



**13th FRCS (General Surgery)
Exit Exam Preparation Course**

Feedback - January 2019

13th FRCS (General Surgery) Exit Exam Preparation Course

This intensive three-day revision course was designed to help candidates prepare for the Intercollegiate FRCS Examination in General Surgery. Delivered by an experienced group of senior consultants, the course used a combination of direct vivas, interactive discussions, and patients with signs and symptoms to provide the candidates with a focused revision of pertinent topics.

We are pleased to inform you that the 13th Christie FRCS Exit Revision Course in General Surgery was a resounding success and provided a positive experience for the candidates, patients, teaching faculty and the organisers. All the subspecialties in General Surgery were covered during the three days of the course. In addition to providing key knowledge, this course provided plenty of opportunities for the candidates to practice one-to-one vivas as in the exam. The 8th edition of the course saw the introduction of a subspecialty viva in addition to the general, academic and basic science vivas as well as the clinical examination. The reprint version of the 1st edition of the book, 'FRCS (Gen Surg): The Road to Success' was also provided to all the delegates to aid their revision.

We would like to sincerely thank all those who taught on the course and provided the delegates with invaluable tips and suggestions.

All candidates felt that they gained good knowledge from the course and found it useful towards their exam preparation. This is reflected in the feedback they provided that is summarised in this document.



Course Information

Course date: 11th - 13th January 2019

Venue: Education Centre, The Christie, Manchester

Attendance: 18 Delegates

Aimed at:

- Consultants
- Speciality Trainees
- Registrar Level Doctors

(ST5 or above/ST3 or above in General Surgery)

Course fee: £685.00
(inclusive of the book, 'FRCS (Gen Surg): The Road to Success')

Objectives of Course:

- Upon completion a delegate should be confident in their preparation for the oral and clinical parts of Section 2 of the exam.
- A delegate should be able to present and discuss clinical cases as in an exam situation.
- A delegate should of learned correct exam technique to further their preparation.

Endorsed by:



THE ROYAL COLLEGE
OF SURGEONS OF
EDINBURGH

The college awards 6 CPD points for attendance in each day of this course. A total of 18 CPD points are awarded for the three days.

Course Programme

Day 1

0815 – 0845	Registration
0845 – 0900	Welcome and Introduction Mr Chelliah Selvasekar, Course Convener
0900 – 0930	Format of the FRCS Section 2 Professor Sarah O'Dwyer, Colorectal Surgeon, The Christie
0930 – 1115	Upper GI Surgery (Benign and Malignant) Mr Ramakrishna Chaparala, Upper GI Surgeon, Salford Royal Hospital

1115 – 1130 Coffee break

1130 – 1300	Colorectal including Emergency Surgery Mr Chelliah Selvasekar, Colorectal Surgeon, The Christie
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1300 – 1345 Lunch

1345 – 1445	Liver & Gall Bladder Mr Rahul Deshpande, HPB Surgeon, Manchester Royal Infirmary
1445 – 1600	Vascular Surgery Mr Sriram Rajagopalan, Vascular Surgeon, Stoke-on-Trent

1600 – 1630 Coffee break

1630 – 1800	Pancreas Mr Rahul Deshpande, HPB Surgeon, Manchester Royal Infirmary
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(All Speciality topics to be case based discussions)

Close of Day 1

Course Programme

Day 2

0800 – 0930	Overview of Basic Statistics and Critiquing a Paper (Discussion) (Mr Deshpande/Mr Selvasekar)
0930 – 0945	Format of Clinical Vivas
0945 – 1115	General Vivas [1hr viva (15min x 4 candidates) + 30 min discussion]

1115 – 1130 **Coffee break**

1130 – 1300	Subspeciality Vivas [1hr viva (15min x 4 candidates) + 30min discussion]
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1300 – 1350 **Lunch**

1400 – 1530	Emergency and Critical Care Vivas [1hr viva (15min x 4 candidates) + 30 min discussion]
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1530 – 1600 **Coffee break (Articles will be given to the delegates to critique)**

1600 – 1730	Academic and Basic science (15min x 4 candidates) + 30 min discussion]
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Close of Day 2

Course Dinner: 1830 hours. Venue will be informed on the day.

Course Programme

Day 3

0800 – 0930	Critical Care for Surgeons Dr Vidya Kasipandian, Consultant Intensivist, The Christie
0930 – 1040	Breast Surgery Mr Soni Subramanian, Consultant Breast Surgeon, Stoke-on-Trent

1040 – 1055 Coffee break

1055 – 1140	Endocrine Surgery Miss Alison Waghorn, Consultant Endocrine Surgeon, Royal Liverpool University Hospital
1140 – 1215	Basic Trauma management Mr Rajesh Kochupapy, Consultant Colorectal Surgeon, Plymouth University Hospital

1215 – 1300 Lunch

1300 – 1700	(Integrated Patient Unit, The Christie) - Clinical case presentations (Long and short cases) with discussion
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Cases:

