

Essential Principles and Practical Skills in Plastic Surgery: Local Flaps, Approaches to the Hand, and Tendon Repairs

30th October 2021

College of Physicians and Surgeons of Cardiff, Cardiff Bay, Cardiff

Programme

0835 - 0845	Registration
0845 - 0855	Introduction and Objectives
0855 - 0915	Practical Application of Reconstructive Ladder
0915 - 0930	Classification of Flaps
0930 - 0945	Types of Z-Plasty and Designs
0945 - 1015	Designing Z-Plasties on Simulated Models
1015 - 1045	Types and Designs of Local Flaps
1045 - 1100	Refreshment Break
1100 - 1130	Designing Local Flaps on Simulated Models
1130 - 1215	Designing Z-Plasties and Local Flaps on Animal Models
1215 - 1245	Discussion of Clinical Cases - Choosing Local flaps for Various Defects
1245 - 1305	Clinical Assessment of Hand, Wrist and Forearm Injuries
1305 - 1335	Surgical Approaches to Various Hand Conditions
1335 - 1420	Lunch
1420 - 1440	Principles of Extensor Tendon Repair
1440 - 1500	Principles of Flexor Tendon Repair
1500 - 1630	Extensor and Flexor Tendon Repairs on Animal Models
1645 - 1705	Rehabilitative Regimes for Tendon Repairs
1705 - 1730	Recognising and Managing Complications of Flexor and Extensor Tendon Repairs
1730 - 1745	Summary and Feedback
1745	End of Course