

**FRCS (General Surgery) Exit
Exam Preparation Course**

Feedback - January 2013

FRCS (General Surgery) Exit Exam Preparation Course

This intensive three-day revision course is designed to help candidates prepare for the Intercollegiate FRCS Examination in General Surgery. Delivered by an experienced group of senior consultants, the course used a combination of direct vivas, interactive discussions, and patients with signs and symptoms to provide the candidate with a focused revision of pertinent topics.

We are pleased to inform you that the 4th Christie FRCS Exit Revision Course in General Surgery was a great success and provided a positive experience for candidates, patients, teaching faculty and the organisers. Through the three days all sub-specialities in General Surgery were covered. In addition to providing key knowledge the unique feature of this course, our one-to-one vivas like in the exam, really put delegate on the spot and tested their knowledge and skills to prepare them for the exam.

We would like to thank all those that taught on the course from Manchester and beyond to provide delegates with inestimable tips and suggestions. A particular mention must go to our esteemed tutor Mr Pradip Datta that conducted most of the interactive teaching. This course follows in the footsteps of his highly acclaimed Caithness FRCS course in Wick, Scotland, that he conducted for over 20 years.

All candidates felt the course was a resounding success with very useful information and tips provided. This is demonstrated by the feedback presented in this document and the continued success of the course.



Course Information

Course date: 11th - 13th January 2013

Venue: Christie Hospital
Manchester, UK

Attendance: 15 Delegates

Aimed at:

- Consultants
- Speciality Trainees
- Registrar Level Doctors

(ST5 or above/ST3 or above in General Surgery)

Strongly advised for trainees that have completed Section 1 (SBA & EMI Component) of the exam, or are thinking of doing it soon.

Course fee: £650.00

Objectives of Course:

- Upon completion a delegate should be confident in their preparation for the oral and clinical parts of Section 2 of the exam.
- A delegate should be able to present and discuss clinical cases as in an exam situation.
- A delegate should of learned correct exam technique to further their preparation.

Endorsed by:



THE ROYAL COLLEGE
OF SURGEONS OF
EDINBURGH

The college awards 18 CPD points for attendance at this course.

Course Programme

Day 1

- 0830** **Registration in Auditorium**
- 0905** **Format of the FRCS Section 2. Tips on how to succeed**
Miss Sarah O'Dwyer Consultant Colorectal Surgeon, The Christie
- 0915** **Examination techniques - 10 commandments**
Mr Pradip Datta Honorary Consultant Surgeon, Caithness General Hospital
- 0930** **Upper Gastrointestinal tract**
Mr Pradip Datta Honorary Consultant Surgeon, Caithness General Hospital

1045 **Refreshment break**

- 1115** **Oncology including palliation**
Dr Mike Braun Consultant in Medical Oncology, The Christie

1300 **Lunch**

- 1345** **Colorectal, anal cancer and pseudomyxoma peritonei**
Mr Malcolm Wilson
Consultant Colorectal Surgeon, The Christie
- Mr Paul Fulford
Consultant Colorectal Surgeon, The Christie

1515 **Refreshment break**

- 1545** **Vascular surgery**
Mr Pradip Datta Honorary Consultant Surgeon, Caithness General Hospital
- 1730** **Close of Day 1**

Course Programme

Day 3

0900 **Hepatobiliary, pancreas and spleen**
Mr Pradip Datta Honorary Consultant Surgeon, Caithness General Hospital

1015 **Thyroid and endocrines**
Mr Pradip Datta Honorary Consultant Surgeon, Caithness General Hospital

1100 **Refreshment break**

1130 **Non malignant lower GI & breast conditions**
Mr Pradip Datta Honorary Consultant Surgeon, Caithness General Hospital

1300 **Lunch**

1345 **Scenario based critical care**
Mr Pradip Datta Honorary Consultant Surgeon, Caithness General Hospital

1530 **Basic urology, head & neck and skin conditions**
Mr Pradip Datta Honorary Consultant Surgeon, Caithness General Hospital

1700 **Evaluations and close**

Faculty

Mr Chelliah Selvasekar, MD, FRCS

Course Convener
Consultant Colorectal Surgeon
The Christie Hospital, Manchester

Mr Pradip Datta, MBE, MS, FRCSEd

Chair of Faculty and Principal Course Tutor
Honorary Consultant Surgeon
Caithness General Hospital, Wick, Scotland

