

# The Royal College of Surgeons of Edinburgh Intercollegiate Basic Surgical Skills Course

**14<sup>th</sup> and 15<sup>th</sup> December 2019 (Saturday and Sunday)**  
Wirral University Teaching Hospital (Arrowe Park), Wirral

## REPORTING INFORMATION

**KINDLY READ THIS IN FULL SINCE IT CONTAINS IMPORTANT INFORMATION.**

Dear Colleague,

Thank you for choosing to attend the Royal College of Surgeons of Edinburgh Basic Surgical Skills Course on 14<sup>th</sup> and 15<sup>th</sup> December 2019. We look forward to welcoming you.

This mail is to inform you of the programme and format for the days.

### I. GENERAL AND REPORTING INFORMATION

**Dates:** 14<sup>th</sup> and 15<sup>th</sup> December 2019 (Saturday and Sunday)

**Timings:**

**Day 1**

Start of Registration: 0830 hours

Start of Course: 0850 hours assembly into the room for a 0900 hours prompt start

End of Course: 1700 hours

**Day 2**

Start of Course: 0830 hours

End of Course: 1645 hours

**Venue:**

Clinical Skills Centre, Wirral University Teaching Hospital (Arrowe Park Hospital), Wirral

**Address:**

Clinical Skills Centre

Wirral University Teaching Hospital (Arrowe Park Hospital)

Arrowe Park Road

Wirral

Merseyside

CH49 5PE

## II. DIRECTIONS AND PARKING

Please follow this link to view the hospital on a Google map:

[https://www.google.co.uk/maps/place/arrowe+park+hospital/@53.3718638,-3.0948622,15z/data=!4m2!3m1!1s0x0:0xdc3d73bab95a4b4?sa=X&ved=0CHoQ\\_BlwDGoVChMlh526gJKXyQIVzLkUCh3t3AoT](https://www.google.co.uk/maps/place/arrowe+park+hospital/@53.3718638,-3.0948622,15z/data=!4m2!3m1!1s0x0:0xdc3d73bab95a4b4?sa=X&ved=0CHoQ_BlwDGoVChMlh526gJKXyQIVzLkUCh3t3AoT)

Please follow this link for detailed information regarding directions to the hospital and parking:

<https://www.wuth.nhs.uk/our-locations/arrowe-park-hospital/getting-here/>

**When you enter the hospital, kindly follow signs for 'Clinical Skills Centre'.**

## III. COURSE FORMAT AND CONTENT

This course is a structured programme of learning basic surgical skills and techniques. Delivered using a series of tutor demonstrations and hands-on sessions on animal tissue, the course will introduce you to the safe basic surgical techniques that are common to all surgical practices.

On completion of this course, you will be able to: (i) Demonstrate an appropriate procedure for 'gowning' and 'gloving' in accordance with recommended standards of practice; (ii) Tie a variety of reliable knots, including, surgical reef knots and the Aberdeen knot and tying at depth. (iii) Describe correct handling and use of surgical instruments. (iv) Suture a variety of tissues, including skin, bowel, vascular tissue and tendons effectively. (v) Perform abscess drainage and contaminated wound debridement in accordance with the basic principles of wound management. (vi) Demonstrate safe fine tissue handling utilising small bowel, vascular and tendon models for basic anastomoses technique. (vii) Demonstrate an understanding of basic diathermic technique. (viii) Demonstrate effective management of ergonomic issues commonly encountered in laparoscopic surgery.

## IV. PRE-COURSE MATERIAL

You will have already gained access to the pre-course online material and videos. This is provided to give you a background to the course, as well as additional theoretical knowledge. While the material and videos should be viewed prior to the course, it is primarily meant for you to practice exercises after the course. It is important that you do not practice exhaustively from the online material alone as specific exercises will be demonstrated during the course. These may differ slightly in method from that shown online.

You can access the course materials at: <https://www.rcsed.ac.uk/my-profile/> by logging in with your College username and password.

- If you did not previously have a College web account, one has been created for you. Your username and password have already been sent to you via email.
- If you have forgotten your username or password, you can retrieve them at <http://www.rcsed.ac.uk/forgotten-password.aspx>

Participants of previous courses have occasionally failed to grasp the essentials of knot tying and the primary importance of safety in the minimal access section. Please give this due consideration. If you are predominantly right-handed, you should tie with your left hand, and vice-versa. If you are naturally ambidextrous, then by all means use both hands.

## V. PROGRAMME

The programme for the course can be found via this link:  
<https://doctorsacademy.org/coursew/bssw/PGMD19.pdf>

## VI. BREAKS FOR REFRESHMENTS AND LUNCH

There will be a 15-minute refreshment break in the morning, and a 45-minute lunch break. Coffee, tea and biscuits, as well as lunch, will be provided, as appropriate. Vegetarian options will be available.

## VII. DRESS CODE

The dress code for this event is professional/semi-formal. Kindly refrain from wearing shorts of any kind, hoodies and flip-flops.

### **What you need to bring with you:**

1. A copy of the email you have received from us regarding your confirmation of place (with your name). Please note that you will not be allowed to attend the course without this information.
2. Your hospital identification badge.

Kindly note that, if you have chosen to pay a reduced fee, you will be required to provide evidence before attendance. During registration on the day of the course, you will need to show proof of your Royal College of Surgeons Affiliate Membership or of previous attendance at a Royal College of Surgeons Future Surgeons: Key Skills Course, as appropriate. If you fail to provide the appropriate evidence, you will be required to pay an additional 10% administrative charge, as well as the difference in the course fee.

We look forward to seeing you at the course. In the interim, please do not hesitate to contact us on [info@doctorsacademy.org.uk](mailto:info@doctorsacademy.org.uk) if you have any queries.

With very best wishes,

Basic Surgical Skills Faculty  
Educational Directorate  
Doctors Academy  
[www.doctorsacademy.org](http://www.doctorsacademy.org)