







Norfolk and Norwich Virtual Microsurgical Conference

Norfolk and Norwich Virtual Microsurgical Conference

Norfolk and Norwich University Hospitals NHS Foundation Trust has a history of producing excellent international conferences. One such example includes the Advances and Controversies in Reconstructive Microsurgery Conference held in 2014 and 2016.

The Trust sought to continue provoking interest and discussion within the complex area of Reconstructive Microsurgery at the Norfolk and Norwich Virtual Microsurgical Conference. The Trust brought together a prestigious group of national and international faculty to share their knowledge and experience while discussing advances within the field.

The challenges created by the COVID-19 pandemic within the sub-specialty was explored while considering how to ensure the specialty continues to advance. Information regarding the latest global research in microsurgery was also addressed.

The virtual conference was held over two days on the 12th and 13th of November 2020. This virtual conference was of excellent academic benefit to regional, national, and international trainees, all of whom were welcome to attend. The Trust encouraged involvement and questioning from colleagues and trainees throughout the day via the interactive Zoom platform.

Course Information		
Venue:	Virtual Zoom Event	
Dates:	12 th - 13 th November 2020	
Attendance:	112 Delegates	
Aimed at:	Regional, National and Plastic Surgery Trainees and Consultants.	
Conference Fee :	£20.00	



Thursday 12th November 2020

1300 Welcoming Panel

Conference Opening Ms Dhalia Masud

Welcome from BAPRAS Mr Mark Henley and Ms Ruth Waters

NMC Chairs Ms Dhalia Masud, Mr Samuel Norton and Ms Anais Rosich-Medina

SESSION 1 MICROSURGICAL BREAST RECONSTRUCTION

Chairs: Ms Dhalia Masud and Ms Ruth Waters

Panel: Mr Nakul Patel, Mr Hyder Ridha, Ms Dhalia Masud, Miss Rieka Taghizadeh and Mr Theodore Nanidis

Speakers: Mr Stephen McCulley, Mr Daniel Leff, Mr Simon Wood, Mr Richard Haywood and Mr Venkat Ramakrishnan

- 1310 Pre-Operative Treatment/PRADA Mr Daniel Leff
- 1330 Surgical Implications of Pre-Operative Treatment Mr Simon Wood
- 1350 Discussion
- 1400 Pre-Operative Imaging Modalities Mr Stephen McCulley
- 1415 Pre-Operative Imaging Modalities Mr Venkat Ramakrishnan
- 1430 Discussion
- 1440 Alternative Flaps in Breast Reconstruction PAP, IGAP, LAP and Lateral Thigh Mr Richard Haywood
- 1500 Discussion
- 1510 Panel Q&A Session All

1530 Break (posters will be available online)

SESSION 2 BREAST MICROSURGERY IN A COVID ERA

Chairs: Ms Anais Rosich-Medina and Ms Dhalia Masud

Panel: Mr Stephen McCulley, Mr Richard Haywood, Mr Daniel Leff, Mr Simon Wood, Mr Keith Allison and Ms Anais Rosich-Medina

Speakers: Mr Venkat Ramakrishnan, Dr Edward Buchel, Mr Nakul Patel, Mr Theodore Nanidis, Miss Rieka Taghizadeh and Dr Jesse Selber

- 1550 Improving Efficiency Further in COVID Era Mr Venkat Ramakrishnan
- 1610 Diep Politics in COVID Mr Theodore Nanidis
- 1620 Diep Politics in COVID Miss Rieka Taghizadeh
- 1630 Reconstructive Breast Microsurgery in a C-19 Environment Mr Edward Buchel
- 1650 UK Experience of Microsurgery in C-19 Era Mr Nakul Patel
- 1710 Reconstructive Microsurgery and Training Mr Edward Buchel
- 1730 Speaker Panel Discussion
- 1750 The Future Robotic Microsurgery Dr Jesse Selber
- 1810 Panel Q&A Session All
- 1820 Close Ms Dhalia Masud

