

**Cardiff MRCS OSCE Course:
Applied Surgical Sciences
& Critical Care**

Feedback - April 2015

Cardiff MRCS OSCE: Applied Surgical Sciences & Critical Care

In the final part of the MRCS exam, the surgical trainees are expected to have a good working knowledge of general physiological principles, core knowledge of the physiology of specific systems and an understanding of their application in surgical practice.

This intensive one-day revision course provides the candidates with an overview of basic physiological principles, and the physiology of the respiratory, cardiovascular, renal, endocrine, gastrointestinal, and the central nervous systems.

The interactive lectures were delivered in a manner to help candidates answer the OSCE/ Viva stations in a structured, systematic and concise manner.

Course Information

Course date:	16th April 2015
Venue:	Sir Martin Evans Building Cardiff University, UK
Attendance:	19 Delegates
Aimed at:	Delegates looking to take their membership to the Royal College of Surgeons Part B exam.
Course fee:	£180.00



Surgical trainees can apply to be sponsored by ASiT to receive a bursary to attend this course.

Topics:

- General physiological principles
- Acid-base imbalance (metabolic & respiratory acidosis/alkalosis) & their management
- Fluid balance & fluid replacement therapy
- Renal physiology
- Bleeding & Coagulation
- Management of sepsis & septic shock
- Homeostasis & thermoregulation
- Hypothermia
- Principles of epidural anaesthesia
- Gastrointestinal system
- Cardiovascular system & critical care
- Endocrine physiology
- Neurophysiology & management of head injury
- Burns



Course Programme

0815 - 0825	Registration
0825 - 0830	Welcome - Mr Stuart Enoch
0830 - 0900	General Physiological Principles, Part 1 - Dr Paul Morgan <ul style="list-style-type: none">- Homeostasis & feedback loops.- Applied acid-base balance.
0900 - 0930	General Physiological Principles, Part 2 - Dr Paul Morgan <ul style="list-style-type: none">- Sepsis.- Septic shock.
0940 - 1045	Respiratory system - Dr Teresa Evans <ul style="list-style-type: none">- Normal ventilatory cycle.- Controls of ventilation.- Causes & management of post-operative respiratory failure.- Indications for ventilatory support and weaning off ventilator.- Intermittent positive pressure ventilator.- Acute (adult) respiratory distress syndrome.
1045 - 1100	Coffee Break
1100 - 1135	General Physiological Principles, Part 3 - Dr Paul Morgan <ul style="list-style-type: none">- Bleeding.- Coagulation / Anti-coagulation.
1135 - 1150	Principles of Epidural Anaesthesia / Assessment; Pain Pathways - Dr Paul Morgan
1150 - 1215	Resuscitation, Temperature Regulation & Hypothermia - Dr Paul Morgan
1215 - 1255	Management of Burns - Mr Stuart Enoch <ul style="list-style-type: none">- Assessment.- Indications for referral.- Pathophysiology & principles of management.

1255 - 1330

Lunch

Course Programme

1330 - 1435 Endocrine Physiology - ***Dr Jason Seewoodhary***

- Functions of the pituitary.
- Basic physiology of the thyroid & parathyroid glands.
- Disorders of calcium metabolism.
- Basic physiology of the adrenal glands & glucocorticoids.
- Glucose homeostasis & diabetes in surgery.
- Hypothyroidism & hyperthyroidism.
- Corticosteroids in surgery.

1435 - 1530 Renal System - ***Dr Jason Seewoodhary***

- Renal auto-regulation.
- Renin-angiotensin system.
- Types & management of renal failure.
- Erythropoietin.

1530 - 1545

Coffee Break

1545 - 1645 Cardiovascular System - ***Mr Joe Thekkudan***

- Cardiac pressure cycle.
- Control of cardiac output.
- Blood pressure & its control mechanisms.
- Inotropes & their actions.

1645 - 1730 Critical Care in Surgery - ***Mr Joe Thekkudan***

1730 - 1830 Physiological Principles in the Management of Trauma - ***Mr Stuart Enoch***

1830 - 1915 Essential Surgical Microbiology - ***Mr Stuart Enoch***

1915 - 1930 Summary & Feedback

1930 End of Course

Faculty List

Dr Paul Morgan, FRCA

Examiner – Royal College of Surgeons of England

Consultant Intensivist, Adult Critical Care

University Hospital of Wales, Cardiff

Professor Stuart Enoch, MB BS, PhD, PGCert (Med Sci), MRCSEd, MRCS (Eng)

Senior Lecturer; Director of Education & Research

Doctors Academy Group

Dr Jason Seewoodhary, BSc (Hons), MBBCh (Hons), MRCP (UK)

