



# Cardiff MRCS OSCE: Clinical Examination and Communication Skills

This intensive one-day revision course covered the clinical examination and communication skills components of the MRCS Part B exam. The course aimed to consolidate the trainee's understanding of the clinical consultation skills component of the exam, and aid the trainee's ability to perform clinical examinations efficiently and present the findings to the examiner in a systematic yet concise manner. The forenoon session covered all important clinical examinations that are tested in the exam, and the afternoon session was dedicated to structured interviews, communication skills workstations, and information giving / information gathering / breaking bad news. About 6-8 patient-centred clinical scenarios were used to reflect the situations experienced in everyday practice; these scenarios were also in line with what is commonly tested in the exam. There was the opportunity for every participant to participate in performing clinical examinations and to engage in role-play scenarios.

#### **Course Information**

Course Date: 28th April 2019

Venue: Outpatient Department,

University Hospital of Wales,

Cardiff

Attendance: 35 Delegates

Aimed at: Delegates looking to take

their membership to the Royal College of Surgeons

Part B exam.

Course Fee: £195.00



Surgical trainees can apply to be sponsored by ASIT to receive a bursary to attend this course.



## **Course Programme**

0840 - 0850	Registration
0850 - 0910	Introduction to the Course and Grouping of Candidates
0910 - 1300	(With Refreshment Break from 1100 - 1120)

### **Clinical Examination Sessions**

Candidates were divided into small groups and taken through the following clinical examinations on simulated patients:

- Examination of Abdomen and Abdominal Organs
- Examination of Hernia
- Examination of Varicose Veins
- Examination of Arterial System
- Examination of Cardiorespiratory System
- · Examination of Hip and Knee
- Examination of Shoulder and Back

1300 - 1350	Lunch Break	
1350 - 1715	(With Refreshment Break from 1530 - 1550)	

### **Clinical Consultation Skills Sessions (Communication Skills)**

These stations will consist of, amongst others:

- Information Giving and Information Gathering
- Challenging Situation/Patient
- Difficult Consultation
- Breaking Bad News
- Explaining a Diagnosis or Discussing Management Options
- Consent in Surgery
- Telephone Communication

1715 - 1740	Summary and Feedback
1740	End of Course

## **Faculty**

### **Tutors**

### Mr Darren Yap, MRCS, DOHNS

Specialist Registrar in Otolaryngology Wexham Park Hospital, Slough, United Kingdom

### Mr Joseph Merola, MRCS (Eng)

Clinical Fellow in Neurosurgery University Hospital of Wales, Cardiff, United Kingdom

### Mr Kevin Conway, MB BCh, MD, FRCS (Gen Surg)

Consultant Vascular Surgeon Royal Glamorgan Hospital, Llantrisant, United Kingdom

### Mr Mike Rees, MBChB, MRCS

Senior Registrar in General Surgery Royal Gwent Hospital, Newport, United Kingdom

### Mr Rhys Morris, MBChB, BSC, MSc, MRCS, PGCMed Ed

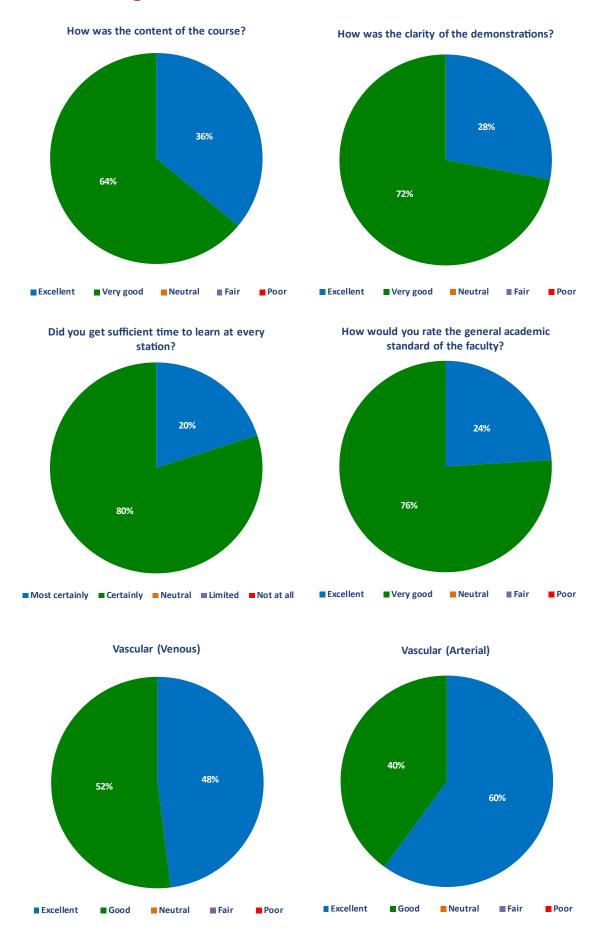
Registrar in Trauma and Orthopaedics Wales Deanery, United Kingdom

