



Cardiff MRCS OSCE Course: Clinical Examination and Communication Skills

This intensive one-day revision course covered the clinical examination and communication skills components of the MRCS Part B exam. The course aimed to consolidate the trainee's understanding of the clinical consultation skills component of the exam, and aided the trainee's ability to perform clinical examinations efficiently and present the findings to the examiner in a systematic yet concise manner. The forenoon session covered all the important clinical examinations that are tested in the exam and the afternoon session was dedicated to structured interviews. communication skills workstations, and information giving / information gathering / breaking bad news. About 6-8 patient-centred clinical scenarios were used to reflect the situations experienced in everyday practice; these scenarios were also in line with what is commonly tested in the exam. There was the opportunity for every participant to participate in performing clinical examinations and to engage in role-play scenarios.

Course Information

Course Date: 13th September 2020

Venue: Outpatient Department,

University Hospital of Wales,

Cardiff

Attendance: 32 Delegates

Aimed at: Delegates looking to take

their membership to the Royal College of Surgeons

Part B exam.

Course Fee: £195.00

Surgical trainees can apply to be sponsored by ASIT to receive a bursary to attend this course.



Course Programme

0840 - 0850	Registration
0850 - 0905	Introduction to the Course and Grouping of Candidates
0910 - 1300	(With Refreshment Break from 1100 - 1120)

Clinical Examination Sessions

Candidates were divided into small groups and taken through the following clinical examinations on simulated patients:

- Examination of the abdomen and abdominal organs
- Examination of cranial nerves
- Examination of varicose veins
- · Examination of the arterial system
- Examination of the cardiorespiratory system
- · Examination of the hip and knee
- Examination of the shoulder and back

1300 - 1345	Lunch Break
1350 - 1715	(With Refreshment Break from 1530 - 1550)

Clinical Consultation Skills Sessions (Communication Skills)

These stations will consist of, amongst others:

- Information giving and information gathering
- Challenging situation/patient
- Difficult consultation
- Breaking bad news
- Explaining a diagnosis or discussing management options
- Consent in surgery
- Telephone communication

1715 - 1730	Summary and Feedback
1740	End of Course

Faculty

Tutors

Mr Ayush Singh, MBBS, MS (Orth), DNB (Orth), MRCS

Speciality Registrar in Trauma and Orthopaedics All Wales Deanery

Mr Conor Keogh, MBBCh BAO, MSc, MRCS

Clinical Research Fellow in Neurosurgery University of Oxford

Mr Darren Yap, MRCS, DOHNS

Speciality Registrar in Otolaryngology Wexham Park Hospital, Slough

Mr Joseph Merola, MRCS (Eng)

Clinical Fellow in Neurosurgery University Hospital of Wales, Cardiff

Mr Naveen Mathai, MBBS, MS, DNB, MRCS (Eng), FRCS (JSCFE)

Speciality Registrar and Senior Clinical Fellow University Hospital of Wales, Cardiff

Miss Sophie Lewis, BMBS, MRCS

Speciality Trainee in Paediatric Surgery Bristol Royal Hospital for Children, Bristol

Miss Sumera Baloch, MBBS, MRCS

Speciality Trainee in General Surgery Wrexham Maelor Hospital, Wrexham

Ms Swati Bhasin, MRCS

Speciality Trainee in Surgery Royal Wolverhampton Hospitals NHS Foundation Trust

Miss Zoe James, MBBCh, MRCS

Speciality Registrar in Neurosurgery University Hospital of Wales, Cardiff

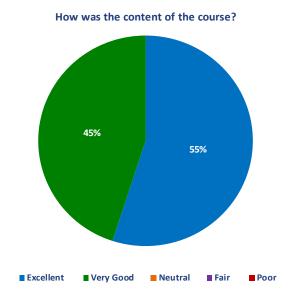
Trainee Tutors

Miss Francesca Solari, MBChB, MRCS

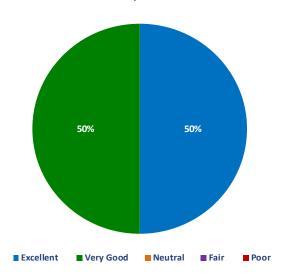
Speciality Trainee in Trauma and Orthopaedics Morriston Hospital, Swansea