Speciality Registrar in Endocrinology

University Hospital of Wales, Cardiff

Dr Teresa Evans, FRCA

Consultant Anaesthetist

Royal Gwent Hospital, Newport

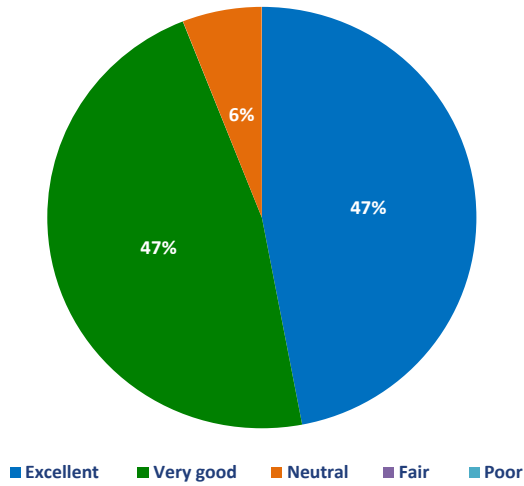
Mr Joe Thekkudan, FRCSEd

Registrar in Cardiothoracic surgery

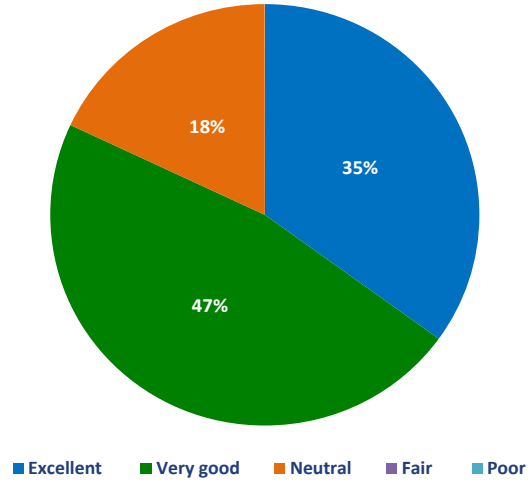
New Cross Hospital, Wolverhampton

Overall Teaching Feedback

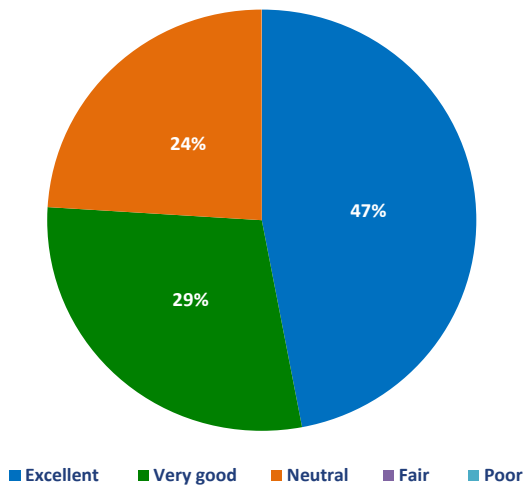
How was the content of the course?



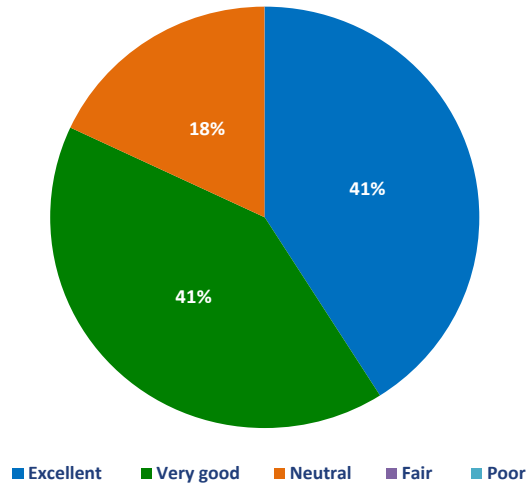
How was the clarity of presentations?



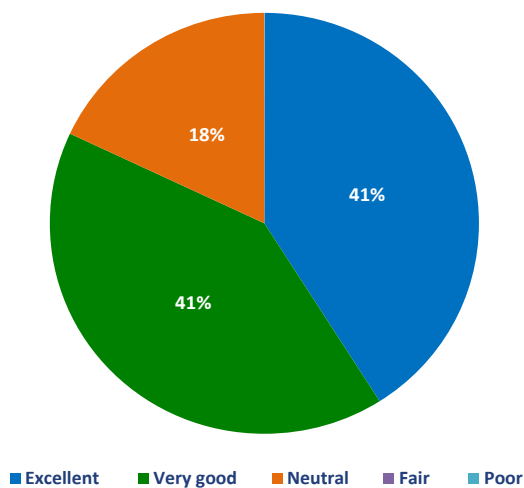
How do you rate the relevance of the course to your exam?