- Endocrine
- Transplant surgery, AV fistula, CAPD
- Colorectal/PTS
- Upper GI/Hepatobiliary
- Breast
- Hernia
- Vascular
- Critical care

1730	Summary, Feedback and End of Course
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Faculty

Mr Ali Kazem, FRCS (Gen Surg)

Speciality Doctor in General Surgery
Mid Cheshire Hospitals NHS Foundation Trust

Miss Alison Waghorn, FRCS

Consultant Endocrine and Breast Surgeon
Royal Liverpool University Hospital NHS Trust

Mr Aninda Chandra, FRCS (Gen Surg)

Consultant General and Colorectal Surgeon
Walsall Manor Hospital, Walsall

Mr Arif Khan, MBBS, FRCSEd, FRCS (Gen Surg)

Consultant General and Colorectal Surgeon
Mid Cheshire Hospitals NHS Foundation Trust

Mr Arun Abraham, FRCS

Senior Registrar in Colorectal Surgery
Salford Royal Hospital, Salford

Mr Chelliah Selvasekar, MD, FRCSEd (Gen Surg), MFSTEd, PG Cert (Med Ed), MBA

Consultant General, Colorectal and Laparoscopic Surgeon
The Christie Hospital, Manchester

Mr Ed Parkin, MD, FRCS

Senior Clinical Fellow in Colorectal Surgery
The Christie Hospital, Manchester

Mr Edmund Leung, FRCS, FEBS

Consultant General Surgeon
Wye Valley NHS Trust

Dr Girendra Sadera, FRCA

Consultant in Anaesthesia and Critical Care
Wirral University Teaching Hospital, Wirral

Mr Hamish Clouston, FRCS

Consultant Colorectal Surgeon
The Christie Hospital, Manchester

Mr Haytham Abudeeb, FRCS

Clinical Fellow
The Christie Hospital, Manchester

Mr Imran Alam, BBS, BSc, FRCSEd, FRCS (Glasg), MD, FRCSEd (Gen Surg)

Consultant General and Benign Upper Gastrointestinal/HPB Surgeon
Wrightington, Wigan and Leigh NHS Foundation Trust

Dr Jonathan Allen, FRCA

Consultant Anaesthetist
The Christie Hospital, Manchester

Mr Kamal Aryal, FRCS

Consultant Colorectal Surgeon
James Paget University Hospital, Great Yarmouth

Faculty

Mr Mamoon Solkar, MS, FRCS (Glas), FRCS (Colorectal)

Consultant Colorectal Surgeon
Tameside and Glossop Integrated Care NHS Foundation Trust

Mr Muneer Junejo, FRCS

Senior Registrar in General and Colorectal Surgery
Health Education England

Mr Nasir Iqbal, MBBS, Dip MIS(FRANCE), FRCS (General Surgery)

Consultant General and Colorectal Surgeon
Wrightington, Wigan and Leigh NHS Foundation Trust

Mr Naveed Kirmani, FRCS

Consultant General Surgeon
Princess Alexandra Hospital NHS Trust, Harlow

Mr Omer Aziz, PhD, FRCS

Laparoscopic and Colorectal Surgeon
The Christie NHS Foundation Trust, Manchester

Mr Paul Goldsmith, FRCS

Senior Registrar in Upper GI Surgery
Salford Royal Hospital, Salford

Mr Rahul Deshpande, MBBS, MS, FRCS (Ed), FRCS (Gen Surg)

Consultant Hepatobiliary and Pancreatic Surgeon
Central Manchester University Hospitals NHS Foundation Trust

Mr Rajesh Thengungal Kochupapy, MBBS, MS, DNB, FRCS (Ed), FRCS (Gen Surg)

Consultant General, Paediatric and Colorectal Surgeon
University Hospitals Plymouth NHS Trust

Mr Ram Chaparala, FRCS

Consultant Upper GI Surgeon
Salford Royal Hospital, Salford

Mr Ravindra Date, MD, FRCS (Ed), FRCS (Gen Surg), MS

Consultant Upper GI and Bariatric Surgeon
Lancashire Teaching Hospitals NHS Foundation Trust

Mr Sajal Rai, MD, FRCS

Consultant Laparoscopic and Colorectal Surgeon
Stockport NHS Foundation Trust

Professor Siba Senapati, MS, FRCS, FRCS (Gen Surg)

Consultant Upper GI and Bariatric Surgeon
Salford Royal Hospital, Salford

Mr Soni Soumian, MD, FRCS, MS (Oncoplastic Surgery)

Consultant Oncoplastic Breast Surgeon
University Hospitals of North Midlands

Mr Srinivasan Ravi, FRCS

Consultant Colorectal Surgeon
Blackpool Teaching Hospitals NHS Foundation Trust

Faculty

Mr Sriram Rajagopalan, MD, FRCS

Consultant Vascular Surgeon
University Hospital North Staffordshire and Leighton Hospital

