. If you give us cash we'll give that cash back to you on the day.

### **10. Are there any refreshments?**

To keep the course free we are providing only basic refreshments. If you would be kind enough to make a small donation towards these on the day we would be very grateful. There will be breaks so if you would like to bring your own food and drink please do.

### **11. Do I need to be able to draw?**

No previous experience is necessary as skills will be taught in a very supportive environment.

### **12. Am I allowed to take photographs?**

Photography is strictly forbidden. A professional photographer will attend the body painting sessions and digital copies are available upon request.

### **13. Will I get a certificate?**

Certificates of completion signed by the organizers will be issued at the end of the course for portfolios. A prize will also be given for the best piece of art.

Best wishes,

#### **Course Organisers**

**Dr Megan Anderson (Core Surgical Trainee)**

**Dr Nichola Robertson (Anatomy Teaching Fellow)**