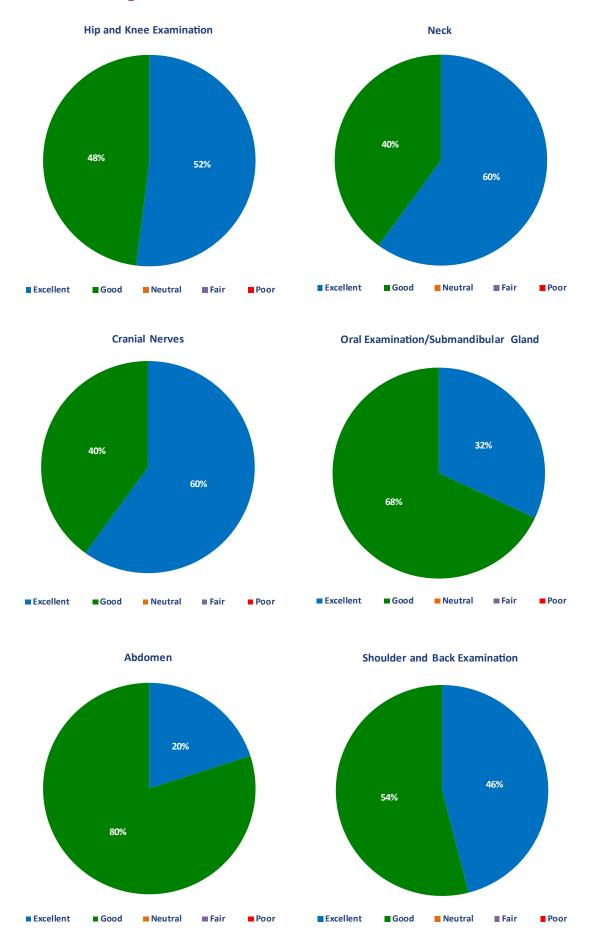
### Mr Ruchir Mashar, BMBCh, MA (Oxon), MRCSEd

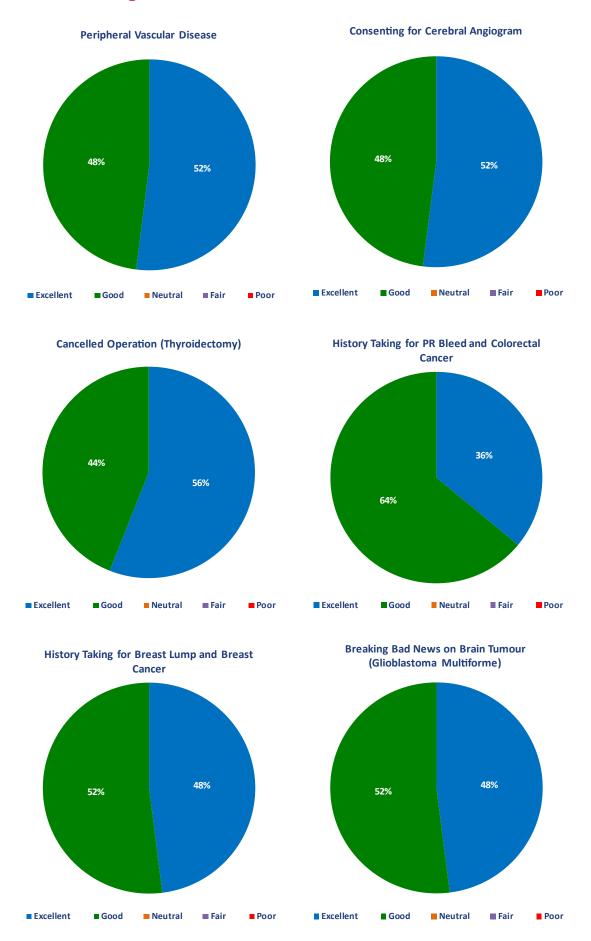
Speciality Registrar in General Surgery West Midlands Deanery, United Kingdom