Mr Sudarsanam Raman, FRCS

Consultant Colorectal Surgeon
Heart of England NHS Foundation Trust

Mr Sumohan Chatterjee, MBBS, FRCS (CSIG London), FRCS (Gen Surg)

Consultant Breast Surgeon
Manchester University NHS Foundation Trust

Mr Tony Jaipersad, MBBS, FRCS

Consultant Vascular Surgeon
University Hospitals of North Midlands NHS Trust

Mr Tunde Campbell, MBBS, FWACS, FRCSEd (Gen Surg), PGCert Ed

Consultant Transplant Surgeon
Manchester University NHS Foundation Trust

Mr Vam Jagadeshram, BSc (Hons), MBChB (Hons), MD, FRCS(Eng)

Consultant Oesophagogastric Surgeon
Royal Stoke University Hospital, Stoke

Trainee Faculty

Mr Daniel Glassman, FRCS

Senior Registrar in Breast Surgery
York Teaching Hospital NHS Foundation Trust

Mr Paul Sutton, MMed, MRCS, FRCS, PhD

Senior Registrar in General Surgery
Health Education North West

Mr Rajaram Burrah, FRCS

Senior Registrar in Breast Surgery
Wirral University Teaching Hospitals

Ms Sadaf Jafferbhoy, FRCS

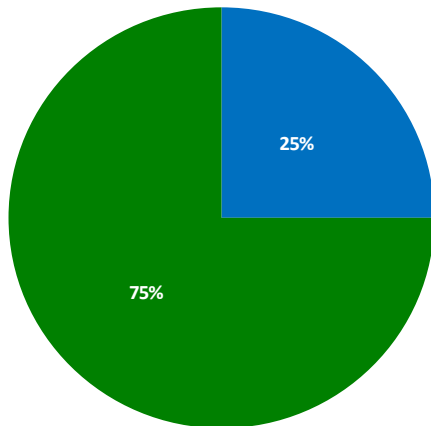
Senior Registrar in General Surgery
West Midlands Deanery

Mr Tasadooq Hussain, MD, BA, MFSTEd, FRCS

Senior Registrar in General and Colorectal Surgery
Manchester University NHS Foundation Trust

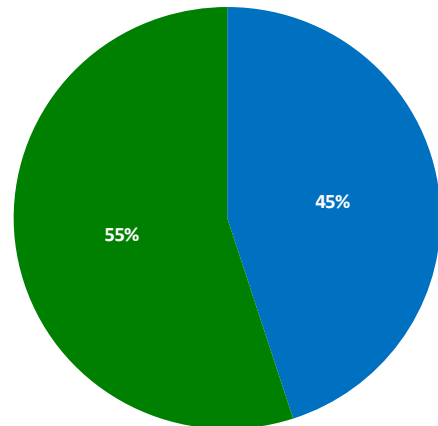
Overall Teaching Feedback

How was the content of the course?



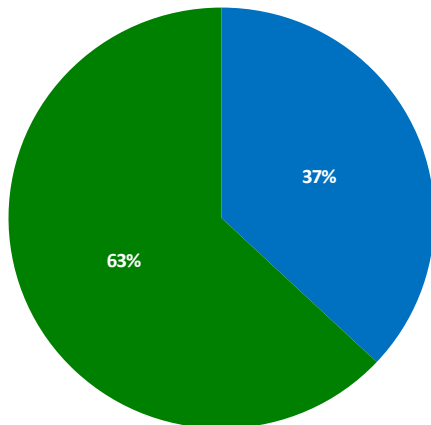
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

How would you rate the general academic standard of the speakers?



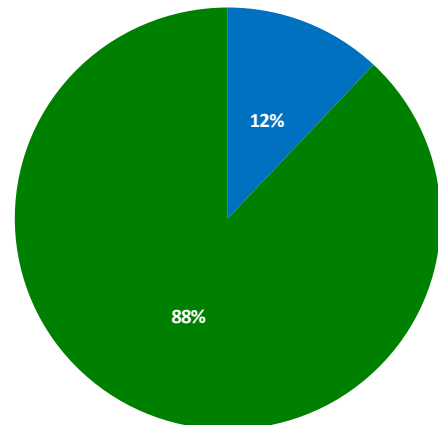
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

How would you rate the general academic standard of the faculty?



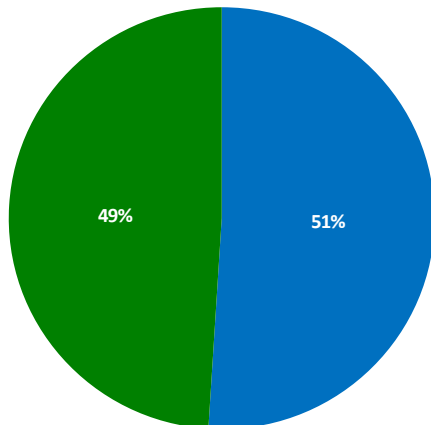
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How was the clarity of the presentations?



