

# Birmingham PACES Course for MRCP Part 2

This course was designed to give delegate a head start on revision, with a focus on perfecting examination technique as well as presentation and communication skills. The emphasis during the course was to equip delegates with the correct method and strategy to pass the exam through observation of ones own technique and to amend any faults to ensure a successful exam.

Day one of the course focuses on the clinical examination stations (cardiovascular, respiratory, abdominal, and neurological systems) as well as the new Station 5. After brief lectures covering this new Station and general strategies to pass the exam, delegates are rotated through clinical stations in small groups to facilitate individualised feedback.

Day two of the course focused on History and Communication skills (Stations two and four). With brief lectures given on general aspects of history taking and communication scenarios, after which rotation through the different stations in small groups helps to consolidate a successful technique and approach.

#### **Course Information**

Course date: 17th and 18th May 2014

Venue: Outpatients Department

Heartlands Hospital Birmingham, UK

Attendance: 23 Delegates

Aimed at: Foundation Doctors

Course fee: £425.00





# **Course Programme**

### Day 1

08:30 - 09:00	Registration and Coffee
09:00 - 09:25	Welcome and lecture – Strategies for passing PACES
09:25 – 10:25	Clinical station 1
10:25 – 10:40	Coffee break
10:40 – 11:40	Clinical station 2
11:40 – 12:40	Clinical station 3
12:40 - 13:40	Lunch
13:40 – 14:40	Clinical station 4
14:40 – 15:40	Clinical station 5
15:40 – 15:55	Coffee Break
15:55 – 17:00	Clinical station 6

# **Course Programme**

### Day 2

08:30 - 09:00	Registration and Coffee
09:00 - 09:35	History taking
09:35 – 10:10	History taking
10:10 – 10:45	History taking
10:45 – 11:00	Coffee break
11:00 – 11:35	History taking
11:35 – 12:10	History taking
12:10 – 12:45	History taking
12:45 – 13:30	Lunch
12:45 – 13:30 13:30 – 14:05	Lunch Communication
13:30 – 14:05	Communication
13:30 – 14:05 14:05 – 14:40	Communication
13:30 - 14:05 14:05 - 14:40 14:40 - 15:15	Communication  Communication  Communication
13:30 - 14:05 14:05 - 14:40 14:40 - 15:15 15:15 - 15:30	Communication  Communication  Communication  Coffee Break

### **Faculty List**

#### **CHIEF COURSE CONVENOR**

#### Dr Nidhi Sagar, MBChB, MRCP (UK)

Specialist Registrar in Gastroenterology
Honorary Research Registrar for the BSPGHAN/Core Liver Transition Project
Queen Elizabeth Hospital Birmingham Liver Unit
Lecturer, Postgraduate Medical Education; Doctors Academy Group (Intl)

#### **COURSE ORGANISERS**

#### Dr Vandana Sagar, MBChB, MRCP (UK)

Speciality Medical Trainee Sandwell Hospital, Birmingham

#### Dr Susanne Kumar, MBBCh, MRCP (UK)

Registrar in Medicine

Lecturer, Postgraduate Medical Education Doctors Academy Group (Intl)

#### Dr Michael Newnham, MBChB, MSc, MRCP, PGCE

Speciality Registrar in Respiratory Medicine University Hospital of North Staffordshire

#### Dr Pradeep Mallisetty, MBBS, MRCP

Speciality Registrar in Acute Medicine George Eliot Hospital, Nuneaton

#### Dr Anna Last, MBChB, BMedSc, MRCP, Diploma Tropical Medicine & Hygiene

Speciality Registrar in Infectious Diseases

Wellcome Trust Clinical PhD Fellow, London School of Hygiene & Tropical Medicine

#### Dr Christopher McAloon, MBChB, MRCP, PGCME

Speciality Registrar in Cardiology Worcester Royal Hospital

#### Dr Adam Seccombe, MBChB, BSc, MRCP

Speciality Registrar in Acute Medicine

Russells Hall Hospital

#### Dr Anil Agarwal, MBBS, MD, MRCP (UK), MSc (Health Science)

Consultant in Stroke Medicine

Basildon and Thurrock University Hospitals NHS Foundation Trust, Essex

#### Dr Ranjna Garg, MBBS, MSc, MRCP, MD

Consultant Physician and Diabetologist Barnet Hospital, London

### **Faculty List**

#### Dr Moe Thaw Oo, MBBS, MRCP (UK)

Speciality Registrar in Geriatric Medicine and General Internal Medicine Sandwell and West Birmingham Hospitals NHS

