

Cardiff DOHNS Course: Focused Communication Skills for DOHNS OSCE / MRCS (ENT)

17th February 2023 (0900-1330 hours)

College of Physicians and Surgeons of Cardiff, Frazer Building, Cardiff Bay, Cardiff

REPORTING INFORMATION

THIS MAIL CONTAINS IMPORTANT INFORMATION. PLEASE TAKE A FEW MINUTES TO READ IT IN ITS ENTIRETY.

Dear Candidate,

Thank you for choosing to attend this course. May we take this opportunity to welcome you to the course and to Cardiff.

This document is to inform you of the directions to the venue and the reporting procedures.

If you are also attending the Intensive Revision for MRCS(ENT) Course on Saturday 18th February, you will receive a separate document with further details.

I. GENERAL AND REPORTING

Date:
17th February 2023 (Friday)

Registration:
Registration will take place at **0855 hours**.

Start of Course:
The course will start at **0900 hours**.

End of Course:
The course will finish at **1330 hours**.

Venue:

**College of Physicians and Surgeons of Cardiff
Frazer Building
126 Bute Street
Cardiff Bay
Cardiff
CF10 5LE**

Where to Report:

When you arrive at Frazer Building, please enter the foyer through the main door. A member of our team will direct you to the appropriate room.

II. ADDRESS, DIRECTIONS AND PARKING

Address:

College of Physicians and Surgeons of Cardiff
Frazer Building
126 Bute Street
Cardiff Bay
Cardiff
CF10 5LE

Driving

From the East

- Exit the M4 at Junction 29 onto the A48(M). Continue for 2.5 miles.
- Continue onto Eastern Avenue/A48 for 2.4 miles.
- Take the exit A4232 towards Cardiff (E)/Docks.
- When you reach the roundabout, take the first exit onto Southern Way/A4161/A4232. Continue for 0.4 miles.
- Take the A4161 ramp to the City Centre and continue for 0.2 miles.
- When you reach the roundabout, take the second exit onto A4161. Continue for 0.8 miles.
- Turn left onto Beresford Road and continue for 0.2 miles.
- Continue onto Moorland Road for 0.4 miles.
- Continue onto Courtenay Road for 0.1 miles.
- Continue onto Walker Road for 0.2 miles.
- Continue onto E Tyndall Street.
- Go through two roundabouts (0.8 miles).
- Continue onto Herbert Street for 0.1 miles.
- Turn left onto Bute Street and continue for approximately 0.5 miles.
- The venue will be on your right.

From the West

- Exit the M4 at Junction 33.
- Take the exit towards Cardiff West.
- When you reach the roundabout, take the third exit onto the A4232. Continue for 9.1 miles.
- Take the exit towards Techniquest/Museum and continue for 0.1 miles.
- When you reach the roundabout, take the first exit onto Stuart Street. Continue for 0.2 miles.
- Continue onto New George Street for 0.1 miles.
- Continue onto Bute Street for 0.1 miles.
- The venue will be on your left.

Parking:

Car parking near the venue is limited (and quite expensive). If it is at all possible, we would suggest that you avoid driving to the venue. If you do need to bring your car, the following car parks are available:

The Red Dragon Centre. Please follow this link for further information:

<https://thereddragoncentre.co.uk/parking/>

Havannah Street (next to St David's Spa Hotel). Please follow this link for further information:

<https://www.cardiffbay.co.uk/listings/havannah-street-car-park/>

Cardiff Q-Park. Please follow this link for further information:

<https://www.q-park.co.uk/en-gb/cities/cardiff/cardiff-bay/>

By Train

The closest station to the venue is Cardiff Bay Railway Station. You will need to change trains at Cardiff Central.

From Cardiff Central Train Station

- On arriving at Cardiff Central, head to Platform 6. Take the train to Cardiff Queen Street (trains run from Cardiff Central to Cardiff Queen Street every 5 minutes). The journey time is approximately 3 minutes.
- On arriving at Cardiff Queen Street, head to Platform 3. Take the train to Cardiff Bay (trains run from Cardiff Queen Street to Cardiff Bay every 12 minutes). The journey time is approximately 4 minutes.
- When you arrive at Cardiff Bay Train Station, exit to the right (sign-posted Mermaid Quay and Mount Stuart Square).
- Turn left onto Bute Street and walk towards the first set of traffic lights.

- Cross the road. You will see Frazer Building in front of you (there is a clock at the top of the building).

Alternatively, you can take a taxi from Cardiff Central Train Station to the venue. This will take approximately 7 minutes.

Visual directions to the venue can be found by following this link:

<https://doctorsacademy.org.uk/coursenw/esst/cardiff-Train.pdf>

III. DRESS CODE

The dress code for this course is professional/semi-formal/smart-casual. Kindly refrain from wearing shorts of any kind, hoodies, and flip-flops.

IV. ACCOMMODATION

If you are struggling to find accommodation, our team can provide you with accommodation in a self-contained house (provided that rooms are available) which you will share only with other delegates attending the course. The house is located close to the City Centre and is approx. 12 minutes by car or taxi from the venue in which the course will be held. The room rate is £56 per person per night for a Standard Room and £68 per person per night for a Queen Room. Continental breakfast is included. For further details, please contact us at courses@doctorsacademy.org.uk, and a member of our team will be able to advise you.

We look forward to meeting you at the course. Please do not hesitate to contact us at courses@doctorsacademy.org.uk if you have any queries in the interim.

Please ring +44 (0) 29 2061 6765 or +44 (0) 75 3426 0131 if you need any help on the day of the course with regards to directions to the venue.

With very best wishes,

Course Faculty
ENT/Head and Neck Courses
Doctors Academy