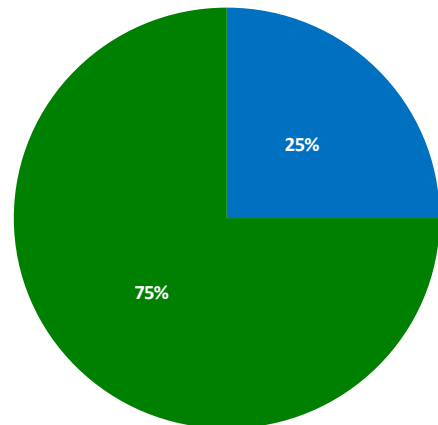
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How would you rate the relevance of the course to your exam?



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

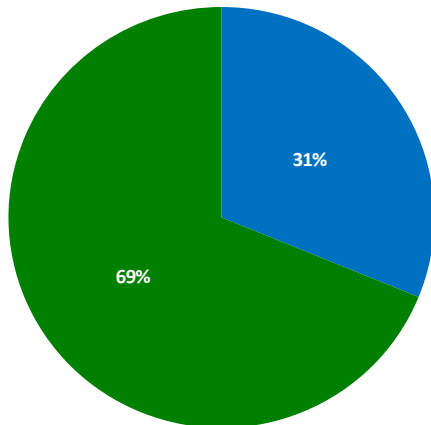
Information and contents of the book



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

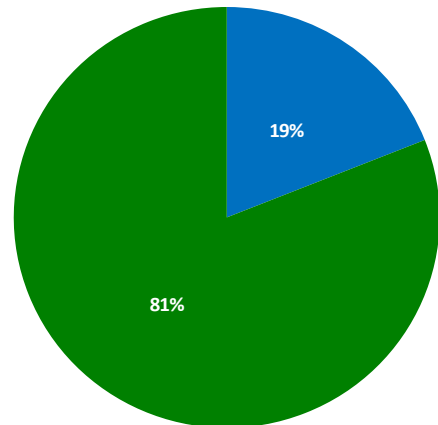
Overall Teaching Feedback

Layout of the book



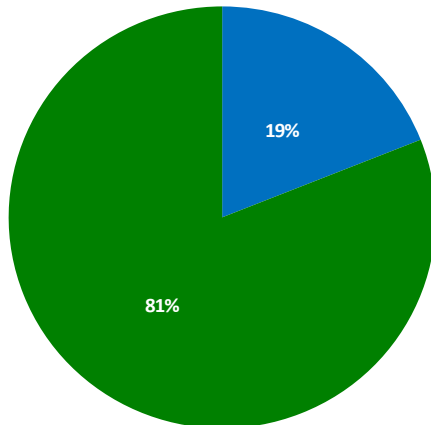
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Usefulness of the book



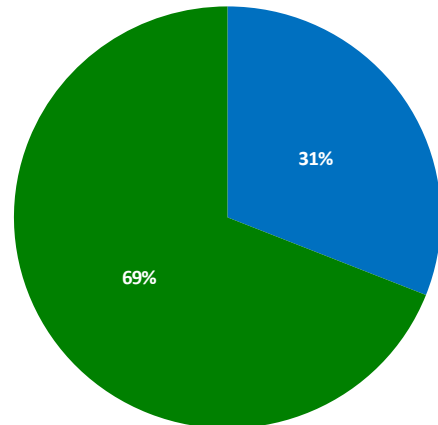
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Format of the FRCS Section 2 - (Prof. Sarah O'Dwyer)



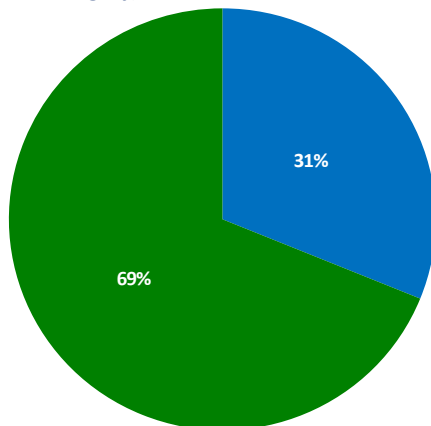
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Vascular Surgery - Mr Sriram Rajagopalan



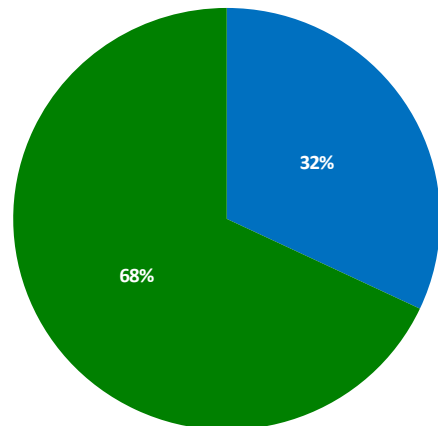
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Colorectal Surgery (including Emergency Surgery) - Mr Chelliah Selvasekar



