

# The Royal College of Surgeons of Edinburgh Intercollegiate Basic Surgical Skills Course

14<sup>th</sup> and 15<sup>th</sup> September 2018 (Friday and Saturday)  
Wirral University Teaching Hospital (Arrowe Park), Wirral

## REPORTING INFORMATION

Dear Colleague,

Thank you for choosing to attend this event.

This mail is to inform you of the programme and format for the days.

**Dates:**

14<sup>th</sup> and 15<sup>th</sup> September 2018 (Friday and Saturday)

**Venue:**

Clinical Skills Centre, Arrowe Park Hospital, Wirral, Liverpool

**Address:**

Clinical Skills Centre  
Arrowe Park Hospital  
Arrowe Park Road  
Wirral  
Merseyside  
CH49 5PE  
United Kingdom

**Telephone:** 0151 678 5111

**Directions:**

Please follow this link to view the hospital in Google maps:

[https://www.google.co.uk/maps/place/arrowe+park+hospital/@53.3718638,-3.0948622,15z/data=!4m2!3m1!1s0x0:0xdc3d73bab95a4b4?sa=X&ved=0CHoQ\\_BlwDGoVChMIh526gJKXyQIVzLkUCh3t3AoT](https://www.google.co.uk/maps/place/arrowe+park+hospital/@53.3718638,-3.0948622,15z/data=!4m2!3m1!1s0x0:0xdc3d73bab95a4b4?sa=X&ved=0CHoQ_BlwDGoVChMIh526gJKXyQIVzLkUCh3t3AoT)

Please follow this link for specific information regarding travel and parking:

<https://www.wuth.nhs.uk/our-locations/arrowe-park-hospital/getting-here/>

**Day 1**

Start of Registration: 0830 hrs

Start of Course: 0850 hrs assembly into room for a 0900 hrs prompt start

End of Course: 1700 hrs

**Day 2**

Start of Course: 0830 hrs

End of Course: 1645 hrs

**Course Format and Content:**

This course is a structured programme of learning basic surgical skills and techniques. Delivered using a series of tutor demonstrations and hands-on sessions on animal tissue, the course will introduce you to the safe basic surgical techniques that are common to all surgical practices.

On completion of this course, you will be able to: (i) Demonstrate an appropriate procedure for 'gowning' and 'gloving' in accordance with recommended standards of practice; (ii) Tie a variety of reliable knots, including, surgical reef knots and the Aberdeen knot and tying at depth. (iii) Describe correct handling and use of surgical instruments. (iv) Suture a variety of tissues, including skin, bowel, vascular tissue and tendons effectively. (v) Perform abscess drainage and contaminated wound debridement in accordance with the basic principles of wound management. (vi) Demonstrate safe fine tissue handling utilising small bowel, vascular and tendon models for basic anastomoses technique. (vii) Demonstrate an understanding of basic diathermic technique. (viii) Demonstrate effective management of ergonomic issues commonly encountered in endoscopic surgery.

**Pre-Course Material**

You will have already gained access to the pre-course online material and videos. This is provided to give you a background to the course, as well as additional theoretical knowledge. While the material and videos should be viewed prior to the course, it is primarily meant for you to practice exercises after the course. It is important that you do not practice exhaustively from the online material alone as specific exercises will be demonstrated during the course. These may differ slightly in method from that shown online.

You can access the course materials at: <https://www.rcsed.ac.uk/my-profile/> by logging in with your College username and password.

- If you did not previously have a College web account, one has been created for you. Your username and password have already been sent to you via email.

- If you have forgotten your username or password, you can retrieve them at:

<http://www.rcsed.ac.uk/forgotten-password.aspx>

Participants of previous courses have occasionally failed to grasp the essentials of knot tying and the primary importance of safety in the minimal access section. Please give this due consideration. If you are predominantly right-handed, you should tie with your left hand, and vice-versa. If you are naturally ambidextrous, then by all means use both hands.

**Programme:**

The programme for the course can be found via this link:

<https://doctorsacademy.org/coursenw/bssw/PGMS18.pdf>

**Refreshment Breaks:**

There will be a 15-minute refreshment break in the morning, and a 45-minute lunch break. Coffee, tea and biscuits, as well as lunch, will be provided as appropriate. Vegetarian options will be available.

**Dress Code:**

The dress code for this event is professional/semi-formal. Kindly refrain from wearing shorts of any kind, hoodies and flip-flops.

**What you need to bring with you:**

1. A copy of the email you have received from us regarding your confirmation of place (with your name). Please note that you will not be allowed to attend the course without this information.

2. Your hospital identification badge.

Kindly note that, if you have chosen to pay a reduced fee, you will be required to provide evidence before attendance. During registration on the day of the course, you will need to show proof of your Royal College of Surgeons Affiliate Membership or of previous attendance at a Royal College of Surgeons Future Surgeons: Key Skills Course, as appropriate. If you fail to provide the appropriate evidence, you will be required to pay an additional 10% administrative charge, as well as the difference in the course fee.

We look forward to seeing you at the course. In the interim, please do not hesitate to contact us on [info@doctorsacademy.org.uk](mailto:info@doctorsacademy.org.uk) if you have a query.

Best wishes,

Basic Surgical Skills Faculty

Educational Directorate

Doctors Academy

[www.doctorsacademy.org](http://www.doctorsacademy.org)