Dr Mike Braun, MBChB, MRCP, PhD

Consultant in Medical Oncology
The Christie Hospital, Manchester

Miss Caroline Bruce, FRCS

Consultant Colorectal Surgeon
Mid Cheshire Hospitals NHS Foundation Trust, Leighton

Mr Tunde Campbell, MBBS, FWACS, FRCSEd (Gen Surg)

Consultant Transplant Surgeon
Central Manchester University Hospitals

Mr Sumohan Chatterjee, MBBS FRCS (CSIG London) FRCS (Gen Surg)

Consultant Breast Surgeon
Salford Royal Hospital

Dr Dulantha Da Silva, MRCS

Clinical Fellow in Surgery
The Christie Hospital, Manchester

Mr Stuart Enoch, PhD, MRCSEd, MRCS (Eng)

Programme Director
Doctors Academy Group (Intl), Cardiff

Mr Paul Fulford FRCS

Consultant Colorectal Surgeon
The Christie Hospital, Manchester

Mr Magdi Hanafy, MB BCH (Hons), FRCS (Gen Surg)

Consultant Vascular & Paediatric Surgeon
Mid Cheshire Hospitals NHS Foundation Trust, Leighton

Faculty

Dr Vidya Kasipandian, FRCA FFICM

Consultant in Critical Care and Anaesthesia
The Christie Hospital, Manchester

Mr Arif Khan, FRCSEd, FRCS

Consultant General and Colorectal Surgeon
Mid Cheshire Hospitals NHS Foundation Trust, Leighton

Mr Gopal Mahadev, MRCS AFRCS FRCS (Gen Surg)

Consultant Breast Surgeon
Mid Cheshire Hospitals NHS Foundation Trust, Leighton

Miss Sarah O'Dwyer, MD, FRCS

Consultant Colorectal Surgeon
The Christie Hospital, Manchester

Mr Andrew Renehan, PhD, FRCS, FDS

Clinical Senior Lecturer – University of Manchester
Honorary Consultant Colorectal Surgeon
The Christie Hospital, Manchester

Mr Abdus Samee, MS, FRCS, MD, FRCSEd (Gen Surg)

Registrar in General Surgery
University Hospital of North Staffordshire

Mr Siba Senapati, MS, FRCS, FRCS (Gen)

Upper GI Surgeon
Salford Royal Hospital

Mr Venkat Srinivasan, FRCS (Ed) FRCS (ORL)

Consultant ENT/Thyroid Surgeon
Wirral University Teaching Hospital

Mr Roop Tandon, FRCS

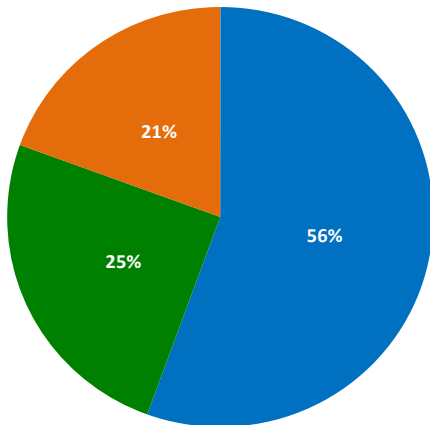
Hon. Consultant, The Christie Hospital, Manchester
Retired Consultant Orthopaedic Surgeon
Surgical Skills Tutor – Royal College of Surgeons of Edinburgh

Mr Malcolm Wilson, MD, FRCS

Consultant Colorectal Surgeon
The Christie Hospital, Manchester

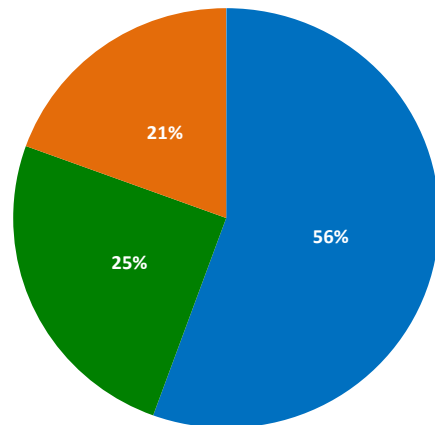
Overall Teaching Feedback

Brachial Plexus, Shoulder and Arm



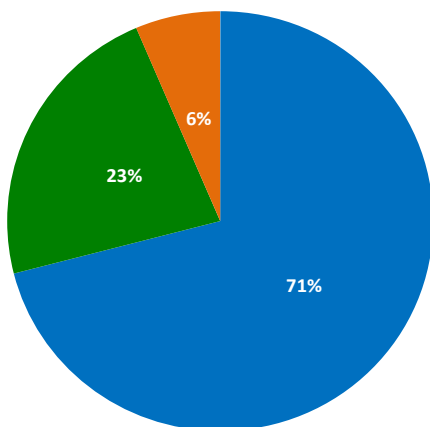
■ Excellent ■ Very good ■ Good ■ Fair ■ Poor