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

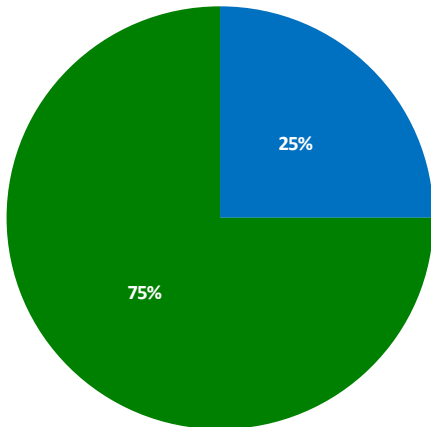
Liver - Mr Rahul Deshpande



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

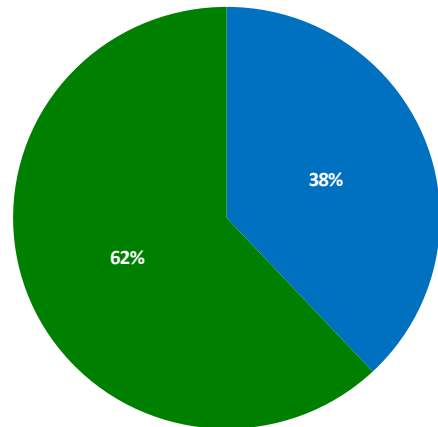
Overall Teaching Feedback

Gallbladder - Mr Rahul Deshpande



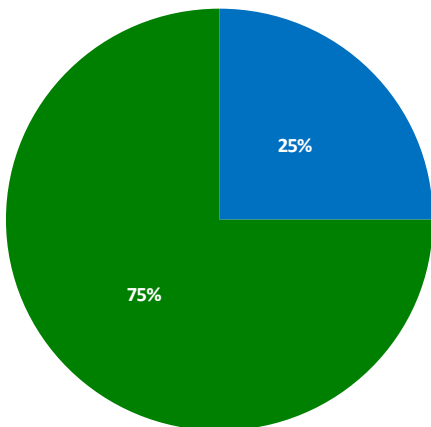
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Upper GI Surgery - Mr Ramakrishna Chaparala



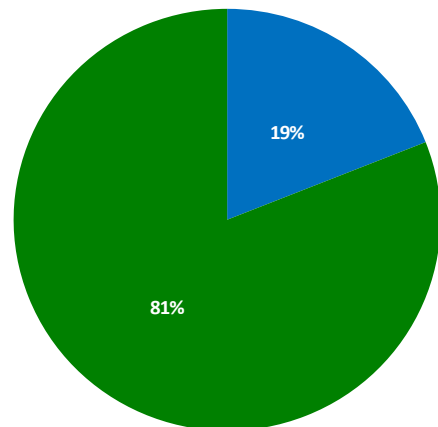
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Pancreas - Mr Rahul Deshpande



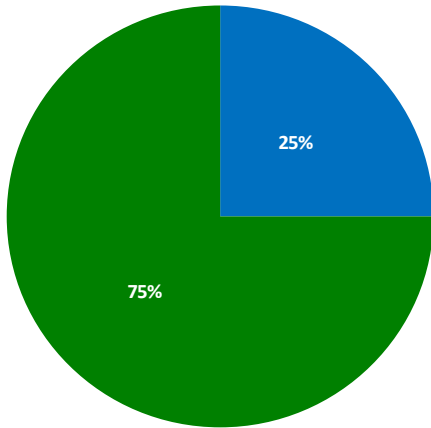
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Critiquing a Paper - Mr Chelliah Selvasekar



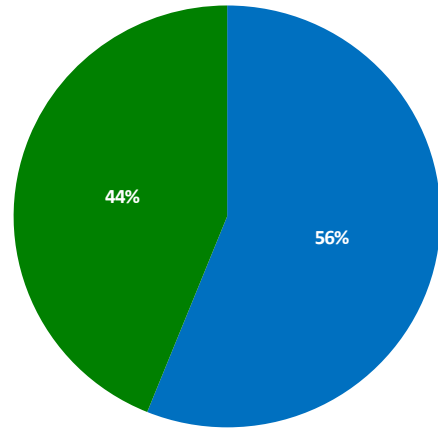
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Overview of Basic Statistics - Mr Rahul Deshpande