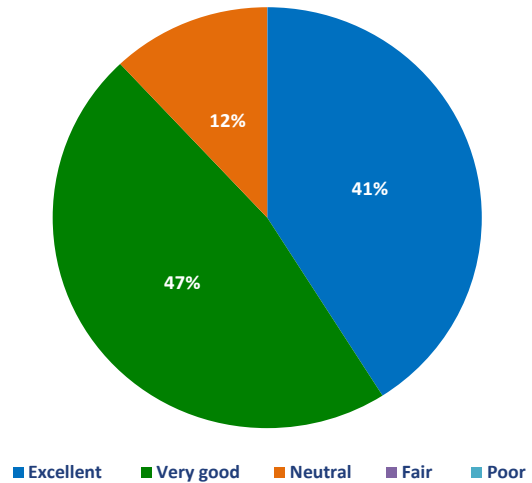
How would you rate the general academic standard of the lectures?



Trauma and Post-op Management

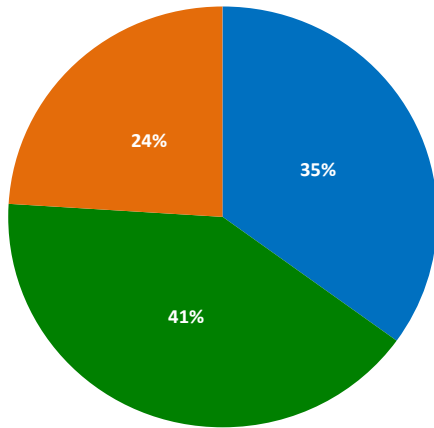


Respiratory Physiology



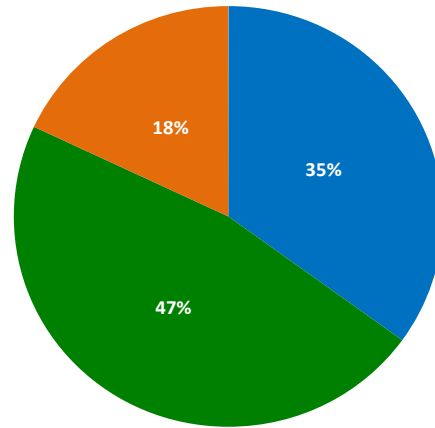
Overall Teaching Feedback

Fracture Neck of femur



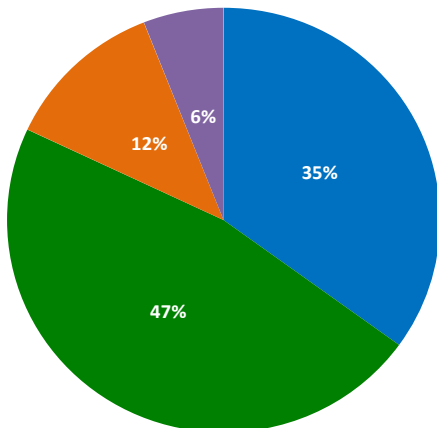
■ Excellent ■ Very good ■ Neutral ■ Fair ■ Poor

Head Injury



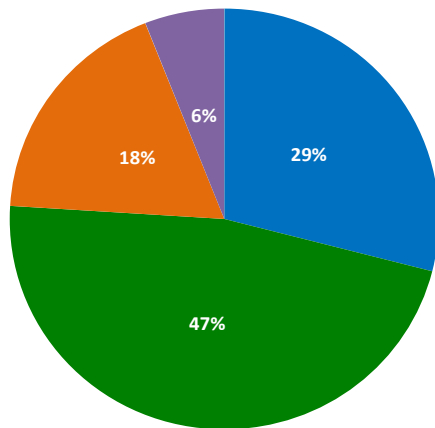
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Management of Burns



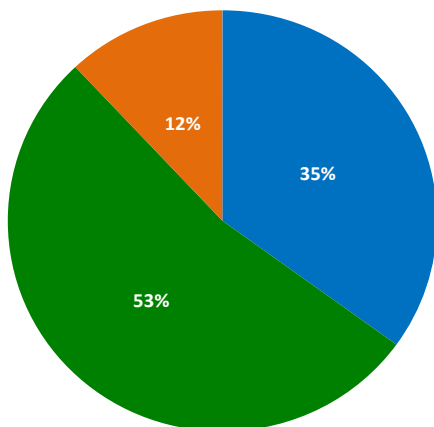
■ Excellent ■ Very good ■ Neutral ■ Fair ■ Poor