Forearm and Hand



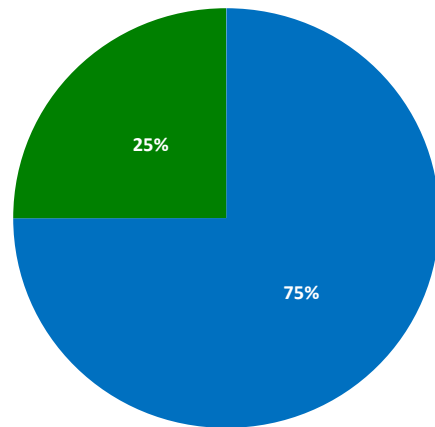
■ Excellent ■ Very good ■ Good ■ Fair ■ Poor

Pelvis



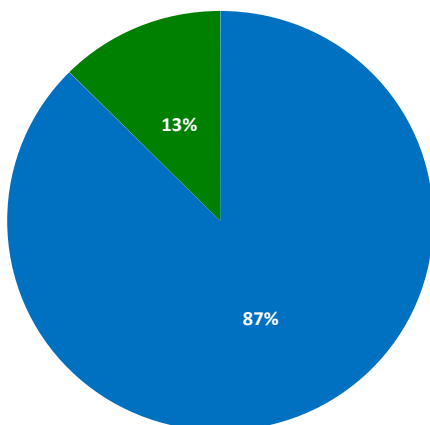
■ Excellent ■ Very good ■ Good ■ Fair ■ Poor

Hip and Thigh



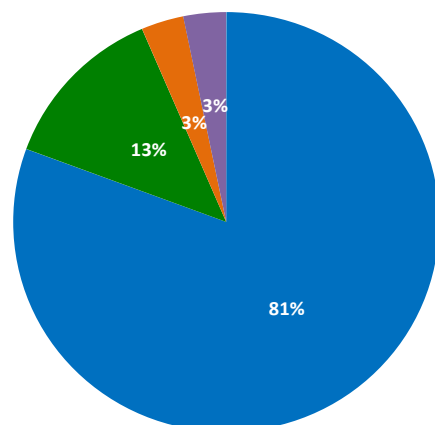
■ Excellent ■ Very good ■ Good ■ Fair ■ Poor