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

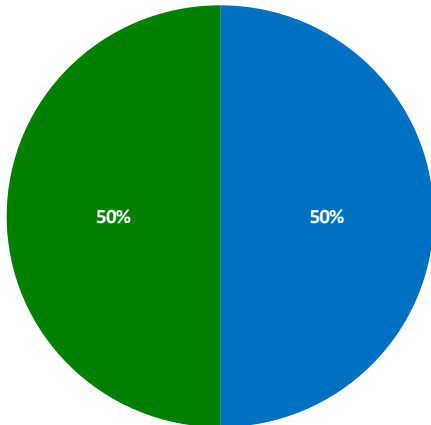
General Vivas



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

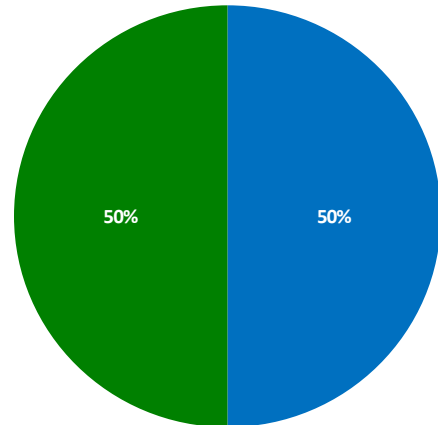
Overall Teaching Feedback

Subspecialty Vivas



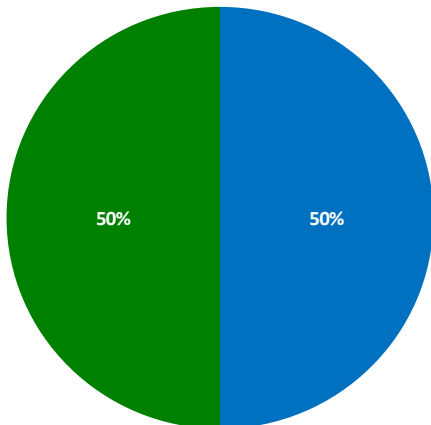
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Emergency and Critical Care Vivas



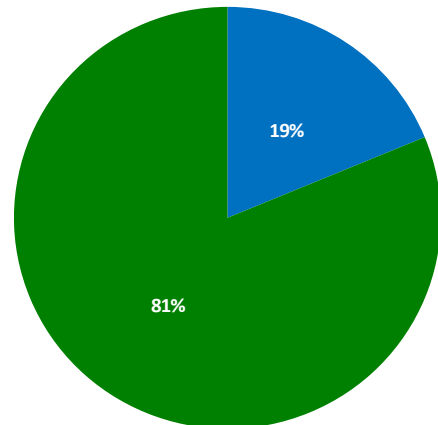
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Academic and Basic Science Vivas



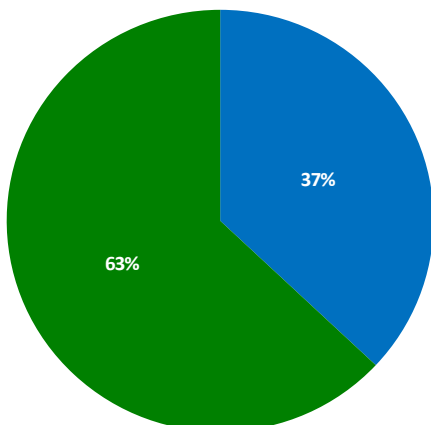
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Critical Care for Surgeons - Dr Jonathan Allen



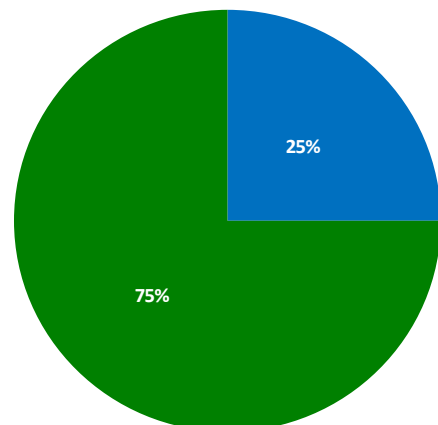
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Breast Surgery - Mr Sumohan Chatterjee



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

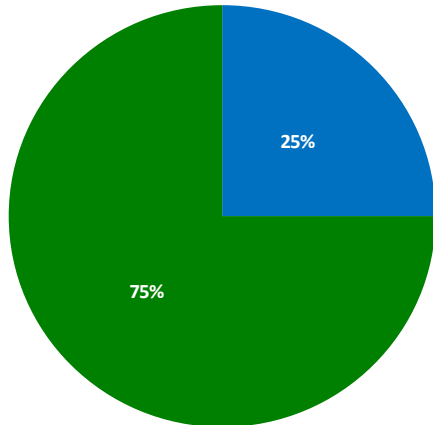
Endocrine Surgery - (Miss Alison Waghorn)



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

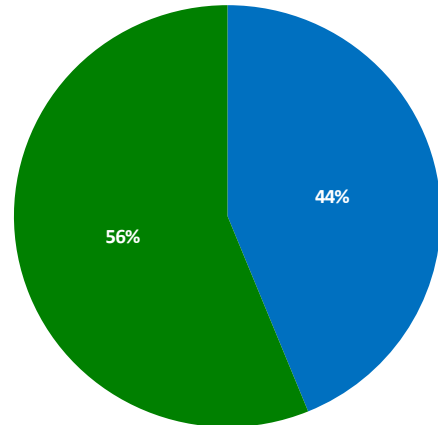
Overall Teaching Feedback

Basic Trauma Management - Mr Rajesh Kochupapy



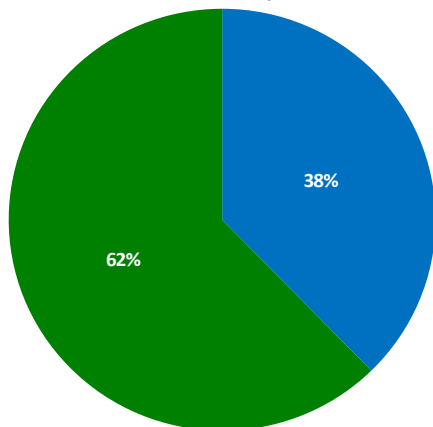
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Clinical Case Presentation - Colorectal