Friday 13th November 2020

0800 Opening Ms Dhalia Masud

SESSION 3 CURRENT TOPICS IN MICROSURGERY

Chair: Mr Georgios Orfaniotis

Panel: Mr Dan Saleh, Mr Ewan Wilson and Mr Christopher West

Speakers: Professor Marc Moncrieff, Mr Maniram Ragbir, Professor Rodriguez-Lorenzo and Dr Jan Maerten-Smit

0810 Reconstructive Microsurgery in Skin Cancer Professor Moncrieff

- 0830 Reconstructive Microsurgery in Sarcoma Mr Maniram Ragbir
- 0850 Discussion
- 0900 Use of Vascularised Nerve Grafts in Facial Nerve Reconstruction Professor Rodriguez-Lorenzo
- 0920 Discussion
- 0930 Microsurgery in Gender Re-Assignment The Amsterdam Experience Dr Jan Maerten-Smit
- 0950 Discussion
- 1000 Panel Q&A 'Tips and Tricks'
- 1020 Free Papers (5 x 10 minutes each)
- 1020 Free Paper 1: Enhanced Recovery after Surgery (ERAS) in Microsurgical Breast Reconstruction Mr Donal Murphy, Galway University Hospitals, Gaillimh, Ireland
- 1030 Free Paper 2: Buried Free Flaps in Breast Reconstruction Ms Victoria Rose, Guy's and St. Thomas' NHS Foundation Trust, UK
- 1040 Free Paper 3: Surgeon-Led Perforator Mapping Using Computed Tomographic Angiography for DIEP Flaps Mr Weiguang Ho, Norfolk and Norwich University Hospitals NHS Foundation Trust, UK
- 1050 Free Paper 4: Our Experience for Tertiary Breast Reconstruction Utilising Autologous Free Tissue Transfer with a Focus on the Patient Journey Mr Mohamed Abdel Razek, Guy's and St. Thomas' NHS Foundation Trust, UK
- 1100 Free Paper 5: Early Comparative Outcomes Following the Recommencement of Elective Autologous Free Tissue Transfer for Breast Reconstruction in the COVID-19 Era Mr George Lafford, Norfolk and Norwich University Hospitals NHS Foundation Trust, UK

1110 Break (posters will be available online)

SESSION 4 MICROSURGICAL UPPER AND LOWER LIMB SURGERY

Chair: Mr Samuel Norton

Panel: Mr Richard Haywood, Mr Samuel Norton, Miss Victoria Rose and Mr David Bell

Speakers: Professor Raja Sabapathy, Dr Mohit Sharma and Professor Philippe Liverneaux

- 1130 The Evolution of Microsurgical Reconstruction in Trauma Professor Sabapathy
- 1150 Discussion
- 1200 Vascularised Composite Tissue Allotransplantation of the Upper Limb Dr Mohit Sharma
- 1220 Discussion

- 1230 Robotics in Peripheral Nerve Surgery Professor Liverneaux
- 1250 Discussion
- 1300 Panel Q&A All
- 1320 Free Papers (5 x 10 minutes each)
- 1320 Free Paper 6: Typical World War I Injuries in the Egyptian Revolution 2011 Professor Tarek Elbanoby, Egypt
- 1330 Free Paper 7: State of Art Facial Defects Restoration, Strategic Plan Using Free and Pedicled Flaps Professor Tarek Elbanoby, Egypt
- 1340 Free Paper 8: Free Dorsal Toe Flap for Reconstruction of the Hallux: Case Report Mr James Chan, Stoke Mandeville Hospital, Aylesbury, UK
- 1350 Free Paper 9: True Survival Rate of Digital Replantation and Evaluation of Prognostic Variables Mr Alex Smith, Broomfield Hospital, Chelmsford, UK
- 1400 Free Paper 10: Acquisition Rates and Mortality Associated with Perioperative SARS-CoV-2 in Surgical Patients Mr Ross Weale, St Thomas's Hospital, London, UK