Leg and Ankle



■ Excellent ■ Very good ■ Good ■ Fair ■ Poor

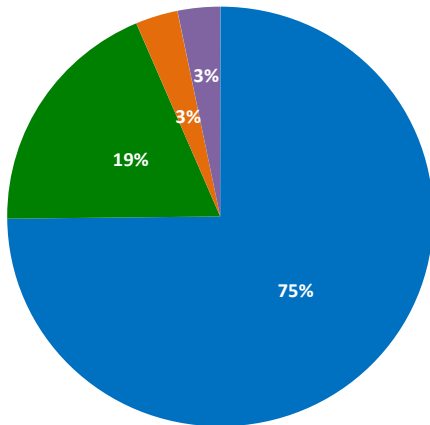
Thorax and Thoracic Wall



■ Excellent ■ Very good ■ Good ■ Fair ■ Poor

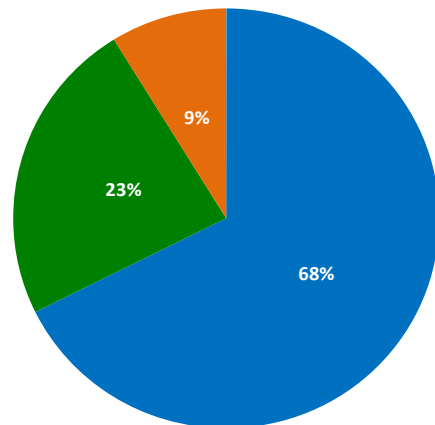
Overall Teaching Feedback

Heart and Lung



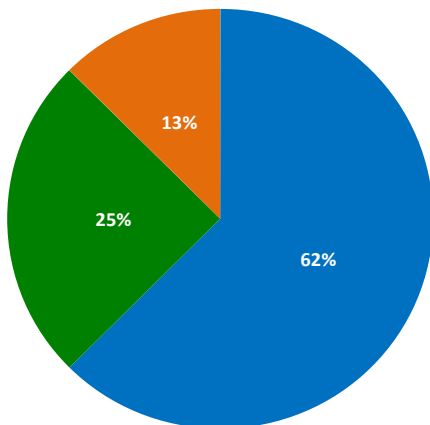
■ Excellent ■ Very good ■ Good ■ Fair ■ Poor

Abdomen (Anterior Abdominal Wall/Inguinal)



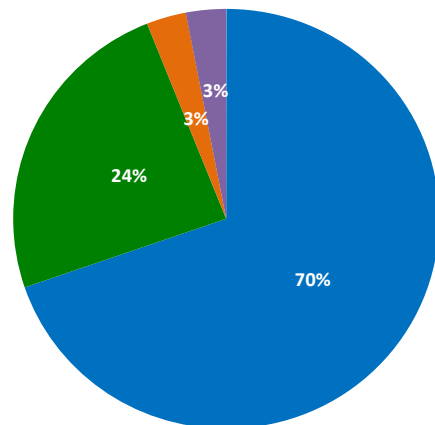
■ Excellent ■ Very good ■ Good ■ Fair ■ Poor

Abdomen (Hollow Viscera and Colon)



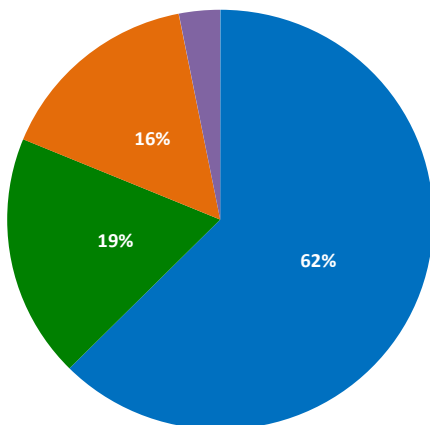
■ Excellent ■ Very good ■ Good ■ Fair ■ Poor

Abdomen (Oesophagus & Upper GI)



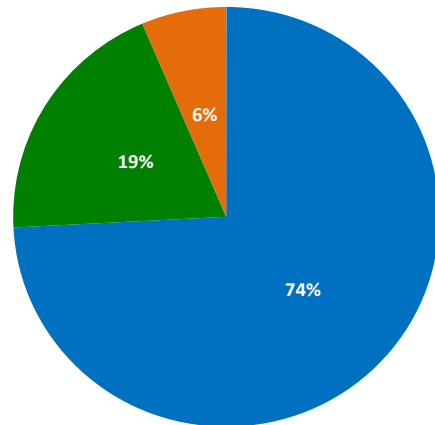
■ Excellent ■ Very good ■ Good ■ Fair ■ Poor

