



# INTERCOLLEGIATE BASIC SURGICAL SKILLS COURSE

9<sup>th</sup> and 10<sup>th</sup> October 2017, Kent and Canterbury Hospital, Canterbury, England

## PROGRAMME

### DAY 1

**0815 - 0830 Registration and Refreshments**  
Faculty meeting

**0830 - 0840 Introduction and statement of course objectives, assessment overview**

**0840 - 0900 Gowning and Gloving Double gloving and gown/glove removal**

**0900 - 0950 Knots One-handed reef knot and surgeon's knot**

**0950 - 1050 Knots (continued)**  
Instrument tie and tying at depth

**1050 - 1105 Refreshments**

**1105 - 1130 Handling Instruments Scissors, haemostats, forceps and scalpel**

**1130 - 1300\* Suturing Techniques Needles and incisions**  
Interrupted sutures, simple and mattress sutures; Continuous sutures, sub-cuticular suture

**1300 - 1345 Lunch**

**1345 - 1425 Skin Lesions and Local Anaesthetic Techniques**  
Techniques for tissue dissection  
Application of local anaesthetic  
Excising a skin lesion and sebaceous cyst

**1425 - 1455 Ligation/Transfixion**  
Pedicle transfixion, continuity tie, pedicle tie

**1455 - 1555 Tissue-Handling 1**  
Bowel: End-to-end interrupted (hand tied knots, no assistance)

**1610 - 1655\* Tissue Handling 2**  
Tendon Repair (assisted)

**1655 - 1710 Electro-surgery**  
General Principles of Electro-surgery

**1710 - 1730 Discussion and feedback**

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## DAY 2

**0830 - 0900 Reprise of knot tying**  
Common faults

**0900 - 1030 Abdominal Closure and Drain Insertion (assisted) Aberdeen Knot**  
The art of assisting

**1030 - 1045 Refreshments**

**1045 - 1245\* Tissue Handling 3**  
Vascular surgery principles  
Vein patch exercise (assisted)

**1245 - 1330 Lunch**

**1330 - 1340 Wound Management 1**  
Abscess drainage (no assistance)

**1340 - 1355 Skin Suture OSAT**

**1355 - 1445 Wound Management 2**  
Debriding a traumatic wound

**1445 - 1500 Refreshments**  
Ensure you have completed the entire assessment and feedback form including a development plan

**1500 - 1515 Introduction to Generic Endoscopic Surgery**  
Principles of camera technique, depth cueing, fulcrum effect

**1515 - 1715 Box Trainers**  
Exercises: Placing peas in a pot, stacking sugar cubes, cutting a glove, putting Polos on a string and tying knots on a skin pad

**1715 - 1730 Discussion and feedback**

**1730 Close**

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