1410 Comfort Break

SESSION 5 PRIZES AND CONFERENCE CLOSE

Panel: Mr Mark Henley, Ms Dhalia Masud, Ms Anais Rosich-Medina and Mr Samuel Norton

- 1420 Prize for Best Free Paper
- 1425 Prize for Best Poster
- 1430 Close Ms Dhalia Masud

Faculty List

Mr Keith Allison, MBChB, MD, FRCS (Eng), FIMC RCS (Ed), FRCS (Plast)

Consultant Plastic Surgeon James Cook University Hospital, Middlesbrough, United Kingdom

Mr David Bell, MBBS, MD, FRCS (Plast), Dip Hand Surg

Consultant Plastic Surgeon St Helens and Knowsley Teaching Hospitals NHS Trust, United Kingdom

Dr Edward Buchel, MD, BSc, FACS

Associate Professor of Plastic Surgery University of Manitoba, Winnipeg, Canada

Mr Jonothan Clibbon, MBChB, FRCS (Plast), CCST

Consultant Plastic Surgeon Microsurgical Unit, Norfolk and Norwich University Hospitals NHS Foundation Trust, United Kingdom

Mr Richard Haywood, MBBS, FRCS

Consultant Plastic Surgeon Microsurgical Unit, Norfolk and Norwich University Hospitals NHS Foundation Trust, United Kingdom

Mr Mark Henley, MBChB, FRCS (Ed), FRCS (Plast)

Consultant Plastic Surgeon Nottingham University Hospitals NHS Trust, Nottingham, United Kingdom

Mr Daniel Leff, MBBS, FRCS (Gen Surg), MS Oncoplastic (Hons), PhD

Consultant Oncoplastic Breast Surgeon Imperial College London, United Kingdom

Professor Philippe Liverneaux, MD, PhD

Professor of Orthopaedic and Hand Surgery Surgery Strasbourg University Hospitals, France

Dr Jan Maerten Smit, MD, BSc

Consultant Plastic, Reconstructive and Hand Surgeon Amsterdam University Medical Center, Amsterdam, Netherlands

Ms Dhalia Masud, MBBS, FRCS (Plast)

Conference Committee Member Consultant Plastic Surgeon Microsurgical Unit, Norfolk and Norwich University Hospitals NHS Foundation Trust, United Kingdom

Professor Marc Moncrief, MBBS, MD, FRCS (Plast)

Consultant Plastic Surgeon Microsurgical Unit, Norfolk and Norwich University Hospitals NHS Foundation Trust, United Kingdom

Mr Theodore Nanidis, MBBS, BSc (Hons), MPhil (Cantab), FRCS (Plast)

Consultant Plastic Surgeon Royal Marsden Hospital, London, United Kingdom

Mr Samuel Norton, MBBS, MSc, MRCS Ed, FRCS Ed (Plast)

Conference Committee Member Consultant Plastic Surgeon Microsurgical Unit, Norfolk and Norwich University Hospitals NHS Foundation Trust, United Kingdom

Mr Georgios Orfaniotis, MBBS, FRCS (Plast), EBOPRAS

Consultant Plastic Surgeon Guys and St Thomas' Hospital, London, United Kingdom

Faculty List

Mr Nakul Patel, BSc, MBBS, MRCS, FRCS

Consultant Plastic Surgeon Leicester Hospital, Leicester, United Kingdom

Mr Maniram Ragbir, MBBS, FRCS(Glasg), FRCS (Plast)

Consultant Plastic Surgeon Newcastle upon Tyne Hospitals NHS Foundation Trust, United Kingdom

Mr Venkat Ramakrishnan, MBBS, MS (Gen Surg), FRACS, FRCS (Eng)

Consultant Plastic Surgeon Broomfield Hospital, Chelmsford, United Kingdom

Mr Hyder Ridha, BSc (Hons), MBBS, FRCS (Plast)

Consultant Plastic Surgeon East and North Hertfordshire NHS Trust, United Kingdom

Dr Andres Rodriguez-Lorenzo, MD, PhD

Associate Professor of Plastic Surgery Uppsala University Hospital, Uppsala, Sweden