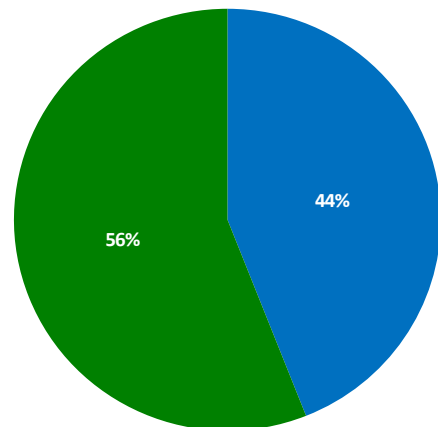
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Clinical Case Presentation - Vascular/Transplant



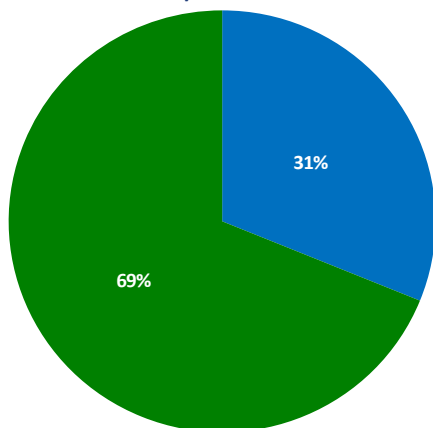
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Clinical Case Presentation - Endocrine/Breast



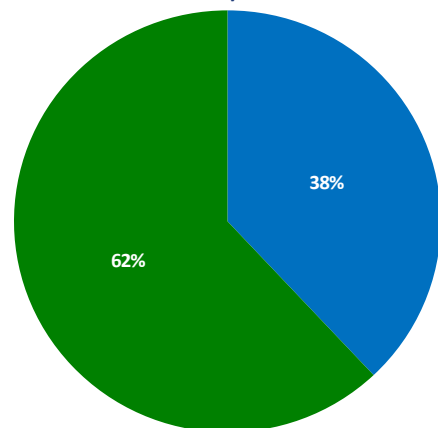
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Clinical Case Presentation - Upper GI/Bariatric



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

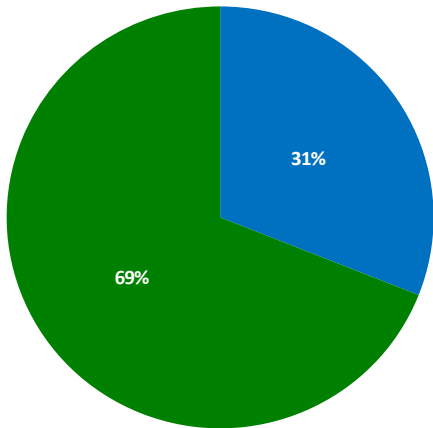
Clinical Case Presentation - Colorectal/General



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

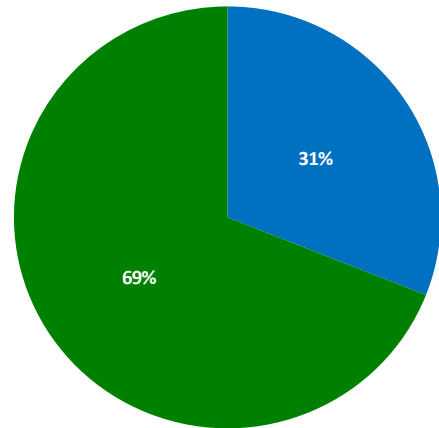
Overall Teaching Feedback

Clinical Case Presentation - Upper GI/HPB



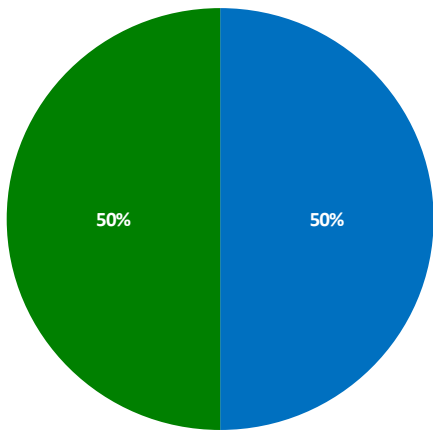
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How were the facilities and venue?