Mr Vikram Kandhari, MBBS, MRCS

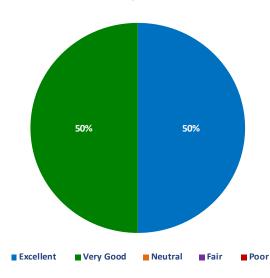
Speciality Doctor in Trauma and Orthopaedics Cardiff and Vale University Health Board



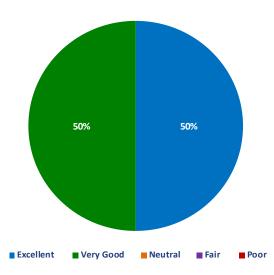
How was the clarity of demonstrations?



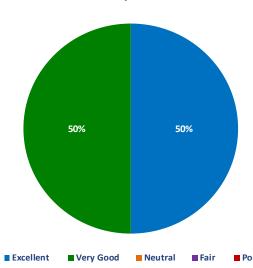
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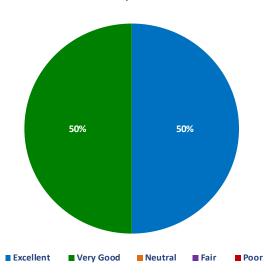
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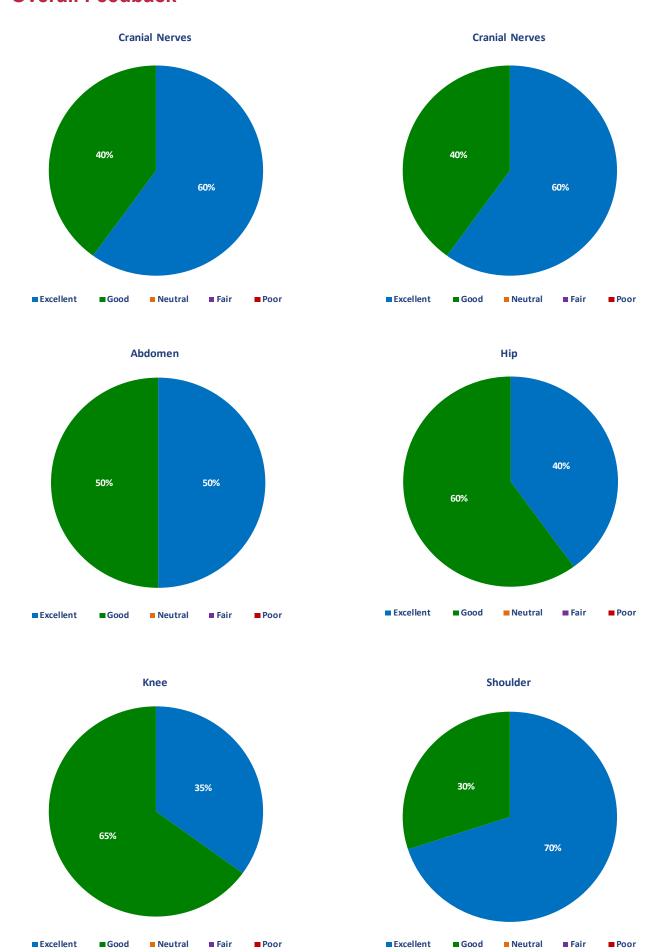


