

# Practice course for Clinical and Viva Examination in FRCS (Gen Surg)

8th May 2010, Royal Glamorgan Hospital

## TESTIMONIALS

*"I was one of the participants on the Mock FRCS section 2 Exit examination held in May at Wales. I am delighted to inform that I have passed and would like to thank all the course organisers and the faculty for their superb efforts as well as very helpful tips and feedback. My short testimonial is as below:*

*"This mock FRCS Exit exam course is simulated full dress rehearsal on the section 2 of the actual exam. The patients and topics were chosen from a variety of clinical scenarios that accurately reflect the curriculum. Academic viva and all the rest of the vivas are superbly organised and carefully timed. Feedback on performance including correct body language and useful tips and tricks for clinical and vivas immensely enhance candidate's prospects to pass the real exam. One of the exceptional features of this course is that all the examiners are very experienced consultants including some from the Intercollegiate FRCS examiner's panel. I would definitely recommend as excellent value for money and outstanding training for the exam".*  
*Thanks again!"*

**Sabih Hashmi, FRCS, FRCS (Gen Surg) (awaiting award!!)**

*SpR General Surgery  
Hull Royal Infirmary*

*"I passed the exam!!*

*Having done the Whipps Cross course after your mock day, I actually found your course far more helpful in terms of viva and clinical practice, understanding how the day runs and what it feels like to hang around between vivas etc. The exam ran in a similar way to yours with up to 2 hour breaks between vivas and clinicals.*

*What struck me about the exam was that you didn't necessarily need to know masses of information and topics were entirely fair, but your technique for answering the questions was key (especially as some examiners try to throw you off balance). In general you could gauge whether you were doing okay (they were not all poker-faced).*

*I would certainly recommend your course to future trainees and wish you every success with future ones.*

*Thank you again."*

**Michael Clarke FRCS (Gen.Surg)**

*SpR Upper GI Surgery  
Gloucestershire Royal Hospital*

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*"The MOCK exam was very helpful.*

*A mock exam three weeks prior to the actual exam provided me with an excellent opportunity to reflect on my knowledge and exam technique, and plan exactly the same way I would want to present in the 'real' examination.*

*Your mock day was very much like the exam and I will highly recommend it. "*

**Ajo John, MS, FRCS (Gen Surg) (awaiting award)**

*SpR Upper GI/HPB Surgery  
Royal Surrey County Hospital NHS Foundation Trust, Guildford*

*"I am very pleased to inform you that I have passed the exam!!*

*The mock exam was helpful. The best thing about it was its similarity to the real exam. Good variety of cases. I am sure it is hard work. The environment that you had created in Glamorgan hospital very well mimicked the environment that I faced in the real exam. I would like to convey my appreciation to everyone who organized it. "*

**Mr Jainudeen Jameel**

*SpR Upper GI/HPB Surgery  
Leeds Teaching Hospitals*

*This is to let you know that I passed my FRCS exam held on 3-4 June 2010.*

*"The FRCS mock exam course was very useful for the exam preparation as it gave me an excellent insight into how the actual exam will be conducted and also an idea of where I was stood in the exam preparation stage. The mock exam itself was well conducted, as real as to exam situation as possible. Great value for money and excellent overall".*

*Thank you for all the help!*

**Mr Ronnie Mathew, MD, MRCS, FRCS (Gen Surg)!!**

*SpR Colorectal surgery  
Yorkshire Deanery*