#### Dr Gordon Moran, MD, PhD, MRCP (UK)

Locum Consultant in Gastroenterology Midstaffordshire Hospital NHS Trust

#### Dr Jamie Johnston, MBChB, MRCP (UK)

Speciality Registrar in Respiratory Medicine New Cross Hospital, Wolverhampton

#### Dr Clare Hughes, MBChB, MRCP (UK)

Speciality Registrar in Geriatric Medicine City Hospital, Birmingham

#### Dr Ali Karamat, MBBS, MRCP, MD

Consultant Physician Diabetes & Endocrinology Solihull Hospital, West Midlands Honorary Senior Lecturer, University of Birmingham

#### Dr Deepa Rattehalli, MBChB, MRCP (UK)

Speciality Registrar in Gastroenterology Royal Worcestershire Hospital

#### Dr Ajay Verma, MBChB, BSc (hons), MRCP (UK), Holder SCE (Gastroenterology)

Speciality Registrar in Gastroenterology Endoscopy Research Registrar; Clinical Research Fellow Kettering General Hospital

#### Dr Vinod Venugopal, MBBS, MD (Res), MRCP

Speciality Registrar in Cardiology, Interventional Cardiology Fellow University Hospital Birmingham

#### Dr Arun Vellore, MBBS, MRCP

Consultant in Acute and Respiratory Medicine Solihull Hospital, Birmingham

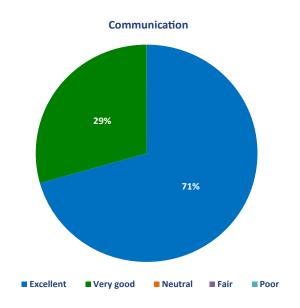
#### Dr Imdi Rahman, MBChB, MRCP

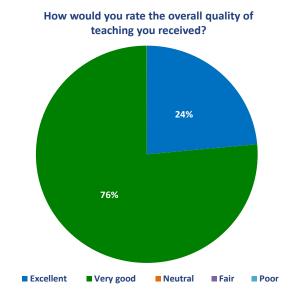
Speciality Registrar in Gastroenterology, Endoscopy Research Fellow Southampton Hospital University Trust

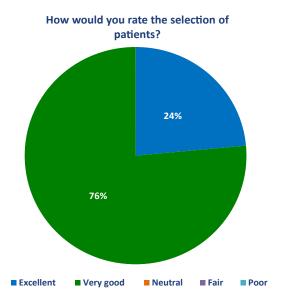
# **Overall Teaching Feedback**

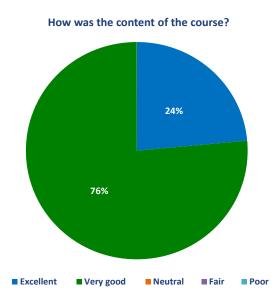


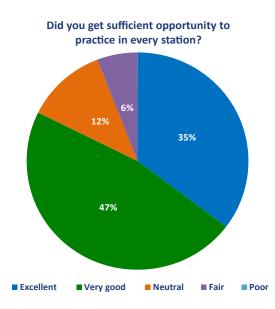
### **Overall Teaching Feedback**

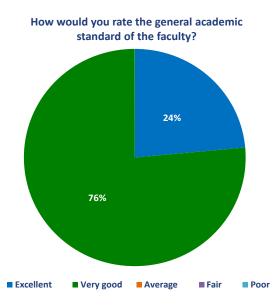




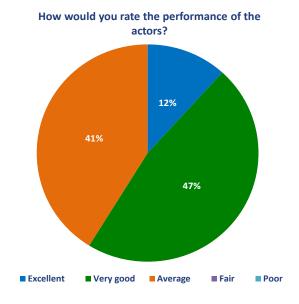


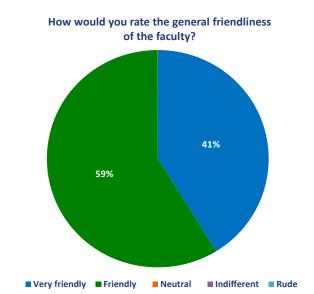






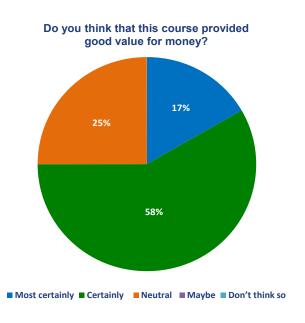
### **Overall Teaching Feedback**











#### **Individual Comments**

Well run course. Good mix of exam practice & chance to see a variety of signs. Faculty all knowledgable with most having relatively recent experience of sitting PACES which I felt was of benefit.