Surgical Microbiology



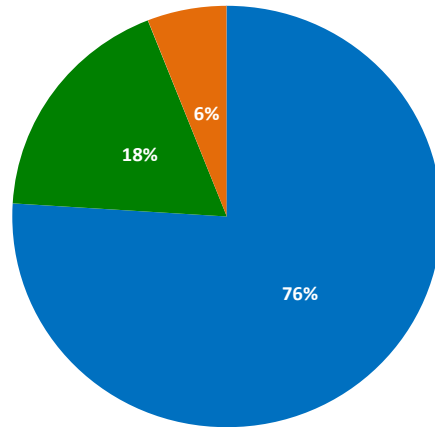
■ Excellent ■ Very good ■ Neutral ■ Fair ■ Poor

Homeostasis and Acid-base balance



■ Excellent ■ Very good ■ Neutral ■ Fair ■ Poor

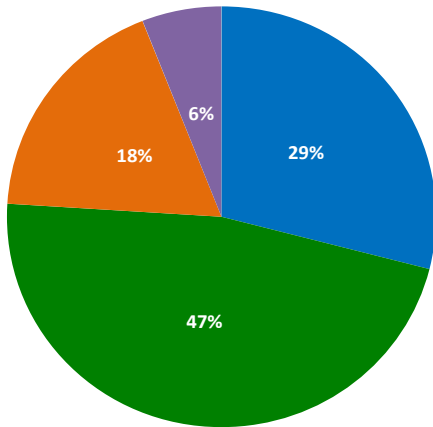
Sepsis/Septic Shock



■ Excellent ■ Very good ■ Neutral ■ Fair ■ Poor

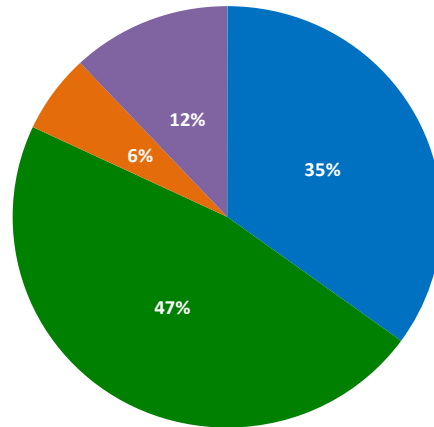
Overall Teaching Feedback

Bleeding/Coagulation



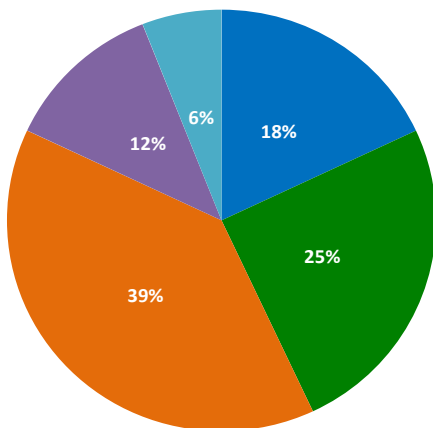
■ Excellent ■ Very good ■ Neutral ■ Fair ■ Poor

Epidural Anaesthesia



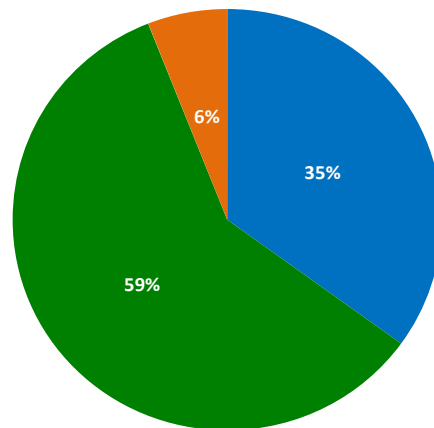
■ Excellent ■ Very good ■ Neutral ■ Fair ■ Poor

Pain Management



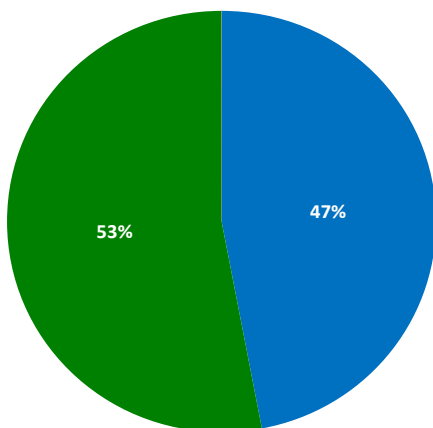
■ Excellent ■ Very good ■ Neutral ■ Fair ■ Poor