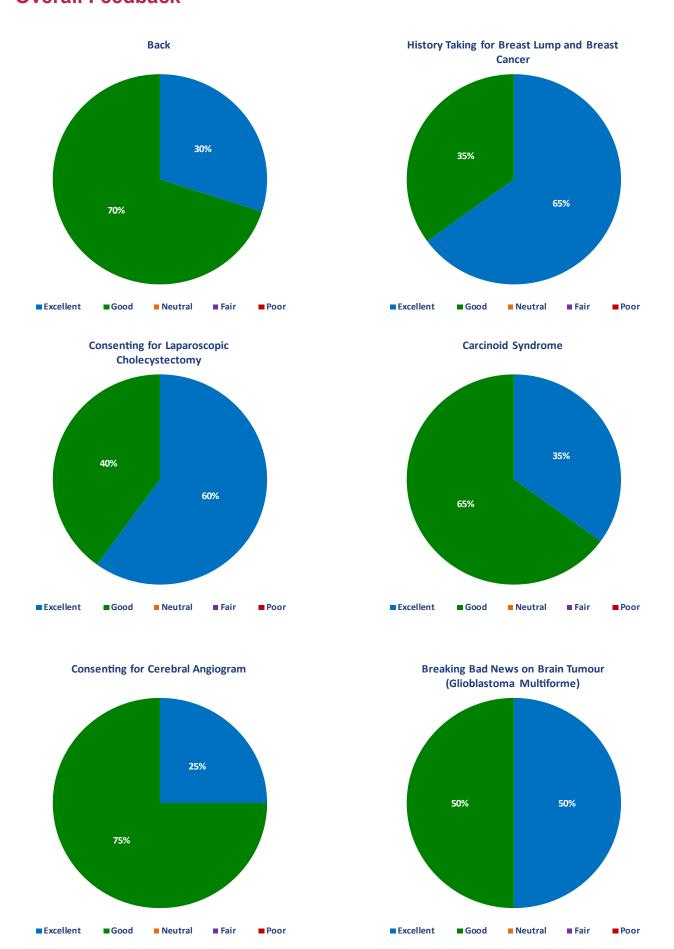
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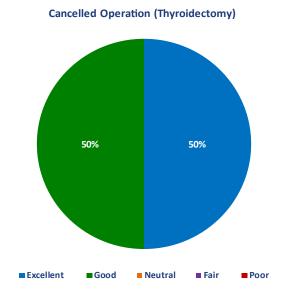


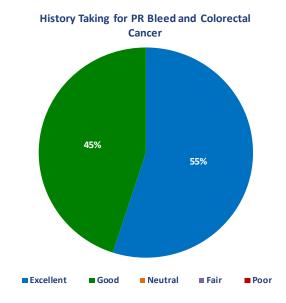
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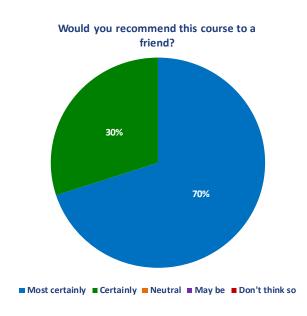


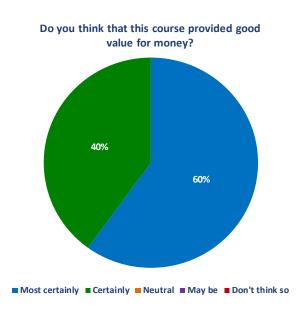


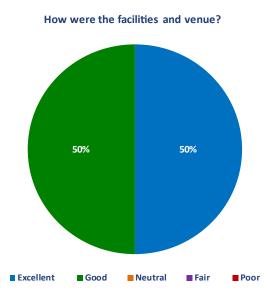


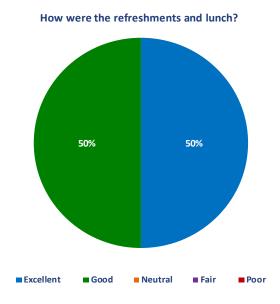


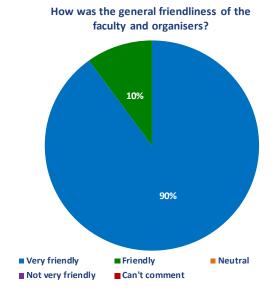












Individual Comments

Useful course.