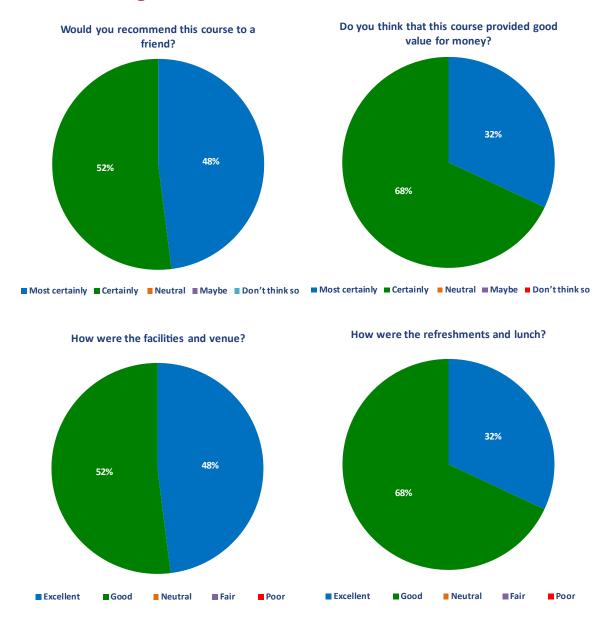
### Mr Wahid Abdul, BSc(Hons), MBBCh, MRCS(Eng)

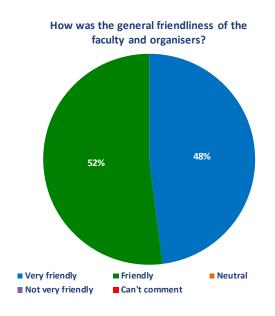
Speciality Registrar in Trauma and Orthopaedics Princess of Wales Hospital, Bridgend, United Kingdom











### **Individual Comments**

Excellent.

It was very good. It was a really useful overview and a way to consolidate knowledge whilst identifying areas for further learning in the run up to the exam.

AS University Hospital of North Staffordshire NHS Trust, United Kingdom Excellent. I felt that it was very useful when prepping for Part B. SK Chesterfield Royal Hospital NHS Foundation Trust, United Kingdom Excellent. AS Sherwood Forest Hospitals NHS Foundation Trust, United Kingdom It was useful. OA Countess of Chester Hospital NHS Foundation Trust, United Kingdom Excellent. GI Rashid Hospital, Dubai Health Authority, UAE It was great. TL Musgrove Park Hospital, Taunton, United Kingdom Excellent. AH Royal London Hospital, London, United Kingdom It was very good, and I enjoyed it. It was a very intense but useful course. I will recommend it. RS John Radcliffe Hospital, Oxford, United Kingdom This was a very good course overall. The anatomy component was excellent. GN

www.doctorsacademy.org

TW

Royal Liverpool University Hospital, Liverpool, United Kingdom

### **Individual Comments**

This was a very useful and up-to-date course. MB Jinnah Hospital, Lahore, Pakistan It was good. MU The Dudley Group NHS Foundation Trust - Russells Hall Hospital, Dudley, United Kingdom I was very impressed. EO Bon Secours Hospital, Cork, Ireland It was very organised and was a great opportunity, with lots of material covered. EM Morriston Hospital, Swansea, United Kingdom Excellent teamwork by Professor Enoch, Rebecca and Janine. JA Manchester Royal Infirmary, Manchester, United Kingdom Excellent. NB Diana Princess of Wales Hospital, Grimsby, United Kingdom This was an outstanding course, with professional standards and knowledgeable faculty. Queen Victoria Hospital, East Grinstead, United Kingdom It was worth doing. WZ Northern General Hospital, Sheffield, United Kingdom It was good.