Hypothermia



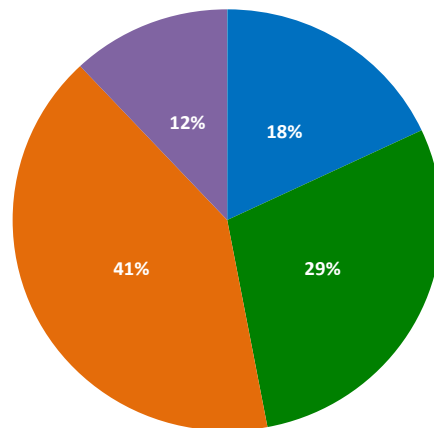
■ Excellent ■ Very good ■ Neutral ■ Fair ■ Poor

Cardiovascular System



■ Excellent ■ Very good ■ Neutral ■ Fair ■ Poor

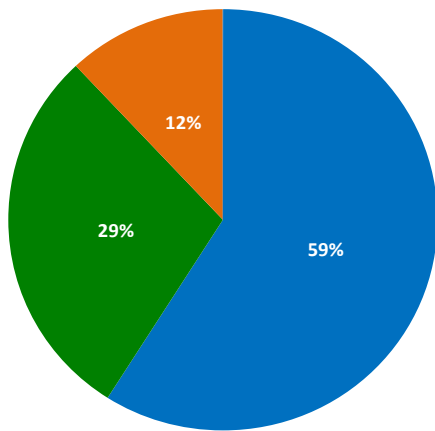
Surgical Critical Care



■ Excellent ■ Very good ■ Neutral ■ Fair ■ Poor

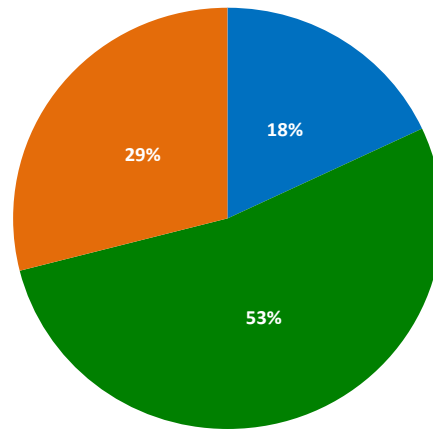
Overall Teaching Feedback

Would you recommend this course to a friend?



■ Most certainly ■ Certainly ■ Neutral ■ Maybe ■ Don't think so

Do you think that this course provided good value for money?



■ Most certainly ■ Certainly ■ Neutral ■ Maybe ■ Don't think so

Individual Comments

Information overload but in a systematic fashion. Relevant course material.

NH

Leicester General Hospital, Leicester, United Kingdom

Excellent.

JB

Royal Preston Hospital, Preston, United Kingdom

Very organised. Covered all the broad contents. Very helpful.

GS

Wythenshawe Hospital, Manchester, United Kingdom

Excellent overall. Lecturer's were great and very kind. Very glad I went to this!

CC

National Hospital for Neurology & Neurosurgery, London, United Kingdom

Overall very good and relevant.

HP

Ysbyty Gwynedd, Bangor, United Kingdom

The content of the course was good and relevant. The presentations were clear. Will be recommending it to others preparing for the exam.

AR

Royal Derby Hospital, Derby, United Kingdom

Excellent course and faculty. Good quality presentations. Relevant for exam preparation.

SH

Wrexham Maelor Hospital, Wrexham, United Kingdom



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Courses (a selection):

Undergraduate:

- Final Year Medicine and Surgical Revision Courses
- Training the Clinical Anatomy Trainer
- Clinical Anatomy as Applied to Trauma and Emergency Medicine
- Surgical Anatomy of Important Operative Procedures
- Future Surgeons: Key Skills (RCSEd delivered)
- Structured Introduction to Surgical Skills

Postgraduate:

- MRCS Part A
- MRCEM Part A
- MRCS Part B OSCE
- DOHNS: Intensive Revision & OSCE
- Intercollegiate Basic Surgical Skills (RCSEd delivered)
- MRCP PACES Part 2
- FRCS (General Surgery) Exit Exam
- Cadaveric Ultrasound-Guided Musculoskeletal Intervention Course
- Ultrasound-Assisted Botulinum Toxin Injection for Neuromuscular Disorders
- Live Advanced Laparoscopic Colorectal Course



Forthcoming key events:

- **International Medical Summer School**
Manchester, 1st - 5th August 2016
- **International Academic and Research Conference**
Manchester, 6th August 2016
- **World University Anatomy Challenge**
Manchester, 5th August 2016

Publications



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