FΗ

Forth Valley Royal Hospital, UK

Useful course. Good teaching.

AA

Sree Krishna Hospital, Kerala, India

Good to actually get hands on experience with examining/ taking history from patients Sometimes felt like people at station not critiquing enough. Better to be critical here and learn than in the exam The group I was put in were people who had not booked the exam or started revising so I felt I couldn't learn much from other members of the group and would prefer a group of all local trainees if possible.

JP

Queen Elizabeth Medical Centre, Birmingham, UK

I am planning to do PACES in Sept'14 and would like to redo this course before my exam.

ΙH

Hillingdon Hospital, Uxbridge, UK

Good.

SB

Good Hope District General Hospital, Sutton Coldfield, UK

Excellent.

JM

St James's University Hospital, Leeds, UK

A second neurology station would hekp. Everyone worst station. Better feedback and teaching on neurology. Perhaps enlist the services of a neurologist.

**FA** 

Queen Elizabeth Birmingham Hospital, UK

Good selection of cases and well organized, ideally will be great to give more feedback after exams to assess more.

UA

New Cross Hospital, Wolverhampton, UK

Very good.

MA

DHQ Hospital, Pakistan

### **Individual Comments**

Extremely useful course with plenty of chance to practice. Excellent range of patients for examination. Thank you.

KW

Western General Hospital, Edinburgh, UK

Examiners on cardiovascular, respiratory and Station5 were particularly helpful.

KD

Queen Elizabeth Medical Centre, Birmingham, UK

Overall it is a good course for the money spent.

ΜZ

Royal Shrewsbury Hospital, Shrewsbury, UK

Good exposure to exam format.

AH

Queen Elizabeth Medical Centre, Birmingham, UK



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#### Courses (a selection):

#### **Undergraduate:**

- Final Year Medicine and Surgical Revision Courses
- Training the Clinical Anatomy Trainer
- Clinical Anatomy as Applied to Trauma and Emergency Medicine
- Surgical Anatomy of Important Operative Procedures
- Future Surgeons: Key Skills (RCSEd delivered)
- Structured Introduction to Surgical Skills

#### Postgraduate:

- MRCS Part A
- MRCEM Part A
- MRCS Part B OSCE
- DOHNS: Intensive Revision & OSCE
- Intercollegiate Basic Surgical Skills (RCSEd delivered)
- MRCP PACES Part 2
- FRCS (General Surgery) Exit Exam
- Cadaveric Ultrasound-Guided Musculoskeletal Intervention Course
- Ultrasound-Assisted Botulinum Toxin Injection for Neuromuscular Disorders
- Live Advanced Laparoscopic Colorectal Course



#### Forthcoming key events:

- International Medical Summer School Manchester, 1<sup>st</sup> - 5<sup>th</sup> August 2016
- International Academic and Research Conference Manchester, 6th August 2016
- World University Anatomy Challenge Manchester, 5<sup>th</sup> August 2016

#### **Publications**



publications.doctorsacademy.org

#### **World Journal of Medical Education & Research**

Peer-reviewed academic journal with ISSN.

No fee to view, read and download articles No subscription charges No submission fees No manuscript processing fee No publishing fee No cost to read, write or publish!

wjmer.co.uk

#### **Online Revision Resources**

DoctorExams consists of 1000s of questions with detailed explanations in MCQ, EMQ, SBA and SAQ formats. Questions are written by the Doctors Academy group of experienced clinicians and clinical academics, with mock exams and feedback on performance included to aid a candidate's focused revision of topics. Based on past exams, these questions are carefully crafted to suit the requirements of undergraduate students & postgraduate trainees undertaking relevant speciality exams.

#### Resources for:

- Medical Students

- General Surgery Exams

- Dental Students

- Plastic Surgery Exams

- International Entrance Exams

- DOHNS Exams

- MRCS Exams

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