

# 10<sup>th</sup> Cardiff Cadaveric Ultrasound-guided Musculoskeletal Intervention Course (MSK Course)

14<sup>th</sup> and 15<sup>th</sup> February 2020

Welsh Centre for Anatomical Education, University of Cardiff

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## **REPORTING INFORMATION**

**KINDLY READ THIS IN FULL SINCE IT CONTAINS IMPORTANT INFORMATION.**

Dear Candidate,

**Re: 10<sup>th</sup> Cardiff Cadaveric Ultrasound-Guided Musculoskeletal Intervention Course; 14<sup>th</sup> and 15<sup>th</sup> February 2020 (Friday and Saturday)**

Thank you for choosing to attend this course. May we take this opportunity to kindly welcome you to the course and to Cardiff.

This mail is to inform you of the directions to the venue and the format for the days.

### **I. GENERAL AND REPORTING INFORMATION**

**Dates:** 14<sup>th</sup> and 15<sup>th</sup> February 2020 (Friday and Saturday)

**Day 1 (Friday 14<sup>th</sup> February):**

Registration: 0900 hours  
Start of Course: 0930 hours  
End of Day 1: 1715 hours

**Day 2 (Saturday 15<sup>th</sup> February):**

Start of Day 2: 0900 hours  
End of Course: 1615 hours

**Venue:**

Welsh Centre for Anatomical Education, Sir Martin Evans Building, Cardiff University

**Where to Report:**

When you arrive at the Sir Martin Evans Building (where the security centre is based), please follow directions to enter the School of Biosciences. Once you enter the building, please report to the reception desk. A member of the team will direct you to the appropriate room.

### **II. ADDRESS, DIRECTIONS AND PARKING**

**Address:**

Cardiff School of Biosciences  
Sir Martin Evans Building  
Park Place  
Cardiff University  
CF10 3AX  
Wales

### Directions:

- For general directions to reach Cardiff University, please click on the link below:  
<https://www.cardiff.ac.uk/visit/directions>
- To reach the course venue, please click on this link and look for directions to the 'Sir Martin Evans Building': <https://www.cardiff.ac.uk/visit/accessibility/cathays-park-campus/sir-martin-evans-building>
- To view the venue on a Google map, please follow this link:  
[https://maps.google.co.uk/maps?q=sir+martin+evans+building+google+map&ie=UTF-8&ei=0vhuUbnGE8TI4ATR9YHQDw&ved=0CAsQ\\_AUoAg](https://maps.google.co.uk/maps?q=sir+martin+evans+building+google+map&ie=UTF-8&ei=0vhuUbnGE8TI4ATR9YHQDw&ved=0CAsQ_AUoAg)
- More visual directions to the venue can be found by following this link:  
[http://doctorsacademy.org/Course/DOHNS/image\\_slider\\_latest/directiontovenue.html](http://doctorsacademy.org/Course/DOHNS/image_slider_latest/directiontovenue.html)

### Parking:

Free parking is available in the car park outside the Main Building of the University on the Saturday of the course. On the Friday, you will be required to park on the side of the road. You can park on either side of the Sir Martin Evans building: either Colum Road or Museum Avenue. These car parks are maintained by the council and the rates can be found here:

<https://www.cardiff.gov.uk/ENG/resident/Parking-roads-and-travel/parking/On-street-parking/Pages/On-street-parking.aspx>.  
Please click on 'Outer City Centre zone – long stay and short stay'.

Sat Nav Postcode (Main Building of the University): **CF10 3AT**

Please follow this link to view the Main Building of the University:

<https://www.google.co.uk/maps/preview#!data=!1m4!1m3!1d21!2d-3.1786544!3d51.487744!4m3!3m1!1m0!1m5!1sMain+Bldg%2C+Park+PI%2C+Cardiff+University%2C+Cardiff+CF10+3AT!2s0x486e1cbc8230aa57%3A0x54af9e2e65a7caa1!3m2!3d51.4875389!4d-3.1793292!3m8!1m3!1d21!2d-3.1786544!3d51.487744!3m2!1i1270!2i653!4f13.1!5m1!5m2!4!1m13!1s0x486e1cbc8230aa57%3A0x54af9e2e65a7caa1!2sMain+Building!3m8!1m3!1d21!2d-3.1786544!3d51.487744!3m2!1i1270!2i653!4f13.1!5e6!7b!1!7m1!3b1&fid=0>

## III. PROGRAMME AND CONTENTS

### Programme:

Kindly follow this link to view the programme for the course:  
<https://doctorsacademy.org/coursenw/ccumic/PGMF20.pdf>

There is always the possibility of a lecture or demonstration using the cadaver over-running the time and thus, some flexibility in the programme may be required. However, due to the wide range of topics that will be covered during the course, we will adhere to strict time-schedule. Thus, we will endeavour to stick to the session times (i.e., morning and afternoon) and hence all breaks, and start and finish times during both days will be followed as per programme.

### Course Format/Content:

Details regarding the format are shown in the course programme. The group sessions will be hands-on practical workshops which involve ultrasound-guided musculoskeletal interventional procedures on unembalmed freeze-preserved cadavers. Practical sessions will include injection of joints and surrounding soft tissue structures, and techniques such as dry needling and biopsies.

## IV. DRESS CODE

The dress code for this event is professional/semi-formal. Kindly refrain from wearing shorts of any kind, hoodies, and flip-flops. You will be provided with aprons in the dissection room.

## V. BREAKS FOR REFRESHMENTS AND LUNCH

There will be 20-minute refreshment break in the morning and afternoon sessions, and a 40-minute lunch break. During the refreshment break, you will be provided with tea, coffee and biscuits. A sandwich lunch will also be provided. Vegetarian and non-vegetarian options will be available.

### **Special Dietary Requirements**

*The food provided for delegates attending this course will be sourced externally. Therefore, we are unfortunately unable to guarantee that special food requests can be catered to. On both days of the course, a selection of vegetarian and non-vegetarian options will be available. However, the provision of specific food requests might be limited. If you wish to discuss this with a member of our team before you attend the course, please do not hesitate to contact us at [courses@doctorsacademy.org.uk](mailto:courses@doctorsacademy.org.uk). Alternatively, you can call us on +44 (0) 2920 616765.*

### **What you need to bring with you:**

1. A copy of the email you have received from us regarding your confirmation of place (with your name). Please note that you will not be allowed to attend the course without this information.
2. Your hospital/employer identification badge.

Please do not hesitate to contact us at [info@doctorsacademy.org.uk](mailto:info@doctorsacademy.org.uk) if you have any queries in the interim. Alternatively, you can contact us at 02920 616 765.

If you have any issues on the day of the course, do not hesitate to contact us on **+44 (0) 75 3426 0131**.

We look forward to meeting you at the course.

With very best wishes,

Course Faculty  
Radiology Courses and Programmes  
Doctors Academy  
[www.doctorsacademy.org](http://www.doctorsacademy.org)