Kidney and Adrenal



■ Excellent ■ Very good ■ Good ■ Fair ■ Poor

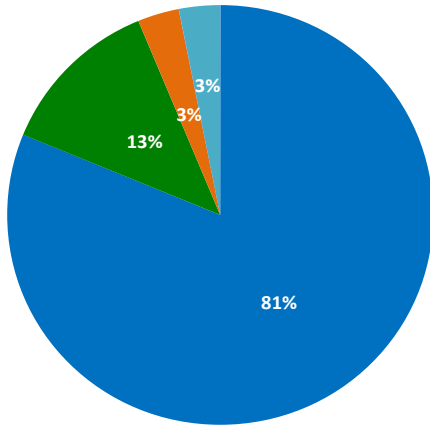
Liver, Gallbladder, Pancreas & Spleen



■ Excellent ■ Very good ■ Good ■ Fair ■ Poor

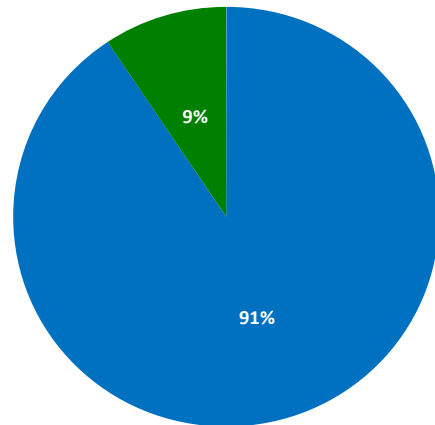
Overall Teaching Feedback

Head and Base of Skull



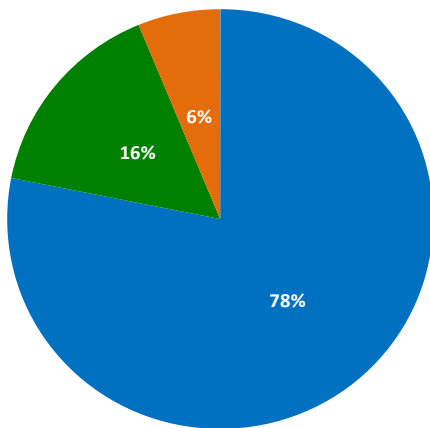
■ Excellent ■ Very good ■ Good ■ Fair ■ Poor

Neck



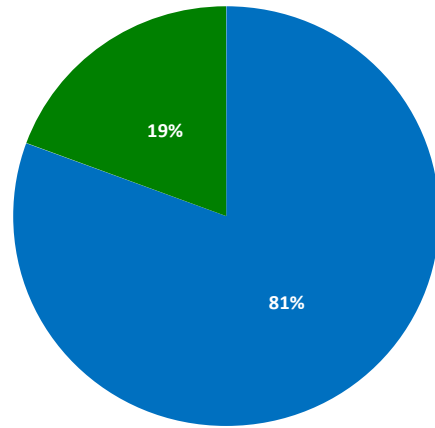
■ Excellent ■ Very good ■ Good ■ Fair ■ Poor

Vascular



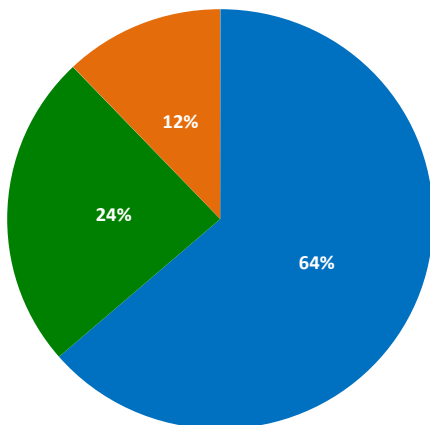
■ Excellent ■ Very good ■ Good ■ Fair ■ Poor

Back and Spine



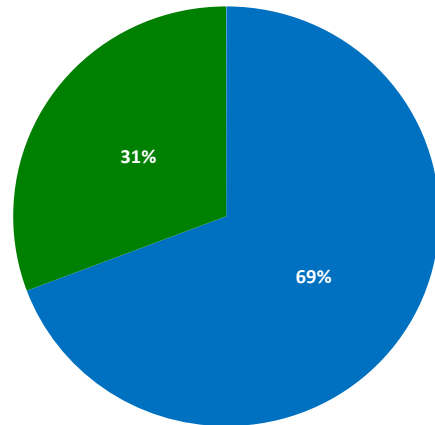
■ Excellent ■ Very good ■ Good ■ Fair ■ Poor

Pelvis and Perineum



■ Excellent ■ Very good ■ Good ■ Fair ■ Poor

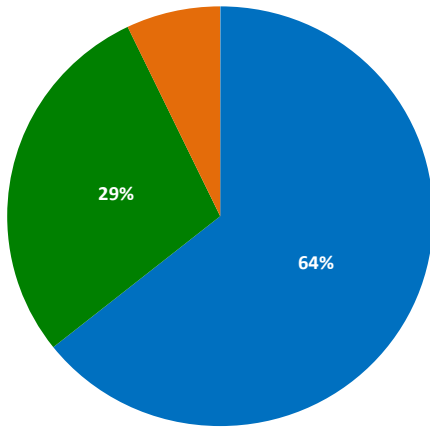
Format of the FRCS Section 2. Tips on how to succeed