Miss Victoria Rose, MBBS, MRCS, FRCS (Plast), PGCME, LLM

Consultant Plastic Surgeon Guys and St Thomas' Hospital, London, United Kingdom

Miss Anais Rosich-Medina, MBChB, BSc, AHEA, FRCS (Plast)

Conference Committee Member Consultant Plastic Surgeon Microsurgical Unit, Norfolk and Norwich University Hospitals NHS Foundation Trust, United Kingdom

Professor Raja Sabapathy, MS, MCh, DNB (Plastic), FRCSEd, FRCS (Glasg), MAMS, FAMS

Professor of Plastic Surgery Ganga Hospital, Coimbatore, India

Mr Daniel Salah, MBChB, BSc, FRCS (Plast)

Consultant Plastic Surgeon Newcastle upon Tyne Hospitals NHS Foundation Trust, United Kingdom

Professor Jesse Selber, MD, MPH, MHCM, FACS

Professor of Plastic and Reconstructive Surgery University of Texas MD Anderson Cancer Centre, Houston, Texas

Dr Mohit Sharma, MBBS, MS, MCh

Consultant Plastic Surgeon Amrita Institute of Medical Sciences and Research Centre, Kochi, India

Miss Rieka Taghizadeh, MBChB, MRCS (Glas), FRCS (Plast)

Consultant Plastic and Reconstructive Surgeon St Helens and Knowsley Teaching Hospitals NHS Trust, United Kingdom

Miss Leïla Touil, BSc, MBChB, PGCert, MSc, MRCS, FRCS (Plast)

Conference Committee Member Head and Neck Training Interface Group (TIG) Fellow Microsurgical Unit, Norfolk and Norwich University Hospitals NHS Foundation Trust, United Kingdom

Faculty List

Ms Ruth Waters, FRCS (Plast)

Consultant Plastic Surgeon University Hospital Birmingham NHS Trust, United Kingdom

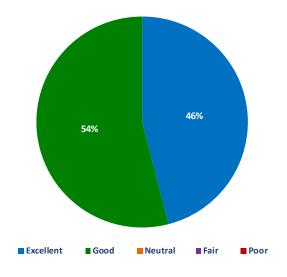
Mr Christopher West, MBChB, BMedSci (Hons), MRCS (Eng), PhD, FRCS(Plast)

Consultant Plastic Surgeon Leeds Teaching Hospitals NHS Trust, United Kingdom

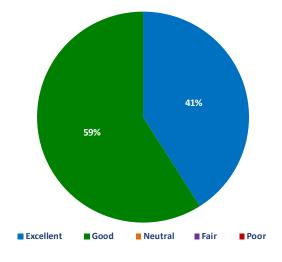
Mr Ewan Wilson, MBBS, MSc, FRCS(Plast) Consultant Plastic Surgeon North Bristol NHS Trust, United Kingdom

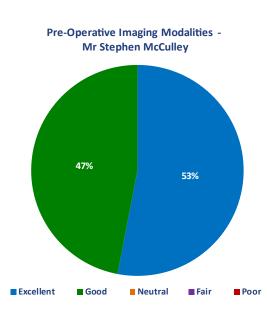
Mr Simon Wood, MBBS, FRCS (Plast) Consultant Plastic Surgeon Imperial College London, London, United Kingdom

