

Cardiff MRCS OSCE Course: Three-Day Preparatory Course for MRCS OSCE

22nd – 24th January 2021

College of Physicians and Surgeons of Cardiff, Cardiff Bay, Cardiff

Programme

Friday 22nd January 2021:

0820 - 0830	Registration
0830 - 0840	Introduction to the Course and Format of Current MRCS OSCE (2021 Changes)
0840 - 0950	Revision of Basic Sciences - Part 1 (Surgical Anatomy)

0950 - 1010 Break for Refreshments

1010 - 1050	Small Group Teaching and OSCE - Rotation 1 (Surgical Anatomy and Pathology)
1050 - 1130	Small Group Teaching and OSCE - Rotation 2 (Surgical Anatomy and Pathology)
1130 - 1210	Small Group Teaching and OSCE - Rotation 3 (Surgical Anatomy and Pathology)
1210 - 1300	Small Group Teaching and OSCE - Rotation 4 (Surgical Anatomy and Pathology)

1300 - 1340 Lunch

1340 - 1425	Small Group Teaching and OSCE - Rotation 5 (Surgical Anatomy and Pathology)
1425 - 1510	Small Group Teaching and OSCE - Rotation 6 (Surgical Anatomy and Pathology)
1510 - 1605	Small Group Teaching and OSCE - Rotation 7 (Surgical Anatomy and Pathology)
1605 - 1650	Small Group Teaching and OSCE - Rotation 8 (Surgical Anatomy and Pathology)

1650 - 1705 Break for Refreshments

1705 - 1805	Revision of Basic Sciences - Part 2 (Surgical Anatomy)
1805 - 1905	Revision of Basic Sciences - Part 3 (Surgical Pathology and Microbiology)
1905 - 1915	Summary and Feedback
1915	End of Day 1

Saturday 23rd January 2021:

0820 - 0830 Registration

0830 - 0950 Revision of Basic Sciences - Part 4 (Applied Surgical Sciences and Critical Care)

0950 - 1010

Break for Refreshments

1010 - 1050 Small Group Teaching and OSCE - Rotation 9 (Applied Surgical Sciences and Critical Care)

1050 - 1130 Small Group Teaching and OSCE - Rotation 10 (Applied Surgical Sciences and Critical Care)

1130 - 1210 Small Group Teaching and OSCE - Rotation 11 (Applied Surgical Sciences and Critical Care)

1210 - 1300 Small Group Teaching and OSCE - Rotation 12 (Applied Surgical Sciences and Critical Care)

1300 - 1340

Lunch

1340 - 1640 **Clinical and Procedural Skills** - Small Group Rotations:

Theatre Safety Principles; Handling Instruments; Knot-Tying; Suturing Techniques (simple and advanced); Haemostatic Stitch; Male Urinary Catheterisation; Venepuncture of a High-Risk Patient; Cannulation; FNA; Interpretation of ABG Results.

1640 - 1700

Break for Refreshments

1700 - 1800 Sutures; Needles; Local Anaesthesia; CSF Physiology; Lumbar Puncture.

1800 - 1900 Pre-Operative Assessment; Post-Operative Management; Antibiotics; Theatre List Prioritisation; Wound Healing and Reconstruction.

1900 - 1910 Summary and Feedback

1915 End of Day 2

Sunday 24th January 2021:

0820 - 0830 Registration

0830 - 0950 Revision of Basic Sciences - Part 5 (Surgical Pathology and Clinical Examination)

0950 - 1010

Break for Refreshments

1010 - 1300 **Clinical Examination Skills** - Small Group Rotations:

- Examination of the Abdomen and Abdominal Organs
- Examination of Cranial Nerves
- Examination of Varicose Veins
- Examination of the Arterial System
- Examination of the Cardiorespiratory System
- Examination of the Hip and Knee
- Examination of the Shoulder and Back

1300 - 1340

Lunch

1340 - 1640 **Communication Skills** - Small Group Rotations:

- Information Giving and Information Gathering
- Challenging Situation/Patient
- Difficult Consultation
- Breaking Bad News
- Explaining a Diagnosis or Discussing Management Options
- Consent in Surgery
- Telephone Communication

1640 - 1700

Break for Refreshments

1700 - 1750 Revision of Basic Sciences and Knowledge Component of the Exam

1750 - 1840 Revision for the Skills Component of the Exam

1840 Summary and Close

1845 End of Course