■ Excellent ■ Good ■ Satisfactory ■ Average ■ Poor

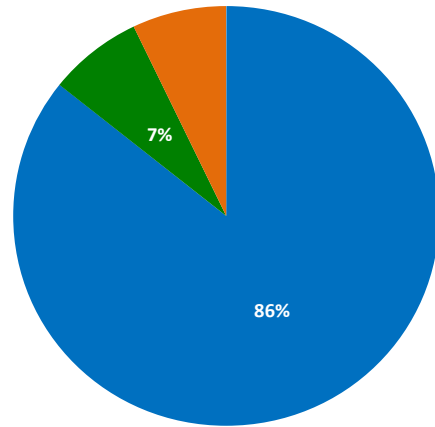
Overall Teaching Feedback

Examination Techniques - 10 Commandments



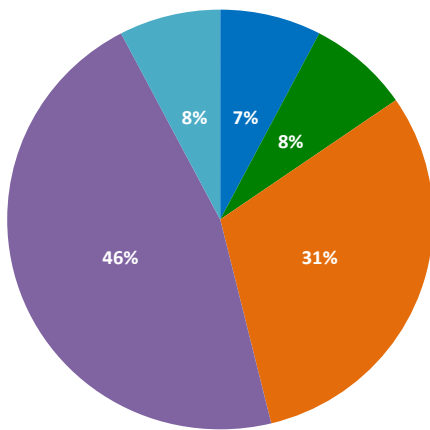
■ Most certainly ■ Certainly ■ Neutral ■ A small amount ■ Not at all

Upper Gastrointestinal Tract



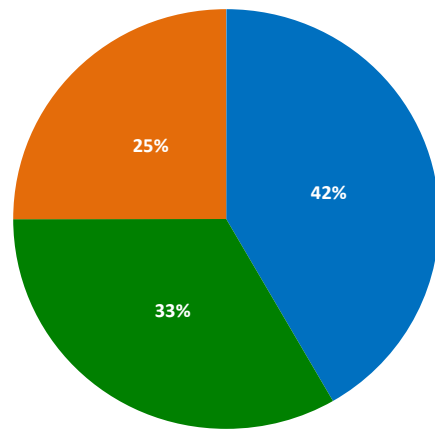
■ Excellent ■ Good ■ Satisfactory ■ Average ■ Poor

Oncology



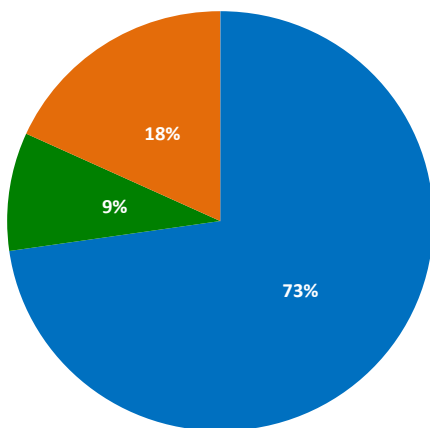
■ Excellent ■ Good ■ Satisfactory ■ Average ■ Poor

Colorectal Anal Cancer & Pseudomyxoma Peritonei



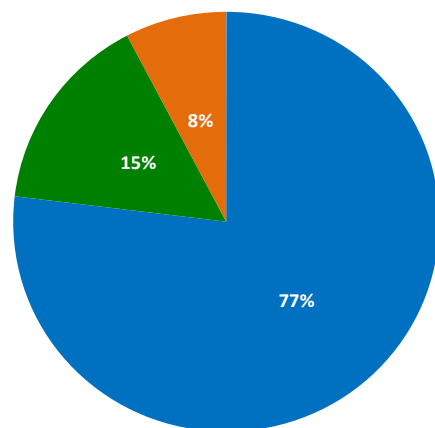
■ Excellent ■ Good ■ Satisfactory ■ Average ■ Poor