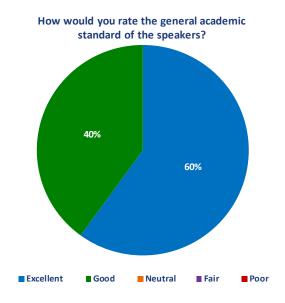




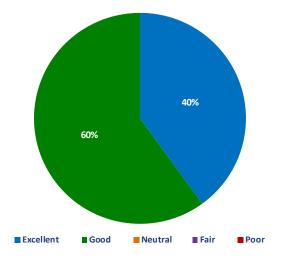


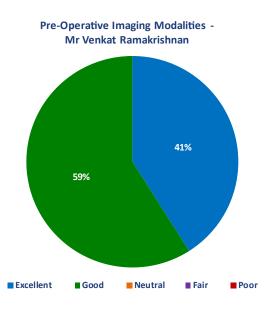


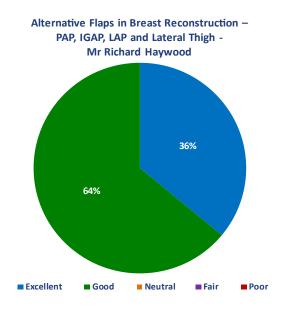




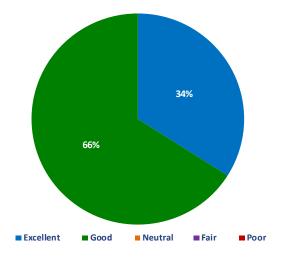
Surgical Implications of Pre-Operative Treatment - Mr Simon Wood

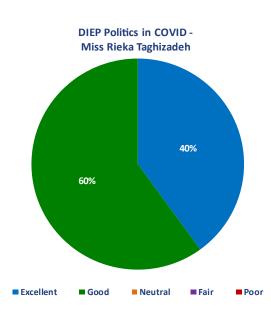






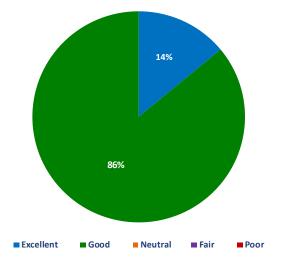




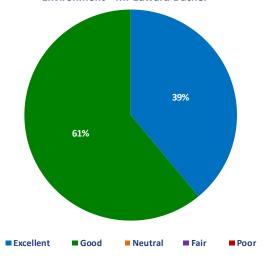


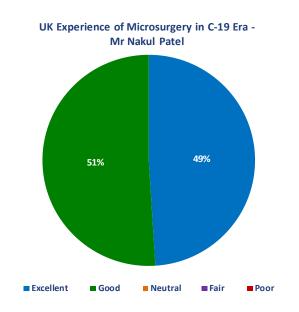
Panel Q&A Session

DIEP Politics in COVID- Mr Theodore Nanidis

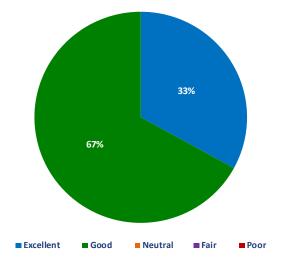


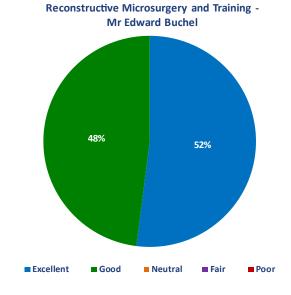
Reconstructive Breast Microsurgery in a C-19 Environment - Mr Edward Buchel