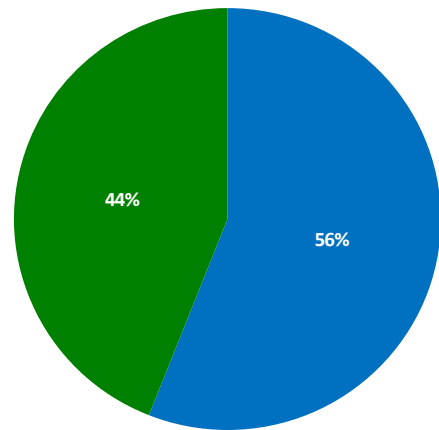
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

How were the refreshments and lunch?



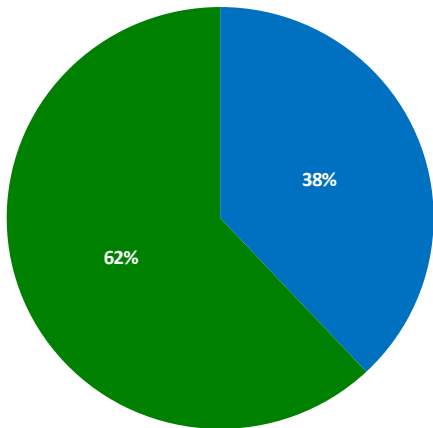
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Did you attend the course dinner?



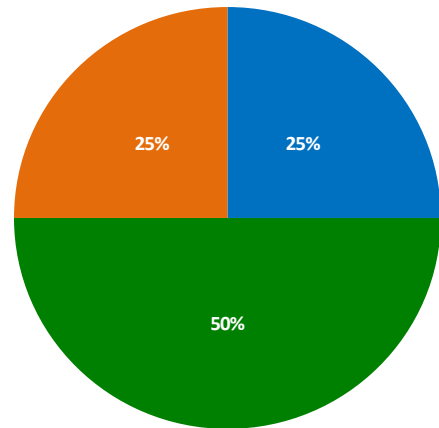
■ Yes ■ No

How was the general friendliness of the faculty and organisers?



■ Very friendly ■ Friendly ■ Neutral ■ Not very friendly ■ Can't comment

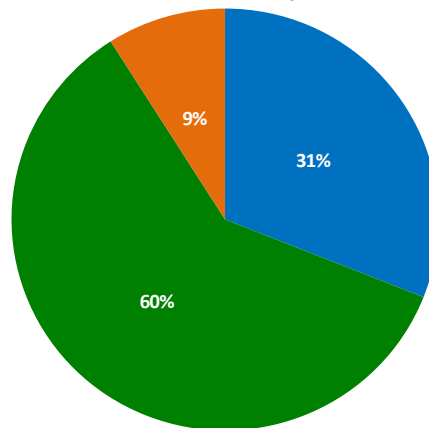
Would you recommend this course to a friend?



■ Most certainly ■ Certainly ■ Probably ■ Unlikely ■ Not at all

Overall Teaching Feedback

Do you think that this course provided good value for money?



■ Most certainly ■ Certainly ■ Probably ■ Unlikely ■ Not at all

Individual Comments

Good.

AA

A great course for those sitting for the FRCS Exam outlining the format of the exam.

MA

Good.

NB

United Lincolnshire Hospitals NHS, United Kingdom, Europe



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Courses (a selection):

Undergraduate:

- Final Year Medicine and Surgical Revision Courses
- Training the Clinical Anatomy Trainer
- Clinical Anatomy as Applied to Trauma and Emergency Medicine
- Surgical Anatomy of Important Operative Procedures
- Future Surgeons: Key Skills (RCSEd delivered)
- Structured Introduction to Surgical Skills

Postgraduate:

- MRCS Part A
- MRCEM Part A
- MRCS Part B OSCE
- DOHNS: Intensive Revision & OSCE
- Intercollegiate Basic Surgical Skills (RCSEd delivered)
- MRCP PACES Part 2
- FRCS (General Surgery) Exit Exam
- Cadaveric Ultrasound-Guided Musculoskeletal Intervention Course
- Ultrasound-Assisted Botulinum Toxin Injection for Neuromuscular Disorders
- Live Advanced Laparoscopic Colorectal Course



Forthcoming key events:

- International Medical Summer School
- International Academic and Research Conference
- World University Anatomy Challenge

Publications



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Online Revision Resources

DoctorExams consists of 1000s of questions with detailed explanations in MCQ, EMQ, SBA and SAQ formats. Questions are written by the Doctors Academy group of experienced clinicians and clinical academics, with mock exams and feedback on performance included to aid a candidate's focused revision of topics. Based on past exams, these questions are carefully crafted to suit the requirements of undergraduate students & postgraduate trainees undertaking relevant speciality exams.

Resources for:

- Medical Students
- Dental Students
- International Entrance Exams
- MRCS Exams
- General Surgery Exams
- Plastic Surgery Exams
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