Vascular Surgery



■ Excellent ■ Good ■ Satisfactory ■ Average ■ Poor

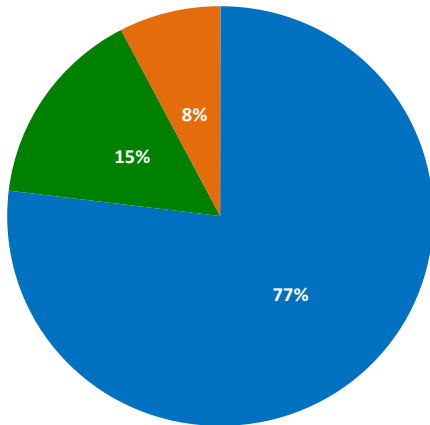
Trauma & Emergency Surgery



■ Excellent ■ Good ■ Satisfactory ■ Average ■ Poor

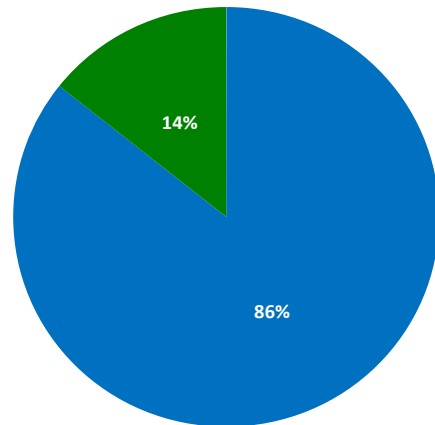
Overall Teaching Feedback

Critical Care



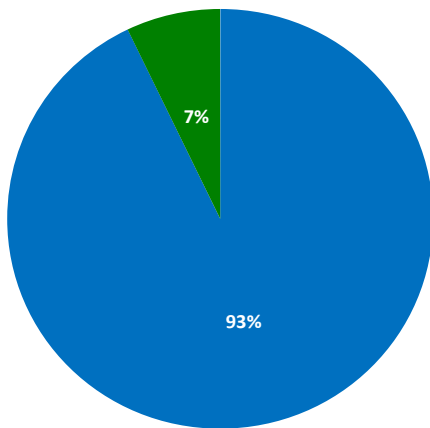
■ Excellent ■ Good ■ Satisfactory ■ Average ■ Poor

Academic Viva



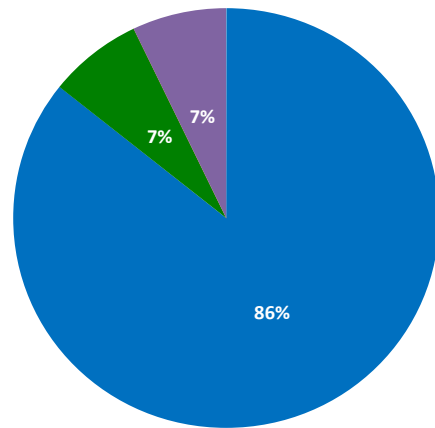
■ Excellent ■ Good ■ Satisfactory ■ Average ■ Poor

Clinical Case Presentation



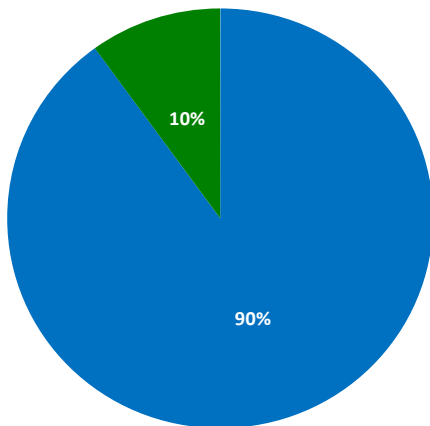
■ Excellent ■ Good ■ Satisfactory ■ Average ■ Poor

Hepatobiliary, Pancreas and Spleen



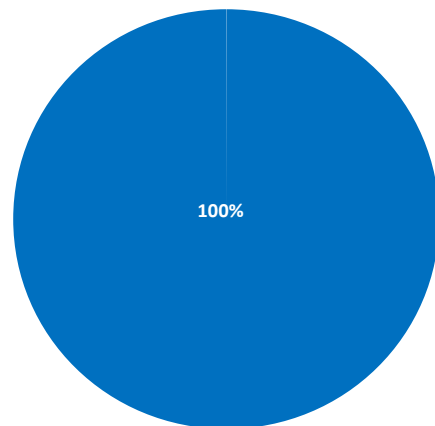
■ Excellent ■ Good ■ Satisfactory ■ Average ■ Poor

Thyroid and Endocrines



■ Excellent ■ Good ■ Satisfactory ■ Average ■ Poor

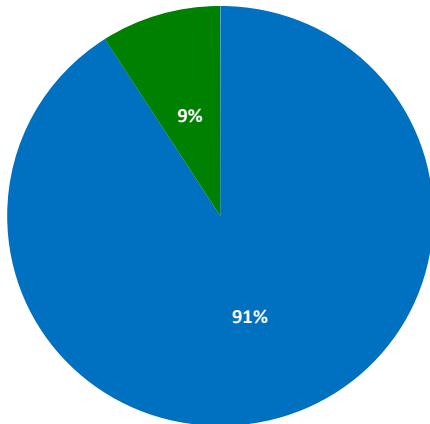
Non malignant Lower GI & Breast Conditions