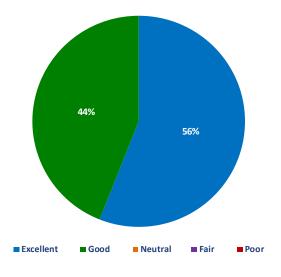


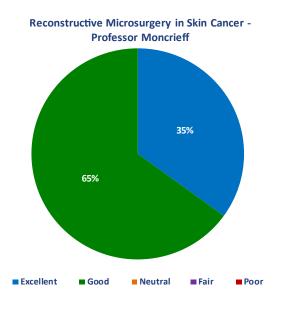




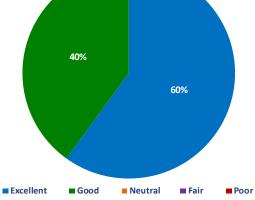


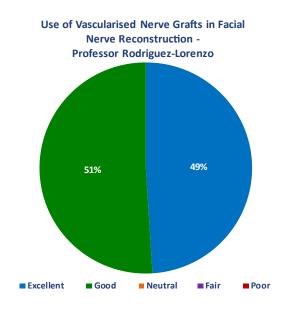
Panel Q&A Session



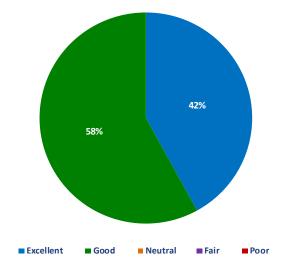




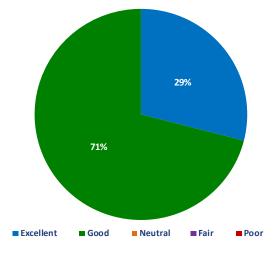


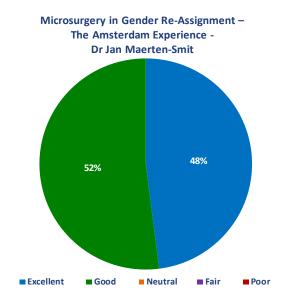


Panel Q&A 'Tips and Tricks'

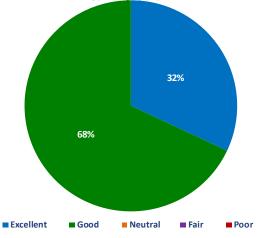


Free Paper 2: Buried Free Flaps in Breast Reconstruction : Ms Victoria Rose, Guy's and St. Thomas' NHS Foundation Trust, UK

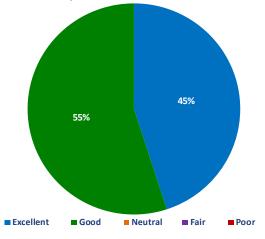


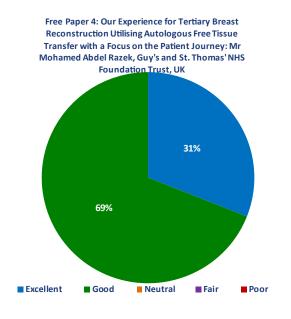


Free Paper 1: Enhanced Recovery after Surgery (ERAS) in Microsurgical Breast Reconstruction: Mr Donal Murphy, Galway University Hospitals, Gaillimh.Ireland

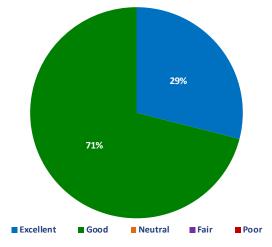


Free Paper 3: Surgeon-Led Perforator Mapping Using Computed Tomographic Angiography for DIEP Flaps Mr Weiguang Ho, Norfolk and Norwich University Hospitals NHS Foundation Trust, UK

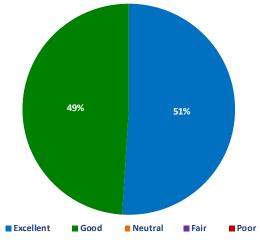


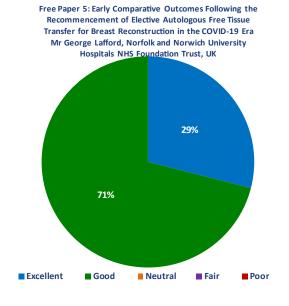




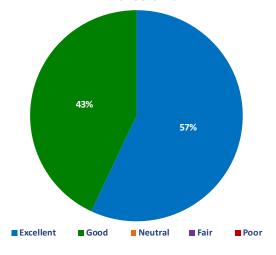




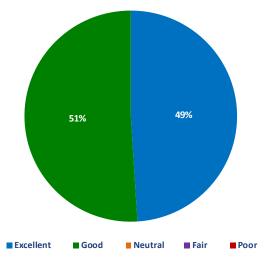


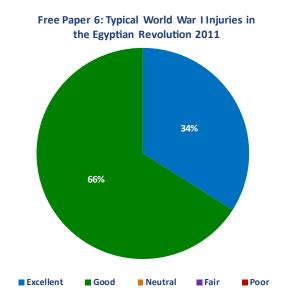


Vascularised Composite Tissue Allotransplantation of the Upper Limb -Dr Mohit Sharma

