

# Cardiff MRCS Course: Final Preparation for MRCS OSCE

3<sup>rd</sup> and 4<sup>th</sup> October 2020 (Saturday and Sunday)  
Doctors Academy, Frazer Building, Cardiff Bay, Cardiff

## REPORTING INFORMATION

**THIS DOCUMENT CONTAINS IMPORTANT INFORMATION. PLEASE TAKE A FEW MINUTES TO READ IT  
IN ITS ENTIRETY.**

Dear Colleague,

Thank you for choosing to attend the Cardiff MRCS Course: Final Preparation for MRCS OSCE on 3<sup>rd</sup> and 4<sup>th</sup> October 2020 in Cardiff. We look forward to welcoming you.

This mail is to inform you of the directions to the venue and the timings for the days.

### I. GENERAL AND REPORTING INFORMATION

**Dates:**

3<sup>rd</sup> and 4<sup>th</sup> October 2020 (Saturday and Sunday)

**Day 1:**

Start of Registration: 0840 hours

Start of Course: 0845 hours

End of Course: 1930 hours

**Day 2:**

Start of Course: 0845 hours

End of Course: 1845 hours

**Venue:**

Doctors Academy  
Frazer Building  
126 Bute Street  
Cardiff Bay  
Cardiff  
CF10 5LE

**Where to Report:**

When you arrive at Frazer Building, please enter the foyer through the main door. A member of our team will direct you to the appropriate room.

## II. ADDRESS, DIRECTIONS AND PARKING

Address:

**Doctors Academy  
Frazer Building  
126 Bute Street  
Cardiff Bay  
Cardiff  
CF10 5LE**

Directions:

### **Driving**

*From the East*

- Exit the M4 at Junction 29 onto the A48(M). Continue for 2.5 miles.
- Continue onto Eastern Avenue/A48 for 2.4 miles.
- Take the exit A4232 towards Cardiff (E)/Docks.
- When you reach the roundabout, take the first exit onto Southern Way/A4161/A4232. Continue for 0.4 miles.
- Take the A4161 ramp to the City Centre and continue for 0.2 miles.
- When you reach the roundabout, take the second exit onto A4161. Continue for 0.8 miles.
- Turn left onto Beresford Road and continue for 0.2 miles.
- Continue onto Moorland Road for 0.4 miles.
- Continue onto Courtenay Road for 0.1 miles.
- Continue onto Walker Road for 0.2 miles.
- Continue onto E Tyndall Street.
- Go through two roundabouts (0.8 miles).
- Continue onto Herbert Street for 0.1 miles.
- Turn left onto Bute Street and continue for approximately 0.5 miles.
- Turn right onto West Close and continue. After a few seconds, you will see a metal gate on your left; **this is the entrance to the car park**. (Photo directions are available here: <https://doctorsacademy.org.uk/coursenw/esst/Driving-%20from-%20the-%20East.pdf>)

*From the West*

- Exit the M4 at Junction 33.
- Take the exit towards Cardiff West.
- When you reach the roundabout, take the third exit onto the A4232. Continue for 9.1 miles.
- Take the exit towards Techniquet/Museum and continue for 0.1 miles.
- When you reach the roundabout, take the first exit onto Stuart Street. Continue for 0.2 miles.
- Continue onto New George Street for 0.1 miles.
- Continue onto Bute Street for 0.1 miles.
- The venue will be on your left.
- To reach the car park, continue past the building and take the next left onto West Close. After a few seconds, you will see a metal gate on your left; **this is the entrance to the car park**. (Photo directions are available here: <https://doctorsacademy.org.uk/coursenw/esst/Driving%20-from-the-%20West.pdf>)

### **By Train**

The closest station to the venue is **Cardiff Bay Railway Station**. You will need to change trains at Cardiff Central.

*From Cardiff Central Train Station*

- On arriving at Cardiff Central, head to Platform 6. Take the train to Cardiff Queen Street (trains run from Cardiff Central to Cardiff Queen Street every 5 minutes). The journey time is approximately 3 minutes.
- On arriving at Cardiff Queen Street, head to Platform 3. Take the train to Cardiff Bay (trains run from Cardiff Queen Street to Cardiff Bay every 12 minutes). The journey time is approximately 4 minutes.
- When you arrive at Cardiff Bay Train Station, exit to the right (sign-posted Mermaid Quay and Mount Stuart Square).

- Turn left onto Bute Street and walk towards the first set of traffic lights.
- Cross the road. You will see Frazer Building in front of you (there is a clock at the top of the building).

Alternatively, you can take a taxi from Cardiff Central Train Station to the venue. This will take approximately 7 minutes.

**Visual directions to the venue can be found by following this link:**

<https://doctorsacademy.org.uk/coursenw/esst/cardiff-Train.pdf>

### III. PRE-COURSE MATERIAL

All relevant pre-course reading materials have been placed online. On the home page of Doctors Academy ([www.doctorsacademy.org](http://www.doctorsacademy.org)), there is a link on the bottom of the page named: 'Read and Download Course Reading Material'. On clicking this link, you will be directed to another page titled 'Material from the following courses can be accessed by entering your course registration number'. You will see the 'Cardiff MRCS OSCE Course: Final Preparation for MRCS OSCE, 3<sup>rd</sup> and 4<sup>th</sup> October 2020, Cardiff' listed under this title. Please enter your course registration number (the number provided in the email confirming your place) and click on 'Validate'. This webpage contains all relevant reading material.

### IV. BREAKS FOR REFRESHMENTS AND LUNCH

There will be a 15-minute refreshment break in the morning, and a 45-minute lunch break. Coffee, tea and biscuits, as well as lunch, will be provided, as appropriate. Vegetarian options will be available.

#### Special Dietary Requirements

*The food provided for delegates attending this course will be sourced externally. Therefore, we are unfortunately unable to guarantee that special food requests can be catered to. During the course, a selection of vegetarian and non-vegetarian options will be available. However, the provision of specific food requests might be limited. If you wish to discuss this with a member of our team before you attend the course, please do not hesitate to contact us at [courses@doctorsacademy.org.uk](mailto:courses@doctorsacademy.org.uk). Alternatively, you can call us on +44 (0) 2920 616765.*

### V. DRESS CODE

The dress code for this event is professional/semi-formal. Kindly refrain from wearing shorts of any kind, hoodies and flip-flops.

#### What you need to bring with you:

1. A copy of the email you have received from us regarding your confirmation of place (with your name). Please note that you will not be allowed to attend the course without this information.
2. Your hospital identification badge.

We look forward to seeing you at the course. In the interim, please do not hesitate to contact us on [info@doctorsacademy.org.uk](mailto:info@doctorsacademy.org.uk) if you have any queries.

**Please ring +44 (0) 29 2061 6765 or +44 (0) 75 3426 0131 if you need any help on the day of the course with regards to directions to the venue.**

With very best wishes,  
MRCS OSCE Faculty  
Educational Directorate  
Doctors Academy  
[www.doctorsacademy.org](http://www.doctorsacademy.org)