■ Excellent ■ Good ■ Satisfactory ■ Average ■ Poor

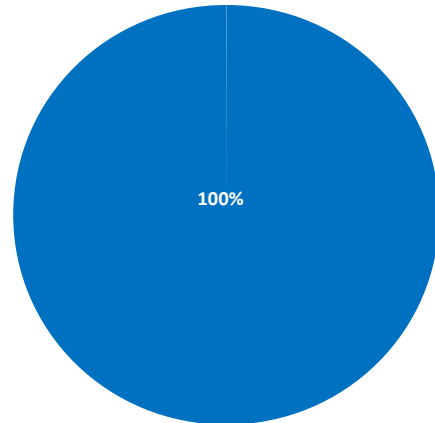
Overall Teaching Feedback

Scenario Based Critical Care



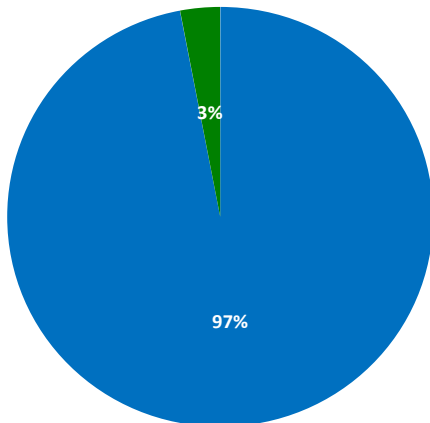
■ Excellent ■ Good ■ Satisfactory ■ Average ■ Poor

Basic Urology, Head & Neck and Skin Conditions



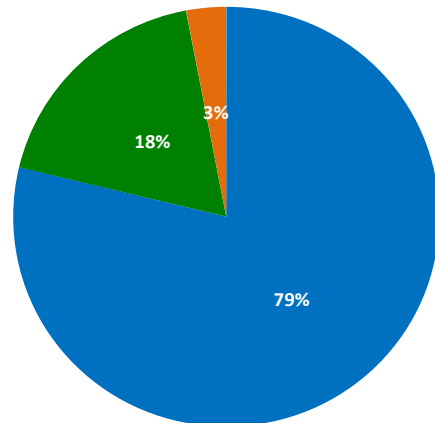
■ Excellent ■ Good ■ Satisfactory ■ Average ■ Poor

Would you recommend this course to a friend?



■ Most certainly ■ Most probably ■ Maybe ■ No way

Do you think that this course provided good value for money?



■ Most certainly ■ Probably ■ Yes, I think so ■ No way



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Courses (a selection):

Undergraduate:

- Final Year Medicine and Surgical Revision Courses
- Training the Clinical Anatomy Trainer
- Clinical Anatomy as Applied to Trauma and Emergency Medicine
- Surgical Anatomy of Important Operative Procedures
- Future Surgeons: Key Skills (RCSEd delivered)
- Structured Introduction to Surgical Skills

Postgraduate:

- MRCS Part A
- MRCEM Part A
- MRCS Part B OSCE
- DOHNS: Intensive Revision & OSCE
- Intercollegiate Basic Surgical Skills (RCSEd delivered)
- MRCP PACES Part 2
- FRCS (General Surgery) Exit Exam
- Cadaveric Ultrasound-Guided Musculoskeletal Intervention Course
- Ultrasound-Assisted Botulinum Toxin Injection for Neuromuscular Disorders
- Live Advanced Laparoscopic Colorectal Course



Forthcoming key events:

- **International Medical Summer School**
Manchester, 1st - 5th August 2016
- **International Academic and Research Conference**
Manchester, 6th August 2016
- **World University Anatomy Challenge**
Manchester, 5th August 2016

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DoctorExams consists of 1000s of questions with detailed explanations in MCQ, EMQ, SBA and SAQ formats. Questions are written by the Doctors Academy group of experienced clinicians and clinical academics, with mock exams and feedback on performance included to aid a candidate's focused revision of topics. Based on past exams, these questions are carefully crafted to suit the requirements of undergraduate students & postgraduate trainees undertaking relevant speciality exams.

Resources for:

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