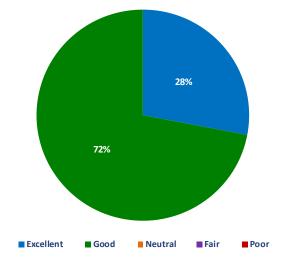


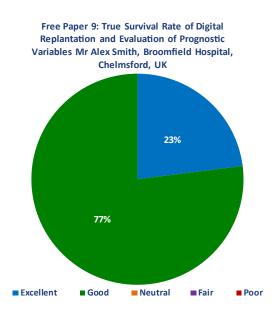




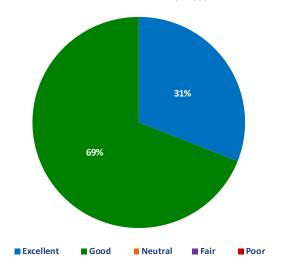


Free Paper 8: Free Dorsal Toe Flap for Reconstruction of the Hallux: Case Report

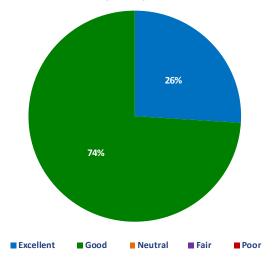




Professor Tarek Elbanoby, Egypt



Mr James Chan, Stoke Mandeville Hospital, Aylesbury, UK



Free Paper 10: Acquisition Rates and Mortality Associated with Perioperative SARS-CoV-2 in Surgical Patients Mr Ross Weale, St Thomas's Hospital, London, UK

Neutral

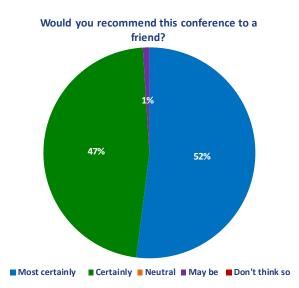
Fair

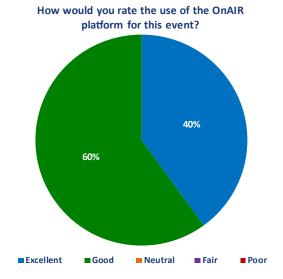
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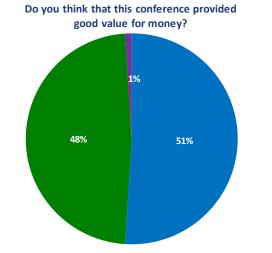
Excellent

Good

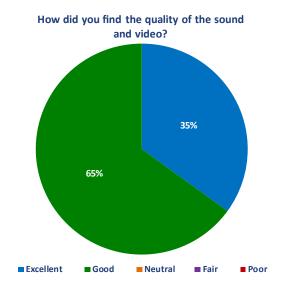
Poor







■ Most certainly ■ Certainly ■ Neutral ■ May be ■ Don't think so



Individual Comments

Excellent conference.

GC Mater Dei Hospital, Malta

Good conference.

SN

Dartford and Gravesham NHS Trust, United Kingdom

Great event.

AC Bradford Teaching Hospitals NHS Foundation Trust, United Kingdom

Would like to participate in future conferences organised by the unit.

SG

Norfolk and Norwich University Hospital NHS Foundation Trust, United Kingdom

Very good Conference.

ΜV

Broomfield Hospital, Chelmsford, United Kingdom

Thanks for organizing.

GM

St George's University Hospitals NHS Foundation Trust, United Kingdom

Very informative and interesting conference.

NG Ulster Hospital, Dundonald, United Kingdom

Great job.

AA Ibn Al Nafees Hospital

Really varied and interesting talks. Q&A were appropriately timed and very useful!

SK

Norfolk and Norwich University Hospital NHS Foundation Trust, United Kingdom

Very informative conference and delivered well.

GD Ministry of Defence

Awesome conference great speakers.