AP

John Radcliffe Hospital, Oxford, UK

Excellent course. Well organised lectures and useful OSCE.

AS

Newham General Hospital, London, UK

Good.

SA

Barking Havering and Redbridge Hospitals NHS Trust, UK

Excellent.

JS

Wirral University Teaching Hospital NHS Foundation Trust, UK

A fantastic course that has helped focus revision and go through things in detail that is difficult with ongoing COVID pandemic.

JH

Torbay District General Hospital, Torquay, UK

Great faculty who were keen and enthusiastic to teach and go over any doubts. Worth it. Thank you Prof Enoch and team for your hard work arranging the course to happen during COVID.

НМ

Derriford Hospital, Plymouth, UK

Fantastic.

PP

Derriford Hospital, Plymouth, UK

In five intense days we've covered most of the syllabus for the exam, this I would never have achieved on my own. I got the general idea of what I need to review and lots of tips about station strategy either from recently examined peers or former examiners. The pre- and post-course resources are of very good quality and invaluable for further revision. Price for all five days may seem high but given the amount of human resources, use of cadavers and quality and amount of insider information I feel it was a good investment. The course considerably increased the probability of success - my impression is that by attending this course my chances to pass the exam have increased by 30-50%.

JD

Whipps Cross University Hospital, London, UK

I enjoyed every bit of the course. It was a very high yield course covering important topics. The faculty were easily approachable, friendly and supportive. They identified strengths and weaknesses for a candidate to build on ahead of the exam. It gave me the much required confidence ahead of the exam.

AA

Southend University Hospital NHS Foundation Trust, UK

Individual Comments

Very thorough and well thought out. Faculty were approachable and understood what was expected for the exam.

CJ

Morriston Hospital, Swansea, UK



Doctors Academy is a UK-based International Non-Profit Organisation comprising of doctors, dentists and scientists that undertakes a diverse range of educational activities globally. The aim of the Academy is to disseminate information and exchange medical knowledge between professionals from diverse backgrounds working in a variety of healthcare settings. This is achieved by the provision of a number of attendance courses, publishing house, online resources and international events / competitions.

Courses (a selection):

Undergraduate:

- Final Year Medicine and Surgical Revision Courses
- Training the Clinical Anatomy Trainer
- Clinical Anatomy as Applied to Trauma and Emergency Medicine
- Surgical Anatomy of Important Operative Procedures
- Future Surgeons: Key Skills (RCSEd delivered)
- Structured Introduction to Surgical Skills

Postgraduate:

- MRCS Part A
- MRCEM Part A
- MRCS Part B OSCE
- DOHNS: Intensive Revision & OSCE
- Intercollegiate Basic Surgical Skills (RCSEd delivered)
- MRCP PACES Part 2
- FRCS (General Surgery) Exit Exam
- Cadaveric Ultrasound-Guided Musculoskeletal Intervention Course
- Ultrasound-Assisted Botulinum Toxin Injection for Neuromuscular Disorders
- Live Advanced Laparoscopic Colorectal Course



Forthcoming key events:

- International Medical Summer School
- International Academic and Research Conference
- World University Anatomy Challenge

Publications



publications.doctorsacademy.org

World Journal of Medical Education & Research

Peer-reviewed academic journal with ISSN.

No fee to view, read and download articles No subscription charges No submission fees No manuscript processing fee No publishing fee No cost to read, write or publish!

wjmer.co.uk

Online Revision Resources

DoctorExams consists of 1000s of questions with detailed explanations in MCQ, EMQ, SBA and SAQ formats. Questions are written by the Doctors Academy group of experienced clinicians and clinical academics, with mock exams and feedback on performance included to aid a candidate's focused revision of topics. Based on past exams, these questions are carefully crafted to suit the requirements of undergraduate students & postgraduate trainees undertaking relevant speciality exams.

Resources for:

- Medical Students

- General Surgery Exams

- Dental Students

- Plastic Surgery Exams

- International Entrance Exams

- DOHNS Exams

- MRCS Exams

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