North Middlesex University Hospital, London, United Kingdom

BH

### **Testimonials**

I just wanted to say that I was successful in the MRCS Part B exam written in May. I attended the full five-days of the course which I found very useful. The detail on each day of the course ensured that the most frequently tested areas were well covered.

The exposure to live cadavers and specimens was even better to both teach and reinforce already acquired knowledge. Repetition on the second day of anatomy and the use of mock stations with feedback was a really good idea. The final day in a clinical setting with simulators was helpful to mirror the reality of the exam too.

The course was definitely worth every penny and second. I also found that the faculty were very knowledgeable and resourceful. Well done Doctors Academy. Definitely six stars!

EO

Bon Secours Hospital, Cork, Ireland

The Doctors Academy course provided great preparation. I did find the anatomy stations slightly easier than the Cardiff course, as Professor Enoch had said at the time, but I did continue to work hard post course.

I was very happy that I went to the course and will recommend it to others.

KV

Victoria Hospital, East Grinstead, United Kingdom

The course at Cardiff was excellent, especially for anatomy preparation. The small teaching groups were very good, and the faculty were helpful. Thank you!

MM

Wythenshawe Hospital, Manchester, United Kingdom

I actually performed much better than expected, and I really think that it was down to the course I attended that you organised. There were a number of courses available as preparation for MRCS Part B, and in all honesty, I chose this one due to the convenience of the dates. However, after listening to feedback from friends who attended other courses and my own experience, I would make this choice again. I have already recommended this course to people I know who are preparing for the exam. This course made me feel so much more prepared and confident for the exam; it directed me to target my studies and know what to expect. Thank you very much. I am very grateful to all the faculty involved in putting on this course as it was extremely useful. I attended the whole course and would recommend it that way to others.

RS

John Radcliffe Hospital, Oxford, United Kingdom

I was successful in the examination. Looking at the breakdown of my performance, I was well above the average and the pass mark. I have to thank Professor Enoch and the team for their help and support. This has been entirely made possible because of all the hard work Professor Enoch has put into organising this course and helping us to prepare for the exam.

SB

The Royal Wolverhampton NHS Trust, United Kingdom



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### Courses (a selection):

### **Undergraduate:**

- Final Year Medicine and Surgical Revision Courses
- Training the Clinical Anatomy Trainer
- Clinical Anatomy as Applied to Trauma and Emergency Medicine
- Surgical Anatomy of Important Operative Procedures
- Future Surgeons: Key Skills (RCSEd delivered)
- Structured Introduction to Surgical Skills

#### Postgraduate:

- MRCS Part A
- MRCEM Part A
- MRCS Part B OSCE
- DOHNS: Intensive Revision & OSCE
- Intercollegiate Basic Surgical Skills (RCSEd delivered)
- MRCP PACES Part 2
- FRCS (General Surgery) Exit Exam
- Cadaveric Ultrasound-Guided Musculoskeletal Intervention Course
- Ultrasound-Assisted Botulinum Toxin Injection for Neuromuscular Disorders
- Live Advanced Laparoscopic Colorectal Course



### Forthcoming key events:

- International Medical Summer School
- International Academic and Research Conference
- World University Anatomy Challenge

### **Publications**



### publications.doctorsacademy.org

### **World Journal of Medical Education & Research**

Peer-reviewed academic journal with ISSN.

No fee to view, read and download articles No subscription charges No submission fees No manuscript processing fee No publishing fee No cost to read, write or publish!

wjmer.co.uk

### **Online Revision Resources**

DoctorExams consists of 1000s of questions with detailed explanations in MCQ, EMQ, SBA and SAQ formats. Questions are written by the Doctors Academy group of experienced clinicians and clinical academics, with mock exams and feedback on performance included to aid a candidate's focused revision of topics. Based on past exams, these questions are carefully crafted to suit the requirements of undergraduate students & postgraduate trainees undertaking relevant speciality exams.

#### Resources for:

- Medical Students

- General Surgery Exams

- Dental Students

- Plastic Surgery Exams

- International Entrance Exams

- DOHNS Exams

- MRCS Exams

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