GL

Norfolk and Suffolk NHS Foundation Trust, United Kingdom

Individual Comments

Very good span of topics and informative. QS Broomfield Hospital, Chelmsford, United Kingdom Enjoyable and informative. RV Nottingham University Hospitals NHS Trust, United Kingdom Generally very enjoyable and informative. SB Whiston Hospital, Prescot, United Kingdom Overall very well organised and excellent papers. WK Mid Essex Hospital Services NHS Trust, United Kingdom

Well organised, amazing speakers, excellent content.

DR Stoke Mandeville Hospital

Very informative and concise presentations.

SS

Nottingham University Hospitals NHS Trust, United Kingdom

Great speakers - world class.

FM

Norfolk and Norwich University Hospital NHS Foundation Trust, United Kingdom

Very well delivered given the challenging circumstances.

СМ

Wythenshawe Hospital, Manchester, United Kingdom

I really enjoyed the conference and really appreciated that it was done as a webinar. I hope this option will always be available.

AJ

Harrogate and District NHS Foundation Trust, United Kingdom

Excellent conference, was nice to hear the experience of plastic surgeons overseas.

MA

Southampton General Hospital, Southampton, United Kingdom

Excellent conference, very interesting, a joy to attend.

HA

Royal Free London NHS Foundation Trust, United Kingdom

Individual Comments

Excellent conference. Took away some good learning points and would attend again. Quality of speakers very good.

ED Uppsala University Hospital

Excellent setup, good to keep the virtual attendance option.

DT Queen Victoria Hospital NHS Foundation Trust, United Kingdom

Keep up the good work.

Enjoyed very good.

MM York Hospitals NHS Foundation Trust, United Kingdom

I thought this was a very good conference and I think the online transition was handled well.

GC Royal North Shore Hospital

Whiston Hospital, Prescot, United Kingdom

Looking forward for next event.

MM Holy Family Hospital

SB

Generally good and very useful.

CL Sime Darby Medical Centre

SG Head id Department of Aesthetic Surgery

Great mix of presenters.

Excellent

MF Nottingham University Hospitals NHS Trust, United Kingdom

I would want to attend this event again.

SL

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Doctors Academy is a UK-based International Non-Profit Organisation comprising of doctors, dentists and scientists that undertakes a diverse range of educational activities globally. The aim of the Academy is to disseminate information and exchange medical knowledge between professionals from diverse backgrounds working in a variety of healthcare settings. This is achieved by the provision of a number of attendance courses, publishing house, online resources and international events / competitions.

Courses (a selection):

Undergraduate:

- Final Year Medicine and Surgical Revision Courses
- Training the Clinical Anatomy Trainer
- Clinical Anatomy as Applied to Trauma and Emergency Medicine
- Surgical Anatomy of Important Operative Procedures
- Future Surgeons: Key Skills (RCSEd delivered)
- Structured Introduction to Surgical Skills

Postgraduate:

- MRCS Part A
- MRCEM Part A
- MRCS Part B OSCE
- DOHNS: Intensive Revision & OSCE
- Intercollegiate Basic Surgical Skills (RCSEd delivered)
- MRCP PACES Part 2
- FRCS (General Surgery) Exit Exam
- Cadaveric Ultrasound-Guided Musculoskeletal Intervention Course
- Ultrasound-Assisted Botulinum Toxin Injection for Neuromuscular Disorders
- Live Advanced Laparoscopic Colorectal Course



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- International Academic and Research Conference
- World University Anatomy Challenge

Publications





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DoctorExams consists of 1000s of questions with detailed explanations in MCQ, EMQ, SBA and SAQ formats. Questions are written by the Doctors Academy group of experienced clinicians and clinical academics, with mock exams and feedback on performance included to aid a candidate's focused revision of topics. Based on past exams, these questions are carefully crafted to suit the requirements of undergraduate students & postgraduate trainees undertaking relevant speciality exams.

Resources for:

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- Dental Students

- Medical Students

- Plastic Surgery Exams

- DOHNS Exams

- International Entrance Exams
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